

Overall Finish List

21.1 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Niki Jacques	26166	1:33:06	4:25/K
2	Lisa Dinh	26137	1:36:59	4:36/K
3	Kaile Stevart	26265	1:37:16	4:37/K
4	Tania Tasaka	26275	1:38:41	4:41/K
5	Rhonda Dyce	26139	1:40:31	4:46/K
6	Christine Loong	26270	1:41:59	4:50/K
7	Miriam Ramivez	26271	1:49:30	5:11/K
8	Xanthe Brown	26113	1:50:33	5:14/K
9	Tanya Haddaway	26274	1:51:22	5:17/K
10	Vernette Bot	26110	1:52:29	5:20/K
11	Hileray Kilback	26173	1:55:14	5:28/K
12	Rhonda Gignac	26146	1:55:21	5:28/K
13	Elizabeth Zajc	26258	1:56:35	5:32/K
14	Joann Johnston	26168	1:56:43	5:32/K
15	Sarah Vass	26246	1:56:45	5:32/K
16	Angela Enman	26141	1:58:12	5:36/K
17	Carolyn Caranci	26116	1:58:25	5:37/K
18	Tamara Black	26106	1:58:32	5:37/K
19	Aryanna Chartrand	26119	1:59:55	5:41/K
20	Kimberlee Smith	26231	2:00:32	5:43/K
21	Tina Cheng	26120	2:00:41	5:43/K
22	Beisi Ke	26171	2:01:06	5:44/K
23	Angela Chang	26260	2:01:15	5:45/K
24	Jacinta Galway	26143	2:02:33	5:48/K
25	Shelby Turner	26272	2:02:39	5:49/K
26	Kimberly Dyce	26140	2:02:52	5:49/K
27	Cinthia Suenaga	26233	2:03:13	5:50/K
28	Mona Windl	26252	2:03:46	5:52/K
29	Viktoria Siposne	26228	2:04:17	5:53/K
30	Carolyn Hubbard	26278	2:04:56	5:55/K
31	Engilla Loo	26185	2:06:38	6:00/K
32	Sheena Hoskin	26164	2:08:30	6:05/K
33	Boni Lidderdale	26182	2:08:37	6:06/K
34	Aimee Corrigan	26126	2:09:04	6:07/K
35	Mowa Sytsma	26279	2:11:01	6:13/K
36	Carime Quezada	26212	2:12:28	6:17/K
37	Sarah Coates	26123	2:13:11	6:19/K
38	Brittaney Boone	26109	2:13:14	6:19/K
39	Branka Gataric	26144	2:14:06	6:21/K
40	Stephanie Jung	26269	2:15:12	6:24/K
41	Alexandra Toth	26240	2:15:59	6:27/K
42	Petra Auman	26282	2:16:04	6:27/K
43	Laura Lewis	26181	2:18:10	6:33/K
44	Tanya Otero	26203	2:18:19	6:33/K
45	Maritza Van rooj	26245	2:18:45	6:35/K
46	Rochelle Yeoman	26257	2:19:45	6:37/K
47	Paula Boldut	26266	2:27:59	7:01/K

Overall Finish List

21.1 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Shelley Schneider	26259	2:28:31	7:02/K
49	Anastasia Simonov	26227	2:30:01	7:07/K
50	Teresa *	26286	2:33:51	7:17/K
51	Jenn Girard	26149	2:35:25	7:22/K
52	Peggy Brown	26114	2:37:13	7:27/K
53	Sky Lee	26179	2:37:16	7:27/K
54	Christina Pitkanen	26209	2:38:34	7:31/K
55	Lora Smith	26230	2:38:42	7:31/K
56	Chloe Morris	26198	2:39:25	7:33/K
57	Lisa Shideler	26226	2:42:10	7:41/K
58	Wendy Brelsford	26112	2:47:04	7:55/K
59	Jennie Mannapso	26187	2:47:24	7:56/K
60	Elaine Chan	26118	2:49:14	8:01/K
61	Sydney Vickars	26247	2:54:50	8:17/K
62	Wendy Lai	26177	2:54:53	8:17/K
63	Karen Labate	26176	2:56:13	8:21/K
64	Estera Boldut	26268	3:16:16	9:18/K

