



## Pomona Valley Dental Assistants Society

### Your latest News & Updates

*As we begin a "new year", we are in the midst of adjusting to a new normal. If you're like me, I'm not too crazy about that term. Dental assisting doesn't look the same anymore, does it? There are new challenges and pressures to deal with.*

*We are excited to be again offering continuing education courses to our members and local dental assistants - just not in person right now! We'll beholding our first virtual CE in December - with a very timely topic: Burnout!*

*Active participation allows for both personal and professional growth. It also provides the opportunity to network with colleagues, receive continuing education and volunteer in the community.*

*It is my hope that you will join us and be an active participant in your profession. I look forward to meeting you in the coming months.*

*Claudia Pohl, CDA, RDA  
President*

[Visit our Website](#)

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### CE Course - It's Coming!

JOIN us! for this fun, interactive CE course that will be held via Zoom on Thursday, December 3 at 6:30 pm.

- Feeling burned out?
- Not sure if you are in the right office setting?
- Want to improve your skills?
- Wonder how to increase your value to the office?

Then this 1 hour of power is for you! Our diverse panel of experienced RDA's will share their expertise regarding these issues and more!

#### **Feeling Stuck? Get Out of Your Rut!**

**Strategies to Enhance and Advance Your Dental Assisting Career**

1. Learn multiple approaches to avoiding burn out
2. Understand how small changes can make a big difference
3. Increase your value
- 4.

**Registration opens November 10th, so watch for it!!**



# Welcome to these New Members!

## Professional Members:

Shonda M  
Krystal S

## Student Members:

Ivan A  
Tremayne B  
John B  
Diana B  
Naysi B  
Rita C  
Juana C  
Anna C  
Emily C  
Jacquelyn C

## Student Members:

Yessenia C  
Keeley C  
Annette D  
Aisha E  
Lindsey E  
Monica F  
Merlie H  
Eileen L  
Aleyda L  
Kevin L  
Bailey M  
Hayleigh M  
Jaspe M  
Natalie M

## Student Members:

Melissa N  
Gabriela P  
April P  
Jasmine R  
Emilie R  
Ashley S  
Kenneth T  
Priscilla T  
Naidelyn V  
Adolfo V  
Priscila V  
Heather W  
Kinza W  
Linda Y  
Jennica Z

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**Congrats to those who advanced from Student Member to NPRO1!**

Zayda R

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**Congrats to those who advanced from NPRO3 to Professional Member!**

Mercedes H

## Year-End Giving Opportunity

### Support Student Scholarships!



Citrus College's  
Rebecca Garcia

One of the things we love to do at PVDAS is provide scholarships to graduating students. Recognizing excellence in education, skills and leadership is a wonderful way to help someone start their career. But as a small non-profit, we rely on membership dues and funds raised through other means to be able to provide support such as this to our members and the dental community. We would love to have you partner with us in this! Make a donation of any amount and receive the joy of giving to a new dental assistant! Scholarships are given in June and will be announced in the next newsletter.



Chaffey College's  
Stephanie Bernal

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