

STAR'S & STRIPES COED INVITATIONAL

Friday—Jan. 18th, 2019

Red Gym

Flight 1R **Level 5 (A)**

Stretch: 8:00—8:20
Timed Warm-up: 8:20—8:30
March In: 8:35
Awards: 10:30am

Participating Teams:

*All Around / All Star / Butler / Eagle / Gemini
Gymsport / Highlanders / Stumpfs*

Flight 2R **Level 7 (A)**

Stretch: 10:30—11:00
Timed Warm-up: 11:00—11:15
March In: 11:20
Awards: 2:50pm

Participating Teams:

*Arcadia / Butler / Donachy / Flyers / G-Force / G2 / GC2 /
Gymsport / Maverick / Nittany / Pgh. Northstars / Prestige /
Prime Athletics / Stumpfs / Summit / Team Lightning*

Flight 3R **Level 8 (age 12, 15, 16, 17+) (A)**

Stretch: 2:50—3:15
Timed Warm-up: 3:15—3:25
March In: 3:30
Awards: 6:00pm

Participating Teams:

*Alison Biondi's / All Around / Arcadia / Bayside / Butler / Eagle /
Flyers / G-Force / GGAC / GSA / Highlanders / Lions /
Maverick / Nittany / Off Limits / Pinnacle / Pgh. Northstars /
Prestige / Team Lightning / Trinity / Ultimate / X-Creme*

Flight 4R **Level 8 (age 13 & 14) (B)**

Stretch: 6:00—6:30
Timed Warm-up: 6:30—6:45
March In: 6:45
Awards: 9:30pm

Participating Teams:

*Alison Biondi's / All Around / Arcadia / Bayside Sports /
Brandy Marie's / Butler / Donachy / Eagle / Falcon / GC2 /
G-Force / GGAC / GSA / Gymsport / Highlanders / Jump
Start! / Lions / Maverick / Nittany / N. Olmstead / Pgh.
Northstars / Off Limits / Orchard Park / Pinnacle / Renzi's /
Stumpfs / Team Lightning / Trinity / Ultimate / X-Creme*

Blue Gym

Flight 1B **Level 5 (B)**

Stretch: 8:00—8:20
Timed Warm-up: 8:20—8:30
March In: 8:35
Awards: 10:30am

Participating Teams:

*Bright Raven / Donachy / Emerald City / G2 / Gym Dandy's
Off Limits / Summit / Team Lightning / Ultimate*

Flight 2B **Level 7 (B)**

Stretch: 10:30—11:00
Timed Warm-up: 11:00—11:15
March In: 11:20
Awards: 2:50pm

Participating Teams:

*Alison Biondi's / Eagle / GSA / Gym Dandys / Highlanders /
Lakettes / Lions / North Olmstead / Off Limits / Orchard Park /
Perfect 10 / Pinnacle / Premier / Ultimate / X-Creme / Xquisite*

Flight 3B **Level 6 (A)**

Stretch: 2:50—3:15
Timed Warm-up: 3:15—3:25
March In: 3:30
Awards: 6:00pm

Participating Teams:

*Brandy Marie's / Donachy / Falcon / GC2 /
Gymsport / Jump Start! / Lakettes / Orchard Park
Prime Athletics / Renzi's / Stumpfs*

Flight 4B **Level 6 (B)**

Stretch: 6:00—6:30
Timed Warm-up: 6:30—6:45
March In: 6:45
Awards: 9:30pm

Participating Teams:

*Flyers / Gemini / North Olmsted
Perfect 10 / Pinnacle / Pgh. Northstars
Premier / Prestige
Xquisite / X-Creme*

STAR'S & STRIPES COED INVITATIONAL

Saturday—Jan. 19th, 2019

Red Gym

Flight 5R **Level 6 (C)**

Stretch: 8:00—8:30
Timed Warm-up: 8:30—8:50
March In: 8:55
Awards: 11:30am

Participating Teams:

*Alison Biondi / All Around / Arcadia
Butler Hy-Flyers / Eagle / G-Force
GSA / Lions / Mittany
Off Limits / Summit
Team Lightning / Trinity / Ultimate*

Blue Gym

Flight 5B **Men's Levels—4D1 / 4D2 / 5D1**

Stretch: 8:00—8:30
Timed Warm-up: 8:30—8:50
March In: 8:55
Awards: 11:30am

Participating Teams:

*Alison Biondi's / Bayside Sports / Donachy /
Falcon / GC2 / Greater Buffalo / Gymsport
Lakers / Lakeshore / Maverick / Pinnacle
Pgh. Northstars / Stumpf's
Team Lightning / Xcel*

Flight 6R

Level 9 (age 14-16) **Level 8** (age 11 & under)

Stretch: 11:45—12:15
Timed Warm-up: 12:15—12:35
March In: 12:35
Awards: 4:30pm

Participating Teams:

*Alison Biondi / Arcadia / Bayside / Butler Hy Flyers /
Eagle / Gemini / G-Force / Gymsport / Highlanders /
Lions / Maverick / Mittany / Off Limits / Orchard Park /
Perfect 10 / Pinnacle / Pittsburgh Northstars / Premier /
Prestige / Stumpf's / Team Lightning /
Trinity / Ultimate / X-Creme*

Flight 6B

Men's Levels— 6D1 / 6D2 / 5D2

Stretch: 11:45—12:15
Timed Warm-up: 12:15—12:35
March In: 12:35
Awards: 4:30pm

Participating Teams:

*Alison Biondi / Above the Barre /
Bayside Sports / G-Force / GC2 /
Greater Buffalo / Lakers / Lakeshore /
Pinnacle / Pgh. Northstars / Stumpf's /
Team Lightning / Uzelac's / Xcel*

Flight 7R

MAIN EVENT

Women's Level 10

& Level 9 (Age: 13 & under / 17+)

Stretch: 4:40—5:10
Timed Warm-up: 5:10—5:30
March In: 5:30
Awards: 9:30pm

Participating Teams:

*Alison Biondi / Bayside Sports Academy /
Butler Hy-Flyers / Flyers
GC2 / G-Force / Gymsport / Lions /
Maverick / Mittany / Off Limits / Orchard Park
Perfect 10 / Pinnacle / Pittsburgh Northstars
Premier / Stumpf's / Summit /
Team Lightning / Trinity / Ultimate*

Flight 7B

MAIN EVENT

Men's Level 10

& Levels 9 / 8 / 7 / JD1 / JD2

Stretch: 4:40—5:10
Timed Warm-up: 5:10—5:30
March In: 5:30
Awards: 9:30pm

Participating Teams:

*Alison Biondi / Above the Barre /
Bayside Sports / Chalk Box
Falcon / GC2 / Lakeshore
/ Pinnacle / Pgh Northstars
Stumpf's / Team Lightning
Uzelac's / X-cel*

STAR'S & STRIPES COED INVITATIONAL

Sunday—Jan. 20th, 2019

Red Gym

Flight 8R **Level 4 (A)**

Stretch: 8:00—8:30
Timed Warm-up: 8:30—8:50
March In: 8:55
Awards: 11:45am

Participating Teams:

*Alison Biondi's / All Around / All Star /
Butler Hy-Flyers / Flyers / Gemini /
GGAC / Highlanders /
Orchard Park / Prestige / Prime Athletics*

Blue Gym

Flight 8B **Level 3 (A)**

Stretch: 8:00—8:30
Timed Warm-up: 8:30—8:50
March In: 8:55
Awards: 11:45am

Participating Teams:

*Bright Raven / G2 /
Gym Dandy's / Gymsport /
Trinity / Ultimate /
X-Creme*

Flight 9R **Level 4 (B)**

Stretch: 12:00—12:30
Timed Warm-up: 12:30—12:50
March In: 12:50
Awards: 4:45pm

Participating Teams:

*Brandy Marie's / Donachy / Emerald City
Gymsport / Jump Start! / Mittany /
Stumpf's / Summit /
Team Lightning / Ultimate*

Flight 9B **Level 3 (B)**

Stretch: 12:00—12:30
Timed Warm-up: 12:30—12:50
March In: 12:50
Awards: 4:45pm

Participating Teams:

*Eagle / GC2 / GGAC /
GSA / Lakettes /
Off Limits / Prime Athletics /
Orchard Park*

Flight 10R **Level 4 (C)**

Stretch: 5:00—5:30
Timed Warm-up: 5:30—5:50
March In: 5:50
Awards: 8:45pm

Participating Teams:

*Bright Raven / G-Force / GC2 /
G2 / GSA / Gym Dandy's /
Lakettes / Off Limits /
Xquisite / X-Creme*

Flight 10B **Level 3 (C)**

Stretch: 5:00—5:30
Timed Warm-up: 5:30—5:50
March In: 5:50
Awards: 8:45pm

Participating Teams:

*Brandy Marie's / Donachy /
Falcon / Flyers / Jump Start! /
Mittany / Pinnacle
Stumpf's / Team Lightning*

STAR'S & STRIPES COED INVITATIONAL

Monday—Jan. 21st, 2019

Red Gym

Flight 11R **Xcel Platinum (A)**

Stretch: 8:00—8:25
Timed Warm-up: 8:25—8:40
March In: 8:45
Awards: 11:00am

Participating Teams:

*All Star / Acro Cats / Butler / Bright Raven /
GGAC / Gymsport / Lake Erie / Perfect 10 /
Trinity / Ultimate*

Flight 12R **Xcel Gold (A)**

Stretch: 11:00—11:30
Timed Warm-up: 11:30—11:45
March In: 11:50
Awards: 2:45pm

Participating Teams:

*Acro Cats / Alison Biondi / Brandy Marie's /
Bayside Sports / Falcon / Pinnacle / Renzi's /
Team Lightning / Ultimate / X-Creme*

Flight 13R **Xcel Diamond**

Stretch: 2:45—3:15
Timed Warm-up: 3:15—3:30
March In: 3:30
Awards: 6:30pm

Participating Teams:

*Alison Biondi's / Bayside Sports / Butler Hy-Flyers /
Gym Dandy's / Highlanders / Pgh. Northstars
Perfect 10 / Pinnacle / Premier / Renzi
Stumpfs / Team Lightning / Trinity / Ultimate*

Blue Gym

Flight 11B **Xcel Platinum (B)**

Stretch: 8:00—8:25
Timed Warm-up: 8:25—8:40
March In: 8:45
Awards: 11:00am

Participating Teams:

*All Around / Alison Biondi / Bayside / Falcon /
Gym Dandy's / Miller's / Pgh. Northstars / Stumpfs / Team
Lightning / X-Creme*

Flight 12B **Xcel Gold (B)**

Stretch: 11:00—11:30
Timed Warm-up: 11:30—11:45
March In: 11:50
Awards: 2:45pm

Participating Teams:

*All Star / Arcadia / Bright Raven / G2
Lakettes / Lake Erie / Miller's /
Pgh. Northstars / Summit / Stumpfs / Trinity*

Flight 13B **Xcel Silver & Bronze**

Stretch: 2:45—3:15
Timed Warm-up: 3:15—3:30
March In: 3:30
Awards: 6:30pm

Participating Teams:

*Alison Biondi / Brandy Marie's / Bright Raven / G2
Falcon / Lake Erie / Miller's / Northstars / Pinnacle /
Renzi's / Stumpfs / Team Lightning / Ultimate*

Flight 14B **Level 2**

Stretch: 6:15—6:35
Timed Warm-up: 6:35—6:50
March In: 6:50
Awards: 8:30pm

Participating Teams:

*Falcon / Flyers / G2 / Lakettes
Off Limits / Team Lightning
Ultimate / X-Creme*