Overall Finish List

21.1 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Wolff	26253	1:20:29	3:49/K
2	Joshua Li	26263	1:26:02	4:05/K
3	John Prazzi	26276	1:26:24	4:06/K
4	Salvador Martinez	26189	1:26:50	4:07/K
5	Spencer Price	26210	1:27:01	4:07/K
6	Patrick Proietti	26211	1:27:47	4:10/K
7	Ben Hart	26160	1:28:22	4:11/K
8	Gavin Bong	26108	1:28:56	4:13/K
9	Colin Hendry	26273	1:29:19	4:14/K
10	Jim Swadling	26235	1:29:27	4:14/K
11	Jacob Loewan	26288	1:29:57	4:16/K
12	yu ge	26145	1:30:11	4:16/K
13	Broc Rossell	26218	1:31:21	4:20/K
14	Michael McCormick	26191	1:34:36	4:29/K
15	Joseph Desmarais	26261	1:36:46	4:35/K
16	Ross King	26174	1:38:07	4:39/K
17	Frank Haran	26262	1:38:34	4:40/K
18	Sven van de Wetering	26244	1:38:42	4:41/K
19	Greg Kewistap	26280	1:39:52	4:44/K
20	Gareth Costello	26127	1:39:53	4:44/K
21	Gord Denhoed	26136	1:41:01	4:47/K
22	Song Yang	26256	1:41:29	4:49/K
23	Dieter Hoewler	26163	1:42:38	4:52/K
24	Christopher Renema	26216	1:43:43	4:55/K
25	Kevin De Leon	26264	1:44:51	4:58/K
26	Henrique Westenhofen Zis	26251	1:44:56	4:58/K
27	Luca Raffaello	26214	1:46:31	5:03/K
28	David Gubbins	26155	1:46:58	5:04/K
29	Lawrence Bernales	26105	1:48:28	5:08/K
30	Dong Xuw	26255	1:48:43	5:09/K
31	Craig Martin	26188	1:49:09	5:10/K
32	Matt Girard	26150	1:49:13	5:11/K
33	Steve Duddy	26285	1:49:43	5:12/K
34	Jake Tucker	26241	1:49:45	5:12/K
35	Peter Champion	26115	1:50:51	5:15/K
36	Jeremy Crema	26133	1:50:54	5:15/K
37	Darryl Bannon	26103	1:50:58	5:16/K
38	Ken Gonzales	26152	1:51:53	5:18/K
39	Mark Wong	26254	1:53:08	5:22/K
40	James Pel	26207	1:53:16	5:22/K
41	David Blas	26107	1:53:43	5:23/K
42	Eric Kang	26170	1:55:20	5:28/K
43	Simon couture	26128	1:55:59	5:30/K
44	RÃ©mi FAUCHER	26142	1:56:43	5:32/K
45	Steven Pearce	26206	1:56:54	5:32/K
46	Rocky Lue	26287	1:58:23	5:37/K
47	Xavier Toledo	26238	1:59:07	5:39/K

