

WINTER ISSUE

OFFICIAL PUBLICATION OF

JANUARY-MARCH 2025

GRANTS & DONATIONS AWARDED TO THE UNRECABLES

THE UNRECABLES

President's Message Amanda Davis



H a p p y New Year! I am happy to share that Mammoth Mountain has been

getting lots of snow this season with another storm brewing as I write this. The current snowfall is well ahead of last season at this time. In the words of **John Gray**, "Think Snow"! Unfortunately, the December instructor trip was impacted preventing the group to get out on the slopes on Saturday. As we head into January with both instructors and students, let's all be mindful of skiing/ boarding safely and following the guidelines set by the mountain.

With great excitement, I would like to highlight the exceptional fundraising achieved in the last couple of months. **Victor and Kenny Chan** made an incredible \$5,000 donation in honor of their mother, **Valerie Chan**. A big thank you to **John Gray** for achieving a sizable \$1000 grant from the Far West Ski Association. Another big thank you to **Sigrid Noack** for her work to achieve an amazing \$1000 donation from Century City Ski Club. We greatly appreciate all of these donations as they are very



A December trip to remember in Mammoth.

much needed by our club. However, we are still in great need of additional funds to keep the club going. Our insurance alone is very high. Sigrid is working on a joint fundraiser with the Wailers. It's a Vertical Challenge and we need skiers/boarders willing to participate & fundraise. Reach out to Sigrid or me for details, if you are interested.

I would like to close by saying how proud I am of this club. Our students and volunteers are amazing! I look forward to another great season.◆

INSIDE THIS ISSUE

- December Mammoth Trip
- Get Prepared for the Ski Season
- Fundraising News
- Membership Matters
- Calendar of Events
- Shop Ralphs
- A Bit of History
- FWSF Gives
- FWSA Mini-Ski Week 2025
- FWSA Convention
- Happy birthday!

DECEMBER MAMMOTH TRIP: EARTH (COVERED IN SNOW), WIND, & FIRE(WORKS) VICTOR CHAN



had asked Gordon for an extension to submit my article until after the December trip so that

it would be more interesting, and boy is it ever! Twelve of us made it to Mammoth for the instructor/volunteer trip, but only 5 of us came up Thursday for free skiing on Friday: Kenny, Julio, Glenn Green, Matt Horn, and me. Julio and I shopped at Costco (when we were hungry apparently) on the way up to pick up lasagnas, pizzas, two big sourdough loaves, two big rotisserie chickens, a couple salad mixes, a giant pumpkin pie, a giant apple pie that Julio said was calling to me, and whipped cream. Roads were clear to Mammoth and we made it fine. A little fresh snow had fallen overnight, but luckily the weather was not stormy on Friday. We met up with Glenn and Matt at Roma's room in the morning. I picked up the lift tickets, met the president of the Achievers, Nahu was with them, and chatted a little. Kenny and I donned our holiday spirit helmetwear – I had antlers and **Kenny** a Santa hat. I heard "Hey Rudolf!" from a lift chair riders a couple times. Skiing was nice and we made some first tracks in small areas off of chair 22, though some other places were still a bit firm from being wind blown.

Anne Schmitt and Marilyn Gil had arrived to the condo by the time we got back after skiing. Kenny and I met Anne at the Fall Party and Marilyn was on the Dryland Clinic zoom so it was great to finally meet her in person. Anne had volunteered 20 years ago for The Unrecables and was excited to join us again. Her friend and coworker Marilyn is new to us. After I dropped off **Julio** and **Kenny** at the condo I met up with **Glenn** and **Matt** to get a couple bi-skis and other equipment from the shed. We had dinner together in the condo and relaxed. Soo arrived later and we made another trip to the shed to pick up helmets for **Marilyn** and drop the new Mountain Man bi-ski back off.

