

February, 2019

# The Sun Times

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Dates To Remember: Valentine's Night Out: Feb 10th, 4-10 pm. "Let's Get Together Breakfasts: Feb. 19— 22, 8:30— 9:30am Happy February!! First of all, we have been going through quite a bit illnesses lately so please make sure you check the "Sick Child" listings on the front door and be aware if your child starts showing symptoms. We do know a lot of times, illness comes on suddenly and oftentimes here, but, at this point, we do have the <u>FLU</u> at La Luz and it is quite scary, especially for our babies. If you have any doubts, please have them checked as your Dr. can swab immediately to see if the flu is evident. Thank you, as always, for helping us keep the germs to a minimum!

Our Valentine's Night Out fundraiser is scheduled for February 16th from 4-10 pm. It's a GREAT opportunity to have a well deserved "date night" for Valentine's Day!!

Our 2nd annual "Let's Get Together" breakfast is scheduled for February 19-22, 8:30-9:30 am. Just to remind you, Mr. Kelly makes breakfast for everyone including the parents joining their children's classes. Here's the schedule:

*Feb. 19: (T)	Infants AND Young Toddlers
*Feb. 20: (W)	Older Toddlers
*Feb. 21:(Th)	Preschool—Alyssa & Danielle
*Feb. 22:(F)	PS/PK Combo (Shannon) & PK (Lai

Hope your Valentine Hearts are full of happiness!

Carol

Enrich the day, brighten the future.™

**The Sun Times** 



## INFANT NEWS

### Ana's News

This month we would like to say thank you to all of our families for being on top of your child's needed necessities. Clothes, diapers, wipes and food. Kudos to all! We have 4 new families that joined us in January and we are happy to announce that the children have adjusted beautifully. They have learned our schedule and have been socializing with their peers and teachers. We are so happy to have you all in our class! This month we will continue working with the older Infants at meal times. We are introducing the concepts of using utensils and sippy cups, while the younger Infants will work more with gross motor activities.

Thank you, parents, for signing up to participate in Parent (Guardian)/Teacher conferences, keeping on track with the ASQ-3 assessments and most of all, returning them to us on time.

We are respectfully requesting any toy or book donations you might have. We could also use old purses, hats, instruments, multicultural books or anything you might like to donate to our classroom. We would appreciate it.

If you have any questions or concerns please call or come to our class and visit anytime. Thank you!



Welcome to the month of February: Can you believe it?? We are almost all mobile (walking, taking steps, scooting, crawling, rolling and exploring our environment). We are continuing to work on our fine motor skills by using utensils (bowls & spoons). With the older infants we will introduce regular cups with out the lid. By the end of the month we will slowly be transitioning to one nap.

Reminders: Please check your child's clothing to ensure proper size and if it's weather appropriate. If you have not brought in a family picture, please do so as we are talking about families this month. We are also exploring new types of paint colors.

We will be have our "Let's Get Together Breakfast" on Tuesday the 19th. We hope you can join us. It's an awesome time to share with your child and interact with the other parents. We look forward to seeing you

Also, thank you for joining me at teacher conferences. It is a great time to share experiences and goals for your child.

As always, please speak to any one of us

Ms. Sadie Ms. Mariah Ms. Myranda



## YOUNG TODDLER NEWS

### Alex's News

We hope the first month on the year has gone well! February is officially here and love is in the air. Our kiddos sure are growing! Our vocabulary, fine/large motor skills and cognitive development have all really expanded. Our children have done a fantastic job transitioning from our winter break. Thank you all!!

We would like to welcome a new friend to our class, Ayden! We are so happy for you to join our class! This month we will be focusing on feelings, the heart shape, and the colors red, pink & purple. We will be reading lots of books, creating various art projects and singing songs about these themes.

This month Ms. Alex will also be doing family conferences. Please check the sign in/out blue binder for more information . We would like to wish a BIG HAPPY BIRTHDAY to Hazel AND Matt! Both turn 2 on the 17th. We hope you have a wonderful February!



Welcome to the lovely month of February! Our little love bugs sure are growing, saying 3-4 word sentences, labeling items throughout the classroom and expressing themselves through peer interactions.

I would like to thank EVERYONE for hanging in there while I was out with a broken foot and would especially like to thank my wonderful team! Ms. Angie & Ms. Mikaela did such a wonderful job. You ladies are truly awesome! I'm so happy to be back!

Conference time is here! I will be hosting family conferences February 11th through February 22nd from noon to 3:00 pm. I will be posting a sign up sheet on the blue sign in book and will be sending home "Ages & Stages" questionnaires as soon as possible.

