

# 2019 Legacy Sabers Girls' Cross Country

## Rusty Bucket

Aug. 29, 6 p.m.  
McDowell Dam, East of Bismarck, N.D.

### Team totals (4,000 meters)

1. Century, 28; 2. Bismarck High, 47; 3. Legacy, 72; 4. Shiloh Christian, 144  
**Individual winner:** Emily Goldade, Century, 15:30.05

### Top 10 Finishers

1. Emily Goldade, Century, 15:30.05; 2. Erin Palmer, Century, 15:31.67; 3. Jadyng Guidinger, Legacy, 15:41.20; 4. Jilee Golus, BHS, 15:49.37; 5. Hannah Westin, SC, 15:54.26; 6. Aislin Anderson, Century, 15:58.39; 7. Morgan Wald, BHS, 16:08.49; 8. Peyton Jensen, Century, 16:25.76; 9. Brooke Burgard, BHS, 16:58.12; 10. Aubree Melchior, Legacy, 17:03.41

### Legacy results

3. Jadyng Guidinger, 15:41.20; 10. Aubree Melchior, 17:03.41; 15. Emma Schlecht, 17:52.46; 20. Selena Silk, 18:17.95; 24. Ellie Deede, 18:40.95; 27. Aeva Franco, 19:01.32; 29. Taylor Wentz, 19:07.93; 33. Shelby Butler, 19:22.07; 37. Rachel Holzer, 20:09.41; 46. Neveah Yeager, 22:19.99

**Notes:** Century won the Rusty Bucket which combines the boys and girls point totals...Century's Emily Goldade was the top finisher...There were 48 runners in the varsity race.

## Anderson-Stavn Invite

Sept. 14, 1 p.m.  
McDowell Dam, East of Bismarck, N.D.

### Team totals (5,000 meters)

1. \*Minot, 80; 2. West Fargo, 80; 3. Fargo Davies, 95; 4. Century, 171; 5. GF Central, 190; 6. Mandan, 210; 7. Watford City, 265; 8. Williston, 269; 9. GF Red River, 274; 10. Dickinson, 333; 11. WF Sheyenne, 347; 12. Legacy, 372; 13. Hillsboro-CV, 385; 14. New Town, 394; 15. Bismarck High, 414; 16. Shiloh Christian, 500; 17. Southern McLean, 555; 18. Hettlinger-Scranton, 583; 19. Stan-ley, 587; 20. Solen, 610; 21. Max, 625; 22. Parishall, 627; 23. Northern Cass, 638; 24. Killdeer, 641; 25. Standing Rock, 644; 26. Minot Bishop Ryan, 647; 27. New England, 651

\*Minot won based on the tie-break (6th runner)

**Individual winner:** Kelby Rinas, Mandan, 19:01.01

### Top 10 Finishers

1. Kelby Rinas, Mandan, 19:01.01; 2. Reagan Baesler, Hillsboro-CV, 19:12.22; 3. Hayley Ogle, Watford City, 19:24.74; 4. Eleni Lovgren, Williston, 19:30.39; 5. Hope Pringle, West Fargo, 19:32.19; 6. Onnica Stansbury, WF Sheyenne, 19:46.35; 7. Jadyng Guidinger, Legacy, 19:52.36; 8. Jaelyn Ogle, Watford City, 19:53.51; 9. Abigail Hoffarth, Minot, 20:03.28; 10. Claire Hynek, GF Central, 20:06.56

### Legacy results

7. Jadyng Guidinger, 19:52.36; 47. Aubree Melchior, 22:00.46; 85. Emma Schlecht, 23:37.27; 101. Selena Silk, 24:29.68

**Notes:** There were 131 varsity runners...Minot tied West Fargo for first, but the Majettes won the team title based on having a better finish from its sixth place runner...Mandan's Kelby Rinas was the individual champion in a time of 19:01.01...Weather was warm and sunny.

## Beulah-Hazen Invite

Sept. 24, 11 a.m.  
Black Sands G.C., Beulah

### Team totals (Top 5/WDA, 5,000 meters)

1. Rugby, 59; 2. Bowman Co., 61; 3. Watford City, 66; 4. Mandan, 70; 5. Legacy, 103  
**Individual winner:** Hayley Ogle, Watford City, 19:36

### Legacy results

3. Jadyng Guidinger, 20:41; 22. Aubree Melchior, 22:43; 23. Emma Schlecht, 22:44; 35. Aevao Franco, 23:44; 44. Shelby Butler, 24:21; 46. Brooke Will, 24:31; 48. Selena Silk, 24:44; 50. Rachel Holzer, 24:47; 57. Ellie Deede, 25:24  
**Notes:** There was 76 varsity runners...Legacy won the meet...Three WDA teams compete (Legacy, Mandan, Watford City)

