



# VQLAN NEWSLETTER

Barry G. Campbell—CEO—Founder 1999

Veterans Quality of Life  
Access Network

January/February

Anthony J. Williams-Editor

January/February 2010

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## President Obama Signed Executive Order

President Barack Obama signed an executive order aimed at hiring more Veterans into the federal government on November 09, 2009. A government Council on Veterans' Employment will be chaired by Labor Secretary Hilda Solis and Veterans Affairs Secretary Eric Shinseki.

This calls on each federal agency to establish a Veterans employment program office designed to help Veterans get through the maze of paperwork as they apply for positions in the federal workforce and mandates that agencies train personnel specialists on Veteran employment policies.

It calls for the agency to work with the Defense Dept. and VA to develop and apply technologies designed to help disabled Veterans.

A smaller steering committee that includes the Defense, VA and labor secretaries and the director of the Office of Personnel Management also was created by the order.

The smaller committee will focus on the kinds of employment opportunities available to Veterans and the assistance that they need to transition from the military to federal civilian jobs.

Marilee Fitzgerald, the acting deputy under secretary of defense for civilian personnel policy, said the executive order is intended to promote and showcase opportunities for Veterans. "The idea is to generate attention to the skills and capabilities that our men and women in the military possess across the federal government," she said. DOD has 750 career fields and employs about 350,000 Veterans.

"We're very fortunate in the DOD to understand how good our Veterans are, and how they train, what they do, and other federal agencies don't," Ms Fitzgerald said. "The idea is to ensure we can leverage and coordinate our efforts across the federal entity to ensure they become as acquainted with our Veterans as with the DOD.

The above is part of an article taken from the Official Website of the U.S. Air Force by Jim Garamone, American Forces Press Services. You can find additional information under the Veterans Report.com; the White House Office of Press Secretary-Executive Order at <http://www.whitehouse.gov/thepressoffice/executive-order-veterans-employments-initiatives>

*Veterans will have to wait and see if this order will result in the creation of better employment opportunities as well as good jobs with excellent benefits and a more rewarding life style.*

## With Liberty and Justice For All



VQLAN is dedicated to the belief that all mankind is created equal. Everyone has a right for protection under the law. Veterans are brothers and sisters under the same banner and believe in truth, justice and the American way of life. They are the forgotten for whom America has an obligation to treat fairly under the guidelines of the Dept. of Veterans Affairs. The laws have been written. It is time for the DVA to do its job: provide excellent services for Veterans.

### Special points of interest:

Videos and photographs taken at VQLAN meetings and events are the property of VQLAN. They will be used for the advancement of the organization, on television and other media, as well as the Newsletter. If you do not want your image used, please inform us promptly.

### Articles for The Newsletter

should be sent to:

**awilli5135@aol.com**

*All articles will be considered for publication according to its editorial content.*

## VQLAN.ORG's OPENING PAGE



It is informative as well as fantastic, a great journey into the spirit of VQLAN. Donald Hogan and his wife Kathleen created a professional and beautiful website. When I first visited the site, all I could do was enjoy it and smile. Their dedication to VQLAN is heart warming and it represents how individuals can make a difference in the world. (editor)

Recently the new and improved VQLAN Website has been launched.



## Rule Aims to Ease PTSD Claims



VQLAN'S LIBRARY

### FROM THE PUBLIC REGISTER

CFR-Citation: 38CFR Part 3

The Dept. of Veterans Affairs (VA) proposes to amend its adjudication regulations governing service connection for post-traumatic stress disorder (PTSD) by liberalizing in some cases the evidentiary standard for establishing the in-service

stressor. This amendment would eliminate the requirement for corroborating that the claimed in-service stressor if a stressor claimed by a Veteran is related to the Veteran's fear hostile military or terrorist activity and a VA psychiatrist or psychologist confirms that the claimed stressor is adequate to support a diagnosis of PTSD, provided the claimed stressor is consistent with the places, types, and circumstance of the Veteran's service and that the Veterans symptoms are related to the claimed stressors.