Race Date

MEC LOWER MAINLAND: ROAD RACE SIX, 5K/10K/21.1K

June 11, 2017

Overall Finish List

21.1 k Run			Male	
Overall	Name	Bib No	Time	Pace
48	Marinus Waterberg	26249	1:59:28	5:40/K
49	Tom Sherlock	26224	1:59:40	5:40/K
50	Jonathan Weresch	26250	1:59:45	5:41/K
51	Alexander Coombes	26124	2:01:01	5:44/K
52	Takashi Nakatsugawa	26199	2:01:12	5:45/K
53	Michael Lam	26283	2:01:21	5:45/K
54	Federico Duque Gomez	26138	2:03:20	5:51/K
55	James Thomas	26237	2:03:27	5:51/K
56	Victor Padilla	26204	2:05:34	5:57/K
57	William ko	26175	2:05:39	5:57/K
58	Hugo Sakamoto	26221	2:05:42	5:57/K
59	Polo Cebrero	26117	2:07:11	6:02/K
60	cameron gillis	26147	2:12:11	6:16/K
61	Carlos Arredondo	26101	2:14:57	6:24/K
62	Zlatko Hadziavdic	26156	2:17:13	6:30/K
63	Neil Harrington	26159	2:17:37	6:31/K
64	James Tai	26236	2:21:18	6:42/K
65	Galen Wang	26281	2:23:43	6:49/K
66	Nhat Nguyen	26201	2:32:34	7:14/K
67	Bernie Morris	26197	2:39:25	7:33/K
68	Bill Curtis	26277	2:40:06	7:35/K
69	Peter Nation	26200	2:40:06	7:35/K
70	Claude Boldut	26267	2:43:41	7:45/K
71	Gustavo Andruccioli	26284	2:56:14	8:21/K

June 11, 2017

Overall Finish List**10 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Regina Tam	84252	44:35	4:28/K
2	Gillian Wladichuk	84172	46:00	4:36/K
3	Katrina Pellatt	84115	47:43	4:46/K
4	Meredith MacGregor	84067	48:10	4:49/K
5	Adrienne Stedford	84187	48:11	4:49/K
6	Rosie Ferries	7196	48:44	4:52/K
7	Katerina Schwab	84132	48:48	4:53/K
8	Beth Christie	7172	49:52	4:59/K
9	Helene Decarie	7184	50:38	5:04/K
10	Helen Rogan	84127	51:40	5:10/K
11	Keva Glynn	84260	51:48	5:11/K
12	Sarah Gordon	84005	52:04	5:12/K
13	Camille Owens	84110	52:12	5:13/K
14	Jessica Huang	84022	52:34	5:15/K
15	Marie-Pier Vadnais	84159	52:40	5:16/K
16	Sarah Clark	7173	52:49	5:17/K
17	Kait Munro	84095	53:21	5:20/K
18	Erika Cedillo	7155	53:27	5:21/K
19	Kitty Yiu	84179	53:39	5:22/K
20	Carolyn ANDERSON	7125	53:54	5:23/K
21	Kelly Oliver	84104	53:59	5:24/K
22	Cheryl Luke	84261	54:00	5:24/K
23	Stephanie Huynh	84026	54:10	5:25/K
24	Erin McElvaine	84083	54:14	5:25/K
25	Amy Kakebeeke	84264	54:22	5:26/K
26	Gilele Adam	84263	55:32	5:33/K
27	Courtney Schierling	84131	55:53	5:35/K
28	Kingkarn Mansilatham	84071	55:57	5:36/K
29	Serena Lam	84047	56:03	5:36/K
30	Sachiko Ouchi	84109	57:04	5:42/K
31	Eva Ng	84200	58:19	5:50/K
32	Erin Booth	7144	58:20	5:50/K
33	Erica Acton	7123	58:25	5:51/K
34	Amy Lambert	84049	58:34	5:51/K
35	Laurie LeBel	84052	58:34	5:51/K
36	Marian Krawczyk	84041	59:18	5:56/K
37	Cindy Guan	84009	59:27	5:57/K
38	Julie Berry	7140	59:29	5:57/K
39	Annabelle Redelmeier	84125	1:00:11	6:01/K
40	Jasmine Shum	84134	1:00:19	6:02/K
41	Ursula Calderon	7150	1:00:24	6:02/K
42	Lisa Tom	84153	1:00:24	6:02/K
43	Akane Wada	84190	1:00:32	6:03/K
44	Kristin Dueck	7189	1:00:44	6:04/K
45	Pamela Sandoval	84130	1:00:51	6:05/K
46	Araceli Morales	84092	1:00:54	6:05/K
47	Annika Lofstrand	84059	1:01:02	6:06/K