## Souris Valley Invite

Oct. 5, 11 a.m.  
Souris Valley G.C., Minot

### Team totals (Top 5/WDA) (5,000 meters)

1. Minot, 100; 2. G.F. Central, 120; 3. West Fargo, 121; 4. Bismarck High, 173; 5. Rugby, 180; 6. Century, 183; 8. Watford City, 210; 11. Mandan, 239; 14. Legacy, 308  
**Individual winner:** Reagan Baesler, Hillsboro-Central Valley, 18:52.24

### Top 10 Finishers

1. Reagan Baesler, Hillsboro-CV, 18:52; 2. Hayley Ogle, Watford City, 19:00; 3. Jenna Soine, Hatton-Northwood, 19:3; 4. Jaelyn Ogle, Watford City, 19:04; 5. Hope Pringle, West Fargo, 19:05; 6. Emily Goldade, Century, 19:13; 7. Elise Ramberg, Langdon Area, 19:15; 8. Mikayla Weiss, 19:22; 9. Jadyng Guidinger, Legacy, 19:25; 10. Claire Hynek, 19:33

### Legacy results

9. Jadyng Guidinger, 19:25; 79. Aubree Melchior, 21:49; 80. Emma Schlecht, 21:49; 104. Aeva Franco, 22:36; 117. Rachel Holzer, 23:06; 134. Selena Silk, 23:28; 136. Shelby Butler, 23:32; 139. Brooke Will, 23:37; 151. Ella Deede, 24:04

**Notes:** Minot won the meet...Watford City's Hayley Ogle was runner-up to lead all WDA runners...Six WDA teams took part...There were 200 runners and 30 teams participating.

## WDA Championships

Oct. 15, 1 p.m.  
Heart River G.C., Dickinson, N.D.

### Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607

**Individual winner:** Meghan Ford, Jamestown, 17:49.88

### Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadyng Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jessen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. MaLiah Burke, Minot, 20:53

### Legacy results

4. Jadyng Guidinger, 19:23.36; 37. Emma Schlecht, 21:49.71; 54. Aeva Franco, 22:28.53; 55. Aubree Melchior, 22:31.34; 63. Brooke Will, 23:02.82; 74. Selena Silk, 23:36.54; 76. Shelby Butler, 23:39.99; 84. Ellie Deede, 24:01.08; 86. Rachel Holzer, 24:05.23; 107. Neveah Yeager, 25:18.50; 108. Taylor Wentz, 25:20.31; 130. Catherine Schlosser, 30:01.31

**Notes:** The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.

## Class A Meet

Oct. 26, 11 a.m.  
Souris Valley G.C., Minot, N.D.

### Team totals

1. West Fargo, 95; 2. Fargo Davies, 110; 3. GF Central, 140; 4. Minot, 152; 5. Bismarck High, 184; 6. Century, 224; 7. Watford City, 230; 8. Fargo North, 235; 9. Williston, 283; 10. Mandan, 286; 11. GF Red River, 330; 12. Fargo Shanley, 349; 13. Valley City, 374; 14. WF Sheyenne, 376; 15. Devils Lake, 384; 16. Dickinson, 457; 17. Legacy, 458; 18. Jamestown, 465; 19. Fargo South, 598  
**Individual winner:** Meghan Ford, Jamestown, 17:40.8

### Top 20 (All-State)

1. Meghan Ford, Jamestown, 17:40.8; 2. Hayley Ogle, Watford City, 18:28.2; 3. Anna Lien, Fargo North, 18:40.0; 4. Jaelyn Ogle, Watford City, 18:42.9; 5. Eleni Lovgren, Williston, 18:42.9; 6. Claire Hynek, GF Central, 18:44.3; 7. Hope Pringle, West Fargo, 18:49.7; 8. McKenna Lovehaug, Fargo Davies, 18:51.9; 9. Onnica Stansbury, WF Sheyenne, 19:06.1; 10. Jadyng Guidinger, Legacy, 19:10.0; 11. Mikayla Weiss, GF Central, 19:11.6; 12. Emily Goldade, Century, 19:12.2; 13. Jilee Golus, Bismarck High, 19:18.1; 14. Payton Lane, Fargo Davies, 19:20.4; 15. Acey Elkins, Mandan, 19:21.4; 16. Anna Bernhardt, Fargo Shanley, 19:22.2; 17. Morgan Wald, Bismarck High, 19:22.9; 18. Ashley Hanson, Fargo Shanley, 19:26.0; 19. Clare Boldingh, West Fargo, 19:28.0; 20. Kaelyn Berg, West Fargo, 19:29.4

