

Dear Veterans:

There will be a Veterans Retreat at the Georgia Lions Camp for veterans who are dealing with loss of vision. The location is about 10 miles south of Waycross, Georgia, next to Laura Walker State Park. Come share what works for you, ask questions, and figure out nifty adaptations.

When:

October 1st to October 6th, 2018. The event will open on Monday afternoon, and we'll close after breakfast Saturday, October 6.

Who:

The event is open to any veteran who is involved with loss of vision. We anticipate hosting veterans from Georgia, Florida, South Carolina, and Alabama.

Note: There is no requirement that loss of vision is related to service. Any veteran who is now blind or dealing with low vision issues may find this retreat enjoyable and helpful.

Cost:

The program fee of \$350 covers all program activities, food, and dormitory lodging for this event. The dorm accommodations are twin size bunk beds; participants provide towels, sheets, pillows and blankets. The fee schedule included with the registration form will show the fees for various other arrangements including RV hook up and offsite overnight such as motels or sportsman cabins at Laura Walker State Park.

Activities:

Planned activities and presentations include the following –

- * Using your iPhone or smart phone to access many applications for lifestyle, social, and recreation**
- * Tandem bike riding -- bike safety and maintenance**
- * Physical fitness and tips for daily activity**
- * Managing medications and medical issues, including first aid and emergency planning tips**
- * Helpful resources such as BVA, Hadley Institute, Book Share, ACB, AFB, NFB, And others**
- * Selecting healthy foods and meal preparation**

Additional activities - Is there a topic that you would like to learn about?

Please let us know of additional topics or activities that interest you.

Some possibilities include:

- * Do you enjoy music, singing, or do you play a musical instrument?**
- * Would you be interested in container gardening -
- such as fragrant herbs, blooming plants, succulents, or
miniature vegetables**
- * Have you used Uber or Lyft? Tell us about your experience.**
- * Are you familiar with government and private programs available
to boost the lifestyle for persons who are visually impaired?**

Supportive Services – Veterans attending this event are expected to be independent as to health care decisions. Limited first aid response will be provided, and emergency response and transport will be utilized if needed. No ADL services will be included or provided as part of this event. Members of the Lions Clubs of Georgia will be on hand as volunteer hosts and hostesses, and can provide sighted guide assistance as needed.

For more information, and to receive an application, please contact one of the following persons:

**Ron Worley, phone [17067269483](tel:17067269483) or email ron65@knology.net
Donna Calhoun, phone [17062607897](tel:17062607897) or email d_p_calhoun@yahoo.com
Jeanette Sickel, phone [12298723260](tel:12298723260) or email jsickel@windstream.net**

We look forward to making this an annual event, with your help!!