Our theme for the month is "Love & Hearts". We will read simple books about emotions and fairy tales. We will focus on the "Heart" shape and the colors red and pink. Of course, we will continue to work on our letters, numbers and our fun filled art.

FRIENDLY REMINDER: If you bring in packages of diapers and wipes for your child PLEASE label them with your child's name so we know who they belong to. THANK YOU!

If you have any questions or concerns please feel free to talk to any one of us at anytime. We hope everyone's month is filled with love and happiness.



Ms. Nicole

Ms. Angie

Ms. Mikaela



## **OLDER TODDLER NEWS**

### Liz's News

Love and friendship is the theme for the month. On the 2nd we will all wear RED! We will be working on making cards for our friends and loved ones. On the 14th we will be doing a Valentine card exchange, which should be fun.

We are all very excited about another "Get Together Breakfast". This will be the week of the 19th, ours on the 20th. Hope you all can make it! Leaving after having breakfast can be so hard sometimes, but the children love seeing their Mom & Dad come join them.

We are working on talking about our feelings, choosing areas to play and cleaning up before moving on to another area. We are encouraging the kids to use their imaginations.

We have two more birthdays this month. Jeremiah will be 3 on the 26th and Cedro will be 3 on the 27th. We will also have a voting sheet for our spring field trip so keep an eye out for that!



#### Ms. Maria

Ms. Adrianna

#### Joslyn's News

Hello everyone and welcome to a new month! We can sense that love is in the air! This month we would like to encourage our families to work on potty training at home because we are already doing this at school. Every diaper change we do have them sit on the potty, If you think your child is ready to be potty trained, let us know. We are ready! So far, the children are doing great in class!

We just need to work on a couple of things this month. We are discussing shapes at circle time and counting using our fingers. Another thing we are working on with the children is keeping their hands to themselves. They are very mindful about this. Also families, if we could get some volunteers to come in and do an activity with the children. We do miss seeing this and the children love it! We are planning on Parent (Guardian)/Teacher conferences toward the end of the month.

If you have any questions, come see us! Thanks!

Ms. Joslyn

Ms. Kateri

Ms. Adrienne







# PRESCHOOL NEWS

### Danielle's News

Hello families! We are excited to start this month with Groundhog Day. We will be learning about seasons, shadows and the temperature outside. We will also make puppets and experiment with different science projects.

Along with the theme of friendship we will celebrate our Valentine's Day with a party on Tuesday, February 12th. Information will follow and will be posted in our classroom. We will make treats and have a movie day on Thursday the 14th. Both days are going to be 2 fun filled days for the children and will take place throughout the course of the day.

Our letter of the weeks are: Feb. 4-8, Xx, Feb. 11-15, Vv, Feb. 18-22, Qq & Feb. 25-28, Qq.

Thank you for joining us for conferences! Have a great month.



Ms. Danielle

Ms. Bríanna

Ms. Jayce

### Alyssa's News

Dear families,

I will be scheduling Parent (Guardian)/Teacher conferences February 4th through the 8th. Please see the sign-up sheet in the classroom and schedule a time that works for you.

Also, I have sent out a current ASQ form for you to fill out for your child. Please fill these out and return to me, if your have not done so prior to our conference. It is always helpful to review them together and compare our results.

This month our themes are as follows:

*Feb. 4-8	Dental Health	Letter Uu	
*Feb. 11-15	Feeling Loved/Hearts	Letter Vv	CRAZY
*Feb 18-22	Health & Nutrition	Letter Ww	4 11
*Feb. 25-28	Fairy Tales	Letter Xx	

Please note that on Friday, February 15, we will have a Valentine Exchange. I will send out a list of names shortly. This is a great opportunity to have your child sign their name on each of their classmate's Valentines and for your child to show off our improving name writing skills.

This month we celebrate Roxy's birthday on February 18th!! Happy 4th birthday Roxy!

Lastly, please let me know if any of our families would like to volunteer for a read aloud or a class project. We appreciate your ideas and feedback.

Here's to a FABULOUS FEBRUARY everyone!!

Ms. Alyssa

Mr. Brandon

## PRESCHOOL-PRE-K NEWS

#### Shannon's News

Happy February! Thank you to those that were able to come speak to the class about your role in the community. Oliver's Dad taught us about Dental Health and Cora's Dad talked to the class about his job as an Air Traffic Controller.

We would appreciate your continued support with having your child sign in to the Student Sign in book every morning at drop off. This should become part of their drop off routine.

