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**Globally Recognized** Editor-in-Chief: Azeem A. Quadeer, M.S., P.E.

# Consequences to be 'catastrophic': Russia after Trump's Iran bombing threat

Russia has warned that any strikes on Iran's nuclear infrastructure would have "catastrophic" consequences, following US President Donald Trump's threat to bomb Iran unless it agrees to a deal with Washington over its nuclear program.

"Threats are indeed being heard, ultimatums are also being heard," Russian Deputy Foreign Minister Sergei Ryabkov said in an interview with the journal International Affairs on Tuesday. "We consider such methods inappropriate, we condemn them, and we see them as an attempt to impose (the US) will on Iran."

While Moscow has largely avoided direct criticism of Trump, President Vladimir Putin has prioritised strengthening ties with Washington, a development that has raised concerns in Ukraine and among European allies.

The Kremlin has offered to mediate between the US and Iran, with which it signed a strategic partnership treaty in January.

Trump, responding to Iran's rejection of direct talks, told NBC News over the weekend that Tehran could face military action and additional tariffs if it refused to negotiate.

"If they don't make a deal,

there will be bombing," Trump said. "It will be bombing the likes of which they have never seen before."

During his first term, Trump withdrew the US from the 2015 Iran nuclear deal, which imposed strict limits on Tehran's nuclear activities in exchange for sanctions relief. Iran maintains that its nuclear program is for peaceful purposes and denies seeking nuclear weapons.



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"The consequences of this, especially if strikes target nuclear infrastructure, could be catastrophic for the entire region," he said. "While there is still time and the 'train has not left,' we must redouble efforts to reach a reasonable agreement. Russia is ready to offer its good offices to Washington, Tehran, and all interested parties."

# **IPL craze continues with final on May 25**

The Indian Premier League (IPL) is a professional Twenty20 cricket league in India organised by the Board of Control for Cricket in India (BCCI).[1] Founded in 2007, the league features ten state or city-based franchise teams.[2] The IPL is the most popular and richest cricket league in the world and is held between March and May. It has an exclusive window in the ICC Future Tours Programme, resulting in fewer international cricket tours occurring during the IPL seasons.[3] It is also the most viewed sports competition in India, as per BAR Punjab Kings entered the Mega Auction with ₹110.5 crore (US\$13 million), the highest purse in IPL history.[47] During the auction, the record for the most expensive player, which was previously held by Mitchell Starc at ₹24.75 crore (US\$2.8 million), was broken twice. First, Shreyas Iyer was sold to Punjab for ₹26.75 crore (US\$3.1 million),[48][49] before Rishabh Pant was sold to Lucknow Super Giants for ₹27 crore (US\$3.1 million

Player retention started on 31 October 2024



with each franchise allowed to retain players ahead of the auction.[39] Heinrich Klaasen became the most expensive retained player in IPL history, earning ₹23 crore (US\$2.6 million), while Virat Kohli became the most expensive retained Indian player for ₹21 crore (US\$2.4 million). Wiki

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Humbled by the overwhelming support and encouragement by our attendees, a big shout out to Core team members and volunteers who made this possible. Lastly very grateful to our Sponsors. Looking forward to more bigger events in future. #ramadan2025 #Ramadan #RamadanMubarak #interfaith #dfw #iftar







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# **EID CELEBRATION ACROSS DALLAS**













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Want to save money on groceries? Start a vegetable garden.

Given that spring is one of the best times of the year to create a garden, it's almost time to get started. But gardening experts say it's important to approach this project in the right way if you're trying to save money by cultivating your own plants. Here's how to do it in a budgetfriendly way.

How can gardening help to save on groceries? There are a few ways gardening can help lower your grocery bill, and a lot comes down to offsetting the costs you would otherwise spend at the store.

"Produce prices are expected to increase a lot this year. Leafy greens, lettuce, microgreens, garlic, herbs and chile peppers are especially pricey," horticulturist Jon Traunfeld, director of the Home & Garden Information Center at the University of Maryland, tells Yahoo Life. "Growing them can reduce food bills."

He says that planting one or two basil plants can provide with all the fresh basil you'll need through the growing season, along with plenty to dry and store for later use. "One or two serrano or habanero plants will produce enough peppers to make jars of salsa and sauces," Traunfeld says. "And you can freeze the extras." Having your own garden can even help you get the most out of the produce you eat, Wendy Wilber, master gardener program coordinator at the University of Florida Institute of Food and Agricultural Sciences, tells Yahoo Life. "You can harvest just what you need for that meal," she say. "Because you are harvesting what you need, when you need it, there is much less produce wasted."

The cost savings can be especially good for fans of organic produce, which are usually more expensive than products grown with synthetic pesticides, Alessandro Ossola, agronomist and assistant professor at University of California, Davis, tells Yahoo Life. But he also points out that everyone can enjoy the savings. "A vegetable garden can help save an average family hundreds of dollars each year," Ossola says.

Of course, getting a garden started from scratch requires some investment on your end. Depending on how big you decide to go, you may not see huge savings right away, Timothy Coolong, professor of horticulture and extension vegetable specialist at the University of Georgia, tells Yahoo Life. However, he says the savings can add up over time. "For established gardeners, they can save considerably," Coolong says.

What do you need to start a garden? You don't need a large plot of land to make this work for you. "Edible plants can be grown in the yard directly in clean soil or otherwise in pots on a balcony, in raised beds on the porch or even in small containers on windowsills indoors," Ossola says. "You can start small and give it a try for a handful of dollars." If you're choosing a spot in your yard, it's important to look for a space that will get at least eight hours of sunlight, Zack Snipes, assistant program team leader of horticulture at Clemson Cooperative Extension Service, tells Yahoo Life. "Plants need sunlight to photosynthesize and produce roots," he points out. While you can technically plant directly into your soil, using containers filled with potting soil and compost is a great way to get started, says Traunfeld. "Containers are mobile, versatile and inexpensive," he points out. "You can grow a tomato plant or pepper plant in a recycled 5-gallon bucket."

Wilber also suggests gardening in containers. "It is a fun and convenient way for new gardeners to get growing," she says. It can also be faster: As Ossola points out, choosing to start plants in containers can help you to cultivate and save very quickly.

Aside from containers, potting soil and compost, you'll need gardening tools like a hand trowel and seeds or seedlings, Ossola says. "After planting [in-ground] and the garden's establishment, you might need to add some natural mulch on the topsoil — straw and tree bark to retain soil moisture," she says.

Some crops are easier to grow than others The best and easiest crops to grow are the ones that will work well in your particular environment, Snipes says. (If you're unsure, he suggests contacting your local extension office, which can provide free advice on gardening in your specific region.)

n general, Traunfeld says these are good plants for beginners to consider:

LettuceSpinachKale,Mustard greensBeetRadishesSwiss chardBeansCucumbers Summer squashTomatoesPepperFor herbs, Wilber suggests trying parsley, rosemary, oregano and mint.

Light conditions should also play a role in what you decide to grow, according to Coolong. "If you have heavy shade, that may limit you from growing something like corn, but a crop like lettuce or other leafy greens could still work well," he says.

Planting season is coming up fast The right time to plant depends on your location, Wilber points out. (Again, this is where contacting your local extension office can help.) "But, generally speaking, it is after the last frost date in the spring," she says.

If you're starting with seeds, you'll just want to kick-start things earlier. "If you choose to grow your own transplants at home, you may want to start a few weeks before then to seed out your plants" — in other words, plant seeds in soil — "whether indoors or in a greenhouse-type structure," Coolong says.



A big tip to keep in mind, adds Coolong: It can be helpful to space out your plantings of any particular crop. So if you want to have ripe tomatoes all summer, start them a week or so apart to stagger your harvests.

What kind of maintenance should you expect? There are a few basic things to keep in mind concerning maintenance. While annoying, weeding is important. "Pull weeds as soon as they appear," Traunfeld says.

"Your plants will also need fertilizer and water," Snipes says. "They need just the right amount of water. Too much can hurt; too little can hurt." Every plant is different, but you can keep tabs on your plant's hydration needs by sticking your finger about an inch into the soil. If it feels dry, you'll want to add water.

"Plan on being in the garden daily, if possible," Wilber says. "Daily visits are best to evaluate how the plants are doing and to scout for pest issues."