This amendment takes into consideration the current scientific research studies relating PTSD to hostile military and terrorist actions. It is intended to acknowledge the inherently stressful nature of places, types and circumstances of service in which fear of hostile military or terrorist activi-

ties is ongoing. With this amendment, the evidentiary standard of establishing an in-service stressor would be reduced in these cases. This amendment is additionally intended to facilitate the timely VA processing of PTSD claims by simplifying the development and research that apply to these claims.

Additional information can be found at <http://www.thefederalregister.com/d.p./2009-08-24-E-9-20339> and other Veteran related publications

Rep. John Hall, D-NY, chairman of the House Subcommittee on Disability Assistance, said he pressed the VA for two years to relax its requirements for showing service connection in PTSD cases. He introduced the Combat PTSD Act {H.R. 952}, a bill that would be even more aggressive in easing evidentiary rules for the anxiety disorder. He predicted the proposed regulation would allow major progress in easing the claims backlog.

## Remembering Our Veterans

Article written by Whitney Ullman

Atlantic City Weekly

Normally in my column I talk about various female related topics, however in honor of Veterans' Day I felt that it was important to tell you about an organization called Veterans Quality of Life Access Network (VQLAN).

A couple of month ago I traveled to New York because my grandfather Albert Perdeck, was being honored at the Veterans Affairs (VA) meeting for contacting various major media outlets that all forgot Victory over Japan Day (VJ Day). My grandfather doesn't own a computer so he had wrote dozens of letters, got addresses from the library and sent them off.

The New York Times picked up the story and did a one-and-a-page spread on him. Then this past weekend, my grandfather was honored again by the Daughters of the American Revolution, a group of women who trace their roots back to the American Revolution. They recognized his persistence and will to help citizens remember what Veterans fought for.

There was another speaker at the New York

meeting a couple of months ago, a gentleman named Barry G. Campbell. As soon as he got up to speak you could see that the whole audience was attentive and they couldn't wait to hear him, so that peaked my curiosity. When this man spoke it wasn't just words coming out of his mouth, it was also hope and a chance for living again. He has been offering Veterans services and support for almost 30 years.

Campbell not only provides assistance to Veterans, he helps them help themselves. Due to his knowledge of the system and his will to help people that he feels the government hasn't done enough for, he and his wife, Patty, founded VQLAN in 1999. Word spread fast, and before he knew it he had helped thousands of Veterans all over the world by giving them information for basic needs such as welfare, food stamps, Social Security, housing, and job assistance. Plus, he knows about different VA issues such as claims, education, community involvement, rehabilitation and much more. "We believe Veterans can help them-

selves when helping others, and we hold a deep conviction that we understand what America needs," he says. "The thing that holds us together is the service to our country."

Mr. Albert Perdeck was on the cover of the VQLAN October Newsletter and Bronx-net Public Access Television.

### Vets' Caregiver Bill Stalled

More than two months after the new fiscal year began, the House and Senate are working to pass a group of bills to improve Veterans' benefits and health programs. However, Sen. Tom Coburn (R-Okla.), is stalling the bill's process because he believes his colleagues are too willing to pass or spend whatever is necessary to assure their reelection. The \$3.7 billion packet of health care initiatives, called an omnibus bill, includes the Caregivers and Veterans Omnibus Health Services Act of 2009 (S. 1963) Read the full article at





## MORE VETERANS' DAY PARADE PHOTOS



VQLAN WAS LISTED IN THE 2009 NYC VETERANS' DAY PARADE PARTICIPATION GROUP IN THE DECEMBER ISSUE OF THE **'BLESSINGS OF LIBERTY'** COMMERATIVE NEWSPAPER —PUBLISHED BY THE UNITED WAR VETERANS COUNCIL





**Lost in transaction—Okinawa Celebrates Code Talkers**

Marine Gen. Peter Pace, former Chairman Joint Chief of Staff, left meets with five Navajo code talkers and their family members at the Pentagon, Aug. 7, 2007. All served as U.S. Marines in WWII and helped develop a communication code based on their native language.

