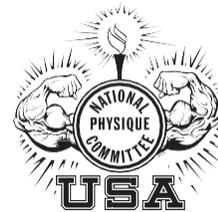


# COMPETITOR INFORMATION

# LENDA MURRAY PRO/AM



**JULY 14TH, 2018 • NATIONAL QUALIFIER • NORFOLK, VA**

## PRODUCED BY

Lenda Murray Inc • PO Box 2234, Venice, CA 90294. For additional ticket, entry, or other information text 310-904-3148 or e-mail Lenda Murray at [Msolympia8@msn.com](mailto:Msolympia8@msn.com) & Visit [www.LendaMurrayBodybuilding.com](http://www.LendaMurrayBodybuilding.com)

## CONTEST VENUE

Harrison Opera House, 160 E. Virginia Beach Blvd, Norfolk, VA, 23510

## DATE/SCHEDULE OF EVENTS

**Friday, July 13, 2018** MANDATORY CHECK IN 6:00-8:00 p.m. at Norfolk Waterside Marriott, 235 E Main St, Norfolk, VA 23510.

Posing/ swimsuits suits must be worn at weigh-in and are subject to approval by the Head Judge. Competitors must also bring their photo ID and posing CDs. Due to liability issues, we are unable to provide warm-up equipment for competitors' backstage. You are welcome, of course, to bring your own resistance bands, a towel, etc. (no Weights)

## **Saturday, July 14th, 2018**

at 10:00 A.M. NPC Athlete meeting in the Harrison Opera House. All athletes must be present at and on time for the mandatory meeting. There will be NO ENTRIES accepted on July 14<sup>th</sup>.

- **11:00 A.M.:** NPC Prejudging Begins
- **4:30 P.M.:** All Competitors Return/Doors Open to the Public
- **5:00 P.M.:** Finals Begin

## AWARDS

Awards will be presented to the top 5 in each class

## MUSIC AND ROUTINES

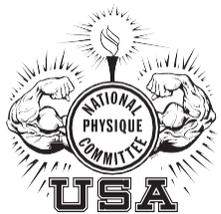
Bodybuilders, Classic Physique and Women's Physique must submit their single song on a CD with your name clearly marked on the CD. Music will be collected at Check-In. Music with obscene/vulgar lyrics or not compatible with CD player will be replaced with house music. All competitors will perform their routines to music during the Finals. There is a 60-second time limit at the Finals for Bodybuilding, Classic Physique and Women's Physique.

## Host Hotel

Norfolk Waterside Marriott Hotel, 235 E. Main St, Norfolk, VA 23510, (757)-627-4200 Mention **Lenda Murray Bodybuilding** for Discount of \$140 per night!

# COMPETITOR INFORMATION

# LENDA MURRAY PRO/AM



**JULY 14TH, 2018 • NATIONAL QUALIFIER • NORFOLK, VA**

## TICKET INFO

11:00 A.M. Prejudging: **\$30**

5:00 P.M. Finals: General: **\$45**,

Combo Ticket Price (Prejudge/Finals): **\$70**

VIP Seating (Finals Only): **\$65**,

VIP Combo (Prejudge/Finals) **\$85**.

*Tickets can be purchased in advance at Harrison Opera Box Office*

## Back Stage Passes

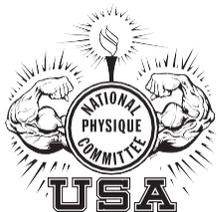
There is plenty of help back stage in the pump-up area to assist ALL ATHLETES with their oil and bikini bite application. However, backstage **VIP bracelets for coaches can be purchased for \$50**, a ticket to pre-judging / finals would still be required to be purchased for access. In addition, coaches must be current NPC card holders. Thank you in advance for your cooperation with this.