Speaking of pests, Ossola suggests considering netting, fencing and traps to keep birds, mammals and other plant-eating animals away. "Remember to keep your garden clean," she says. "Rats, squirrels, raccoons and other pests thrive when fruits and produce are left to rot."

Smaller pests like aphids can be controlled with organic insecticidal soaps, Wilber says. Larger pests like caterpillars or snails can usually be kept away by putting crushed eggshells and salt on your soil, according to Ossola.

What else should beginners keep in mind? There may be some trial and error with growing your own vegetable garden, Ossola says. That's why Traunfeld suggests starting small and focusing on produce that your family likes to eat. Wilber agrees. "Limit yourself to just a few types of vegetables the first year," she says. "Then, when you become more confident in your abilities and resources, you can increase the size of your vegetable garden and grow a wider variety of crops."

Above all, it's important to enjoy the process, Coolong says. "Gardening should be a fun hobby. When it becomes a constant chore, a lot of people get worn down by the work." Yahoo/Life Korin Miller DALLAS-HOUSTON

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Meet n greet at king kabob for Mohammed Azharuddin former India cricket captain



Farewell lunch with Mohammed Azharuddin former India's cricket captain with Iftekhar Shareef and his friends





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MP Imran Pratapgarhi Iftar Party





Eid Mubarak from Khan Saif Khan friends





MP Imran Pratapgarhi ki Delhi me #Dawat\_E\_Iftar, kuch khas tasveer'en.

# APRIL 2025 **Dr. Sadiq Mohyuddin passes away**

It is with deep sorrow that we announce the passing of Dr. Sadiq Mohyuddin, a beloved husband, father, grandfather and esteemed physician and community elder, who peacefully passed away on March 23, 2025 at the age of 85. Dr. Mohyuddin was dedicated to his family, friends and community. His remarkable career as physician in the United States, his commitment to his patients in Alton/Godfrey IL, his numerous civic contributions and his philanthropy to the medically underserved communities, both in Madison County, IL and in Lahore, Pakistan will never be forgotten.

Dr. Mohyuddin was born on April 15, 1939 in Gurdaspur (Punjab) India, migrating to Lahore, Pakistan after Partition, where he graduated from King Edward Medical College in 1962. He then moved to London, England for further medical training and in 1964, he moved to the United States to pursue his medical career. His passion for medicine and learning led him to complete medical residency in internal medicine at Washington University in St. Louis, MO (Barnes Hospital), followed by a pulmonary medicine fellowship at St. Louis University. After completing his medical training, Dr. Mohyuddin continued his career as a physician in private practice in Alton/Godfrey, IL, where he practiced for 49 years treating generations of patients with compassion, expertise, empathy and tireless commitment, even doing house visits and car visits for patients who couldn't make it into his office. His patients, colleagues, and staff of St. Anthony's Hospital and Alton Memorial Hospital fondly remember him as an intellectual and patient-centered physician, always seeking the best outcomes for those under his care. In addition to his work as a physician, Dr. Mohyuddin was also deeply passionate about civic, political and charitable causes, contributing his

time and expertise to underserved communities both locally and abroad, bringing medical care and hope to those in need. He was a founding member of the Islamic Foundation of Greater St. Louis (IFGSTL), founding and lifetime member of APPNA (Assoc. of Pakistani Physicians of North America), served as chairman and board member of the World Affairs Council of St. Louis, member of the Council on Foreign Relations and delegate to Illinois State Medical Society for Madison County, IL where he authored many successful resolutions to benefit the rural patient population he served. He was also instrumental in the repair and development of the Oriental Garden at Gordon F. Moore Park in Godfrey, IL.

Dr. Mohyuddin was deeply thankful for the medical education opportunity he gained in Pakistan and the career success that the United States offered him. He never took for granted the privilege of practicing medicine in this country, and gave a generous endowment to OSF St. Anthony's hospital in 2015 to establish the Mohyuddin Pulmonary Lab aimed at increasing awareness and prevention of pulmonary diseases. He also established the Mohyuddin Charitable Clinic 35 years ago in an underserved area of Lahore, Pakistan, which continues to see upwards of 100 patients daily at no cost.

In addition to his professional accomplishments, Dr. Mohyuddin was a loving and devoted family man. He is survived by his beloved wife, Talat, and his three children: Dr. Yusuf Mohyuddin (Maliha Mohyuddin), Fatima Mohyuddin and Dr. Nadia Mohyuddin, along with his dear nephew Ibrahim Khan. His five granddaughters (Maymuna, Maryam, Zareena, Zainab & Anaya) brought him great joy, and his love for his family knew no bounds. His unwavering



support, kindness, and warmth, and especially his willingness to lend a helping hand to anyone in need, will remain an enduring part of their memories and his legacy.

Dr. Mohyuddin will be deeply missed by all who knew him. In lieu of flowers, the family requests that donations be made to the Sadaqa (charity) fund of the IFGSTL (Islamic Foundation of Greater St Louis - Sadaqah - MadinaAPPS Web Payments) in memory of Dr. Mohyuddin. He will be laid to rest at the Bellerive Cemetery in St. Louis, MO on Monday, March 24, 2025 at 2:30pm. May his soul rest in peace. May he rest in eternal peace and Allah give my sister and their kids Sabr From Mohyuddin Family:

# Flight to Shanghai Diverted to SFO, Because the Pilot Forgot Their Passport

The latest major US airline snafu does not involve any of Elon Musk's DOGE staffing cuts, but instead just some United Airlines pilot forgetting their passport, forcing an emergency landing at SFO.

There's no question that Elon Musk's DOGE budget cuts are affecting air traffic controllers ability to do their jobs, and endangering airline safety. But you can't blame Elon for this one. The Chronicle reports that a United Airlines plane from Los Angeles bound for Shanghai was abruptly diverted to SFO on Saturday, but only because the pilot forgot their passport. "On Saturday, United flight 198 from Los Angeles to Shanghai landed at San Francisco International Airport as the pilot did not have their passport onboard," a United Airlines spokesperson admitted in a statement. "We arranged for a new crew to take our customers to their destination that evening. Customers were provided with meal vouchers and compensation."

The plane reportedly pulled its emergency SFO landing at around 5 pm Saturday, and left with a new crew at 8:28 Saturday night. According to the flight-tracking service FlightAware, the plane ultimately reached Shanghai on Monday morning local time, "6 hours 13 minutes late."

One Reddit user claimed to have been on that plane and described their experience (it's the second comment down). "This is how United described it," the person said. "UA198 SFO-PVG: Your flight diverted to San Francisco due to an unexpected crew-related issue requiring a new crew. Once they arrive, we'll get you back



on your way to Shanghai as soon as possible. We sincerely apologize for this disruption and appreciate your patience."

But as the airline blog View From the Wing points out, "the same thing happened to another United flight to Shanghai last week, too! In that case they caught it prior to takeoff. The flight delayed several hours while they brought in a new pilot to operate the aircraft."

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# QURAN'S MORAL COMMANDMENTS: BENEFITS OF FASTING

1)Respect and honour all human beings irrespective of their religion, colour,race, sex, language, status, property, birth, profession/job and Aso on [al-Isra' 17:70]

2) Talk straight, to the point, without any ambiguity or deception [al-Ahzab 33:70]

3) Choose best words to speak and say them in the best ...possible way [al-Baqarah 2:83]

4) Do not shout. Speak politely keeping your voice low. [Luqman 31:19]

5) Always speak the truth. Shun words that are deceitful and ostentatious [al-Hajj 22:30]

6) Do not confound truth with falsehood [al-Baqarah 2:42]

7) Say with your mouth what is in your heart [al-E Imram 3:167]

8) Speak in a civilised manner in a language that is recognised by the society and is commonly used [An Nisa 4:5]

9) When you voice an opinion, be just, even if it is against a relative [al-An'am 6:152]

10) Do not be a bragging boaster [Luqman31:18]

11) Do not talk, listen or do anything vain [al-Mu'mineen 23:3, al-Qasas 28:55]

12) Do not participate in any paltry. If you pass near a futile play, then pass by with dignity [al-Furqan 25:72]

