

***Community Resources
For Smith County
Head Start Center
2024-2025***



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.....	Page # 4
Child Care.....	Page # 4
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 7
Dental Providers/.....	Page # 7
Disabilities.....	Page # 8
Domestic Violence.....	Page # 9
Drug/Alcohol Abuse.....	Page # 10
Emergencies.....	Page # 12
Food/Clothing& Utilities.....	Page # 12
Housing/Homeless.....	Page # 14
Insurance.....	Page # 15
Legal/Gov. Assistance.....	Page # 15
Marriage/Strengthening.....	Page # 16
Marriage (Pre-Counseling).....	Page # 17
Medical Providers/TennCare.....	Page # 17
Medical Providers/.....	Page # 18
Mental Health Providers/TennCare.....	Page # 19
Mental Health Providers/.....	Page # 20
Quit Tobacco.....	Page # 20
Raising Children.....	Page #21
Transportation.....	Page #22
Wellness	Page #22
Youth Involvement.....	Page # 22
Language assistance.....	Page # 23

Adult Education:

Cookeville Higher Education Campus
1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551
(Assists Adults to further their education and they also sponsor job fairs)

Smith County Adult Basic Education
Carthage, TN
615-735-8246
They offer: GED, Adult High School, Basic Computer Training
(Assists Adults to further their education)

Tennessee College of Applied Technology
Hartsville, TN
615-374-2147

Tennessee Technology Center
Carthage, TN.
(615) 735-1264
(Assists Adults to further their education and job skills training)

Tennessee Technological University
Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888
(Assists Adults to further their education)

Volunteer State Community College
Livingston, TN 38570
931-823-7065
615-452-8600
(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Volunteer State Community College

Gallatin, TN
1-888-335-vscc
615-452-8600
(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Adult Job Training Services:

American Manufacturing & Packaging (Amp)
435 Gould Drive
Cookeville, TN. 38506
(931) 432-5981
1-800-861-6997
(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

American Job Center @ Carthage
120 Pauline Gore Way
Carthage, TN 37030
(615)735-0476

Macon County Career Center
Tennessee Vocational Training Center
607 Highway 52 By-Pass
Lafayette, TN 37083
Telephone: (615) 666-2330
(Assist adults in locating jobs)

Department of Human Services - Smith County
Carthage, TN
615-735-9740
(Services: Food Stamp; Families First; Medicaid; and TennCare)

Emmanuel House
Carthage, TN.
(615) 588-1995

(Assists families with housing, education and other needs)

Family Resource Center

Carthage, TN.
(931) 735-3005

(Refers to GED Program & helps students with clothing and personal hygiene products)

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735

(Assists Adults to further their education)

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660

(Assists Adults to further their education)

Cookeville Higher Education Campus

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Social Security Administration - SSI Program

1145 Perimeter Park Dr.
Cookeville, TN 38501
888-717-1528
931-528-9765

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a

manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Smith County Adult Education

Carthage, TN.
(615) 735-8246

(Free GED Classes/Free College & Technical School Prep/Job Preparation Skills)

Tennessee College of Applied Technology Hartsville

2575 North Springs Rd. Red Boiling Springs, TN 37150
(615) 699-2224

(Assists Adults to further their education and job skills training)

www.UCReconnect.com

931-526-2211

Resources for Bereavement:

Grief Share Group

Sponsored by:
First Baptist Church of Carthage
Meets: Tuesdays- 6:00 p.m. @ Smith County Chamber of Commerce
939 Upper Ferry Rd., Carthage, TN 37030
(615)735-1929

Heart of the Cumberland

P.O. Box 717,
Cookeville, TN 38503
Phone: 931-525-2600
heartofthecumberland@gmail.com
Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances age 4 & up with surviving adult or guardian

Hospice Grief Recovery Group
Sponsored by: Lazarus House Hospice
851 South Willow Ave Ste 102
Cookeville, TN.
931-520-1705 or 931-528-5133

Childcare:

Carthage Elementary Pre-Kindergarten (-E-)
149 Skyline
Carthage, TN 37030
(615) 735-0433 (*Free Service*)

Defeated Elem. Pre-K
451 Defeated Creek Hwy
Carthage, TN 37030
615-774-3150

Forks River Elementary Pre-K (-E-)
611 Cookeville Hwy
Elmwood, TN 38560
(615) 897-2676 (*Free Service*)

Fun Factory Child Care
12 Morris Lane
Pleasant Shade, TN 37145
(615) 735-0048
(Call for fees) ages 6 wks to 12 yrs-
hours 6 – 4.30 p.m.