Saturday the weather had turned stormy. Earlier in the morning it was a little better but they weren't running many lifts. The rest of us -John, Ann, Roy, and Randy joined us at Roma's room and we all gave our introductions and announcements were made. We hoped that the weather would get better, but it didn't. We headed out in two groups, the skiers and the boarders, over to chair 11, the beginner chair which was the only one running out of Main Lodge. It was very windy with snow flurries. By the time we got ready to head up the lift, it also closed. The skier group headed into the gondola building to proceed with instruction given by Soo Lee, but the snowboarder group of John, Ann, Marilyn, Julio, and Glenn toughed it out just outside the gondola building (where we could see them through the windows). Later we found out that apparently Randy didn't see where the rest of us went so he staved outside with them as well. After lunch the weather was still very bad with no lifts running so we did bi-ski training in the conference room. It was a nice review for many of us, and good for Roy and Marilyn to see the equipment up close and learn how it worked. We decided to have dinner ready early so that people could go to the Night of Lights fireworks show at 6:45. Ten of us enjoyed the lasagna, pizza, salad, chicken and my garlic cheese bread that once again stopped snowing late afternoon, but was still cold and windy at 6:30. Julio, Kenny, Soo Lee, and I drove over to Canyon Lodge, Glenn and Matt followed in their car. I was thinking that it might not be that busy because of the weather, but there were still a lot of people there. We got stuck in traffic along the narrow street a few blocks away. While stopped on a slight uphill, I noticed that the bus slowly going the other direction had its front wheel locked up(!) and was just sliding down past us. A few yards further down it looked like it started drifting towards the cars that were parked on the side of the street, so the driver stopped and waited several minutes for help to arrive so he could back up a little. We finally made it to Canyon where I dropped the others off and went to find parking. Glenn and Matt decided to bail. By the time I parked and walked back, the fireworks show just started. I had never been to a fireworks show with that much wind and haze. It was unusual to see the fireworks embers blowing overhead and the fireworks "appearing" out of the fog and haze, but for the most part it was still a great show. Even though there were fewer people than last year (I rode up a lift Sunday with folks who go every year and said there were around 10,000 attendees last year). After the show we hung out by the bonfire and DJ and dance area. A lot of people left but there were still hundreds dancing away and gathered in Canyon Lodge. The 7 minute walk back to the car was treacherous with the icy roads and gusty winds, and we made it back mostly incident free.

I DID NOT BURN. It was great for peo-

ple to get to know the new folks. It

continued -p.3

December trip

continued -p.2

Sunday dawned to sunny skies and light breezes, with temperatures below freezing. Traffic was pretty bad going up the mountain and by the time I parked at F(!) and waited for the shuttle, people were setting up for training at chair 11. Soo organized us into groups with people rotating to different tasks at certain times. Roy and Marilyn were able to experience being in the Mountain Man with me and Kenny bucket assisting. It came time to do the final rotation but Randy and Anne had not come down the hill. After waiting for a while, Soo called Randy and he said that they were waiting for ski patrol and that Anne had fallen and was injured. We went back up the lift and found them stopped on the run. She had been guiding Matt who was playing the role of a VI skier when her skis contacted his and she crossed her tips and fell. She had reached out with her left hand and fractured her wrist. Ski patrol gave her a toboggan ride down to ski patrol where she was cared for. Marilyn took Anne to the Mammoth Hospital for further care and they headed home. After lunch we helped pack up Soo's car with the equipment and she planned to go to the hospital

before heading home. Kenny and I headed out to free ski. A few runs later we heard John calling out to us from chair five - he had spotted us, likely because of my ski suit (it's fuchsia). Surprisingly Soo met up with Kenny and me-it turns out Anne and Marilyn told her they were fine and she didn't need to go to the hospital. It was John and Ann's last run, but Soo skied with me and Kenny for the rest of the day. We enjoyed the runs off chair 3 and 5, and went on chair 23 once near the end of the afternoon. We didn't meet up with Julio on the mountain, but he had a pretty full afternoon. Apparently a lot of others skied until late afternoon because traffic was stop and go from Stump Alley back to the village.

All in all things could have gone better, especially with Anne's fall. She is so enthusiastic about returning to The Unrecables, and we wish her a speedy recovery. She said that she'll come in January. If she does, we want to see the cast signed by all her elementary school students!

If you want to come in January 25th weekend, please let me know as soon as possible if you will need lodging. Deadline to commit is January 3rd, but as always sooner is better. Thanks!

Víctor









GET PREPARED FOR THE SKI SEASON SOO LEE



i Unrecables! The 2024-25 winter season has started. Winter snow fell early in

Mammoth, so our instructor / volunteer on-snow training started in December.

Just as all our trip goals in the past, this season's goals are 1) stay safe, 2) learn something, and 3) have fun (and smile).

Be prepare yourself to perform better your favorite snow sports, and to prevent injuries. There are more injuries from winter sports than summer sports probably from the low temperatures which hinders body functions. High altitude is another thing to consider.

Do exercises to improve your strength, stamina, balance and cardiopulmonary function. Cycling, rowing, swimming, jogging, yoga, or other sports you like will work. Just do it more intense (80% of your max) from now on until you come to the mountain. Do not forget to do stretching before and after exercising. It will also helpful to shed all the holiday treats and your early start New Year's resolutions.