13) Do not verge upon any immodesty or lewdness whether surreptitious or overt [al-An'am 6:151]
14) If, unintentionally, any misconduct occurs

by you, then correct yourself expeditiously [al-E-Imram 3:134]

15) Do not be contemptuous or arrogant with people [Luqman 31:18]

16) Do not walk haughtily or with conceit [al-Isra' 17:37, Luqman 31:18]

Be moderate in thy pace [Luqman 31:1918)
Walk with humility and sedateness [al-Furqan 25:63]
Keep your gazes lowered devoid of any lecherous leers and salacious stares [an-Nur 24:30-31, Ghafir 40:19]

20) If you do not have complete knowledge about anything, better keep your mouth shut. You might think that speaking about something without full knowledge is a trivial matter. But it might have grave consequences [an-Nur 24:14-16]

21) When you hear something malicious about someone, keep a favourable view about him/her until you attain full knowledge about the matter. Consider others innocent until they are proven guilty with solid and truthful evidence [an-Nur 24:12-13]

22) Ascertain the truth of any news, lest you smite someone in ignorance and afterwards repent of what you did [Al-Hujurat 49:6]

23) Do not follow blindly any information of which you have no direct knowledge. (Using your faculties of perception and conception) you must verify it for yourself. In the Court of your Lord, you will be held accountable for your hearing, sight, and the faculty of reasoning [al-Isra' 17:36]

24) Never think that you have reached the final stage of knowledge and nobody knows more than yourself. Remember! Above everyone endowed with knowledge is another endowed with more knowledge [al-Isra' 17:26]. Even the Prophet [sallallahu alahi wa salaam] was asked to keep praying, "O My sustainer! Advance me in knowledge." [20:114] 25) The believers are but a single Brotherhood.

Live like members of one family, brothers and sisters

unto one another [Al-Hujurat 49:10] 26) Do not make mockery of others or ridicule others [Al-Hujurat 49:11]

27) Do not defame
others [Al-Hujurat 49:11]
28) Do not insult
others by nicknames [Al-Hujurat 49:11]

29) Avoid suspicion and guesswork. Suspicion and guesswork might deplete your communal energy [Al-Hujurat 49:12]
30) Spy not upon one another [Al-Hujurat 49:12]

31) Do not backbiteone another [Al-Hujurat49:12]

32) When you meet each other, offer good wishes and blessings for safety. One who conveys to you a message of safety and security and also when a courteous greeting

is offered to you, meet it with a greeting still more courteous or (at least) of equal courtesy [An Nisa 4:86]

33) When you enter your own home or the home of somebody else, compliment the inmates [an-Nur 24:61]

34) Do not enter houses other than your own until you have sought permission; and then greet the inmates and wish them a life of blessing, purity and pleasure [an-Nur 24:27]

35) Treat kindly Your parents Relatives The orphans And those who have been left alone in the society [An Nisa 4:36]

36) Take care of The needy The disabled Those whose hard earned income is insufficient to meet their needs And those whose businesses have stalled And those who have lost their jobs. [An Nisa 4:36]
37) Treat kindly Your related neighbors, and

unrelated neighbors, Companions by your side in public gatherings, or public transportation [An Nisa 4:36]

38) Be generous to the needy wayfarer the homeless son of the street and the one who reaches you in a destitute condition [An Nisa 4:36]

39) Be nice to people who work under your care. [An Nisa 4:36]

40) Do not follow up what you have given to others to afflict them with reminders of your gener-osity [al-Baqarah 2:262]

41) Do not expect a return for your good behaviour, not even thanks [al\_Insan 76:9]

42) Cooperate with one another in good deeds and do not cooperate with others in evil and bad matters [al-Ma'idah 5:2]

43) Do no try to impress people on account of self-proclaimed virtues [an-Najm 53:32]

44) You should enjoin right conduct on others but mend your own ways first. Actions speak louder than words. You must first practice good deeds yourself, then preach [al-Baqarah 2:44]

45) Correct yourself and your families first [be-



fore trying to correct others] [at-Tahrim 66:6]

46) Pardon gracefully if anyone among you who commits a bad deed out of ignorance, and then repents and amends [al-An'am 6:54, al-E Imram 3:134]
47) Divert and sublimate your anger and potentially virulent emotions to creative energy, and become a source of tranquillity and comfort to people [al-E Imram 3:134]

48) Call people to the Way of your Lord with wisdom and beautiful exhortation. Reason with them most decently [an-Nahl 16:125]

49) Leave to themselves those who do not give any importance to the Divine code and have adopted and consider it as mere play and amusement [al-An'am 6:70]

50) Sit not in the company of those who ridicule Divine Law unless they engage in some other conversation [An Nisa 4:140]

51) Do not be jealous of those who are blessed [An Nisa 4:54]

52) In your collective life, make rooms for others [al-Mujadilah 58:11]

53) When invited to dine, Go at the appointed time. Do not arrive too early to wait for the preparation of meal or linger after eating to engage in bootless babble. Such things may cause inconvenience to the host [al-Ahzab 33:53]

54) Eat and drink [what is lawful] in moderation [al-Ar'af 7:31]

55) Do not squander your wealth senselessly [al-Isra'17:26]

56) Fulfill your promises and commitments [al-Isra' 17:34]

57) Keep yourself clean, pure [at-Taubah 9:108, An Nisa 4:43, al-Ma'idah 5:6]

58) Dress-up in agreeable attire and adorn yourself with exquisite character from inside out [al-Ar'af 7:26]

59) Seek your provision only by fair endeavor [al-

'Ankabut 29:17, al-Baqarah 2:188]

60) Do not devour the wealth and property of others unjustly, nor bribe the officials or the judges to deprive others of their possessions [al-Baqarah 2:188] Shuja Khan

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#### **PAGE 18**



Virat Kohli Family



Sachin Tendulkar with his mother Rajni Tendulkar





A very rare glimpse of the King's world!

SRK with his beautiful family,







**PAGE 19** 

# COUNTRIES WITH THE LARGEST GOLD RESERVES

		*As of	2024	*in T	Fonnes
1. United States	8	133	20. Spain	2	282
2. Germany	3	352	21. Austria		280
3. Italy	2	452	22. Thailand		235
4. France	2	437	23. Singapore	(C)	228
5. Russia	2	336	24. Belgium		227
6. China	2	264	25. Algeria		174
7. Switzerland	1	040	26. Venezuela	-	161
8. India	-	854	27. Iraq		152
9. Japan		346	28. Libya		147
10. Netherlands		512	29. Brazil		130
11. Türkiye	C· E	595	30. Philippines		128
12. Taiwan	4	23	31. Egypt	-	127
13. Poland	4	120	32. Sweden		126
14. Portugal	3	83	33. South Africa	×	125
15. Uzbekistan	3	374	34. Mexico		120
16. Saudi Arabia		323	35. Greece	<b>#</b>	115
17. United Kingdom		310	36. Hungary	=	110
18. Kazakhstan	2	96	37. Qatar		110
19. Lebanon	* 2	287	38. South Korea		104

# www.Asia Times.US **Ancient Box's**

#### PAGE 20

The REAL face of King Tut: the pharaoh had feminine hips, club feet, and....

King Tutankhamun, the boy pharaoh whose golden mask has become a symbol of ancient Egypt, was far from the idealized image of a powerful ruler. Modern science has revealed startling details about his physical appearance and health, painting a very different picture of the young king.

Recent studies using DNA analysis and CT scans show that King Tut had feminine hips, a clubbed foot, and suffered from various genetic disorders. These traits were likely the result of inbreeding, as his parents were siblings-a common practice among Egyptian royalty to preserve the bloodline. His physical condition was so severe that he relied on canes to walk, many of which were found in his tomb. Additionally, he suffered from bone necrosis, a painful condition that caused parts of his bone tissue to die due to poor blood supply.

King Tut's health challenges didn't end there. DNA evidence revealed that he had multiple strains of malaria, making him one of the

earliest known cases of the disease. Combined with his frail body and genetic issues, these infections likely weakened him further. He died at just 19 years old, possibly due to complications from a severe leg fracture and his overall poor health.