Happy Haven Childcare
238 Lebanon Hwy
Carthage, TN 37030
615-735-1144

Ms. Sherry's Day Care
979 LEBANON HIGHWAY
LEBANON, TN 37087
(615) 444-5052 (*Call for Fees*)

Mrs. Tammy's Learning And Play Center
111 Mercedes Street
Carthage, TN 37030
(615) 735-3231

(*Call for fees*) ages 6 wks. to 12 yrs. -
hours 6 – 4.30 p.m.

New Middleton Elementary Pre-K (-E-)
402 New Middleton
GORDONVILLE, TN 38563 (615) 683-8411
(*Free Service*)

Smith County Community Child Care Ct
245 JMZ Drive
Gordonsville, TN 38563
(615) 683-4146
(Call for Fees) hours 5:30 a.m. – 5:30 p.m.

Smith County Head Start Center
201 Joy Alford Way
Carthage, TN 37030
(615) 735-1868
(*Free Service*)

Union Heights Pre-K
663 Lebanon Hwy
Carthage, TN 37030
(615) 735-1975

Wee Wonders Day Care
322 Lebanon Hwy
Carthage, TN 37030
(615) 735-0773
(Call for Fees) Infants 7 – 4.40 pm
//Preschoolers 6 – 4.30 p.m.

Wee Care Day Care
117 Vivian Cir
Carthage, TN 37030
615-489-3323

Resources to help in Child Abuse Situations:

Child Advocacy Center- 15th Judicial District

107 North Greenwood St.
Lebanon, TN 37088
615-449-7975
www.cac15.org

CASA

122 Turner High Circle Suite 103
Carthage, TN 37030
615-735-0034
casasmithco@uchra.com

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004
(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Department Of Children's Services

117 Eatherly Landing
Carthage, TN
615-735-5502

Department Of Human Services

105 Eatherly Landing
Carthage, TN 37030
615-735-9740

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

Omni Community Health-Cookeville

663 South Jefferson Ave.
931- 528-0051 or 877-258-8795
(A community mental health facility that offers counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing;

Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Carthage City Police Department

314 Spring Street.
Carthage, TN 37030
615-735-2525
911 for Emergencies *(Assist with emergency needs)*

(South) Carthage City Police Department

106 South Main Street
Carthage, TN 37030
615-735-2727
911 for Emergencies *(Assist with emergency needs)*

Gordonsville City Police Department

63 East Main Street
Gordonsville, TN 38563
615-683-6088
911 for Emergencies *(Assist with emergency needs)*

Smith County Sheriff's Department

322 Justice Dr. #200
Carthage, TN 37030
615-735-2626
911 for Emergencies *(Assist with emergency needs)*

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616 North Church Street, Ste. B
Livingston, TN 38570
Contact: Dawn Killman, Executive Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children and Youth

Upper Cumberland Regional Office
1000 Neal Street
Cookeville, TN 38501
(931) 646-0955
Mid Cumberland Regional Office
Andrew Jackson Building
502 Deaderick Street
Nashville, TN 37243-0800
(615) 532-1579

Valley Ridge Mental Health Center

101 Bratton Ave.
Lafayette, TN 37083
615-666-8070
(This center provides psychological evaluations, individual counseling, psychotropic medication monitoring, targeted case management, adult case management, A&D counseling, child abuse counseling, and respite service) Child Abuse, Children's Issues, Drug/Alcohol Abuse, Health, Mental Health and Counseling

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Dr. Gentzler

106 Babb Drive
Lebanon, TN. 37087
(615) 443-3633

Dr. Mary Cay Koen

412 College Street
Lafayette, TN. 37083

Dr. Bonnell McBroom Jr.

