

Tallit Blessing

Donning a Tallit

The following is the proper method according to Judaism (since there is no biblical reference) for putting on and wearing a Tallit.

Stretch the tallit before you, holding it with both hands and recite this blessing:

***Barukh atah Adonai, Eloheynu, melekh ha'olam
asher kid'shanu b'mitz'votav v'tzivanu
l'hit'ateif ba-tzitzit***

*Blessed are you, LORD our G-d, sovereign of the universe, who
has sanctified us with His commandments and commanded us
To wrap ourselves in the tzitzit*

After reciting the blessing, throw the tallit over your shoulders like a cape and bring your hands together in front of your face briefly, covering your head. Then adjust the tallit comfortably on your shoulders. The tallit should be draped over the shoulders like a shawl or a cape, not around the neck like a scarf.