We are working to help them become more confident with writing their name.

#### **Our February curriculum:**

*2/4-2/8	Nutrition	Letter Qq
*2/11-2/15	Feeling Loved/Hearts	Letter Rev
*2/18-2/22	Dental Health	Letter Rr
*2/25-3/1	Fairy Tales	Letter Ss

**Dates to remember:** 

\*2/24 Valentine exchange (more info to come) \*2/19-2/22 "Let's Get Together Breakfast"

We are still looking to schedule our next class field trip. If you have any suggestions/ideas please share them with us! As always, if you would like to come in and conduct an activity, read a book, sing a song, etc., let us know. We would love to have you! Happy Birthday to Nico on February 2.

Ms. Shannon Ms. Arely Ms. Lindsay





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## PRE- K NEWS

### Lauren's News

Hello Pre-K families, welcome to February! January really flew by and we have kicked it into gear in our class. By now, our kiddos are really starting to self initiate problem solving and conflict resolution. We are still working on self regulation and working through feelings in preparation for kindergarten right around the corner. As we cruise through the alphabet, our class is preparing for our alphabet certificate, awarded to each student for writing the complete alphabet from memory! Another major concept we are focusing on is self hygiene, especially washing hands using soap, actually making bubbles and drying hands completely, as they have a tendency of rushing through this very important step.

Our curriculum is as follows:

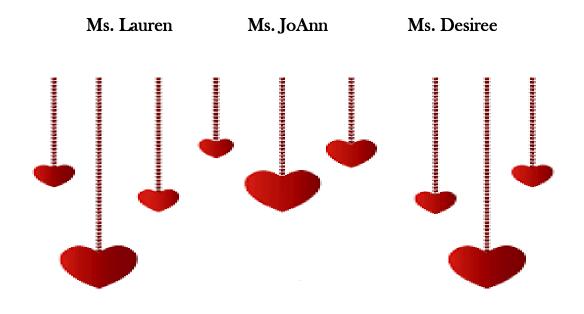
*Feb. 4-8	Hearts & Health	Letter Vv	VOUL
*Feb. 11-15	Hearts & Health	Letter Ww	YOU
*Feb. 18-22	Dental Health	Letter Xx	ROCK
*Feb. 25-March 1	Dr. Seuss	Letter Yy	

Special announcement:

\*Valentine Party (students only) Thursday the 14th in the morning. Teachers will have activities and treats. We WILL send home a class list for children to WRITE their own Valentines to bring to school for exchange during party.

Please remember heavy jackets, mittens/gloves and hats are vital to ensure outdoor playtime!!

Thank you for your support and participation!







As a working parent, I do know the frustrations and pressures felt by many of you when we send your child home due to illness. Believe me when I say, I have been there. My oldest was sick **ALL** the time and I was the only one working, with my husband in school. She was even hospitalized for a week and just very ill, very often until she was about 4 years old. After that, her immune system finally kicked in and she was a pretty healthy kid. My youngest one was pretty healthy as a young child. Each child is just different. Their immune systems develop at different rates and some are just stronger than others. Please know when we send your child home, we are looking after, not only your child but the over 100 other children enrolled here and at school on any given day. It is a balancing act and at the end of the day, we are just trying to keep everyone as healthy as possible.

For our littlest ones, please know that young children get sick 10 to 12 times per year. They don't know how to cover their coughs and literally cough in each other's faces, put their fingers in their mouths (and their friends) and are in fact just putting everything in their mouths. We can clean all day but can not kill all the germs that cause colds or illnesses. There is a good article to read called: "Why do children get sick so often?" You can cut and paste this link in a browser to read it at : https://doctoronduty.com.au/why-do-children-get-sick-so-often/

We are also trying our best to be hygienic, for our own health, as well as your child's. This means wearing gloves when we assist with toileting (this includes diapering), when we serve food and when we are assisting a child who has an injury. In fact, I am gong to be teaching a Health & Safety class (which we have all taken in the past 2 years) during our March In-Service. I think it is a good reminder to review proper methods for cleaning and sanitizing and for preventing the spread of germs. We also deep clean monthly (in addition to the daily cleaning that we all do) including using a commercial disinfectant in each class and throughout the school. We just want you to know that we appreciate each and everyone of you. Soon, cold and flu season will be over, then we'll be moving on to allergies! Stay healthy and have a wonderful February!

### Lísa





As always, please check with your child's teacher if there is a special project, party, activity, etc. that you can volunteer to help with. Parent participation is always appreciated and welcome!