**Okinawa Japan**—Six Marines are credited with saving the lives of countless comrades and securing victory during WWII Battle at Iwo Jima. These 6 part of 29 original Navajo code talkers, decoded more than 800 coded messages for the first 48 hours of the battle.

Read entire article at <http://www.marines.mil/unit/mcbjapan/Pages/default.aspx>



Native Americans in Veterans' Day Parade 2009

**JOBS-JOBS-AND MORE JOBS**

Sen. Charles Schumer (D-NY) rips and whistles a fowl to Adidas for outsourcing the NBA jerseys. He called on the NBA league to terminate its contract with the German-based sportswear giant unless it halts plans to transfer production of game-day jerseys from an upstate facility to Thailand. "Just when you think that these international companies have done everything it can to stick it in the eye of America, they go and do something like this," Schumer rallied outside the official NBA store on 5th Ave. "This is one outsourcing gone too far."

"Adidas signed an exclusive 11-year contract with Perry, the NY-based American Classic Outfitters just last year. Pulling out would eliminate hundreds of jobs in the struggling region east of Buffalo," the Senator said.

(Read entire article: [www.nydailynews.com](http://www.nydailynews.com))

**Once again**, a company plans to send American jobs overseas. It may be to avoid the paying of good wages, getting out of paying taxes or even paying for health care. With the new free trade agreements, the company will not have to pay tariffs on the imports of their brands back into America. Whatever the reason, Americans must be aware of the companies who send their jobs overseas. Only then can the consumer decide to make informed purchases. America has become a 'consuming nation' and not a 'producing nation.' Many of the products are inferior to the same type of products that were once made in the USA. Remember the refrigerators, air conditioners, washing machines and other products that were previously made in the USA. They used to last for 20, 30 years or more. **The Editor**

**FYI VQLAN 2010 UPCOMING EVENTS**

Next General Meeting Saturday January 09, 2009

11:00 am to 3:00 pm at PS 154 — Auditorium

250 West 127th St — Between 7th and 8th Avenues

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VQLAN 10th Anniversary Benefit Dance

February 12, 2010 At MILK

2056 2nd Ave Between 105th. & 106th. Streets

Time: 8:00 PM to 4:00 AM Tickets: \$25.00

Live Entertainment-Cash Bar-DJ-Buffer-Raffle Drawing

**Why U.S. Jobs Move Overseas—** by Phyllis Schlafly

Why do US Companies relocate their plants overseas, thereby abolishing US Jobs? (a) They can hire workers at very low wages (such as 30 cents an hour in China.) (b) the companies don't have to pay any employee benefits, {c} they don't have to comply with any safety or environmental regulations, (d) they don't have to pay foreign taxes when they import their products back into the USA (article at [www.eagleforum.org](http://www.eagleforum.org))