### WDA results

#### Minot results

23. Trinity Jessen, 19:40.63; 28. Allie Wahlund, 19:51.29; 30. Abigail Hoffarth, 19:57.45; 32. Emma Compere, 20:03.36; 39. Maliah Burke, 20:08.76; 41. Lilly Campbell, 20:09.18; 57. Maicee Burke, 20:35.31; 58. Abbie Wahlund, 20:39.35; 67. Deja Meyer, 20:50.71; 108. Brooke Keller, 21:43.81

#### Bismarck High results

13. Jilee Golus, 19:18.06; 17. Morgan Wald, 19:22.83; 43. Taya Fettig, 20:14.07; 52. Zoe Reichenberger, 20:32.66; 59. Brooke Burgard, 20:40.88; 62. Sophia Ness, 20:43.11; 78. Neely Reichenberger, 21:03.37; 89. Tehya Sweitzer, 21:22.73; 122. Ella Reister, 21:56.08; 130. Alice Brownnotter, 22:16.90

#### Century results

12. Emily Goldade, 19:12.00; 21. Aislin Anderson, 19:35.19; 44. Peyton Jensen, 20:15.30; 60. Shalae Lindell, 20:42.39; 87. Liberty Howell, 21:19.20; 110. Marissa Russon, 21:45.03; 121. Kylie Wald, 21:55.35; 144. Brenna Dietrich, 22:37.03; 152. Ashlynn Kaul, 22:53.91; 154. Rhenna Martin, 22:56.93

#### Watford City results

2. Hayley Ogle, 18:28.15; 4. Jaelyn Ogle, 18:42.81; 33. Ellie Schmitz, 20:03.71; 55. Savanna Olson, 20:33.73; 136. Tricia Schmitz, 22:31.03; 158. Kalena Hanohano, 23:12.23

#### Williston results

5. Eleni Lovgren, 18:42.81; 31. Sierra Watterud, 20:00.98; 71. Victoria Holdaway, 20:56.01; 81. Morgan Landry, 21:10.61; 95. Niah Shumway, 21:25.00; 105. Marenn Larsen, 21:41.35; 112. Keira Shannon, 21:46.80; 114. Solveig Lovgren, 21:48.32; 138. Kaydance Heller, 22:32.43; 145. Lacey Sime, 22:38.75

### Mandan results

15. Acey Elkins, 19:21.36; 50. Maria Moore, 20:30.43; 56. Anna Bendish, 20:34.89; 63. Cyera Moore, 20:45.44; 102. Amaya Ramsey, 21:37.65; 135. Whitney McGee, 22:28.97; 151. Kendal Beckler, 22:49.76; 157. Ashlyn Markel, 23:07.62

### Dickinson results

53. Peyton Laser, 20:32.82; 76. Symone Beld, 29:59.85; 97. Aleigha Villars, 21:27.38; 104. Macy Weiss, 21:41.02; 127. Mattie Obrigewitch, 22:10.37; 133. Mattilyn Biel, 22:22.72; 141. Claire Kreidt, 22:34.68; 175. Veronica Pavek, 24:41.02

### Legacy results

10. Jadyng Guidinger, 19:09.97; 83. Aubree Melchior, 21:15.02; 94. Emma Schlecht, 21:24.82; 129. Aeva Franco, 22:12.94; 142. Brooke Will, 22:34.90; 159. Selena Silk, 23:14.85; 161. Rachel Holzer, 23:21.89; 163. Ellie Deede, 23:34.68; 171. Taylor Wentz, 24:18.20; 172. Shelby Butler, 24:20.72

### Jamestown results

1. Meghan Ford, 17:40.71; 106. Julia Skari, 21:41.52; 107. Bernadette, Belzer, 21:41.72; 119. Ellie Kruger, 21:52.82; 132. Jayla Hoffer, 22:19.84; 150. Alyssa Allen, 22:47.07; 260. Maddy Orr, 23:15.56; 162. Emily Sargeant, 23:30.94; 173. Jera Truax, 24:23.80; 176. Kyra Hoffer, 24:44.97

**Notes:** West Fargo won the team title...Minot High was the top WDA finisher (fourth)...Jamestown's Meghan Ford defended her individual title and became the first Blue Jay runner to do so since Laurie Fox (1993-94)...Nine WDA runners earn all-state honors led by Century which had five...Seven WDA teams had at least one all-state finisher...Ten WDA teams participated...There were 177 runners...Mandan Kelby Rinas was named state senior athlete of the year...Minot's Carla Wahlund was name state coach of the year...Minot hosted the meet for the first time since 2014