The artistic depictions of King Tut and his family often showed exaggerated features like wide hips and elongated faces. While these may have been symbolic representations tied to religious beliefs, the reality was far less glamorous. The young king's life was marked by physical struggles and health challenges that shaped his brief reign. Despite these revelations, King Tut remains one of history's most iconic figures—a reminder that even those who wore crowns were not immune to human frailty. His story continues to captivate the world, offering us a

and the realities behind the legend.



# Chinese history

Chinese history encompasses a vast period, marked by numerous dynasties, cultural achievements, and periods of both unity and division, including the Shang, Zhou, Qin, Han, Tang, Song, Ming, and Qing dynasties, as well as the Republic of China and the People's Republic of China.

Here's a brief overview of key periods and dynasties in Chinese history:

#### Pre-Dynastic Period:

Archaeological evidence suggests early civilizations in the Yellow River valley, with the Shang dynasty (c. 1600-1046 BCE) being considered the first dynasty with verifiable historical records.

#### Shang Dynasty (c. 1600-1046 BCE):

The Shang dynasty ruled over a significant portion of what is now China, and is known for its bronze casting, writing system, and complex social structure.

#### Zhou Dynasty (c. 1046-256 BCE):

The Zhou dynasty, which followed the Shang, is divided into Western and Eastern periods. The Western Zhou saw the development of feudalism, while the Eastern Zhou saw a period of warring states.

#### Qin Dynasty (221-206 BCE):

The Qin dynasty, led by Qin Shi Huang, unified China for the first time, establishing an imperial structure and beginning the construction of the Great Wall.

#### Han Dynasty (206 BCE-220 CE):

The Han dynasty is considered a golden age of Chinese civilization, known for its advancements in art, technology, and ad-

#### ministration.

#### Tang Dynasty (618-907 CE):

The Tang dynasty was another period of great cultural and economic flourishing, known for its cosmopolitan nature and artistic achievements.

#### Song Dynasty (960-1279 CE):

The Song dynasty saw significant advancements in technology, including the development of gunpowder and the printing press.

#### Yuan Dynasty (1271-1368 CE):

The Yuan dynasty was established by the Mongols, led by Kublai Khan, and marked a period of cultural exchange between China and other regions.

#### Ming Dynasty (1368-1644 CE):

The Ming dynasty saw the construction of the Great Wall as we know it today, and the voyages of Zheng He.

#### Qing Dynasty (1644-1912 CE):

The Qing dynasty, established by the Manchus, was the last imperial dynasty of China.

#### Republic of China (1912-1949):

The Qing dynasty was overthrown, and China became a republic, but it faced internal strife and external pressures. People's Republic of China (1949-present):

The People's Republic of China, founded by the Communist Party, is the current government of China.



#### PAGE 21

# After 96 Years, Archaeologists Finally Found the **Missing Part of a Legendary Statue**

In 1930, German archaeologists uncovered the lower half of a massive statue, estimating that it likely originally stood some 23 feet tall.

Now, U.S. and Egyptian archaeologists have announced the discovery of the long-missing top half in thankfully pristine condition.

A proposal has already been submitted to unite the bottom with the long-missing top half, and the discoverers are confident of its approval.

Some 96 years ago, German archaeologist Günther Roeder unearthed the lower half of what would've been a massive, 23-foot-tall statue of Ramesses II—one of the most celebrated pharaohs throughout all 31 dynasties of Ancient Egyptian history. Roeder found the statue 150 miles south of Cairo in the Minya Governorate, near the modern-day city of El Ashmunein. In ancient times, this area along the Nile was known as Khemnu. It served as a provincial capital in the Old Kingdom of Egypt (2649-2130 BCE), and was later called Hermopolis Magna when Romans ruled the Mediterranean.

Many treasures of the region's illustrious past were known to be buried in the surrounding desert, and while Roeder's discovery proved remarkable, the rest of the enormous statue he found remained lost to time ... until now. In March 2024, the Egyptian archaeologistsin partnership with U.S. experts—announced that after 96 years, they'd finally found the missing upper half of Roeder's statute. Speaking with Reuters, the experts from the Egyptian Ministry of Tourism and Antiquities reported that the upper half stretched some 12.5 feet tall, and depicted Ramesses II wearing a headdress topped with a royal cobra.

However, the discovery of this ancient statueand exquisite preservation—was far from certain when the statue was first discovered lying face down in January 2024.

"One problem with Hermopolis is that it's close to the Nile. After [the building of] the Aswan Low Dam, the water table became a huge issue. There was no guarantee that the stone would be OK," Yvona Trnka-Amrhein, assistant professor of classics at the University of Colorado Boulder and co-leader of the team said in a press statement. "Sometimes sandstone is uncovered that is basically just sand or degraded limestone. It could have just been a lump of rock."

Luckily, after further excavation, the team confirmed that the statue was remarkably well-preserved and contained another amazing find-



traces of blue-and-yellow pigment could be found on the statue's surface. Hopefully, further analysis of this pigment will help researchers understand the context of the statue's creation, as well as its original appearance.

We knew it might be there, but we were not specifically looking for it," Trnka-Amrhein said in a press statement. "It was plausible that the rest of the statue might be there, but it was a total surprise."

Thankfully, the hunch proved correct, and Egyptian co-leader Basem Gehad has already submitted a proposal to reunite the two pieces together at long last (Roeder's lower half still remains on site in El Ashmunein). Trnka-Amrhein expects it to be approved. Yahoo/News Darren Orf

#### **European countries by** population in 2025 European countries by pop-20. ulation in 2025, organized 21. from highest to lowest: 22. Russia - 143,997,393 23. Germany - 84,075,075 24.

- 3. United Kingdom -
- 69,551,332

1.

2.

- France 66,650,804 4.
- 5. Italy - 59,146,260
- Spain 47,889,958 6.
- 7. Ukraine - 38,980,376
- 8. Poland - 38,140,910
- 9. Romania - 18,908,650
- 10. Netherlands -
- 18,346,819
- Belgium 11,758,603 11.
- 12. Sweden - 10,500,591
- 13. Czech Republic -
- 10,490,463
- Portugal 10,102,566 14.
- 15. Greece - 10,047,300
- 16. Hungary - 9,715,857
- Austria 9,276,705 17.
- Belarus 8,997,603 18.
- 19. Switzerland -

INTERNATIONAL

PAGES



Japan Economy VS

California Economy

8,773,830

31.	North Macedonia -
1,813,	791
32.	Cyprus - 1,370,754
33.	Estonia - 1,344,232
34.	Luxembourg -
680,4	53
35.	Malta - 545,405
36.	Iceland - 398,266
37.	Andorra - 82,904
38.	Liechtenstein -
10 10	2

Bulgaria - 6,814,200

Denmark - 5,868,120

Finland - 5,600,186

Slovakia - 5,460,721

Croatia - 3,848,160

Moldova - 2,996,106 Lithuania - 2,830,144

Albania - 2,771,508

Slovenia - 2,117,072

Latvia - 1,853,559

Serbia - 6,689,039

40,128

25.

26.

27.

28.

29.

30.

- 39. Monaco - 39,244
- 40. San Marino - 33,938



#### **PAGE 22**

# A recession may be coming. It's not too late to

recession, arguably outweighs any other financia

If the United States is about to enter a recession, as some economists fear, it will be one of the most widely anticipated downturns in recent memory.

Americans have had lots of time to prepare. But are we ready?

First, some background: Three years ago, as the economy recovered from the brief COVID-19 recession, economists were already talking about another downturn. Russia had invaded Ukraine. Inflation was spiking. Interest rates were rising.

Months passed, and no recession arrived, and hope dawned that perhaps the United States would achieve a "soft landing," meaning no recession.

Now, recession fears have returned. President Donald Trump's campaign of import tariffs, among other factors, has shaken consumer confidence and spooked the stock market.

A March CNBC Fed Survey put the probability of recession at 36%, up from 23% in January. J.P. Morgan's chief economist put the odds at 40%.

Recession or not, the U.S. economy has hit a "slow patch," said Veronica Willis, global investment strategist at Wells Fargo Investment Institute.

Whether you are a cash-poor consumer or a top 1% earner, here are some steps you can take to protect your finances:

Rid yourself of high-interest debt Paying off credit card debt is easier said than done, especially in a downturn.

If you have the resources, however, this would be an ideal time to get serious about reducing high-interest debt. The average credit card interest rate is a whopping 24.2%, according to LendingTree.

