

The San Diego Waves Running Club
invite you to come out for the 2019 Track & Field Season!



Join the San Diego Waves!

What:

USATF San Diego Youth Track & Field

Where: N. San Diego Practice Sites

CSUSM Track- 6:00-7:30 pm (M)

TBD 6:00-7:30 pm (W/Th)

When: Spring Season

March – June 2019

Track Meets are held on weekends.

Who: Youth Ages 8 to 16.

For More Information- Website:

www.sandiegowavesxtc.com

Our mission is to provide a safe, fun, & athletic environment to promote a healthy active lifestyle for kids!



Email: coach@sdxtc.org

Contact: Coach Menchaca (760)505-8442

