

Letter to the Editor: The Denver Post, April 19, 2020.

Re: "Patient care rules decided,"
April 6 news story.

I read with interest about the governor's Expert Emergencies Epidemic Response Committee that came up with guidelines for how to prioritize health care when medical systems are overwhelmed and doctors would be forced to decide which critical patients get scarce equipment and staffing to keep them alive.

This brings up the importance of people expressing their wishes for what they would like their end-of-life health care to look like by completing their Advance Directives for health care and discussing what their documents say with their loved ones and health care providers. Too often people get more aggressive end-of-life health care than they want. It would make it much easier for health care providers if patients help make these decisions for them by completing their Advance Directives.

Dr. John Lobitz, Denver

Editors note: Lobitz is board president for Tomorrow's Choices, a Colorado non-profit that promotes Advance Care Planning for health care.