To make a dent in your debt, financial planners say, you'll need to do more than make the minimum monthly payment: double it, add \$100, or pay a percentage of your income.

If you're strapped for cash, transfer the debt to another loan with a lower interest rate.

If you have good credit, consider a zero-APR credit card. You will pay no interest for 15, 18 or 21 months. Every dollar you pay reduces your debt.

Alternatively, transfer the balance to a home equity line of credit, or even a personal loan. You might pay 8%, 10% or 12% interest. That's better than 24%.

With card rates so high, dealing with that debt

arguably outweighs any other financial goal - including savings.

For people with card debt, "usually it doesn't make sense to build up the savings because the interest rate that you're getting on that savings is a lot lower than the interest you'll be paying on the debt," said Sean Higgins, an associate professor of finance at the Kellogg School of Management at Northwestern University. Shore up your savings

If you are free of card debt, this is a good time to take stock of your savings.

Many finance experts say Americans should stockpile enough emergency savings to cover three to six months of expenses: roughly \$33,000, on average, according to Investopedia. Emergency savings exist for times like these, when workers are worried about their jobs. Yet, 27% of Americans have no emergency savings, Bankrate reports.

"Of course, it's easier to save when times are good than when you lose your job," said Meir Statman, an author and finance professor at Santa Clara University.

Few American households can quickly amass \$33,000 in savings, especially when times are tough.

Instead, consider more modest goals: Contribute a set amount of monthly income to emergency savings. Put the money in a high-yield savings account. Think hard before you raid the account for anything short of an actual emergency.

Plan ahead for major expenses Now is not necessarily the time to cancel your European vacation.

"That would be, to my mind, an overreaction," Statman said. "People need to live. People need to have fun."

Even so, it might be a good idea to plan for that vacation or any large, unexpected expense. Set aside money now so you don't drain your savings when the expense arrives.

"You have to be thinking, 'Am I going to need a new car in the next few years? Do I have the cash set aside for that car?" said Timothy Mc-Grath, a certified financial planner in Chicago. Don't sell low

It's the classic investor's dilemma: Stock prices have been sinking, but you don't want to sell when they're down.

If you're a retirement saver and are years away from retiring, then "the fact that the stock market is down 7% or 10% now isn't so concerning," Higgins said. Stocks will eventually rebound.

If anything, the climate might be "a great time



to buy stocks because you're getting them at a discount," said Willis of Wells Fargo. When the market recovers, your portfolio will be worth more than ever.

It's harder to avoid "selling low" if you are already retired and drawing down your savings.

You "do not want to be withdrawing from an aggressive portfolio during a recession," said Seth Mullikin, a certified financial planner in Charlotte, North Carolina.

Ideally, retirees have less exposure to stocks. Experts say they should look for ways to cover their expenses without selling devalued stock shares.

#### Diversify your portfolio

When the stock market seesaws, investors are reminded of the value of "diversifying," balancing riskier stocks with less volatile bonds and other fixed-income alternatives.

But it's not so easy to diversify when the stock market is already in disarray.

"It's too late to start thinking of pulling out of equities because you've already seen that downturn," Willis said.

Nonetheless, you may find opportunities to diversify in a shaky market.

"The good thing is that market volatility isn't only in one direction," Willis said. "You get days when the market is up."

Take a look at your mix of stocks and bonds. The big market gains of 2023 and 2024 may have left you with a higher allocation of stocks than you want. If so, look for opportunities to sell stocks when prices are high and reinvest those dollars in bonds.

Alternately, you could just sit back and wait until the market stabilizes. It's easier to diversify when stocks are high.

"The point is, the recession," if there is one, "will be temporary," Higgins said. Yahoo/Finance Daniel de Visé, USA TODAY



Airstream, Inc.

# **Important Recall Info That MAY Affect Your Vehicle**

Manufacturer :

U.S. Department of Transportation National Highway Traffic Safety Administration You received this email because you have requested to be notified by NHTSA if there is a safety recall regarding Car Seats.

Please click on the following NHTSA Recall ID links to view the recall information. NHTSA Recall ID Number: 25C003 Evenflo Company, Inc. (Even-Synopsis : flo) is recalling certain child seats and travel systems. Please refer to Evenflo's recall report for specific model numbers. The child seats and travel systems are missing the USA recall registration card. As such, these child seats and travel systems fail to comply with the requirements of Federal Motor Vehicle Safety Standard number 213, "Child Restraint Systems." A missing recall registration card may result in an unregistered child seat, which can delay recall notification and increase the risk of injury. Evenflo will mail owners a recall registration card, free of charge. Owner notification letters are expected to be mailed April 1, 2025. Owners may contact Evenflo customer service at 1-800-233-5921.

NHTSA Recall ID Number: 25C004 Dorel Juvenile Group (Dorel) Synopsis : is recalling certain Safety 1st Comfort Ride 3-in-1, Boost & Go 3-in-1, Boost & Go Essential 3-in-1, and MagicSquad 3-in-1 harness booster child seats. Please refer to Dorel's recall report for specific model numbers. The forward-facing installation label incorrectly states the height range. As such, these child seats fail to comply with the requirements of Federal Motor Vehicle Safety Standard number 213, "Child Restraint Systems." An incorrect label may result in an improperly restrained child, increasing the risk of injury in a crash. Dorel will mail owners a new label, free of charge. The manufacturer has not yet provided a schedule for recall notification. Owners may contact Dorel's customer service at 1-877-657-9546 or comfort-ride-recall@djgusa.com.

NHTSA Recall ID Number : 25V142 Manufacturer : Shyft Group Subject : Headlights Can Be Incorrectly Adjusted/FMVSS 108 Make Model Model Years BLUE ARC BA4L-800 2024-2025 NHTSA Recall ID Number : 25V143

Subject : Sofa Footrest Switch Wiring May Cause Fire Make Model Model Years AIRSTREAM CLASSIC 2021-2025 NHTSA Recall ID Number: 25V144 Manufacturer : Daimler Coaches North America Subject : Driver's Seat Backrest Malfunction/FMVSS 207, 210 Make Model Model Years MERCEDES-BENZ TOURRIDER BUSI-NESS 2022-2025 MERCEDES-BENZ TOURRIDER PREMI-UM 2022-2025 NHTSA Recall ID Number: 25V145 Manufacturer : Jayco, Inc. Incorrect Cargo Capacity on Subject : Label/FMVSS 120 Make Model Model Years ENTEGRA CONDOR 2024 ENTEGRA ODYSSEY SE 2025 JAYCOALANTE SE 2025 JAYCOGRANITE RIDGE 2024 JAYCOREDHAWK SE 2025 NHTSA Recall ID Number: 25V146 Kawasaki Motors Corp., Manufacturer : U.S.A. Subject : Clutch Release Lever Can Break Make Model Model Years KAWASAKI NINJA 500 2024 KAWASAKI Z500 2024 NHTSA Recall ID Number: 25V147 Manufacturer : **Ineos** Automotive Americas, LLC Subject : Door May Fail to Latch and **Open Unexpectedly** Make Model Model Years **INEOSGRENADIER 2024** NHTSA Recall ID Number: 25V148 Manufacturer : General Motors, LLC Subject : Transmission Damage May Cause Wheel Lock-Up Make Model Model Years CADILLAC CT4 2020-2021 CADILLAC CT5 2020-2021 CADILLAC CT6 2019-2020 CHEVROLET CAMARO 2020-2022 NHTSA Recall ID Number: 25V149 Forest River, Inc. Manufacturer : Exposed Electrical Connector Subject : Wiring May Cause Fire Make Model Model Years FOREST RIVER AURORA 2025 NHTSA Recall ID Number: 25V150

