

## *Program Menu*

See which topics are available in each format. [Download a description of the content](#)

Topic	Lecture	Half-Day Seminar	Full-Day Workshop
Building A Powerful Network	√		
Creating the Life You Want: Strategies for Single Women	√	√	√
Energize From Within: Simple Ways for Better Days	√	√	
Group Politics: Taming the Animals in Your Political Jungle	√	√	
Mentors, Sponsors and Advocates	√	√	
Executive Leadership Skills for Women 1: <a href="#">The Subtle Rules of the Business World</a>			√
Executive Leadership Skills for Women 2: <a href="#">New Leader Essentials</a>			√
Executive Leadership Skills for Women 3: <a href="#">Standing at the Front of the Room</a>			√