



## Physician Consultation

*Effective January 1, 2015*

I understand that when I describe symptoms that may be consistent with a mental health disorder, these symptoms can have medical or biological origins, and that my therapist must consult with my physician, unless I waive this requirement.

**\*Please select, No, I do not want my therapist to contact my physician, if you prefer to waive this requirement.**

**No**, I do not want my therapist to contact my physician and I waive this requirement.

X \_\_\_\_\_  
Signature of Client/Parent/Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Client if Minor

X \_\_\_\_\_  
Signature of Client/Parent/Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Client if Minor

**Yes**, I request that my therapist consult with my physician regarding my mental health. An additional release form will be required with provider contact information.

X \_\_\_\_\_  
Signature of Client/Parent/Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Client if Minor

X \_\_\_\_\_  
Signature of Client/Parent/Guardian

Date: \_\_\_\_\_

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Relationship to Client if Minor