## THEME LYRICS - MUSIC TO "MAN WITH THE POWER" THE BIOGRAPHY OF BARRY G. CAMPBELL

*"I'VE LISTENED AND HAVE WRITTEN DOWN THE BEGINNING OF THE WORDS"*

*"YOU LISTEN AND HEAR THE REST"*

I pledge allegiance to the flag of the united states of America

and to the republic for which it stands    yea- yea- yea

This is for the Vets

Ah Drea I'm the Voice

Fill me on this

Let me tell you about the man of the hour

the man of the power

Barry G. Campbell U-honor

They call him black Moses

If only people knew

He's behind the American eagle

Where ever it flew

As an employees of the Veterans Administration

He's a supervisor

Pension compensation

He's help thousands of Vets open their claim

Who has sacrifice causes with the blood in their veins

Barry helps people in any situation

When they're down and out

and had nothing but frustration

Time and time again Barry gives a helping hand

Giving the vets the dignity of being a man

I'm the voice I want society to know

What's going on just in in case you didn't know

If you are a Vet You got to come see this man

And get what you deserve for fight for this land

It's about time the truth comes out

Let it out Scream and shout

No BS Vets need help right now

Stop playing us now and show us how

No one cares all they been through

In cause you are surprised on what's going on

to let America know

It's time the truth came out

Let it out

Scream and shout





**VQLAN Health Director—Jeffrey Veasy****What We Need Is Nutritional Balance**

1. Whole body balance: foods that both nourish and cleanse.
2. System specific balance: foods that nourish five major body systems: the digestive, endocrine, defensive respiratory, and circulatory system.
3. Energy balance (includes weight loss): foods that nourish the metabolic processes associated with sugars, insulin, and fat.
4. Sports balance: foods that nourish the athletic fitness and performance.
5. Adaptive balance: foods that nourish coping with stress.
6. Female, male hormonal balance: foods that nourish the female and male sexual system.
7. Tissue balance: foods that nourish the skin and other body systems.
8. Lower bowel system (colon health) foods that nourish the processing of immunity and cleanse the colon and lower bowel.

We as Veterans have to understand that our bodies have been used and abused. We must take into consideration the balancing off the system that has been imbalanced. The best way to receive those nutrients are through non chemically extracted processing. That is what makes Limu Moui so special. It took New Zealand scientist 15yrs to develop the non-chemical extracting process, which

allows for the over 70 beneficial nutrients plus the Super Immune booster and builder FUCOIDAN to be available for the human body. Thereby, the nutrients are able to be easily absorbed and the balancing of our body system is enhanced.

Let us begin the New Year with good health, so that we can enjoy a wealth that is ours. Have a happy holiday season.

**VA TO DEPLOY AUTOMATED TOOL TO SPEED UP VETS' EDUCATION BENEFITS**

The Dept. of Veterans Affairs has deployed an automated tool that will make a big difference in the processing of claims for education benefits for Veterans attending college under the Post 9/11 GI Bill, Secretary Eric Shinseki told Nextgov.

Speaking at the dedication of a memorial at Duke University for graduates who lost their lives on active duty since WWII, Shinseki said, VA has a "slight backlog" of claims for education benefits under the Post 9/11 GI Bill, which led him to order to early payments to Veterans payments.

But Shinseki said he believe the surge of claims under the GI Bill waiting to be process has passed.

Claims under the Bill was processed manually using separate IT systems that did not interface with other systems. The tool VBA is slated to provide increase functionality and additional automation for processing educational claims.

Read entire article at [www.nextgov.com](http://www.nextgov.com) or the Dept. of Vets. Affairs Website.

**NYVA PSC THANKSGIVING AND CHRISTMAS DINNER 2009**

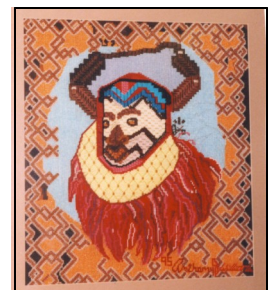
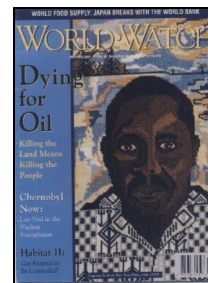
Teacher Bridget and her student join Veterans at the NYVA PSC to assist in serving Thanksgiving Dinner. The students usually volunteer doing the year for the PSC holiday luncheons.

*Anthony J. Williams*

*President of the PSC.*

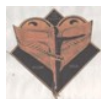


Veto at 2009 PSC Christmas Dinner



Needlepoint by Anthony J. Williams

# VETERANS QUALITY OF LIFE ACCESS NETWORK, INC.

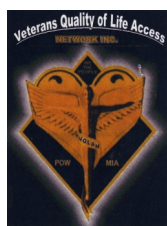


PRESENTS ITS

10TH ANNIVERSARY BENEFIT DANCE

FRIDAY, FEBRUARY 12, 2010

AT  
MILK



2056 SECOND AVENUE  
BETWEEN 105TH AND 106TH STREETS

8:00 PM TO 4:00 AM

TICKETS \$25.00

CASH BAR

LIVE ENTERTAINMENT— DJ

BUFFET — RAFFLE DRAWING

FOR THE PEOPLE/BY THE PEOPLE  
HAPPY VALENTINES DAY — CEO



General Membership Meetings





# www.vqian.org

Is Back 4 Ever  
New and Improved  
Last Site 50,000 Hits — CEO Enjoy

Next General Meeting  
January 9, 2009



New Locations for the Meeting  
P.S. 154  
250 W. 127th. Street  
Between 7th. and 8th. Avenue  
11:00 AM to 3:00 PM



