

# Hugs N Hearts

## Snack Menu

## August

Monday	Tuesday	Wednesday	Thursday	Friday
<b>27</b>	<b>28</b>	<b>29/1</b>	<b>30/2</b>	<b>31/3</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars-toddlers	Breakfast: <b>Muffins</b>	Breakfast: French Toast Sticks
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: Chocolate Elf Grahams & Pudding	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Blueberry Lemon Crispy Bites &amp; Blueberries</b>
PM Snack: <b>Goldfish</b>	PM Snack: <b>Veggie Straws</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Pirates Bootie</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars for toddlers	Breakfast: <b>Muffins</b>	Breakfast: French Toast Sticks
AM Snack: <b>Fig Bars &amp; Yogurt</b>	AM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: : <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Blueberry Lemon Crispy Bites &amp; Blueberries</b>
PM Snack: <b>Goldfish</b>	PM Snack: <b>Veggie Straws</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Pretzels</b>	PM Snack: <b>Popcorn/Pirates Bootie &amp; Raisins</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars-toddlers	Breakfast: <b>Muffins</b>	Breakfast: French Toast Sticks
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: Chocolate Elf Grahams & Pudding	AM Snack: <b>Teddy Grahams &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Blueberry Lemon Crispy Bites &amp; Blueberries</b>
PM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	PM Snack: <b>Veggie Straws</b>	PM Snack: <b>Pretzels</b>	PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Goldfish</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Breakfast: <b>Cereal Bars</b>	Breakfast: <b>Cereal</b>	Breakfast: Bagels & Cream Cheese/Cereal Bars for toddlers	Breakfast: <b>Muffins</b>	Breakfast: French Toast Sticks
AM Snack: <b>Graham Crackers &amp; Yogurt</b>	AM Snack: Chocolate Elf Grahams & Pudding	AM Snack: <b>Fig Bars &amp; Apple Sauce or Apple slices</b>	AM Snack: <b>Vanilla Wafers &amp; Bananas or Mandarin Oranges</b>	AM Snack: <b>Blueberry Lemon Crispy Bites &amp; Blueberries</b>
PM Snack: <b>Cheeze-its</b>	PM Snack: <b>Ritz Crackers &amp; Cheese Sticks</b>	PM Snack: <b>Goldfish</b>	PM Snack: <b>Pretzels</b>	PM Snack: <b>Popcorn/Pirates Bootie &amp; Raisins</b>

Breakfast is served with 1% Milk & Orange Juice.

Snacks are served with juice: 100% Apple, White Grape, Fruit Punch or Tangerine.

Lunches are served with 1% Milk for 2yrs and older & Vitamin D for under 2yrs old.