June 11, 2017

Overall Finish List**10 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
48	Kaya Wiggins	84169	1:01:02	6:06/K
49	Winnie Timko	84150	1:01:03	6:06/K
50	Dawn Hay	84015	1:01:11	6:07/K
51	Danille Trudeau	84265	1:01:47	6:11/K
52	Kate-Lynn Genzel	7199	1:01:47	6:11/K
53	Karen Vaz	84161	1:02:02	6:12/K
54	Sandra Iroegbu	84198	1:02:14	6:13/K
55	Hilary Miller	84090	1:02:25	6:15/K
56	Kindra Middleton	84089	1:02:27	6:15/K
57	Brenda Uyeda	84158	1:02:38	6:16/K
58	Tracy Denhoed	7185	1:02:53	6:17/K
59	Gayle Stoodley	84143	1:02:59	6:18/K
60	Jennifer Leung	84055	1:03:10	6:19/K
61	Christine McGuire	84084	1:03:12	6:19/K
62	Sabrina Spencer	84139	1:03:20	6:20/K
63	Naomi Krueger	84043	1:03:21	6:20/K
64	Colleen Chow	7169	1:03:24	6:20/K
65	Shirley Cochrane	7174	1:03:51	6:23/K
66	Chang Liu	84254	1:04:31	6:27/K
67	Michal Israel	84028	1:05:48	6:35/K
68	Clare Whelan Sadike	84196	1:05:56	6:36/K
69	Danielle Lindsay	84057	1:06:01	6:36/K
70	Damaris Gonzalez	84002	1:06:03	6:36/K
71	Mardeanna Lock	84058	1:06:16	6:38/K
72	Jasbir Jhooty	84029	1:06:37	6:40/K
73	Elaine Au-Yang	7133	1:07:09	6:43/K
74	Rachel Bernardo	7139	1:07:14	6:43/K
75	Emma O'Dea	84101	1:07:28	6:45/K
76	Heidi Rampfl	84124	1:07:53	6:47/K
77	Rachel Meloche	84086	1:07:53	6:47/K
78	Katherine Hughes	84024	1:07:55	6:48/K
79	Chris Methot	84272	1:08:24	6:50/K
80	Helen Au	7131	1:08:40	6:52/K
81	Karen Danudjaja	7181	1:08:48	6:53/K
82	Gretel Ng	84097	1:09:09	6:55/K
83	Ashley Chang	7164	1:09:13	6:55/K
84	Natasha Alikova	7124	1:09:27	6:57/K
85	Megan Haliburton	84010	1:09:30	6:57/K
86	Elizabeth Wells	84167	1:10:16	7:02/K
87	Ev Ehrke	7192	1:10:16	7:02/K
88	Rochelle Magnaye	84068	1:11:06	7:07/K
89	Cecilia Olmos	84105	1:11:13	7:07/K
90	Alanna Goodman	84004	1:11:33	7:09/K
91	Sara Georgees	84259	1:11:33	7:09/K
92	Carmen Larsen	84050	1:11:44	7:10/K
93	Mary Vovelace	84262	1:11:44	7:10/K
94	Amar Johal	84030	1:12:14	7:13/K

Overall Finish List

10 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
95	Yong-Jae Kim	84036	1:12:16	7:14/K
96	Yoko Beriault	7138	1:12:27	7:15/K
97	Stacey Chan	84188	1:13:40	7:22/K
98	Masumi Chan	7159	1:13:45	7:23/K
99	Laura Gillanders	84001	1:13:56	7:24/K
100	Nicole Cuthbert	7180	1:14:03	7:24/K
101	Melanie King	84038	1:14:46	7:29/K
102	Jennie Wong	84174	1:14:50	7:29/K
103	Beth Christie	84270	1:15:07	7:31/K
104	Andrea Hernandez	84017	1:15:49	7:35/K
105	Julie Chan	7163	1:17:16	7:44/K
106	Luiza Abaygar	7122	1:21:02	8:06/K
107	Cynthia Lee	84053	1:22:30	8:15/K
108	Tessa Marr	84073	1:22:39	8:16/K
109	Vera Menzies	84087	1:24:15	8:26/K
110	Laigh Chan	84277	1:24:16	8:26/K
111	Jacqueline Zerbe	84182	1:27:22	8:44/K
112	Lisa Nguyen	84099	1:27:43	8:46/K
113	Tina Campbell	7152	1:35:33	9:33/K
114	Lora Huang	84021	2:37:30	15:45/K
115	Michelle Young	84181	2:37:31	15:45/K

