Cheddar Crackers



Ingredients:

Ready for the long list of ingredients?? 1 slice of Deluxe American cheese (MUST be DELUXE American, other sliced cheeses don't quite cook up correctly) Parchment paper

Directions:

- 1. Cut the piece of cheese into 16 squares then put on a piece of parchment paper, lining up around the edges of the paper.
- 2. Do not put any in the center.
- 3. Stick in the microwave for 35-60 seconds (they come out perfect in my microwave at 38 seconds but they are all different. Peel off each chip and ta-da, cheese crackers!!

Nutrition Facts ½ carb for 16 crackers (1 slice of cheese)