Happy New Year

Let's Get Busy





H  
O  
P  
E



AT THE VQLAN LIBRARY

BE YOUR OWN BOSS



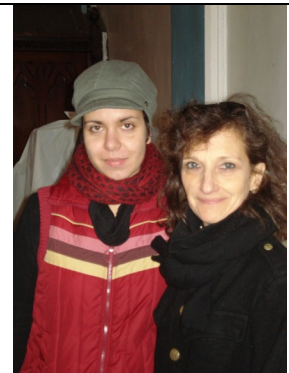
VQLAN MEMBERSHIP



GUEST SPEAKERS



VQLAN AT WORK



INFORMATION AND FORMS

An Informed Family



FAMILY TOGETHER



SUCCESS



Is A Stronger Family



## FYI—For Your Information

### BRIEF HISTORY OF MY EXPERIENCES WITH THE RENO VA REGIONAL OFFICE OF THE DEPARTMENT OF VETERANS AFFAIRS FROM 1980-2009

by Sean Zielinski, Ph.D.  
Licensed Clinical Psychologist

When I first came to work as a Clinical Psychologist at the Las Vegas VA Outpatient Mental Health Clinic in 1980, I had a previous history of being Chief of Drug & Alcohol Treatment at the Buffalo, New York VA Hospital from 1971—1973, Chief of Drug & Alcohol Treatment at the American Lake VA Hospital from 1971—1973 and Chief of Psychology of the VA Outpatient Mental Health Clinic in Oahu, Hawaii from 1975—1980. In those first 9 years in the VA, I can not recall a single unpleasant interaction with anyone involved in making decisions concerning granting of compensation and pension benefits for Veterans in the State of New York, Washington, or Hawaii.

So you can well imagine my surprise when I received my first hostile letter from the Reno VA Regional Office of the Department of Veterans Affairs, Reno, Nevada, which basically was critical of my support for a WWII ex-POW, who had been denied compensation and pension benefits for his service connected Posttraumatic Stress Disorder by the Reno Office.

### PRACTICING MEDICINE WITHOUT A LICENSE, IS A CRIME THAT THE VA REGIONAL OFFICE HAS GOTTEN AWAY WITH FOR OVER THREE DECADES ...

I was astounded to learn that the Reno VA Regional Office that was responsible for granting or denying compensation and pension benefits for Veterans suffering from service-connected injuries, both mental and physical, did not have anyone who was “clinically qualified “ to make these decisions.

### ADDING INSULT TO CRIMINAL INJURY...THE RENO VA REGIONAL OFFICE ROUTINELY USES THE OPINION OF A “CLINICALLY UNQUALIFIED BUREAUCRAT,” TO OVERRIDE THE “CLINICALLY QUALIFIED PROFESSIONAL ASSESSMENTS.”

Over the past three decades, I have witnessed the denial of compensation and pension claims for hundreds of Veterans, many suffering from severe, chronic combat trauma and even ex-POWs, who were diagnosed by “clinically trained and qualified” Psychiatrists, Psychologists, Nurses and Social Workers, as suffering from service-connected Posttraumatic Stress Disorder, as well as other service-connected mental health disorders, only to be denied the compensation and pension benefits that they are entitled to by the law (clearly defined by the Statutes of Title 38) by “clinically unqualified bureaucrats” employed by the VA Regional Office of the Department of Veterans Affairs. ...