June 11, 2017

Overall Finish List**10 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Andrew Slack	84136	38:28	3:51/K
2	Neil Davis	7182	39:26	3:57/K
3	Paul Willinsky	84253	39:34	3:57/K
4	David Asselstine	7130	42:15	4:14/K
5	Mark Styler	84194	42:40	4:16/K
6	Jeff Stautz	84142	43:56	4:24/K
7	Richard Seymour	84133	44:56	4:30/K
8	Martin Stigge	84197	45:01	4:30/K
9	James Gray	84006	45:46	4:35/K
10	Antonio Vendramin	84162	45:49	4:35/K
11	Blair Brodie	7147	45:51	4:35/K
12	Shawn McNaughton	84191	46:11	4:37/K
13	Eli Kastelein	84033	46:16	4:38/K
14	Leslie Chan	7157	46:27	4:39/K
15	David Kuch	84045	46:33	4:39/K
16	Eamon Quinn	84274	46:35	4:40/K
17	Javier Vivas	84163	46:51	4:41/K
18	Trevor Weimer	84166	47:23	4:44/K
19	Ryan Feargal	84193	47:27	4:45/K
20	Keith Moore	84091	48:09	4:49/K
21	Bill Plummer	84117	48:16	4:50/K
22	Michael Kneesch	84040	48:19	4:50/K
23	Mihajlo Todorovic	84152	48:21	4:50/K
24	Jon Poolman	84119	48:21	4:50/K
25	Franco Gobbato	84255	48:56	4:54/K
26	Ricky Gill	7200	49:18	4:56/K
27	James Rupert	84128	49:23	4:56/K
28	Aidan Trerise	84155	49:41	4:58/K
29	Martin Perry	84116	50:33	5:03/K
30	Jonathan Peacock	84113	50:34	5:03/K
31	Devin Mcberg	84258	50:38	5:04/K
32	Martin Cheung	7168	50:52	5:05/K
33	Thomas Luk	84060	50:57	5:06/K
34	Dong Baik Kim	84035	51:37	5:10/K
35	Anton Zoubarev	84184	52:01	5:12/K
36	Ben Hartley	84014	52:12	5:13/K
37	Kevin Ng	84199	52:18	5:14/K
38	Travis Dueck	7191	52:25	5:15/K
39	Chris Elston	7193	52:50	5:17/K
40	Ben Macdonell	84065	53:08	5:19/K
41	Michael Belcher	7137	53:12	5:19/K
42	Julien Methot	84273	53:18	5:20/K
43	Benjamin Tasevski	84145	53:19	5:20/K
44	Joy Zimmermann	84271	53:22	5:20/K
45	Gertjan Hofman	84020	53:33	5:21/K
46	Eric Neumeyer	84096	53:43	5:22/K
47	Jason Heindle	84016	53:59	5:24/K