Last two seasons' trips, more people suffered from altitude sickness. Headache, palpitations, hard to sleep and hard to digest, exertion and fatigue are the common symptoms. To prevent altitude sickness: 1) hydrate (start before you reach 6000 feet, drinking 1-2 full glasses of water right after waking up and often during the day), 2) easy on movement, 3) slow ascending (spending a day in Bishop may be helpful), 4) avoid big meal, 5) and some medicine from the doctor. If the symptoms get worse, you should go down below 5000 feet. Snow storm greeted our December trip. The Unrecables are known for serial stormy trips so let's prepare for that. Layering clothes, waterproof jacket and pants, warm ski gloves, goggles (yellow for low light), neck gator or balaclava are for a cold snowy day. If you are driving, carry snow chains, a shovel, good wipers, a windshield scraper, blanket and some snacks. Also fill the tank more often.

While you are on the slopes, keep in mind your responsibility code: 1. Always stay in control. You must be able to stop or avoid people or objects. 2. People ahead or downhill of you have the right-of-way. You must avoid them.

3. Stop only where you are visible from above and do not restrict traffic.

4. Look uphill and avoid others before starting downhill or entering a trail.

5. You must prevent runaway equipment.

6. Read and obey all signs, warnings, and hazard markings.

7. Keep off closed trails and out of closed areas.

8. You must know how and be able to load, ride and unload lifts safely. If you need assistance, ask the lift attendant.

9. Do not use lifts or terrain when impaired by alcohol or drugs.

10. If you are involved in a collision or incident, share your contact information with each other and a ski area employee. ◆

Soo

Welcome New Members

Roy Choi Lenna Fagen Marilyn Gil

FUNDRAISING NEWS SIGRID NOACK



he Wailers Ski Club has generously invited our Unrecables family to partner up with them for their an-

nual Vertical Challenge fundraiser. We are proud to help organize and publicize and raise funds for this fun event at Mammoth Mountain on March 15, 2025. Last year the Wailers raised over \$10,000 with this Vertical Challenge. With our participation, this event should become an even more successful event. The Unrecables will be making the event more of a ski-a-thon, since we cannot seriously count vertical feet with our students. Our lessons that weekend will continue as a normal teaching weekend.

Please mark your calendar, and start thinking about what YOU can do to support this huge event. You don't have to ski that weekend, if you cannot. Basically we will be forming groups of 4 people, working together to raise funds by getting pledges from family, friends, co-workers and other Unrecables. Stay tuned for much more information with details about this major event with the Wailers Ski Club.

Hopefully, every one of us will partake in this event by talking about it to everyone you know, reminding them of our club's mission and vision: To have a great and significant impact on each person with a disability and reach out to the disabled community and provide inspiration, awareness and mentoring.

With this fundraiser, we hope to accomplish this by hopefully raising enough money to give many more

Membership Matters John Gray



The cables Family: The 2024-25 Winter ski/snowboard season is upon us. We have high

hopes for a great season of snow at Mammoth – starting early and ending late. Please join us for a weekend of fun, laughs, and adventure at Mammoth Mountain. We welcome all levels of students, volunteers, and experienced instructors. For more details about our trips this season, please go to Trips (unrecables.org).

Help us provide an exceptional experience this season for our adaptive skiers and snowboarders who are eager to get outside and race down the slopes of Mammoth Mountain. Please send in your MEMBERSHIP DUES and any additional DONATION you feel is appropriate to help us continue in support of our mission: "to promote adaptive sports (ex: skiing and snowboarding Mammoth Mountain), and encourage people with disabilities to participate in sports, recreational and social activities in their communities".

To renew your membership, donate, or to become a member for the first time, please visit us at Membership (unrecables.org). Our Membership Application is available from the web site. If you are unable to join us on the slopes this upcoming season, we would still appreciate your membership dues.

We appreciate your participation and support!

Please contact our Membership Director, **John Gray**, with any questions: jcgray@san.rr.com. **♦**



BENEFITS OF MEMBERSHIP

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities

• Members do not pay any trip fees for ski trips to Mammoth

• Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.

• Students: No fees for the lifts, ski

equipment or professional instruction

• Exclusive invitations to our parties and special events

• Members are invited to attend our Board and Social Meetings

• Eligible to run for office

• May assist with organizing trips and activities

• Your dues help us to continue to offer these FREE services.