When Dr. Rena Nora, our Chief of Psychiatry, at the Las Vegas VA Outpatient Mental Health Clinic invited Mr. Steven Simmons, the Service Manager of the Reno VA Regional Office in 1995, to talk to our Mental Health staff on how to write “more effective letters to support Veterans compensation and pension claims,” she asked Mr. Simmons, “How is it possible for someone who has no clinical credentials, such as a Psychologist or Psychiatrist?,” Mr. Simmons responded by saying, “Dr. Nora, we don’t want any clinical experts making these decisions. We want to make our decisions based on legal considerations alone.”

Of course since none of the bureaucrats at the Reno VA Regional Office are lawyers, they are obviously not qualified to make legal decisions as well.

### THE MAD HATTER’S TEA PARTY LOGIC OF THE RENO VA REGIONAL OFFICE IS ALWAYS USED TO DENY VETERANS THE COMPENSATION AND PENSION BENEFITS THEY HAVE EARNED BY THE SERVICE TO THEIR COUNTRY....

The Mad Hatter’s Tea Party Logic that is consistently used by the Reno VA Regional Office is denying Veterans the compensation and pension benefits that they are entitled to due to their horrific combat induced PTSD, informs the Veterans that they are being denied the benefits that they are entitled to by law BECAUSE they do not show symptoms of OTHER DIAGNOSIS. Thus, a Veteran who suffers from severe, chronic combat induced PTSD, who has supportive diagnosis for severe, chronic PTSD from qualified professionals staff that is treating the Veteran, supportive statement from family, fellow combatants, business associates or friends, as well as statements from the Veteran, is OFTEN DENIED FULL COMPENSATION AND PENSION BENEFITS...BECAUSE...THE VETERAN DOES NOT SHOW SYMPTOMS FOR DIAGNOSIS THAT HAVE NO RELEVANCE TO PTSD, WITH SYMPTOMS SUCH AS HALLUCINATIONS, FLATTENED EFFECT, LOSS OF MEMORY, POOR HYGIENE, NEAR PANIC DISORDER, ETC.

# # #

Does any of this sound familiar to you? Remember earlier this year when we learned that employees at the New York VA Regional Office were throwing Veterans’ information in the trash and changing dates on information submitted by Vets? *‘Its America’s shame., a nightmare for Veterans and their families.* Just imagine all the claims that were denied because the VA just broke the law. Look for a continuation of the article by Dr. Sean Zielinski in our next issue of VQLAN Newsletter.



# **VETERANS QUALITY OF LIFE ACCESS NETWORK, INC**

The organization opened on February 2, 1999 by Mr. Barry G. Campbell, a recipient of three Purple Heart Citations and a Proclamation from the U.S. House of Representatives for going above and beyond the call of duty for Veterans in need.

The organization is non-profit. The organization is an information bank geared to helping Veterans and their families. I believe that Veterans can better help themselves when they help others, and the community works together as one unit without prejudices. We hold a deep conviction that we understand what America needs. The belief that holds us together is the service of our country.

We will be dealing with many issues such as the Department of Veterans Affairs (VA) claims, education, community involvement and much more. Our organization will enable Veterans to get first hand information on how to apply for their basic needs, i.e., welfare, food stamps, pensions, social security, etc. We will also provide assistance for locating housing, jobs, schools and more. The organization will treat all Veterans and their families fair and at the same time give the Veterans the opportunity to help others by volunteering their experiences.

I have been helping Veterans throughout the country for many years. Seeing the need for a more aggressive and root-based organization through my life experiences, this organization was developed.

The organization will be **fair** by treating people the way every human being would like to be treated.

The organization is a good thing, and a God thing, to help Veterans in need to the best of our ability. It's about doing the right thing by Veterans, making people feel good again.

The **mission** statement is: **HOPE.**

The **vision** statement is: **In the end the organization will help anybody who wants to help themselves to a better life.**

We want each one to teach one and take it back to their community to help the people in the streets.

The program is desperately needed. A lot of people are hurting. I have proven this by helping thousands, with no support. The odds have always been against me. Now with the right support, I will prove we can help.