1001 Scottsville Road

Lafayette, TN. 37083
(615) 666-4865

Hermitage Dental Clinic

Dr. Charles Burdeshaw & Dr. Larson
107 Bonnabrook Drive
Hermitage, TN 37076
1-800-373-3330
615-889-1654

Tennessee Family Dental

312 W. Main St. Lebanon, TN 37087
(615) 444-3185

Putnam County Health Department

121 South Dixie Ave.
Cookeville, TN. 38501
(931) 528-2531

Cumberland Pediatric Dentistry & Orthodontics of Cookeville

510 S. Jefferson Ave.
Cookeville, TN 38501
(931)854-1200

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Dr. Lynn Cothron
1203 Scottsville RD.
Lafayette, TN. 37083
(615) 666-5034

Dr. Larry Key
726 Hwy 52 By-Pass
Lafayette, TN. 37083
(615) 666-5567

Dr. Sue VanBlaricum
412 College Street
Lafayette, TN. 37083
(615) 666-6155

Macon Dental Health Center
Dr. Key
Lafayette, TN. 37083
(615) 666-5567

Cookeville Rescue Mission
1331 S Jefferson Ave
Cookeville, TN 38506
931-528-5819

Resources for Persons with Disabilities:

AMERICAN MANUFACTURING & PACKAGING (AMP)
435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997 & 931-432-5981
(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Project Affirm
501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823—5678

(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Children's Special Services
Carthage, TN
615-735-0242

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.
P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247

(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is

limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

Independent Opportunities Inc. (I.O.I.)

1225 S. Willow Ave.
Suite # A
Cookeville, TN. 38501
(931) 528-7701

(Non-profit organization providing high quality residential services to persons with developmental disabilities)

Social Security Administration - SSI Program

1145 Perimeter Park Dr.
Cookeville, TN 38501
888-717-1528
931-528-9765 & **Hotline:** 800-347-4501
(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

TN Early Intervention System (TEIS)

Education/training
(931) 528-1623
(Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; Indian Mound for Boys)

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
@ Lafayette
607 TN-52 Scenic, Lafayette, TN 37083
(615) 666-2179

Resources to help in Domestic Violence Situations:

Alliance Against Domestic Violence

Cookeville TN 38501
(931) 526-4730 (931) 526-5197

Carthage City Police Department

314 Spring Street
Carthage, TN 37030
615-735-2525

911 for Emergencies (*Assist with emergency needs*)

(South) Carthage City Police

Department

106 South Main Street
Carthage, TN 37030
615-735-2727

911 for Emergencies (*Assist with emergency needs*)

Department of Human Services

105 Eatherly Landing
Carthage, TN 37030
615-735-9740

Domestic Violence Support Group

Sponsored by Genesis House:

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730 or 931-526-5197

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

Gordonsville City Police Department

63 East Main Street

Gordonsville, TN 38563

615-683-6088

911 for Emergencies

(Assist with emergency needs)

Omni Community Health- Cookeville

Cookeville, TN. 38501

931- 528-0051 or 877-258-8795

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Smith County Sheriff's Department

322 Justice Dr. #200

Carthage, TN 37030

615-735-2626

911 for Emergencies

(Assist with emergency needs)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

ReGroup Recovery

120 Pauline Gore Way

Carthage, TN 37030

615-735-0476 Ext. 8

931-252-6648

ReGroupRecovery@gmail.com

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D

Cookeville, TN 38501

931-528-6803

(Treatment Facilities for Alcoholism and drug addiction for adults & children)

1-888-762-3740 or 1-888-SOBER-40

Carthage City Police Department

615-735-2525

911 for Emergencies

(Assist with emergency needs)

(South) Carthage City Police Department

615-735-2727

911 for Emergencies

(Assist with emergency needs)

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

(Assist with family or individual counseling for drugs/alcohol/etc.)