## ENTRY FEES AND DEADLINES

**Early entry, postmarked by June 29, 2018 is \$100** (make entry fee payable to **Lenda Murray**) Early entrants may crossover and compete in another division (i.e. Masters to Open, Figure to Fitness, etc.) for an additional \$100 each. Entry fee for entries submitted after the June 29th, 2018 postmark due date but prior to the day of the show is \$175 and the crossover fees are an additional \$100 each. **There are NO ENTRIES accepted on day of show (July 14th, 2018). Although advanced registration is preferred, competitors will be allowed to register LATE at check-in on Friday July 13th, 2018, at the mandatory 6:00-8:00 check-in.**

# COMPETITOR INFORMATION

# LENDA MURRAY PRO/AM



**JULY 14TH, 2018 • NATIONAL QUALIFIER • NORFOLK, VA**

NAME:	PHONE:	AGE:	OFFICIAL USE ONLY	
ADDRESS:	CITY:	STATE:	ZIP:	
EMAIL:	HEIGHT:	WEIGHT:		

INSTRUCTIONS: Fill in all info above & check up to three classes below (where eligible). Be sure to include payment (details below). Additional info at [www.LendaMurrayBodybuilding.com](http://www.LendaMurrayBodybuilding.com)

BODYBUILDING	MEN'S PHYSIQUE	BIKINI	FIGURE
<input type="checkbox"/> Men's Open (7 Classes)	<input type="checkbox"/> Men's Open (3 Classes)	<input type="checkbox"/> Open (3 Classes)	<input type="checkbox"/> Open (3 Classes)
<input type="checkbox"/> Men's Master (40+)	<input type="checkbox"/> Men's Masters (35+)	<input type="checkbox"/> Masters (35+)	<input type="checkbox"/> Masters (35+)
<input type="checkbox"/> Men's Grand (50+)	<input type="checkbox"/> Men's Grand Masters (45+)	<input type="checkbox"/> Grand Masters (45+)	<input type="checkbox"/> Grand Masters (45+)
<input type="checkbox"/> Teen (16-19)	<input type="checkbox"/> Men's Novice (3 Classes)	<input type="checkbox"/> Novice (2 Classes)	<input type="checkbox"/> Novice (2 Classes)
<input type="checkbox"/> Men's Novice (3 Classes)	<input type="checkbox"/> Men's True Novice	<input type="checkbox"/> True Novice	<input type="checkbox"/> True Novice
<input type="checkbox"/> Men's True Novice	<input type="checkbox"/> Classic Open (3 Classes)	<b>Physique</b>	
<input type="checkbox"/> Women's Open (3 Classes)	<input type="checkbox"/> Classic Masters (35+)	<input type="checkbox"/> Open (2 classes)	
<input type="checkbox"/> Women Over 35	<input type="checkbox"/> Classic GrandMaster (45+)	<input type="checkbox"/> Novice	
	<input type="checkbox"/> Classic Novice	<input type="checkbox"/> Women Over 35	
	<input type="checkbox"/> Classic True Novice		

**ENTRY FEE: [ ] 1 CLASS \$100 [ ] 2 CLASSES \$200 [ ] 3 CLASSES \$300 [ ] 4 CLASSES \$400**

**>TO ENTER: MAIL THIS FORM & MONEY ORDER PAYABLE TO LENDA MURRAY TO THE ADDRESS BELOW**

**>>EARLY ENTRY DEADLINE: June 29th, 2018 LATE ENTRIES REQUIRE additional \$75 LATE FEE**

**Tickets / Entry - [www.Lendamurraybodybuilding.com](http://www.Lendamurraybodybuilding.com)**

**MAIL TO: Lenda Murray, PO Box 2234, Venice, CA 90294**

In consideration of being allowed to participate in any way in the 2018 NPC Lenda Murray Pro/AM ("Event") promoted by LENDA MURRAY, ("Promoter") and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities, I, Please print name \_\_\_\_\_, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Promoter and the NPC and each of their officers, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the ("Hotel") including any rules or regulations prohibiting cooking or food preparation in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events, I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith.

Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC- approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
PARTICIPANT'S SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
PARENT/LEGAL GUARDIAN'S SIGNATURE