*For all the prejudices and separatism I have experienced , it has made me stronger—*

*(God Bless)*

*CEO and Founder Barry G. Campbell*

## Veterans Quality of Life Access Network Inc. 2nd Part

By helping others, I will show you; you will help yourself. The people that are truly ready will rise and in the end the organization will help anyone who wants to help himself or herself. I have created this organization for people, ran by the people, the Veterans of the street, the ones who have suffered the most.

We are an independent organization. No strings are attached (government, politics, etc.). We will have committees. I am structuring the organization this way because it covers just about every way a person can get back into society as quickly as possible. We have had enough suffering. The best thing about this organization is that we have a lot of information and we are going to share it so everyone will know what to do. By helping our fellow Veterans, everyone can get his or her dignity back. We will be able to save our families and our communities. We do referrals to get our people to the right people (government, federal, city and state) and we will be asking for grants from all agencies. In the future, we will be able to create jobs for the people.

We are beginning with nothing and everyone feels good. We are making people feel good again( really a God thing). As CEO, I have watched the people machine grow at a amazing pace and it is spreading. It is really the little things that we do for people that count. The organization is real, people helping people, the ones who need it the most.

### **PART II—Access Network**

This part will work world-wide by the internet. We have now been on the internet for nine years. The web-site did have over five thousand pages, including photographs and movies. It was very successful in informing Veterans around the world on how to get things done without the red tape.

2009-The website is up and running!!: Launched December 2009 — [www.vqlan.org](http://www.vqlan.org)

- PURPOSE:
1. To make sure every Veteran in America is informed properly about their benefits.
  2. Show the development of the organization
  3. Show how the organization was born
  4. Donations across America
  5. Members Across America
  6. Work towards every state having access to our network
  7. Networking and resources
  8. Veterans Administration's Forms and Laws
  9. Funding for the organization
  10. To create jobs for veterans across America

This only works because I refuse to have prejudice play a part, and by this

I've helped the people the world has forgotten. God Bless

***Barry G. Campbell CEO and Founder***





## Sexual Assaults in the Military

To whom it may concern:

I have hidden this secret for over 20 years and desperately need to shed some light on this cancerous tumor that has destroyed my past and wants to destroy my future.

Approximately around the early part of January 1987 the following crew members, Seaman \*\*\*, Seaman \*\*\*, and Petty Officer \*\*\* managed to sneak on board various bottles of liquor.

That night we all made our way to the Repair Locker at the bow of the ship. It was there that we all indulged in drinking without discretion or impunity. To my dismay, I a 19 year old young man, drank so much alcohol that I eventually passed out. When I awoke I was in my Berthing area in my bed.

That morning I had a bowel movement and seamen came out of my rectum. I instantly felt shame, rage and self-pity. I prayed to God that no one would ever find out about this and that I would kill whoever had done this demoralizing act to me. The next day I immediately questioned two of the guys that were there as to what happened. They told me I passed out and was placed in my bed. Then they eventually went to sleep themselves.

Nevertheless, a few days went by and after beating Petty Officer \*\*\*\*\* in a bet, I taunted him. He then called me a fag and went to grab my crotch. I immediately swung my fist so hard at his head, but he ducked and I missed. I was off balance and he then pushed me. I fell down the stairs to my berthing area, severely sprained my ankle and hit my head.

After this incident I would continue to get into physical altercations with other sailors on board the ship. I would often find myself feeling so depressed or angry that alcohol and drugs would be the only elixir that could numb the emotional and spiritual pain I felt. I must admit that the years in the Navy were the loneliest and darkest period of my life.

In conclusion, I would eventually begin to rebel against the U.S. Navy. I became a very angry and belligerent young man. I soon began a pattern of self destruction that resulted in me going AWOL, numerous None Judicial Punishments, and being thrown in the Brig. This shows you I had a problem handling this rape. Therefore, I did hard drugs and drank plenty of alcohol because I

hated myself and wanted to die. I couldn't handle the torture of being robbed of my manhood. There was a definite behavior pattern that can be seen after sexual violation. Please see Entry Exam-Drug Free.

