

February 2025

LUNCH MENU

The Girls School of Austin

GF – Gluten Free		DF – Dairy Free		V – Vegetarian		EF– Egg free			
3	<p>Corn Chowder GF V EF WW Roll DF V EF Veggies GF DF V EF Fruit Green Goddess Salad Turkey & Cheese</p>	4	<p>Bean Burrito Bowl DF EF Veggies GF DF V EF Fruit Taco Salad Tomato Basil Mozzarella Bento</p>	5	<p>Turkey Tetrzzini Mixed Veggies DF EF Fruit *Veggie Italian Mista Salad Ham & Cheese Bento</p>	6	<p>Baked Chicken GF DF V EF Sweet Potatoes GF V EF Green Beans GF DF V EF Fruit *Baked Tofu Spinach, Bacon, & Egg Salad Chicken Salad Croissant Bento</p>	7	<p>Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Cobb Salad Sunbutter Bento</p>
10	<p>Stuffed Bell Peppers Rice GF DF V EF Fruit *Veggie Green Garden Salad Turkey & Cheese</p>	11	<p>Chicken Quesadillas EF Rice & Beans GF DF V EF Fruit *Cheese Taco Salad Tomato Basil Mozzarella Bento</p>	12	<p>Roast Pork GF DF EF Peas & Carrots GF DF V EF Scalloped Potatoes GF V EF Fruit *Roast Tofu Cobb Salad Ham & Cheese Bento</p>	13	<p>Turkey Pot Pie EF Veggies GF DF V EF Fruit *Veggie Pie Italian Mista Meatball Sub Bento</p>	14	<p>Grilled Cheese V EF Minestrone Soup GF DF V EF Fruit Cobb Salad</p>
17	<p>MLK DAY!!! Student Holiday</p>	18	<p>Beef Tortas DF EF Black Beans GF DF V EF Fruit *Jackfruit Taco Salad</p>	19	<p>Baked Chicken GF DF EF Buttered Noodles V EF Zucchini&Squash GF DF V EF Fruit *Baked Mushroom Italian Pasta Salad Ham & Cheese Bento</p>	20	<p>Teriyaki Pork Rice Bowl GF DF EF Stir Fry Veggies GF DF V EF Fruit *Teriyaki Tofu Asian Mandarin Salad Roast Beef Bento</p>	21	<p>Cheese Pizza Day!!! Fresh Veggie Salad GF DF V EF Fruit Caesar Salad BLT Bento</p>
24	<p>Shepherd's Pie GF EF WW Rolls EF V Fruit *Tofu Pie Green Garden Salad Turkey & Cheese Bento</p>	25	<p>Bean & Cheese Tacos V EF Rice GF DF V EF Corn Salad GF DF V EF Fruit Taco Salad Club Bento</p>	26	<p>Turkey Chili GF DF EF Cornbread V Veggies GF DF V EF Fruit *Veggie Chili Cobb Salad Ham & Cheese Bento</p>	27	<p>Baked Potato Soup GF Grilled Cheese DF V EF Fruit *Veggie pie Italian Mista Chicken Wrap Bento</p>	28	<p>Pulled Pork Sandwich Tater Tots DF GFV EF Fruit *Veggie BBQ Caesar Salad</p>
					<p>*Sandwich of the day *Salad of the day *Vegetarian</p>				