• Gives you that really good feeling that you are doing the right thing!

We appreciate your Participation and Support

Membership categor	<u>ies:</u>
Individual	\$40
Individual Lifetime	\$320
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or
	\$200/five years

Fundraising News

continued - p. 4

scholarships to our students to enjoy spending a ski weekend or even a nonski weekend in Mammoth.

Please join our committee, if you can. Send any questions and suggestions to:

Sigrid skisig@gmail.com Gordon gwcardona68@gmail.com Jessica jessicahanot@gmail.com Marina recordsmcvm@aol.com

CALENDAR OF EVENTS

January

J J		
14	Social on Zoom @ 6:30p	
24-26	Mammoth trip	
February		
11	Social on Zoom @ 6:30p	
21-23	Mammoth trip	
March		
11	Social on Zoom @ 6:30p	
14-16	Mammoth trip	
April		
8	Social on Zoom @ 6:30p	
11-13	Mammoth trip	
May		
9-11	Mammoth trip	
13	Social on Zoom @ 6:30p	
June		
6-8	Mammoth trip	
10	Annual Meeting @ 6:30p	
12-15	FWSA Convention	
July		
8	Social on Zoom @ 6:30p	

SUPPORT THE UNRECABLES AND SHOP RALPHS!

Re-register Your Ralphs Card

- 1. Go to www.RALPHS.com
- 2. Scroll to bottom of the Home page.
- 3. Click "Kroger Community Rewards"
- under Community Contribution.
- 4. Click Link your Shopper's Card.
- 5. Fill in your info (NPO # WY343).

6. Watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

> Thank you for your support! Contact Sigrid Noack sigski@gmail.com



Thank You Mammoth Mountaín for your support of our

adaptíve skí program.

Sígríd

A BIT OF HISTORY STEVE LEFKOWITZ



Hello Unrecables Out T h e r e Everywhere! It is with much sadness that I announce that

this might be my last column. It has been my pleasure to serve as your (our) Club's Historian. I know everyone always says that, but I really mean it. I have been lucky and have had a really long and prosperous (apologies to Spock) skiing career, having skied every season since 1958 until last year. Even the year that I became disabled, I did a long road/ski trip in December, became disabled in a mountain climbing accident in South America in February, spent seven months in a couple of hospitals as an in-patient, five more as an out-patient, and then was back out on the slopes by the following February and March. The lure of the mountains, with their snow covered trees and hillsides (i.e. the proverbial winter wonderland) was just too great an attraction for me to resist. It was a whole new ball game (the bunny slopes), but when I say that this club, and adaptive sports in general, played a HUGE role in my recovery and re-entry into society, I'm not understating it. I can also easily see how it's changed the lives of so many others who have participated in its programs. So, it's with some sadness that I say I'm entering a new chapter in my life.

My choice for my replacement, not to mention any names, but J. you know who you are, was the first Unrecable to have his kids in the program. This "new blood" is what will sustain us so that we will still be there in the future to help other newly disabled people like I was in 1980. Unfortunately, he has other commitments that will prevent him from accepting the position.

To finish off my duties as your Historian, I was asked one final question. Are our newsletters given a numerical number so we can get a sense of our history? Not to my knowledge. They are presently delineated by spring, summer, fall, or winter, and then the year, not numbered so we could tell how many came before and our place in the scheme of things. Back in the day, the "newsletter" consisted of little more than sheets of the individual members' contact information so we could call one another after a snowfall to go skiing (I actually still have some of these if anyone's interested in seeing who were some of the original members). These lists were updated periodically but were not on a set schedule and consequently were not numbered. There was no original content in any of these info sheets. I'm not exactly sure when we transitioned from being strictly a contact info sheet to a ski club newsletter that contained Club information as well as general skiing info.

In closing (sniff, sniff), I'm not shutting any doors and will always be available should anyone have any questions about "the early years" \blacklozenge

Steve

The Unrecables Scholarships Available

Eligible to current members for trips and events. One scholarship per member per season.

> For details please contact Amanda or Victor

FWSF GIVES JANE WYCKOFF

The Far West Ski Foundation awarded a grant at its winter quarterly meeting on December 5. The Board of Trustees approved a grant for The Unrecables under its Adaptive & Rehabilitative mission.

