

# MEDICAL HISTORY SCREENING FORM

Please circle YES or NO where asked.....

**Have you or any immediate family member ever been told that you or they have:**

	<u>SELF</u>	<u>FAMILY</u>
Cancer?	YES / NO	YES / NO
* If YES, what type?		
Diabetes?	YES / NO	YES / NO
High Blood Pressure?	YES / NO	YES / NO
Heart Disease?	YES / NO	YES / NO
Angina / Chest Pain?	YES / NO	YES / NO
Stroke?	YES / NO	YES / NO
Osteoporosis?	YES / NO	YES / NO
Osteoarthritis?	YES / NO	YES / NO
Rheumatoid Arthritis?	YES / NO	YES / NO

**In the past 3 months have you had or experienced:**

A change in your health? YES / NO  
 \* If YES, what changed? \_\_\_\_\_

Nausea/vomiting?	YES / NO
Fever/chills/sweats?	YES / NO
Unexplained weight change?	YES / NO
Numbness or tingling?	YES / NO
Changes in appetite?	YES / NO
Difficulty swallowing?	YES / NO
Changes in bowel or bladder function?	YES / NO
Shortness of breath?	YES / NO
Dizziness?	YES / NO
Upper respiratory infection?	YES / NO
Urinary tract infection?	YES / NO

**Are you currently:**

Pregnant?	YES / NO
Depressed?	YES / NO
Under stress?	YES / NO

**Do you have a pacemaker?** YES / NO

**I currently have difficulty: (check all that apply)**

<input type="checkbox"/> Driving	<input type="checkbox"/> Getting up from a chair
<input type="checkbox"/> Walking	<input type="checkbox"/> Bending at the waist
<input type="checkbox"/> Standing	<input type="checkbox"/> Lifting

**If you are accustomed to regular exercising, check the ones that give you difficulty now:**

Playing sports  Running  Calisthenics

Please circle YES or NO where asked.....

**Do you have a history of any of the following:**

Allergies? YES / NO

\* If YES, please list them:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\* Latex allergy? YES / NO

\* Bee sting allergy? YES / NO

Asthma? YES / NO

Headaches/Migraines? YES / NO

Bronchitis? YES / NO

Kidney disease? YES / NO

Rheumatic fever? YES / NO

Ulcers? YES / NO

Seizures? YES / NO

**Are your symptoms: (please check one)**

Getting worse  The same  Improving

**Does your pain affect how you sleep?** YES / NO

\* If YES, is it:  Mild  Moderate

Severe  Can only sleep after taking medication

**Do you have a problem with: (check all that apply)**

Hearing  Vision  Speech  Communication

**How do you learn best?**

Seeing  Doing Repeatedly  Hearing

**Do you/have you smoked tobacco?** YES / NO

\* If YES, How much \_\_\_\_\_ / How often \_\_\_\_\_

How many years have you smoked? \_\_\_\_\_

Last tobacco use: \_\_\_\_\_

**Do you drink alcoholic beverages?** YES / NO

\* If YES, How many drinks \_\_\_\_\_ / How often \_\_\_\_\_

**Date of last physical examination:** \_\_\_\_\_

**Were you in a Motor Vehicle Accident?** YES / NO

\* If YES, date of accident: \_\_\_\_\_