

## Soldiers

### WHAT YOU NEED

A “drum” to bang on (this could be a saucepan lid or cardboard box and a wooden spoon. Or you could make a shaker by filling a plastic bottle with rice or dried peas.

### HOW TO PLAY

March around the room banging a drum or shaking a shaker.

Every time the noise stops, the child has to stop and stand up like a soldier.

Take turns to “bang the drum.” Children like to see what they do affecting other people.

Make sure that they have a turn at listening too.

### PLAY IT A DIFFERENT WAY

Dance to music – when the music stops, the child has to do an action such as stopping, dropping to the floor or sitting on a chair.