The Unrecables is a non-profit, volunteer-based organization, serving the snowsports recreational needs of individuals with physical and mental disabilities. The club provides free ski and snowboard instruction from volunteer PSIA-AASI Instructors, lift tickets and use of adaptive ski-snowboard equipment. Many of their students and potential students are low income, and cannot afford travel and lodging up at Mammoth Mountain. The Unrecables raises funds throughout the year for general expenses via their club membership dues and donations. The grant will be used to offer scholarships of \$250 each to individuals unable to travel to Mammoth Mountain due to financial constraints.

The Unrecables grant was awarded in memory of Waltraud "Wally" Cardona, mother of Gordon Cardona, a long time active member of The Unrecables. She was a strong supporter of The Unrecables programs. John Gray, Membership Director, stated: "This will go a long way in helping The Unrecables continue with their mission of adaptive snowsports participation to all that are so inclined, regardless of their economic status." For additional information regarding The Unrecables, link into www.unrecables.org

The Far West Ski Foundation congratulates this non-profit organization for the outstanding contributions they are making to snowsports.

"The Voice of the Western Skier"





FAR WEST SKI ASSOCIATION MINI SKI TRIP March 23—28, 2025



\$745 TRIP PACKAGE

Based on double occupancy. Single supplement pricing is available. Price does NOT include air, transfer, or lift tickets.

Sign up by October 1st and you will get a discount on your trip price. Early Bird discount expires October 2, 2024

Trip Insurance is highly recommended to protect your trip costs should you need to cancel.

The Inn at Big White features an outdoor heated pool, hot tub, games room, fitness center, 24-hour Front Desk, complimentary WIFI, heated underground parking, and ski locker storage. Rooms include minirefrigerator, microwave, and induction cooker. Units have 1 Queen bed and 1 Queen Murphy bed.

Included:

Five Night's Lodging Welcome Breakfast Farewell Dinner

Optional for Purchase:

3-day Adult Lift Ticket-- \$311
3-day Senior Lift Ticket--\$301
4-day Adult Lift Ticket-- \$398
4-day Senior Lift Ticket--\$333

Discounted Equipment Rental

Optional Activities:

- Tube Park
- Ice Skating
- Ice Climbing
- Sleigh Ride Dinners
- Snowshoe Tours
- Dog Sled Tours
- Free Mountain Tours
- Snowmobile Tours
- Horse Drawn Sleigh Rides
- Day Spas

Contact: Nancy Ellis - 530-414-8261 - FWSAtravelnancy@sbcglobal.net

Information & Online Signup: <u>http://fwsaminiBW.sat.tours</u>

FWSA CST #2036983-40



92nd Annual Far West Ski Association Convention June 12 - 15, 2025

at

Margaritaville Resort

1600 N. Indian Canyon Drive Palm Springs, CA 92262

Hosted by the Orange Council of Ski Clubs

Margaritaville Resort

1600 N. Indian Canyon Drive, Palm Springs, CA 92262

Reservations:

Call 760-327-8311, Group Name: Far West Ski Association. Room Rates per night plus tax, single or double occupancy — \$169 per night

Room Registration Deadline: May 19, 2025

Hotel Features

- Fins Up Fitness Center
- St. Somewhere Spa
- Joe Merchants Coffee and sundries
- JWB Grill
- 5 O'Clock Somewhere Pool Bar
- Tropics Lounge
- Lone Palm Pool

Transportation

- Air transportation via Palm Springs International Airport (4 minutes away)
- Transportation to the airport is available by rental car, Uber, or Lyft.

Debbi Kor Co-Convention Chair fwsadebbi@comcast.net or 503-314-7078

Jane Wyckoff Co-Convention Chair fwsajane@gmail.com or 949-933-9607 Barbara Razo Silent Auction Chairperson SilentAuction@fwsa.org or 714-401-7341 Sheila Van Guilder Host Council Convention Coordinator svanguil@yahoo.com or 714-656-6032

A portion of the Silent Auction proceeds will benefit: TBA.

www.fwsa.org

Convention Highlights

025 Com

Changes

- Silent Auction & Trade Show
- Guest Speakers
- Snowsports Leadership Academy
- · Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- Thursday
- * 28th Annual Pub Crawl
- Friday
 - * 18th Annual Michael German Memorial Golf Tournament
 - ° Pool Party
 - ° Club Happy Hour

HAPPY BIRTHDAY!

loph

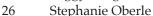
ribdoy

JANUARY

- 3 Jesse MacGregor
- 8 Lenna Fagen
- 12 Mika Ito
- 16 Inge Hobo-Scheinfarb
- 27 Keri Acosta

FEBRUARY

- 6 Lukas Smith
- 14 Robert Arias
- 17 Annette Mann
- 18 Nancy Brown
- 24 Soggy Kosger