June 11, 2017

Overall Finish List

10 k Run			Male	
Overall	Name	Bib No	Time	Pace
48	RJ Chavez	7166	54:38	5:28/K
49	Randy Christie	7170	54:55	5:30/K
50	Steven Evans	7194	55:03	5:30/K
51	Serjoe Tambo	84189	55:07	5:31/K
52	Lasl Chan	84276	55:07	5:31/K
53	Kevin Campbell	7153	55:14	5:31/K
54	Marcus Tang	84144	55:18	5:32/K
55	Paul Smith	84186	55:32	5:33/K
56	Alan Tran	84154	55:35	5:34/K
57	Andreas Flores	7197	55:41	5:34/K
58	Thomas Miller	84266	55:42	5:34/K
59	Rick Dhillon	84257	55:46	5:35/K
60	Albert Wong	84173	55:48	5:35/K
61	Bill Russell	84129	56:13	5:37/K
62	Kevin O'Grady	84102	57:11	5:43/K
63	David Kwan	84046	57:35	5:46/K
64	John Fitzsimons	84192	58:11	5:49/K
65	Andrew Wong	84175	58:25	5:51/K
66	Wai Keung Tsang	84156	58:44	5:52/K
67	Cameron Pel	84114	58:58	5:54/K
68	Ben Poitras	84118	1:01:00	6:06/K
69	Matt Middleton	84088	1:01:07	6:07/K
70	Draze Gataric	7198	1:01:32	6:09/K
71	Gary Dhiman	7188	1:01:51	6:11/K
72	David Hall	84012	1:02:04	6:12/K
73	Christian Cote	7177	1:03:11	6:19/K
74	Bill Bilic	7141	1:04:00	6:24/K
75	Michael Hughes	84025	1:04:28	6:27/K
76	Leon Hoffman	84019	1:04:39	6:28/K
77	Warren Zerbe	84183	1:05:30	6:33/K
78	Paul Thomas	84148	1:06:43	6:40/K
79	Allen Chang	7165	1:09:12	6:55/K
80	Wayne Dueck	7190	1:09:25	6:57/K
81	Shyah Yan Zarrabi	84177	1:09:30	6:57/K
82	Chris Silverson	84135	1:10:25	7:03/K
83	Sean Christie	7171	1:15:06	7:31/K
84	Darren Chan	7162	1:17:16	7:44/K
85	Jeff Wiegel	84168	1:18:24	7:50/K
86	Henry Chan	7158	1:22:30	8:15/K
87	Chris Jones	84032	1:24:03	8:24/K

June 11, 2017

Overall Finish List

5 k Run			Female	
Overall	Name	Bib No	Time	Pace
1	Manon Plouvier	2939	21:12	4:14/K
2	Jane Hawlett	2938	23:39	4:44/K
3	Julie Iverson	2130	23:57	4:47/K
4	Bracken Hanke	2919	24:35	4:55/K
5	Brigitte Gemme	2124	25:03	5:01/K
6	Evgeniya Correa	2051	25:07	5:01/K
7	Sahar Zandieh	2909	25:49	5:10/K
8	Oana Nistor	2166	25:53	5:11/K
9	Sam Adams	2924	26:04	5:13/K
10	Emily Lankhorst	2142	26:29	5:18/K
11	Andrea Park	2169	26:55	5:23/K
12	Jade Levine	2923	27:05	5:25/K
13	Cheralyn Frizzell	2123	27:20	5:28/K
14	Bailey Denhoed	2081	27:49	5:34/K
15	Isabella Squarisi Roque	2189	28:40	5:44/K
16	Letitia Henville	2127	29:43	5:57/K
17	Sylvia Clippingdale	2916	30:31	6:06/K
18	Barbara Neumeyer	2162	30:37	6:07/K
19	Tanya McCarthy	84078	30:38	6:08/K
20	Kaiyu Li	2148	30:46	6:09/K
21	Qin Zheng	2910	30:47	6:09/K
22	Stephanie Bourgetel	2024	30:56	6:11/K
23	Lisa Korolyk	2138	31:09	6:14/K
24	Letizia Franchini	2122	31:50	6:22/K
25	Nana Yenson	2930	32:15	6:27/K
26	Jennifer Caravan	2034	32:22	6:28/K
27	Colleen Stewart	2190	32:48	6:34/K
28	Wendy Sinclair	2185	33:02	6:36/K
29	Sara Howarth	2935	33:05	6:37/K
30	Saba Changizi	2040	33:06	6:37/K
31	Samantha Robinson	2920	33:10	6:38/K
32	Patricia Rosselli	2175	33:41	6:44/K
33	Tara Schriefer	2937	33:42	6:44/K
34	Trish Mau	2155	34:22	6:52/K
35	Karen Yu	2908	34:25	6:53/K
36	Faro Roza-Rogers	2928	34:46	6:57/K
37	Kajola Morewood	2158	35:05	7:01/K
38	Fiona Higgs	2128	35:12	7:02/K
39	Emily Ho	2129	35:24	7:05/K
40	Mitsuko Osugi	2914	35:39	7:08/K
41	Amy Russell	2179	35:40	7:08/K
42	Bonnie Oliver	2168	35:46	7:09/K
43	Joyce Beveridge	2012	35:48	7:10/K
44	Gail Lu	2153	35:57	7:11/K
45	Marianne Lankhorst	2143	36:23	7:17/K
46	Jessica Hunt	2932	36:51	7:22/K
47	Shay Martin	2926	37:41	7:32/K

