

Baby I'm Torn

Count: 64

Wall: 2

Level: Easy Intermediate

Choreographer: Julia Wetzel - September 2019

Music: Torn by Ava Max, Length: 3:18, BPM: 125



Intro: 8 counts from first note, start with lyrics (4 sec. into track)

[1 – 8] Walk R L, Step-Lock-Step, Jazz Box, Cross

1, 2 Step R fw (1), Step L fw (2) 12:00
3&4 Step R fw (3), Lock L behind R (&), Step R fw (4) 12:00
5 - 8 Cross L over R (5), Step R back (6), Step L to left side (7), Cross R over L (8) 12:00

***Restart here on Wall 3 with step change for (7-8) facing 12:00**

[9 – 16] Step, Point, Cross, Point, (Back-Lock-Back) L R

1 - 4 ¼ Turn left step L fw (1), Point R to right side (2), Cross R over L (3), Point L to left side (4) 9:00
5&6 Step L back (5), Lock R over L (&), Step L back (6) 9:00
7&8 Step R back (7), Lock L over R (&), Step R back (8) 9:00

[17- 24] Back Rock, Step, Touch, (Side, Touch) R L, Side Rock, ¼ L

1 - 4 Rock L back (1), Recover R (2), Step L fw to left diag. (3), Touch R next to L (4) 9:00
&5&6 Hop R to right side (&), Touch L next to R (5), Hop L to left side (&), Touch R to next L (6) 9:00
7, 8 Rock R to right side (7), ¼ Turn left step L fw (8) 6:00

[25 – 32] Step, Together, Heel Bounces, Walk R L, Sailor ¼ R

1 - 4 Big step R fw (1), Step L next R (2), Bounce heels twice weight ends on L (3-4) 6:00
5, 6 Step R fw (5), Step L fw (6) 6:00
7&8 ¼ Turn right step R behind L (7), Step L to left side (&), Step R to right side (8) 9:00

[33 – 40] Cross, Hold, ½ L, Cross, Hold, ½ R

1 - 4 Cross L over R (1), Hold (2), ¼ Turn left step R back (3), ¼ Turn left step L to left side (4) 3:00
5 - 8 Cross R over L (5), Hold (6), ¼ Turn right step L back (7), ¼ Turn right step R to right side (8) 9:00

[41 – 48] Cross Rock, ¼ L Shuffle, ¼ L Paddle/Hip Roll, ⅙ L Paddle/Hip Roll (2x)

1, 2 Cross rock L over R (1), Recover R (2) 9:00
3&4 Step L to left side (3), Step R next to L (&), ¼ Turn left step L fw (4) 6:00
5, 6, &7&8 Step R fw (5), ¼ Turn left weight on L (6), Step R fw (&), ⅙ Turn left weight on L (7), Step R fw (&),
⅙ Turn left weight on L (8)

Easy Option (recommended for Wall 6): Do two ¼ left Paddle Turns (5-6,7-8) 12:00

[49 – 56] Rock, Back-Lock-Back, Back Rock, Step-Lock-Step

1, 2, 3&4 Rock R fw (1), Recover L (2), Step R back (3), Lock L over R (&), Step R back (4) 12:00
5, 6, 7&8 Rock L back (5), Recover R (6), Step L fw (7), Lock R behind L (&), Step L fw (8) 12:00

[57 – 64] Step, Step, Touch Behind, Hold, Heel Swivel Turn ½ R, Kick-Ball-Step

1 - 4 Step R fw (1), Step L fw to left diag. (2), Touch ball of R behind L (3), Hold (4) 12:00
5, 6 ¼ Turn right swivel R heel in (5), ¼ Turn right swivel L heel out weight ends on L (6) 6:00
7&8 Kick R fw (7), Step ball of R next to L (&), Step L slightly fw (8) 6:00

Restart: On Wall 3 dance up to Count 6 (Step R back) facing 12:00, take a big step back on L dragging R to L (7) Flick R back or touch R next to L (8) then start Wall 4 facing 12:00

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Last Update - 20 Sept. 2019