



NJIC Indoor Track & Field Championship

New Balance Armory Track & Field Center, NYC / Thursday, January 25, 2024 @5:15pm

There will be Fully Automatic Timing at this competition

5:15pm Outside Track

Boys 3200 meter run
Girls 3200 meter run
Boys Novice 800 meter run
Girls Novice 800 meter run
Boys 400 meter dash
Girls 400 meter dash
Boys 1600 meter run
Girls 1600 meter run
Boys Novice 200 meter dash
Girls Novice 200 meter dash
Boys 800 meter run
Girls 800 meter run
Boys Novice 1600 relay
Girls Novice 1600 relay
Boys 1600 meter relay
Girls 1600 meter relay

5:15pm Infield

1. Boys 55 meter Hurdles
2. Girls 55 meter Hurdles
3. Boys 55 meter dash
4. Girls 55 meter dash

Field Events (Starting at 5:15pm)

Shot Put Boys followed by Girls
Pole Vault Girls (7') followed by Boys (9'6")
High Jump 2 pits (starting heights G-4'2" / B-5'-2")
Long Jump Boys followed by girls
Triple Jump Girls followed by boys

***As part of the entry agreement, each school MUST provide one student worker to assist for the entire meet. This individual reports to the Meet Director upon you entering the facility. Do not enter this competition if you can't fulfill this obligation.**

ROSTER INSTRUCTIONS: Register entries on NJ Milesplit by Midnight on Tuesday, January 23rd

Limit of 3 entries in any varsity individual event. **Only one varsity 4 X 400 relay.**

Unlimited entries in the novice events.

There is No entry blank for this meet, your AD has already been sent the team declaration invoice. Upon arrival at the meet, report to the meet director to receive your meet packet and bring along your student worker to the table.

Team Championship plaque to the winning varsity boys and varsity girls team. NJIC Medals to the top 6 places in all varsity events and competition medals to the top 6 places for the novice events. There will be an athletic trainer on duty at this competition.