27 Soo Lee

MARCH

- 5 Dan Gertler
- 9 Joseph Takeli
- 20 Georgina Hackett
- 21 Jason Fourier
- 22 Matthew Levine
- 23 Chuck DeBerard

Sunshine

Anne Schmitt *fractured her wrist skiing*

Will Chung & Family beloved father on hospice

Thank You Donors Century City Ski Club Far West Ski Foundation Gordon Cardona Kenny & Victor Chan

FWSA MINI-SKI WEEK 2025

Big White, BC, Canada March 23-28, 2025

Contact: Nancy Ellis 530-414-8261 FWSAtravelnancy@sbcglobal.net

THE UNRECABLES Advisory Board

Bob Darvish, M.D. *Physical Medicine & Rehabilitation, V.A. Medical Center, West L.A.*

Billy Kidd Olympic Silver Medalist Director of Skiing, Steamboat Ski Resort

Jon Halperin, MD Chief of Physiatry Sharp Rees-Stealy in San Diego Ski Patrol Snow Valley

FWSA TRIPS

FWSA Annual Ski Week 2025 Banff, Alberta, Canada January 25-February 1, 2025

FWSA Mini Ski Week 2025 Big White, BC, Canada March 23-28, 2025

FWSA Cruise Fall Foilage Cruise Quebec City to Boston Majestic Princess September 9-18, 2025

FWSA Annual Ski Week 2026 Crested Butte, CO January 24-31, 2026

International Ski & Snowboard Adventures Tignes & Val d'Isere, France March 1-8, 2025 Extension: March 8-14, 2025

Summer Ski Week 2025 Val Nevado, Chile with extension to the Atacama Desert

Check out details at fwsa.org.

THE UNRECABLES 2024-25 BOARD OF DIRECTORS

Amanda Davis, President amanda.davis.home@cox.net 949-887-3690 Richard Olmsted, Vice President olmstedrr@yahoo.com 805-368-7977 Kenny Chan, Secretary kennytchan@hotmail.com 858-382-8164 Will Chung, Treasurer will90254@yahoo.com 310-562-5396 John Gray, Membership Director jcgray@san.rr.com 858-740-8017

APPOINTED BOARD MEMBERS

Soo Lee, *Ski Director* sookimania@hotmail.com 310-895-6274 Victor Chan, Winter Trips Director vicjchan@juno.com 858-208-6088 **Bob Hayes,** *Equipment Manager* ayso34rc.bob@gmail.com 310-529-5217 Steve Lefkowitz, *Historian* stevenlefko@aol.com 310-306-5249 Joslyn McCarthy, Public Relations Manager joslynrae27@gmail.com 310-948-4827 Sigrid Noack, Sunshine/LAC Rep skisig@gmail.com 310-499-8181 **Dee Armstrong**, *Webmaster* skideemon@earthlink.net 323-605-3396 Michelle McCarthy, Past President mvdpt@yahoo.com 310-795-5517 Gordon Cardona, Communications Dir. gwcardona68@gmail.com 562-480-4398 (text)

THE UNRECABLES

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: MARCH 3 THE UNRECABLES MEETINGS Coming up in the next issue: **SOCIALS:** Every second Tuesday monthly at 6:30pm on • Spring ski trips Zoom. Check your e-mail or Facebook for the Zoom link. FWSA Convention preview ... and much more BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom. UNRECABLES SPECIAL THANKS LA COUNCIL MEETINGS: First Monday quarterly at Victor Chan **SOCIALS** 7:00pm on Zoom. E-mail our LA Council Representative Amanda Davis ON ZOOM for Zoom meeting link. Everyone is welcome. John Grav Soo Lee **2ND TUESDAY** Steve Lefkowitz FAR WEST SKI ASSOCIATION MONTHLY Sigrid Noack SAFETY SLOGAN 6:30 PM **Photos Courtesy** SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES. Jan 14 Kenny Chan FIRST WITH SAFETY AWARENESS Feb 11 March 11 The Unrecables News April 8 published by CARDONA COMMUNICATIONS **CONTACT THE UNRECABLES** Check your e-mail or Facebook Text: 562-480-4398 Like us on Facebook for Zoom meeting link, Gordon W. Cardona E-mail: info@unrecables.org Instagram: @unrecables or e-mail Publisher Website: unrecables.org gwcardona68@gmail.com. gwcardona68@gmail.com



P.O. Box 24856 Los Angeles, CA 90024-0856

WINTER 2025

