

**Course Weekend Intensive Dates & Weekend Intensive Schedule
200 & 300 Hour Programs**

Weekend Intensives will begin on Thursday evenings at 6:00 pm, and be followed by three 8 hour days of training. Teleconference sessions will be offered monthly for each level; date and time to be provided for each.

The dates for the weekend intensives are as follows:

200 Hour			300 Hour		
March	1-4	30	March	1-4	30
April	5-8,	30	April	5-8,	30
June	21-24	30	June	21-24	30
July	12-15	30	July	12-15	30
September	13-16	30	September	13-16	30
October	4-7	30	October	4-7	30
			November	1-4	30
			January	10-13	30

200 Hour		300 Hour
Total Contact Hours	180	Total Contact Hours 240

200 Hour Graduation date: October 7, 2018 300 Hour Graduation date - January 13, 2019

Weekend Intensive Schedule: Each intensive weekend is 30 hours of study

Thursday Evening	3 hours	Welcome & Puja	6:00 pm-9:00 pm
Friday	8 hours	Course Material	8:00 am-4:00 pm
Saturday	8 hours	Course Material	8:00 am-4:00 pm
Saturday Evening	3 hours	Dinner/Satsang	6:00 pm-9:00 pm
Sunday	8 Hours	Course Material	8:00 am-4:00 pm

30 Hours per Weekend Intensive