Substance Abuse & Mental Health Services Administration (SAMHSA)

National Helpline 1-800-662-4357

Drug Abuse Hotline

1-800-888-9383

(Call to report illegal drug activity)

Gordonsville City Police Department

615-683-6088

911 for Emergencies

(Assist with emergency needs)

Wilson County Drug Court Program

P.O. Box 3053

Lebanon, TN 37088

615-453-5314

Mothers Against Drunk Driving /Support Group Meetings

First United Methodist Church of

Cookeville

18 N. Madison Ave

Cookeville, TN. 38501

931-520-6233

Omni Community Health-Cookeville

Cookeville, TN. 38501

931- 528-0051 or 877-258-8795

(A community mental health facility that offers counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Meth Hotline

Spring Street

Cookeville, TN. 38501

(931) 525-6384

(Call to report suspected Meth activity)

Meth Hotline/Statewide

1-877-866-6384

(Call to report suspected Meth activity)

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123

Hotline: (877) 567-6051

24 Hour Crisis Line 1-800-704-2651

(Assist persons with disabilities/mental illness & Drug abuse in various ways)

Smith County Sheriff's Department

Carthage, TN

615-735-2626

911 for Emergencies

(Assist with emergency needs)

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

Teen & Adult Challenge Upper Cumberland

200 Freedom Ln Livingston, TN 38570

1-800-688-0470

(Helps transform the lives of those struggling with addiction)

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200

Cookeville, TN 38501
(931) 520-0200

(Assist with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for

Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099 Emergency = 911

Carthage City Police Department

615-735-2525 911 for Emergencies

Disaster Assistance

DisasterAssistance.gov

(South) Carthage City Police Department

615-735-2727 911 for Emergencies

Gordonsville City Police Department

615-683-6088 911 for Emergencies

Riverview Medical Center (North Campus)

158 Hospital Drive
Carthage, TN. 37030
615-735-1560

Poison Control

1-800-288-9999

Shriners of Tennessee

1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676

Smith County Sheriff's Department

Carthage, TN
615-735-2626 911 for Emergencies

Smith County EMS

513 Jefferson Avenue E.
Carthage, TN 37030

615-735-2121 911 for Emergencies

Smith County Rescue Squad

Carthage, TN

615-735-9680 911 for Emergencies

TEMA

www.tn.gov/tema

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

Assistance with

Food/Clothing/Utilities Needs:

Abundant Harvest Worship Center

178 Lebanon Hwy

Carthage, TN 37030

615-735-0116 *(Assist with various needs)*

Alexandria Church of God

Contact: Joy Kilgore

(615) 529-4691

(615) 529-4262 *(Assist with various needs)*

Brimstone Church of Christ

Rt.1

Whitleyville, TN 38562 *(Assist with*

various needs)

Clemensville Church of Christ

Red Boiling Springs, TN 37150

(Assist with various needs)

**Community Education Office for the
Food Stamp Program**

***Legal Aid Society of Middle Tennessee
and the Cumberland***

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

*(Provides Pre-screenings and
information for the Food Stamp
program. Serves all counties in the
LBJ&C Head Start Service area.)*

**Department of Human Services -
Smith County**

Carthage, TN 37030

615-735-9740 *(Services: Food Stamp;
Families First; Medicaid; and
TennCare)*

God's Way Community Church

9 Dixon Springs Hwy.

Carthage, TN 37030

615-735-8476 *(Food Pantry)*

Gordonsville Nazarene Church

168 Main Street E

Carthage, TN 37030

615-735-5069 *(Food Pantry)*

Family Resource Center

Carthage, TN.

