



**Callen's Corporate Wellness Programs** is brought to you by Dr. Betty Callen, Owner of Callen Chiropractic & BioPhysics, is offering your workplace a **Wellness Day Event!**

Our mission is to provide quality health care for your employees and to your entire family. Research has shown that employees who take an active role in their health are more productive with work performance and increase in efficiency!

Dr. Betty Callen has helped transform the lives of thousands of patients in Denver, Colorado, and soon to be thousands in **Bellingham, Washington**, by eliminating the source of their back pain, neck pain, headaches, migraines, fatigue, fibromyalgia, joint pain, and more. Utilizing the most scientific, researched, and results-oriented chiropractic technique called Chiropractic BioPhysics or CBP. Dr. Betty Callen is able to realign the spine back to health, and alleviate any nerve interference that may be causing pain, fatigue, organ dysfunction, or disease.

**What to expect at the Wellness Day Event:**

- Brief questionnaire to fill out to help us better serve you.
- Consultation & Posture Evaluation, by Dr. Betty Callen, D.C. & Advanced Certified in BioPhysics
- Massage Therapy, by one of our highly trained rehab specialist or licensed massage therapist
- Aromatherapy, by Cory Callen, Essential Oil Wellness Consultant
- and the chance to come into our office for more services at a discount!
- A special offer for all employees and their families!! (details following)

Each individual may sign up for a **time slot** on our signup sheet provided in this packet. Please plan on each individual spending a total of 20-30 minutes at our Wellness Day Event!

**What we need from you:**

Day and Time of Event

Most offices schedule with us at two hour blocks on Monday & Wednesdays between 10AM -2PM, and/or Friday's from 2-4PM. However, if you have a different time in mind – we can be flexible with our scheduling.

A Room to set up

A room we can set up a small table, massage chair, and music (we will provide). If you have the ability, we encourage you to provide some water in the room for after the massage.

Sign-up sheet

Please provide the signup sheet one work week in advance so we may appropriately prepare. We may ask you to "cluster" appointments so that our rehab specialist or massage therapist gets a break between massages.

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Brought to you by Callen's Essentials Health & Healing: Dr. Betty Callen

[www.CallenChiro.com](http://www.CallenChiro.com)

[www.CallensEssentials.com](http://www.CallensEssentials.com)



**After your Wellness Day Services, we have a special offer for you, your employees and family members:**

**“Complete Wellness Package” for only \$49** (after the event \$175) a **\$325.00 Value**. **On the day of the event a \$25 deposit** secures the discounted price and will hold the appointment time at our office (no show appointments will forfeit their deposit).

The **“Complete Evaluation Package”** includes the following:

- 30 to 60-minute **Consultation and Examination** with Dr. Callen.
  - o X-rays may be recommended (if needed: will include 1 (one) View X-Ray of either the cervical, thoracic, or lumbar spine)
- Next day, 30-minute **Report** to review findings and make further recommendations to you
  - o Recommendations will be made on Chiropractic, Physiotherapy, Biomechanics, Nutrition, Essential Oils and/or referring you out to another health care professional if needed.
- Essential Oil 30-45 min Aromatouch Session with Cory Callen (scheduled after your Report)

We are offering this program and service at a minimal fee so you can find out if our office can help you. Callen’s Corporate Wellness Programs, brought to you by Dr. Betty Callen, Owner of Callen Chiropractic, purpose is to help as many people as possible, and **we want to help you!**

Our office has set aside special hours for the **Complete Wellness Package**. The goal is to find out how we can help you become healthier and age well. If you don’t see a time that works for you, please let us know.

**Please call Dr. Betty Callen with any questions or concerns: 360-305-3231**

**Callen Corporate Wellness looks forward to providing your workplace a Wellness Day Event.**

*Dr. Betty Callen*



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