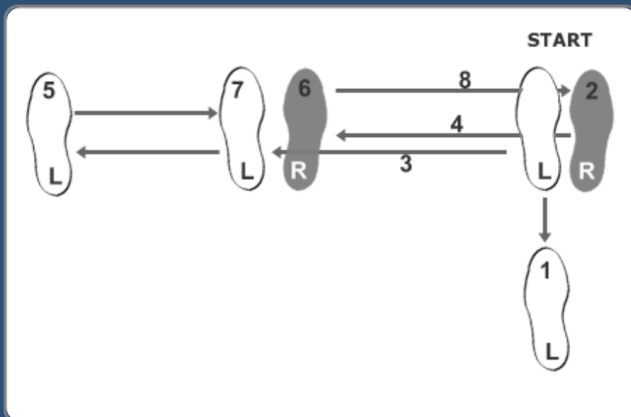


The Basic Dance Steps of the Jive

The basic rhythm is 4/4 timing utilizing a basic 6 count step. The basic step sequence is 1,2,3 and 4,5 and 6. The basic step begins with the rock step (left foot step back, right foot in place), followed by the two triple steps that are counted: 3 and 4, 5 and 6.

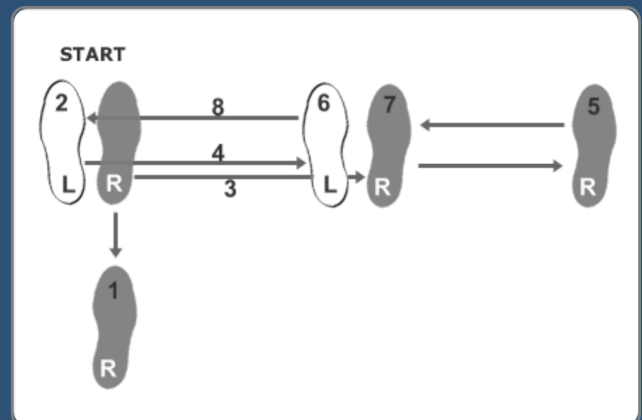
The Gentlemen's Steps



Basic Step

1. Step back with your left foot (Rock step)
2. Right foot in place, weight shifts to it
3. Sidestep to the left with your left foot
4. Move your right foot to your left foot
5. Sidestep to the left with your left foot
6. Right foot in place, weight shifts to it
7. Sidestep to the right with your left foot
8. Sidestep to the right with your right foot

The Lady's Steps



Basic Step

1. Step back with your right foot (Rock step)
2. Left foot in place, weight shifts to it
3. Sidestep to the right with your right foot
4. Move your left foot to your right foot
5. Sidestep to the right with your right foot
6. Left foot in place, weight shifts to it
7. Sidestep to the left with your right foot
8. Sidestep to the left with your left foot

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