

WOODWARD BOOMER FOOTBALL

Coaches,

The 2021 Northwest Regional Powerlifting Meet will be held Thursday and Friday, March 4th and 5th in Woodward, OK. Entry fee will be **\$200.00** per team of 5 or more lifters, 4 or less will be **\$150.00**. This is a change from past years due to the fact we are not allowing as many spectators in the meet. There is also a **\$8.00** insurance fee per lifter that needs to be included with your check. This insurance will carry over to the state meet for any of your lifters that qualify for state. Each High School team will be allowed to bring 22 lifters, with no more than 2 per weight class. Junior High is allowed 11 lifters per grade in 7th, 8th and 9th for a total of 33.

Each competing school will be allotted 44 tickets per team upon receiving your team roster from your head powerlifting coach. After receiving your roster, the regional host will then email you your 44 allotted tickets for you to print off and distribute to your lifters accordingly. Please understand that you will not receive your tickets until the regional host receives your roster. These tickets must be given upon entering the meet along with payment. There will also be a limited amount of general admission tickets available at the door. Cost to get in will be \$8.00 per person. Rosters must be received by the regional host by **Monday, March 1st no later than 4:00pm**. Please make sure you fax or email your rosters in before this time and date. Coaches can fill out their rosters on the entry form link on www.ofbcapowerlifting.com under the regional tab in which you attend. There will be zero exceptions to this!

The Junior High meet will be held Thursday, March 4th starting at 9am with both the small and large school meet on Friday, March 5th also starting at 9am. Medals will be given to the top 3 lifters for Junior High and top 5 Lifters for High School in each weight class/division. Class Champions will be awarded for each high school division.

A hospitality room will be available for coaches and administrators only. No ice chests will be allowed in the building. Lifters should bring money to cover breakfast and concessions. Also, we will have NW Regional powerlifting shirts available for \$10 per shirt.

Weigh-in will be from 7-8:30am both days. There will be an early weigh-in Thursday evening March 4th from 6-7:30pm. Please do not bring your female lifters in the male weigh-in area, they will have a separate area. Please let us know if you will be attending the early weigh-in on Thursday.

The meet will be held at the Woodward Event Center located at the Woodward County Fairgrounds 105A Temple Houston Dr. Woodward, OK 73801.

Please make checks payable to: **Woodward Boomer Football**

High school weight classes: 123 – 132 – 145 – 157 – 168 – 181 – 198 – 220 – 242 – 275 - HWT

JH school weight classes: 105 – 114 – 123 – 132 – 145 – 157 – 168 – 181 – 198 – 220 - HWT

Sincerely,

Boomer Football Staff

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