



Pre-K Activity Packet

March 30 through April 3, 2020

Dear Parents,

Welcome to our first Pre-K Activity Packet for your children. The activities listed below are suggestions of things you can do at home with your children. Many of these activities would have been part of our classroom programming in the coming days. As virtual preschool is an ever evolving process for us, we welcome your feedback on the activity packs. Please send me or your child's teacher your ideas to enhance our home-school connection.

Liz

Letter of the Week: R

Letter of the Week Instructions:



To Create "R" Letter of the Week:

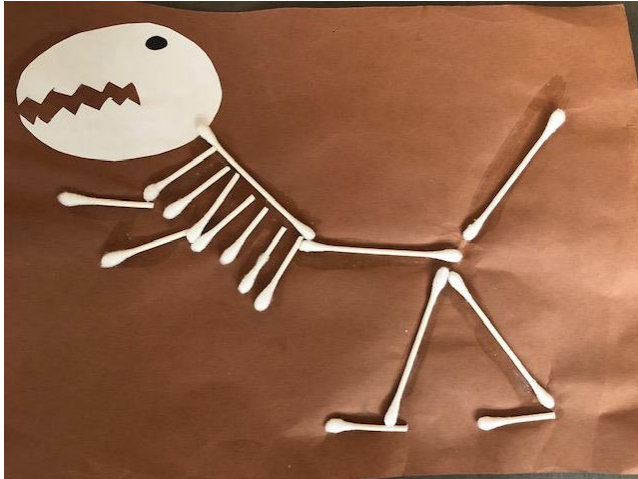
1. Trace a large capital R on a piece of paper.
2. Have your child cut out the "R" using child-friendly scissors.
3. Glue cotton balls to be clouds to the top of the "R."
4. In the middle have your child draw and color raindrops.
5. Color rainbow stripes at the bottom of the page.

Theme of the Week: Dinosaurs

Dinosaur Crafts:

Dinosaur Bones:

The dinosaur bones craft is a great, fun, educational craft for you and your child to do together. All you need is construction paper and q-tips! Put your little paleontologist to work, excavating the bones of a T-rex, stegosaurus, or a triceratops.



Build a Dinosaur at Home:

The "shape" dinosaur craft consists of different color shapes cut from construction paper. Have your child create his/her very own dinosaur out of circles, squares, rectangles, etc. Let your child's imagination run wild!



To make a dinosaur 3 dimensional, use paper towel and toilet paper tubes, q-tips, sticks, crumpled paper, and any other materials you have around the house to build a dinosaur.

Paleontologist Activity:

Supplies Needed:

- Paper Cups
- Plaster of Paris
- Small Plastic Dinosaur
- Small Hammer
- Small Screwdriver
- Safety Glasses for Kids – Sunglasses work great

Here is a science activities for dinosaur week. All you need is plaster of Paris, and a small plastic dinosaur. The students will be real paleontologist and discover dinosaur fossils!

<https://youtu.be/AjIFF22Nca8>

AT school we do this experiment in a 4oz paper cup. Fill the cup with plaster of Paris and place a small plastic dinosaur in the cup, deeply enough to be covered completely. Let dry and break apart the plaster of Paris with a small hammer and screw driver. Be sure to have some sort of eye protection for your child. The fossil and dinosaur are fun to find!

Dinosaur Songs and Rhymes:

Dinosaur, Dinosaur

Dinosaur, Dinosaur
Turn Around
Dinosaur, Dinosaur
Stomp the Ground
Dinosaur, Dinosaur
Show your claws
Dinosaur, Dinosaur
Snap your jaws
Dinosaur, Dinosaur
Turn around
Dinosaur, Dinosaur
Sit back down!

Did You Ever See a Dino?

(To the tune of "Did You Ever See a Lassie")

Did you ever see a Dino, a Dino, a Dino?
Did you ever see a Dino munching his lunch?
He munches and crunches and crunches and munches.
Did you ever see a Dino munching his lunch?

Cooking Activity:

Dino Print Cookies

Tools:

- Round Cookie Cutter
- Dinosaur Toy

Ingredients:

- 1 cup unsalted butter , softened to room temp
- 1 cup Granulated Sugar
- 1 Egg
- 1 tbsp Vanilla Extract
- 3 cups Flour
- 1 1/2 tsp Baking Powder
- 1/2 tsp Salt

Instructions

- In a large bowl or stand mixer fitted with a paddle attachment, cream together butter and sugar on high until light and fluffy.
- Add in egg and vanilla and beat until well combined.
- In a separate bowl, sift together flour, baking powder, and salt.
- Slowly add the flour mixture to the butter mixture, lightly mixing between each addition until flour is completely incorporated.
- Roll into a ball, wrap in cling wrap and chill for 1-2 hours.
- Preheat oven to 350 F and line baking sheet with parchment paper.
- Roll dough out evenly with a lightly floured roller onto a lightly floured flat surface until it's a 1/4 inch thick.
- Use the round cookie cutter to cut out cookies.
- Use the foot of the dinosaur toy to make a footprint in the cookies.
- Transfer to baking sheet and bake for 8-10 minutes, just until edges begin to brown.



Additional Resources:

Paleontology for Kids: OLogy | AMNH

Paleontology is the study of ancient life, from dinosaurs to prehistoric plants, mammals, fish, insects, fungi, and even microbes. Fossil evidence reveals how organisms changed over time and what our planet was like long ago.

www.amnh.org

Learn more about paleontology: <https://www.amnh.org/explore/ology/paleontology>

Another great site is Enchanted Learning: <https://www.enchantedlearning.com/subjects/dinosaurs/>

Visit the Museum of the Rockies for exhibit videos:

<https://museumoftherockies.org/education/online-learning/video-library/paleontology/>

There are lots of story books, chicks hatching, Spanish and Yoga lessons, nature walks, what's a worm, and more on BHCNS YouTube Channel:

https://www.youtube.com/channel/UCLw9EC3Qxv9sG6ySuivSSGA?view_as=subscriber