(931) 735-3005

*(Refers to GED Program & helps
students with cloths and personal
hygiene items)*

**Hermitage Springs Southern Baptist
Church**

Red Boiling Springs, TN 37150

839-3827

(Assistance with various needs)

Lake Avenue Church of Christ

Contact: Mark Taylor

Moss, TN 38575

258-3578

(Assistance with various needs)

Leonard Church of Christ

Contact: Doyle Coons

Rt.4

Red Boiling Springs, TN 37150

(Assistance with various needs)

Macedonia Baptist Church

Contact: Paul Strong
1725 Happy Ridge Road
Moss, TN 38575
258-3371
(Assist with various needs)

Macon Helps

Lafayette, TN 37083
615-666-6607
(Assist with various needs)

Midway Church of Christ

Contact: Bart Cunningham
4301 Moss-Arcot Rd.
Moss, TN 38575
258-3393
(Assist with various needs)

Milestown Church of Christ

Rt.2
Red Boiling Springs, TN 37150
(Assist with various needs)

Mt. Vernon Church of Christ

Rt.4
Red Boiling Springs, TN 37150
(Assist with various needs)

Moss Church of Christ

Contact: Dennis Miller
3204 Clay County Highway
Moss, TN 38575
258-3563
(Assist with various needs)

Neeley's Crossroads Church of Christ

Contact: Robert Scott
Celina, TN 38551
(Assist with various needs)

Oak Grove Church of Christ

Contact: Gary Wilder
Moss, TN 38575
(Assist with various needs)

Northwest Church of Christ

Contact: Lawrence Williamson
314 Chad Grace Rd.
Red Boiling Springs, TN 37150
(Assist with various needs)

Pine Branch Church of Christ

Contact: Bill Parsons
3130 Neeley Creek Road
Celina, TN 38551
243-2992
(Assist with various needs)

Pine Hill Church of Christ

Rt.1
Moss, TN 38575
(Assist with various needs)

Rome Baptist Church

Hwy 70 North
Carthage, TN 37030
615-735-0141
(Food Pantry)

Smith County Help Center

318 Main Street North
Carthage, TN 37030
615-735-8090
(Assist with various needs)

Union Hill Church of Christ

Contact: Huebert Jones
Moss, TN 38575
(Assist with various needs)

Union Hill Wesleyan Church

Contact: C.L. Cook
6495 McCormick Ridge Rd.
Whitleyville, TN 38588
258-3380
(Assist with various needs)

Willette Church of Christ Benevolence Program

Red Boiling Springs, TN

615-699-2251

(Assist with various needs)

TennCare Transportation - Cookeville

417 East Broad Street

Cookeville, TN 38501

931-372-8719 & **Hotline:** 800-483-6743

(Assists with Health, Transportation and Utilities needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030

615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; Indian Mound for Boys)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0569

Emmanuel House

40 Club Springs Rd

Carthage, TN.

683-8410 – Daytime

281-0414 - Cell

Family Resource Center

Carthage, TN.

735-3005

(Refers to GED Program & helps students with cloths and personal hygiene items)

Gallatin Housing Authority

114 Jordan Street

Carthage, TN 37030

(615) 735-1510

HART

Homeless Advocacy for Rural Tennessee

Grant based program, which allocates homeless assistance

P.O. Box 3311

Crossville, TN 38557

931-484-3207

Upper Cumberland Homeless Shelter

15 Division Street

Crossville, TN. 38555

(931) 456-8172

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030

615-735-0476

United States Department of Agriculture

Rural Development

390 South Lowe Avenue Suite K

Cookeville, TN 38501

(931) 528-6539

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance
1-800-845-2738
(Affordable Insurance for Families & Individuals)

Farm Bureau

Hwy 70 North
Carthage, TN 37030
(615) 735-9446
1-877-874-8323
(Affordable Insurance for Families & Individuals)

Department of Human Services-Smith County

Carthage, TN 37030
(615) 735-9740

State Farm

101 Main Street
Carthage, TN 37030
615-735-1812
(Affordable Insurance for Families & Individuals)

Tennessee Justice Center

Nashville, TN
615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030
615-735-0476
(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-

range of services to Tennesseans with disabilities)

Legal/Governmental Assistance:**Child Support Services of Tennessee - Cookeville**

1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598
(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Gallatin Housing Authority