Overall Finish List

5 k Run			Female	
Overall	Name	Bib No	Time	Pace
48	Jenny Heinz	2925	37:42	7:32/K
49	Nancy Cochrane	2915	38:09	7:38/K
50	Jane Adams	1717	38:44	7:45/K
51	Rochelle Chan	2036	40:58	8:12/K
52	Roxanne La Claire	2140	41:18	8:16/K
53	Jesenka Bilic	2015	41:30	8:18/K
54	Sandy Simpson	2184	41:55	8:23/K
55	Liz Tius	2193	41:56	8:23/K
56	Pamela Clarke	2042	44:14	8:51/K
57	Michalle Brander	2933	44:17	8:51/K
58	Brenda Pasichnyk	2170	44:18	8:52/K
59	JODI WILDMAN	2905	44:18	8:52/K
60	Liz Nacearto	2934	44:18	8:52/K
61	Christine Clippingdale	2917	45:40	9:08/K
62	Jacqueline Peacock	2172	45:56	9:11/K
63	Anurita Dhiman	2110	47:56	9:35/K
64	Heather Rigby-Jones	2174	1:01:12	12:14/K
65	Christy Depever	2929	1:07:03	13:25/K

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Overall Finish List

5 k Run			Male	
<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Time</u>	<u>Pace</u>
1	Arnaud Lebeuf	1726	17:42	3:32/K
2	Simon Lavoie-Deraspe	2145	17:59	3:36/K
3	Michael Taylor	2192	19:46	3:57/K
4	Felix Bernard	2007	19:57	3:59/K
5	Ted Uhrich	2197	21:06	4:13/K
6	Carl Densem	2082	22:38	4:32/K
7	David Vanderbyl	2200	24:10	4:50/K
8	Sean Kato	2132	24:30	4:54/K
9	Michael Peacock	2171	24:43	4:57/K
10	Shawn McNaughton	2913	24:48	4:58/K
11	Carlos Abrego	1712	25:27	5:05/K
12	Alex Wong	2907	26:17	5:15/K
13	Peter Moes	2156	27:22	5:28/K
14	K. (Raj) Verma	2901	27:58	5:36/K
15	Bill Kingsland	2137	28:05	5:37/K
16	Ben Sinclair	2186	28:23	5:41/K
17	Andy LeClair	2147	28:23	5:41/K
18	Raymond Tsow	2922	29:56	5:59/K
19	Wayne Chen	2041	30:24	6:05/K
20	Jackson Clippingdale	2918	30:29	6:06/K
21	Ashrith Jilla	2131	30:44	6:09/K
22	Alex Wang	2903	30:46	6:09/K
23	Pascal Dube	2120	32:01	6:24/K
24	Adam Schriefer	2936	32:34	6:31/K
25	Veerin Dhiman	2119	32:59	6:36/K
26	Emerson Killam	2134	33:05	6:37/K
27	Colin Huggard	2921	33:12	6:38/K
28	John Nichols	2165	33:27	6:41/K
29	Owen Rogers	2927	34:46	6:57/K
30	Karl Hunt	2931	36:51	7:22/K
31	Chuck Oliver	2167	38:44	7:45/K
32	Noah Rosselli	2177	41:18	8:16/K
33	Tony Rosselli	2176	41:26	8:17/K
34	Jackie Ng	2164	45:10	9:02/K