Although I am not gay, this incident has prevented me from being able to form a meaningful relationship with a woman because of the lack of confidence that is a direct effect of the mental and emotional scaring of the sexual trauma that occurred in the U.S.Navy.

## Stopping Sexual Assaults

In recent years, senior Defense Department leaders often have spoken of their commitment to preventing and responding to sexual assault in the ranks.

But a new congressionally mandated report shows a serious gap between the rhetoric at the top and reality at the unit level.

Reported sexual assaults in the ranks rose from 1,700 in 2004 to 2,908, although defense officials argue that is due in part to new policies that encourage more victims to come forward.

But the new 176-page report—based on 15 months of work by a 10-member task force—said funding for sexual assault response and prevention efforts continues to be “sporadic and inconsistent,” creating the impression in the field that senior leaders do not, in fact, view this as a top priority.

The task force also said the program could be improved in was that don't require much money—such as a change in military law to allow privileged communications between victims and victim advocates, as is standard policy in 35 states.

The military grants sexual assault victims confidential, privileged communications only with chaplains and lawyers.

Not only does that limit the effectiveness of victim advocates in the military community, the task force said, it also deters victims from coming forward for fear of harming their careers if the chain of command gets involved—and many troops see even chaplains and lawyers as part of the chain.

This is supported by periodic troop surveys that indicate a higher rate of sexual assaults in the ranks than is reflected in the number of reports filed.

The top concern of any response policy

should be ensuring that the victim gets help. Expanding confidential communications to victim advocates is a simple, cost-effective step towards that goal.

*Taken from—Navy Times Dec. 12, 2009*

## Sexual Assault Continues

Good morning Mr. Campbell:

I am writing this letter to ask you for help. I am a disabled Veteran. While I was on active duty, I was sexually harassed. In my attempt to address this issue, I was labeled a trouble maker etc...

For years I carried around this feeling of shame, worthlessness, guilt and had a negative attitude towards my piers and the military.

I am in treatment at ..... Before I came to this facility, I was being treated at ..... While I was in treatment for approximately three years, I was being sexually harassed. I was forced to jerk-off a client by the name of .....

I felt powerless and confused and angry because everyday in therapy I was being sexually harassed. I became frustrated and suicidal. I stopped attending the therapy and started smoking marijuana. I ended up in the, “G” building at Kings County Hospital.

Mr. Campbell this is not a fabrication to get compensation. I was a victim, but now I am being empowered. Currently I am in the SARP program. I have an excellent psychologist. I am learning how to concur these demons in my past.

I will see you at you next meeting or before that. I am concluding this letter. May God continue to strengthen you and your family, until you have accomplished his will here on earth

Through helping hundreds upon hundreds over my career, I can tell you these assaults are America's most hideous crimes and 'no one was or is' doing anything to stop this. I will continue to stand up for those individuals. More than you can imagine!!.

**CEO.**

# VETERANS QUALITY OF LIFE ACCESS NETWORK, INC

## DECEMBER 2009



1. Newsletter — 4th. Edition
2. (NEW) — Music CD — **Man With The Power** — GREAT!
3. (NEW)—WWW.VQLAN.ORG — Go see — We are back forever — (Great site)
4. (NEW)— In Long Island — Channel 18 — Every Friday night until end of the year
5. (NEW)— Web TV show — LiWEBtv.com — VQLAN's own Channel  
Channel 17 Internet Television — Started 12/21/09
6. (NEW)— Interview with Rocker TV with the Rootsman Earl Chin  
Friday night—11:00p.m. — Channel 73
7. Next General meeting — Saturday, January 9, 2010 — New location  
250 West 127 Street (P.S. 154M) — Between 7th. & 8th.Avenues —  
11:00 a.m. — 3p.m. — Stop the suffering
8. VQLAN Benefit Dance— Friday, February 12, 2010 — \$25.00 Tickets on sale now!!
9. CEO's classes on how to help a Veteran —15 students — Part I total success  
Part II starts 12/28/09

**2010 — LET'S GET IT ON — CEO**  
**HAPPY NEW YEAR**