

Date: _____

Realize Your Dreams!



How do you get what you want in life?

You start by **asking of yourself**: What are my dreams and goals?

Those dreams or goals become a magnet, the more specific and defined, the more they **pull!**

Asking of yourself your dreams and goals – **starts an emotional and mental response!**

1. **What do you feel you were created for...what's your purpose in life, what you are called to do, your passion?**
2. **If time and money were not an issue, what would you love to be doing?**
3. **What do you love about your current work?**
4. **What do you not like about your current work?**
5. **What do you feel you are especially good at?**

Here's what can easily happen if we don't identify our dreams and set our goals. It's easy to let life deteriorate into making a living instead of designing a life. We all have a choice--make a living or design a life. It's easy to get trapped by economic necessity and settle for existence rather than substance. That's easy! The best way to break out of that trap is to learn to set goals. People who fail to plan, plan to fail.

If you have ENOUGH REASONS you can do the most incredible things with you life!

REASONS will change your whole life. What most people lack is plenty of REASONS.

2. **Describe what you'd like your life to look like within the next 5 years?**
 - A. **Economic Goals:**

B. Lifestyle Goals:

C. Health Goals:

D. Personal Development Goals:

3. Do you currently have a way to accomplish these goals?

4. What limiting belief(s) or circumstances are keeping you from them.

3 MOTIVATIONS for Doing Well:

1. How it makes you Feel: How it feels to be a winner, the joy, the satisfaction and the pleasure
2. For Others: Many do things for others they won't do for themselves. How fortunate are people who find themselves greatly affected by somebody's personal achievement.
3. Benevolence: Sharing – Gather to Share – Andrew Carnegie – 1st half of life – accumulating money
Last half – gave it all away.

What is your reason to excel? What turns you on?

What's got you turned off?

3 Nitty Gritty Reasons for being successful that can change your life

1. So that you never miss special opportunities in life. Be ready!
2. So you can live Debt Free! It's the key to financial success. Pour into debt reduction.
3. The best revenge on those that think you won't be successful is massive success.

How to Achieve Your Goals:

- A. Economic goals:** Make meticulous well planned economic goals – it's fundamental for doing well, it will put you in the top economic 5%. Success is doing what the failures won't do!
- B. Lifestyle Things:** List little and major things that you would like in your Lifestyle – part of the fun is checking them off your list. Celebrate your major achievements. We all grow from 2 experiences: Pain of losing – so make it painful if you didn't do your part in reaching your goals; the joy of winning - Self congratulations is a sign of maturity, seeking congratulations is sign of immaturity. Amplify both - losing and winning.
- C. Personal Development Skills:** The person that you become is what you attract into your life. You earn based on who you become. Education will earn you a job. Self Education will earn you a fortune.

Our current bank balance is NOT a true indication of our intelligence. The reason our bank balance is not bigger is we don't have enough reasons. Reasons can change your life.

Reasons come first. Answers come second. We don't get the answers how to do well until we have the reasons to do well. Life gives the answers to those who are inspired by reasons. Reasons make the difference in how our life works out. **Get ENOUGH REASONS today, the ANSWERS WILL COME tomorrow.**

Everyone hopes life will change and that we will reach our goals. Life only gets better by planning. If you don't plan, don't set goals, you'll only get where you don't want to be. People who fail to plan, plan to fail.

Monthly reread this & redo your goal sheet. Compare with the previous month. See how you are growing closer to your goals. Your goals will change, become more specific, more exciting. (Some people remember to do this monthly goal planning by putting their "Realize your Dreams" into their monthly "Pay Bills" folder. Write down your goals. Study your goals. It shows you are serious about doing better in life.

Work on your goals. It's hard work! Many work hard on their job, but don't work hard on their future. Become be a good planner & worker. People who fail to plan, plan to fail.

Check the size and kind of goals. Your goals affect everything about you. Lousy goals – lousy results. Great goals – great results. **Make plans like an adult** – describe, be specific, well defined. Believe in them like a child (adults are too skeptical).

Qualifier: Try aggressive action for 90 days: Remember, you won't get everything you want! But If you work your plan there will be plenty of success!