612 Morris Ave.
Carthage, TN 37030
(615) 735-1510
(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems,

Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

P.O. Box 1180

Cookeville, TN 38503

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Tennessee Justice Center

301 Charlotte Ave

Nashville, TN 37201

(615) 255-0331 or 1-877-608-1009

Strategies for obtaining TennCare/Tips for TennCare appeals process/Services children are entitled to under EPSDT Law

Upper Cumberland-Community Services Agency

417 East Broad Street

Suite A.200

Cookeville, TN 38501

(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and

Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Smith County

Carthage, TN 37030

615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start.)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399
(Provide Assistance with Marriage & Mental Health Counseling)

First Baptist Church

455 Carthage Road
Red Boiling Springs, TN 37150
(615) 699-2210
(615) 699-2818
(803) 840-5802
Contact: Rev. Thomas Compton

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111
(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399
(Provide Assistance with Marriage & Mental Health Counseling)

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051
(Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)

Medical Providers who take TennCare:

Children's Special Services

Carthage, TN
615-735-0242
(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Dr. Ginger Smith, DO

21 Dixon Springs Hwy.
Carthage, TN 37030
615-735-3555

Cookeville Pediatrics Associates

Cookeville, TN. 38501
(931) 528-1485

Carthage Family Healthcare

Carthage, TN. 37030
(615) 735-3450

Centennial Pediatrics

115 Winwood Drive Suite 105
Lebanon, TN. 37087
(615) 453-1930

Dr. John Tate

206 A Bobb Drive
Lebanon, TN. 37087
(615) 444-6667

Gordonsville Clinic

126 JMZ Drive
Gordonsville, TN. 38563
(615) 683-1072

Family Eye Care Center

605 Main Street North
Carthage, TN. 37030
(615) 735-2020

Hartsville Eye Clinic
Hartsville, TN.
615-822-2020

**Riverview Regional Medical center
(North Campus)**
Carthage, TN. 37030
(615) 735-1560

Smith County Health Department
Carthage, TN. 37030
(615) 735-0242

Tennessee Children's Healthcare
(615) 453-9492

Tennessee Pediatrics
Cookeville, TN. 38501
(931) 526-6100

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555
931-707-0569
*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Carthage Family Wellness
Peter F. Alfano, PA
Lauren Lewis Cooper, MD
Carthage, TN 37030
615-735-0700

Children's Special Services
Cookeville Regional Health Office
200 W. 10th Street
Cookeville, TN 38501
931-528-7531
*(Assists with the medical needs of
children and young adults from birth to
age 21. They offer assistance with
medical bills, hearing aids,
speech/language pathology for children
under age 3, transportation, and
TennCare appeals. Referrals are made
through the local county Health
Department. Eligibility is determined at
time of referral and is based on income
and access to other medical resources.)*

**Partnership for Prescription
Assistance**
Phone: 1-888-477-2669
www.pparx.org
*If you do not have prescription coverage
and/or cannot afford your medicines,
this organization may be able to help*

**Mental Health Providers who
take TennCare:**

Cumberland Mental Health
(615) 444-4300

Cumberland Plateau Recovery
550 North Church Street
Livingston, TN. 38570
(931) 403-3577

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
*(Assist with family or individual
counseling for drugs/alcohol/etc.)*

**Personal Growth and Learning
Center**

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435
(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Rape and Sexual Assault Response Center

P.O. Box 1180
Cookeville, TN 38503
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

Chattanooga, TN 37404-1220
(423)-622-0500
(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

The Renewal Center

158 Hospital Drive
Carthage, TN 37030
615-735-5211
(Mental Health Services for seniors. Treatment for memory loss, mood swings, etc...Free Evaluations)

Valley Ridge Mental Health Center

101 Bratton Ave.
Lafayette, TN 37083
615-666-8070
(This center provides psychological evaluations, individual counseling, psychotropic medication monitoring, targeted case management, adult case management, A&D counseling, child abuse counseling, and respite service) Child Abuse, Children's Issues, Drug/Alcohol Abuse, Health, Mental Health and Counseling

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943
(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Omni Community Health- Cookeville