Manufacturer : Mercedes-Benz USA, LLC Subject : Wheel Rim Inserts May Detach Make Model Model Years MERCEDES-BENZ EQE 350 2023 MERCEDES-BENZ EQE 350+ 2023 NHTSA Recall ID Number: 25V151 Manufacturer : Keystone RV Company Incorrectly Wired Electrical Subject : Box May Cause Fire Make Model Model Years **KEYSTONE COLORADO 2025** KEYSTONE KODIAK 2025 KEYSTONE SUNSET TRAIL 2025 NHTSA Recall ID Number : 25V152 Manufacturer : Shyft Group Improperly Tightened Jump Subject : Seat Bolts/FMVSS 207 Make Model Model Years UTILIMASTER **UPFIT 2025** NHTSA Recall ID Number: 25V153 Manufacturer : Nissan North America, Inc. Subject : Improperly Secured Seat Frame /FMVSS 207 & 210 Make Model Model Years NISSAN **SENTRA** 2025 NHTSA Recall ID Number: 25V155 Manufacturer : Jaguar Land Rover North America, LLC Subject : Seat Belt Buckle May Not Latch Make Model Model Years LAND ROVER **RANGE ROVER** 2025 LAND ROVER **RANGE ROVER** 

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NHTSA Recall ID Number: 25T003 Bridgestone Americas Tire Synopsis : Operation (BATO) is recalling certain Blizzark 6 tires, size 235/40R19. The DOT certification symbol is missing from the tire sidewalls. As such, these tires fail to comply with the requirements of Federal Motor Vehicle Safety Standard number 139, "New Pneumatic Radial Tires for Light Vehicles." Tires that are missing a DOT symbol may be used in inappropriate applications, increasing the risk of a crash. Dealers will replace the tires as necessary, free of charge. Owner notification letters are expected to be mailed May 9, 2025. Owners may contact BATO's customer service at 1-800-847-3272.

2025

#### What is a recall?

When a manufacturer or the National Highway Traffic Safety Administration (NHTSA) determines that a vehicle creates an unreasonable risk to safety or fails to meet minimum safety standards, the manufacturer is required to fix that vehicle at no cost to the owner. That can be done by repairing it, replacing it, offering a refund (for equipment) or, in rare cases, repurchasing the car.

What should I do if my vehicle is included in this recall?

If your vehicle is included in this recall, it is very important that you get

it fixed as soon as possible given the potential danger to you and your passengers if it is not addressed. You should receive a separate letter in the mail from the vehicle manufacturer, notifying you of the recall and explaining when the remedy will be available, whom to contact to repair your vehicle, and to remind you that the repair will be done at no charge to you. If you believe your vehicle is included in the recall, but you do not receive a letter in the mail from the vehicle manufacturer, please call NHTSA's Vehicle Safety Hotline at 1-888-327-4236, or contact your vehicle manufacturer or dealership.

SPORT

**INTERNATIONAL PAGES** 

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#### **Iftar Program organized in Nepal**

Iftar Program organized by Birgunj Mayor Rajeshman Singh and Deputy Mayor Imtiaz Alam: A symbol of harmony, cooperation and social unity! Such initiatives that connect religion, culture and mutual respect are commendable. #UnityInDiversity #Ramadan-Mubarak #Birgunj Nepal Muslim Society's Post



# WEALTH HELD BY THE TOP 1% IN ASIAN COUNTRIES





# Islamic Chronicles's

On this day, 22 March 1394 CE, Timurid emperor, an accomplished mathematician and one of the greatest astronomers in history, Ulugh Beg was born in Sultaniyeh, Timurid Empire, Persia.

The grandson of Amir Timur (Tamerlane) and the son of Shah Rukh, Ulugh Beg made some of the best astronomical observations of his time. Not only for mathematics and astronomy but he is also remembered as a great patron of arts and scholarship.

When his father, Shah Rukh, captured the city of Samarkand, he gave it to his son Ulugh Beg who made it a center of Muslim culture and scholarship. He built an observatory (around the 1420s) at Samarkand.

In his observations, he discovered a number of errors in the computations of the 2nd-century Alexandrian astronomer Ptolemy, whose figures were still being used. He and his assistants made a catalogue of stars from observations with a large quadrant. Ulugh Beg is associated with a Persian astronomical handbook called the Zij-i Sultani that stands out for the accuracy with which its tables were computed. It consists of four chapters dealing with chronology, trigonometry and spherical astronomy, planetary positions, and astrology.

In mathematics, Ulugh Beg wrote accurate trigonometric tables of sine and tangent values, correct to at least eight decimal places. Famous mathematician Ali Qushji was a student and co-worker of Ulugh Beg.

Our appreciation for Ulugh Beg's work increases when we remember that he was working nearly two centuries prior to the invention of the telescope. His work eventually became known in Europe, with the publication of his works in London in 1650 in Latin and later the first of many European editions of his star tables.



# **INTERNATIONAL PAGES**



# **CAIR Advise on Travelling**

Understanding and Protecting Your Travel & Free Speech Rights Under the Trump Administration (Current March 2025) This educational document was produced by the Council on American-Islamic Relations, America's largest Muslim civil rights and advocacy organization. We presents information in three sections: non-citizen guidance, U.S. citizen guidance, and digital considerations for all travelers. We also provide links to more in-depth coverage of certain topics. This document serves as an overview. It will be updated as facts evolve. Nothing in this document should be read as legal advice. Readers should consult an immigration attorney to address their specific circumstances. Non-Citizen Guidance I am not a U.S. citizen. Can I travel abroad? Please consult an immigration attorney before you travel. If possible, avoid unnecessary international travel for now. Immigration attorneys taking part in a March 2025 CAIR webinar reported persistent stories of non-citizens not only being detained at the border but subjected to enhanced scrutiny and secondary inspections, with a special focus on Muslims and those engaged in activism related to Palestine. If you have changed your status from within the U.S. and you do not have a visa stamp reflecting that updated status, now is not the time to travel home to get your updated visa stamp. Immigration attorneys also report an increase in clients who become stuck in their home countries. But I must travel abroad. Take precautions in advance. This includes familiarizing yourself with your rights as a traveler (see below), ensuring you have redundant means of accessing your key travel and immigration documents, having someone who is not travelling with you who knows your flight times so they can flag any unexplained delays in your travel progress, and taking precautions to secure your electronic devices in advance. If you must travel, keep physical and electronic copies of all important travel and immigration documents-key among these are your passport and documents proving your status in the U.S.-in a secure and accessible location to ensure you have evidence of your status readily available. Be prepared for delays at the airport, additional scrutiny, and possible denial of re-entry. Give your itinerary to someone you trust and who will not be travelling with you. Let them know your progress, "I'm on the plane" or "we just landed." That way if you experience delays during interactions with TSA or CBP your attorney can be quickly notified. Similarly, provide electronic copies of your important travel and immigration documents to this person so they can be quickly sent to you or your attorney if needed. If you are a non-immigrant visa holder and you are denied entry it is important to ask for the reason. There are legal differences between being refused entry, revocation of your visa, or some form of expedited removal or deportation. If you think someone you know may have been detained, contact an immigration attorney. You can also go to the ICE detainee locator system and possibly look them up. Washington D.C. Alabama Arizona California Colorado Connecticut Florida Georgia Illinois Kansas Kentucky Maryland Massachusetts Michigan Minnesota Missouri New Jersey New York North Carolina Ohio Oklahoma Pennsylvania Texas Washington I am not a U.S. citizen. Is it safe for me to travel domestically? Immigration attorneys advising CAIR are not currently reporting issues for their clients who have legal status, a valid visa, traveling within the United States. At the same time, leaving the mainland is always risky. Immigration attorneys consulted for this document included U.S. territories, Puerto Rico and Hawaii in their concerns about travel taking you outside of the mainland U.S. Do you have any specific guidance for lawful permanent residents (LPRs)? CAIR advises any lawful permanent residents (LPRs), also known as a "green card" holders, who are citizens of countries that may be targeted by the travel ban not to leave the United States unless it is necessary to do so. This can help ensure that you are not trapped overseas and banned from the U.S. if a ban comes into effect before your return trip. Past

travel bans resulted in increased detentions and secondary inspections for green card holders. CAIR advises that you do not sign an I-407 form, which is a voluntary abandonment of your status. Immigration attorneys taking part in CAIR March 25, 2025 webinar reported an increase in government officials pressuring, intimidating, and threatening LPRs to sign the form. LPRs are entitled to an immigration hearing in front of an immigration judge. You may be detained, but only a judge can remove your LPR status. If you have any type of criminal record that may also change your ability to be admitted to the U.S. There is no statute of limitations on how a past criminal record may change your LPR status. Travel with documentation proving you are a lawful permanent resident. In addition to your important travel and immigration documents this means being able to prove your continuous residence in the U.S. You can do this with a driver's license, bank statements, utility bills, or cell phone bills. Other examples would be pay stubs or tax records. Do you have any specific guidance for F1 non-immigrant student visa holders? Consult with an immigration attorney. F1 students can stay beyond the validity of the face of the visa. Their status is documented on their I-20, which shows how long the student will be in school. Despite this, attorneys report clients experiencing confusion with TSA officers. REAL ID comes into effect on May 7, 2025. If you are an F1 student and the face of your visa is expired, then travel with either a REAL ID or a state issued driver's license and ensure you have your I-20 with you. Your I-94 can also be pulled from CBP.gov. It will have a D/S notation, meaning you are allowed to be in the U.S. during the entirety of your school program. As a non-citizen what are my rights when I travel? SEE: Your Rights as an Airline Passenger SEE ALSO: Your Rights While Travelling (video) SEE ALSO: Know Your Rights with Immigration and Customs Enforcement (video) (pdf) As a non-citizen, should I take part in activism or political dissent? If you are not a citizen, this is the time to let your U.S. citizen colleagues step to the forefront. This advice applies particularly to students here on a visa. The government is not simply cancelling visas. Law enforcement officers are physically going to campuses looking for people. In at least one case, the person has been whisked away with their whereabouts were unknown for a period of time. The recently passed Laken Riley Act can result in your being potentially subject to mandatory detention and deportation if you are arrested. It does not require a conviction in and of itself. It could merely be an arrest for certain crimes. Washington D.C. Alabama Arizona California Colorado Connecticut Florida Georgia Illinois Kansas Kentucky Maryland Massachusetts Michigan Minnesota Missouri New Jersey New York North Carolina Ohio Oklahoma Pennsylvania Texas Washington President Trump's first wave of executive orders also directed federal law enforcement to investigate immigrants already legally present in the United States based on their activism and ideological views. This directive raises serious concerns about potential political targeting, surveillance, and visa revocations for those engaged in activism or political dissent. According to the executive order, the DOJ is authorized to take "relevant actions or activities" against individuals from identified countries, a broad and vague directive that could: • Lead to increased surveillance of lawful residents, visa holders, and students. • Result in denials of visa renewals, residency applications, and naturalization requests. • Enable deportation proceedings against immigrants accused of holding "hostile attitudes" or engaging in "anti-American" speech. U.S. Citizens I am a U.S. citizen. Can I travel abroad? Yes, but take precautions in advance to protect your rights. This includes familiarizing yourself with your rights as a traveler (see below), ensuring you have redundant means of accessing your key travel documents, having someone who is not travelling with you who knows your flight times so they can flag any unexplained delays in your travel progress, and taking precautions to secure your electronic devices

in advance. The U.S. Constitution only protects you while physically inside the U.S. When you are traveling, you do not have those rights. At a border, prior to entry to the country, you are still technically outside of the U.S. That said, you are only required to give your identification, where you are travelling from, and answer other basic, nondiscriminatory questions. Be prepared to be put in secondary inspection and be prepared to be asked about your electronic devices. As a U.S. citizen, what are my rights when I travel? SEE: Your Rights as an Airline Passenger SEE ALSO: Your Rights While Travelling (video) As a U.S. citizen, should I participate in activism or political dissent? "Don't shut up about the genocide. They want us to shut up about the genocide. Don't do that. That said, there are better and worse things that you can do and say and we should be strategic about it. And part of being strategic about it is knowing the different rights that you have in different situations." - CAIR Senior Litigation Attorney Gadier Abbas Yes. Protest is an American tradition that has resulted in women getting the right to vote, ending child labor, creating the five-day work week, helping our nation exit its war with Vietnam, dismantling Jim Crow, and helping our nation end support for white supremacist apartheid in South Africa. It is never without risk. That said, the above list proves the value of engaging in this tradition. CAIR advises parents to support their citizen children in speaking out. How free speech is in the U.S. in the coming years is being decided right now. This impacts the lives your children will live. SEE: Your Rights While Protesting Washington D.C. Alabama Arizona California Colorado Connecticut Florida Georgia Illinois Kansas Kentucky Maryland Massachusetts Michigan Minnesota Missouri New Jersey New York North Carolina Ohio Oklahoma Pennsylvania Texas Washington Digital Considerations for Travellers I am a U.S. citizen. Do I have to unlock my electronic devices for immigration officers? U.S. citizens cannot be denied entry to the U.S. for refusing to produce passwords, provide device access, submit electronic devices for a search, or for refusing to answer questions unrelated to establishing the person's citizenship or identity. However, refusal to answer will likely cause delay. CBP may also seize your devices. I am a lawful permanent resident. Do I have to unlock my electronic devices for immigration officers? Lawful permanent residents who have previously been admitted to the U.S. and have maintained their status also cannot be denied entry for refusing to turn over passwords or otherwise unlock their electronic devices. LPRs only have to answer questions establishing their identity, permanent residency and other basic information about their travel, but refusal to answer additional questions will likely cause delay and further scrutiny. Do not voluntarily give up your green card or sign anything you do not understand. I have a visa. Do I have to unlock my electronic devices for immigration officers? Yes. Non-citizen visa holders may be denied entry for refusing to fully cooperate or answer questions. CBP has the authority to take your devices for inspection. They can demand you turn laptops, cell phones, tablets and other devices over. You are not required to unlock these devices for them. However, they may seize your devices if you refuse. CBP may ask you to open your device. If they open your phone, they may ask you to show it or they may plug in an AI tool that can search your phone. You are not required to unlock your phone, but if you do not, you should expect to both be detained and have the device taken from you. What if I am mistreated? Ask for the names and ID numbers of all persons involved in the incident. Be sure to write down this information. Write a statement of facts immediately after the incident. Be sure to include the flight number, the flight date and the name of the airline. Contact CAIR at www.cair.com/report or another civil rights if you feel you have been mistreated.

**APRIL 2025** PAGE 27 The Third and True Independence of Bengal\*

The rapid changes in the situation in Bangladesh have left the world in awe. Analysts worldwide are astonished at how, in just a few days, middle-class students rose up like a storm, overthrowing one of South Asia's most powerful Prime Ministers. With this question in mind, a columnist reached out to some well-informed friends through digital waves.

When a Bangladeshi intellectual was asked where the student movement got its motivation from, he replied, "Many people don't realize that we are willing to go to the very end for our freedom because we are the heirs of the blood spilled by Siraj-ud-Daula and his companions in the fields of Plassey. Our youth are the sons of Waqar-ul-Mulk and Mohsin-ul-Mulk, in whose home the party was born that became the standard-bearer for the rights of Muslims across the subcontinent and liberated us from Hindu slavery. The brave youth of Bangladesh were destined to do the same."

A Bengali writer mentioned, "The spirits of Hussain Shaheed Suhrawardy, Maulvi Tamizuddin, Nurul Amin, and Fazlul Qadir Chowdhury have continuously questioned why we sided with India in breaking up Pakistan. This question hammered at our minds and weighed on our conscience, a burden that the youth have now lifted."

When a retired Bangladeshi civil servant was asked why the students destroyed the statues of Bangladesh's founder Sheikh Mujibur Rahman, he said, "The youth believed that we had been turned into a state of India, and Sheikh Mujib and his daughter Sheikh Hasina were responsible for this. The youth's hammers didn't just break the statues of Mujib and Hasina; they shattered Indian dominance."

A well-informed journalist residing in Dhaka stated that the Bengalis have achieved their

third independence on August 5th. The first was in 1947 when Muhammad Ali Jinnah and Suhrawardy freed us from Hindu majority rule. In 1971, we gained freedom from General Yahya and his clique, and now, on August 5th, the students liberated the country from Indian subjugation. Mujibur Rahman had placed us in India's lap, and his daughter had practically turned Bangladesh into an Indian colony. Ministers, generals, judges, and high officials in Bangladesh were appointed with Delhi's approval. The curriculum taught in educational institutions was prepared in India. The lava that had been simmering for decades against Indian hegemony and slavery erupted like a flood, sweeping everything away.