663 South Jefferson Ave.

Cookeville, TN. 38501
(931) 528-0051

Plateau Mental Health

1200 S. Willow Ave.
Cookeville, TN. 38501
(931) 432-4357 *24-hour hotline*

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Smith County**

Carthage, TN 37030
615-735-0476

Warrior Counseling, PLLC

Natalie Whorton
705 Howell St
Sparta, TN 38583
931-510-8365

Quit Tobacco Resources

Tennessee Tobacco Quitline:

1-800-784-8669

**Cumberland County Health
Department**

Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 life Smoking Cessation

Tandy Todd
142 W. 5th St
Cookeville, TN 38501
931-646-2693

**Tennessee Department of Health,
WIC Program**

S.M.A.R.T. – Smart Mothers are
Resisting Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association

Freedom from Smoking
800-586-4872
Info@lung.org

**American Lung Association of
Tennessee**

212 S. Peters Rd. Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

Former Smokers

The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons
raising children possibly other
than their own:**

Department Of Children's Services

117 Eatherly Landing
Carthage, TN 37030
615-735-5502

Help Us Grow Up Successful (HUGS)

Upper Cumberland Regional Office
1100 England Dr
Cookeville, TN 38501
931-520-4202

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

307A West Broad Street
Livingston, TN 38570
931-823-6432 & 800-635-5199

Tennessee Voices for Children

Nashville, TN 37204
(615) 269-7751
1-800-670-9882

KidCentral TN

www.kidcentraltn.com

**Upper Cumberland-Community
Services Agency**

417 East Broad Street Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Smith County**

120 Pauline Gore Way Suite A
Carthage, TN 37030
615-735-0476

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6900

**Resources to assist with
Transportation Needs:**

**Upper Cumberland Human Resource
Agency - Smith County**

120 Pauline Gore Way Suite A
Carthage, TN 37030
615-735-0476

*(Assists with Children's Issues, Clothing,
Disability Services, Drug/Alcohol Abuse,
Food, Health, Housing, Unruly and
Delinquent Youth, Legal/Governmental*

*Assistance, Mental Care and
Counseling, Money/Employment
Assistance, Transportation/Utilities,
Youth Activities. Provides the following
services: Homemaker Aide and Elderly
Chore Services; LIHEAP; WAP;
Emergency Assistance; Information and
Referral Services; Child and Adult Care
Food; Child Care Certificate; WIA;
Youth; Dislocated Worker; Adult;
Families First Employment; Title V
Senior; 502E Senior; Drivers'
Education; Community Intervention for
Juvenile Offenders; Adult Community
Corrections; DUI/LIOP; CHANCE for
Girls; CHANCE for Boys; Lakeside
Resort and Educational Complex;
UCARTS; Van Pool; Job Access;
Commodities; Van Buren County Head
Start.)*

**Upper Cumberland Development
District**

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111
*(Provide assistance with Disability
Services, Housing, Legal/Governmental
Assistance, Money/Employment
Assistance, Parenting and Marriage
Issues, Transportation/Utilities)*

Wellness:

Agee's Gym

911 N. Main
Carthage, TN 37030
615-735-0044
Promotes family fitness

Smith County Fitness Center

131 Pauline Gore Hwy
Carthage, TN 37030
615-735-2735
Promotes family fitness

Cumberland Athletic Club
140 Davis St. South Carthage, TN 37030
615-418-1234

Brickhouse Barre
531 Industrial Dr. Carthage, TN 37030
1-865-604-7072

Promoting Youth Involvement:

Gallatin Housing Authority
612 Morris Ave.
Carthage, TN 37030
(615) 735-1510
(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Upper Cumberland-Community Services Agency
417 East Broad Street
Suite A.200
Cookeville, TN 38501
931-520-0200
(Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Smith County
Carthage, TN 37030
615-735-0476

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Star.)

WCTE American Graduate & Ready To Learn
LWray@wcte.org
CPutman@wcte.org
931-528-2222

Language Assistance
(All Counties)

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services
County operated outpatient health care facilities that provide a broad range of

diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)

**Department of Human Services,
Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

**LifeCare Family Services - Cookeville
- Counseling and Therapeutic Services**

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051