When I asked, "Why did such a powerful Prime Minister prove to be a wall of sand?" the response was, "The onslaught of oppression has been defeated by the outcry of patience." Abu Saeed, a student at Begum Rokeya University in Rangpur, stood tall and declared, "Shoot me, I will not back down." As soon as Abu Saeed's bloodied body hit the ground, every student in Bangladesh rose up, standing like a rock against oppression.

The Awami League's Chhatra League had instilled such fear in educational institutions that no one could dare stand against them. The Rapid Action Battalion, responsible for Hasina's personal security, had spread terror. The army, judiciary, and administration were her slaves and tools, but in the grand scheme of things, neither Hasina nor Modi's will prevails. Here, the power to say "Be" belongs to that magnificent entity who uses fragile sparrows to destroy armies of elephants. On July 20th, when Hasina unleashed all the forces of oppression, the students of Bangladesh wrote an incredible history of courage, perseverance, and sacrifice.

The young students, both male and female, kept

falling to bullets, but no one retreated. In one day, 1,500 young people were martyred, but their blood illuminated the path for the nation. At that moment, the defiant call of their brave and fearless coordinator, Naheed Islam (son of retired teacher Badar-ul-Islam), resonated across the country: "Come out of your homes, hostels, colleges, and universities, and eliminate every symbol of slavery and oppression from your land. Swear to the souls of the martyrs that we will not return until we have achieved complete freedom for our country." When millions of students took to the streets, neither the police nor the army could stand in their way.

When asked if the students were receiving support from any foreign country, the answer was, "Their sources of strength are far more powerful than any nation. They draw courage, patience, determination, and strength from Badr, Karbala, Gaza, Plassey, and the gallows of Dhaka Jail."

A Bengali friend living in London said, "This movement isn't just about ending the unjust quota system; it's about reviving the Two-Nation Theory." When I asked another Bengali intellectual the same question, he said, "Our youth felt they had many debts to pay—the debt of siding with Hindu India against Muslim Pakistan in 1971, the debt of remaining silent in the face of Sheikh Hasina's brutal repression, the debt of remaining neutral over the death of a noble figure like Professor Ghulam Azam, and the debt of failing to save the lives of venerable leaders like Abdul Quader Molla, Quamrul Islam, Ali Ahsan Mujahid, Motiur Rahman Nizami, and Mir Quasem Ali, who were hanged. On August 5th, the students repaid all those debts."

The poet Iftikhar Arif came to mind: In our love for this land, we, the passionate ones, have repaid debts that were never even due.

Yusuf Pathan

Many travellers from Kolkata and nearby regions, including those going for Umrah and Hajj, face difficulties due to the lack of a direct flight to Jeddah. Keeping this in mind, I have submitted a request to Hon'ble Civil Aviation Minister Shri Rammohan Naidu ji for a direct Kolkata-Jeddah flight. This will benefit not just pilgrims but also general passengers. Hoping for a positive step forward for the people.



## www.Asia Times.US

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# SAFE DRIVING IN INCLEMENT WEATHER CONDITIONS

Inclement weather can pose many hazards and dangerous road conditions for operators. Workers should be aware of impacting weather events and its effects on safely driving and operating vehicles and equipment.

## **BE PREPARED**

#### CHECK LOCAL FORECAST

Stay caught up on the latest weather conditions for your area. In the event of severe weather, operations may need to be altered to accommodate the changes.

#### CONDUCT PLAY OF THE DAY

Based on current and future weather conditions, detailed communication in regards to each worker's assigned task, safe routes to take, and specific operations should be discussed indepth.

#### PERFORM THOROUGH PM

Check tires, windshield wipers, fluids, lights, and other essential equipment functions that will ensure the vehicle is ready to operate safely and efficiently.

## SLOW DOWN

#### **BE DEFENSIVE & OFFENSIVE**

Practice safe driving techniques related to defensive driving and Smith System 5 Keys. By using these tools, drivers can remain vigilant in their efforts to arrive safely.

#### **USE SAFE DRIVING TOOLS**

Drive with lights on and use warning devices to effectively communicate with other drivers. When pavement is wet, you should decrease speed, turn off cruise control, and increase following distance.

#### SEEK COVER

With a threat of excessive wind gusts, hail, or even tornadoes, limit driving to an as needed basis. Secure loads, protect vehicles and equipment, and seek shelter when severe weather is near.

#### STAY FOCUSED

#### MAINTAIN AWARENESS

Situational awareness will be essential during inclement weather. Pay careful attention to weather, roadway, and traffic conditions as they may change abruptly.

#### **BE PROACTIVE**

Remember to Stop. Speak. Act! It is important to stay engaged with the environment around you and make good decisions to ensure the safety of yourself and your teammates.

#### COMMUNICATE

Keep constant communication with team members about conditions. Radios will be an essential resource in the event that cell towers or electricity are impacted by storms.

# HIGH WATER ON THE ROAD & AVOIDING HAZARDS

# **BE PREPARED**

#### VERIFY CONDITIONS

In high water operations, it is important to remain aware of locations that may become impacted by flooding. All employees should be briefed and updated regularly regarding this information.

#### ENSURE ESSENTIAL SUPPLIES

Equip vehicles with necessary supplies to respond to flooded roadways. This includes PPE, signage, tools, and water/snacks, especially if employees will be stationed for long hours at these locations.

#### PLAN FOR MORE

Flooding creates hazardous conditions for workers. Verify that first aid kits are stocked, and fire extinguishers are charged before response.

#### **SLOW DOWN**

#### TURN AROUND

When roadways are covered in water, turn around and never attempt to drive through. It may be worse than what it initially appears. Vehicles are not equipped to handle high water, which may cause the engine to flood or be carried away.

#### **BE CAUTIOUS**

In the event of rain or wet pavement. drive carefully to the current conditions to avoid loss of traction on the roadway. Operators should turn off cruise control, slow down, and increase following distance.

#### HAVE A WAY TO ESCAPE

Avoid areas that would require backing. If backing becomes necessary, use a spotter, when available. Perform 360 walkaround to confirm surroundings are free of hazards.

## STAY FOCUSED

#### **OBSERVE SURROUNDINGS**

Identify unsafe travel paths and avoid driving through these areas. Debris, fixed objects, downed powerlines, or other items may be hidden. If you don't know, don't go!

#### CALL A TIME-OUT

When faced with situations that may become unsafe, workers should utilize stop work authority and communicate hazards with others. When conditions improve, a new plan of action may be taken.

#### **REMAIN ALERT**

Long hours in this type of emergency response may affect workers ability to remain vigilant. It is essential to communicate with supervision about this to ensure operational readiness.



# **RECIPES** Aloo Chaat in Phyllo Shells

#### Ingredients Ingredients:

30 phyllo shells 2 boxes 4 red potatoes medium sized 2 tablespoons olive oil 1 teaspoon cumin seeds 1 teaspoon fennel seeds 2 teaspoons ginger grated <sup>1</sup>/<sub>2</sub> teaspoon ground turmeric 2 teaspoons Kashmiri red chili powder 2 teaspoons kosher salt Sweet Yogurt: <sup>1</sup>/<sub>2</sub> cup yogurt plain regular <sup>1</sup>/<sub>2</sub> teaspoon kosher salt 2 teaspoons sugar To Serve: <sup>1</sup>/<sub>2</sub> cup Cilantro Mint Chutney <sup>1</sup>/<sub>2</sub> cup Tamarind Chutney 1/2 cup sev <sup>1</sup>/<sub>2</sub> cup pomegranate seeds <sup>1</sup>/<sub>2</sub> cup cilantro finely chopped Instructions Sweet yogurt Whisk together yogurt, sugar, and salt to make a smooth paste.

Potato Filling Add 1 cup of water to the Instant Pot. Place the

trivet and place the potatoes on the trivet. Close the

Instant Pot lid with the pressure valve to sealing. Steam for 12 minutes (note: if the potatoes are smaller reduce the cook time to 10 mins and for larger potatoes increase cook time to 15 mins). Allow natural pressure release. Open the Instant Pot, take the potatoes out, and allow them to completely cool.

Peel the potatoes once they are cool enough to handle. Cut into very small cubes or mash them.

Add oil to a medium pan and heat it. Add cumin seeds and fennel seeds and allow them to sizzle for 30 seconds. Add ginger, turmeric, red chili powder, potatoes, and salt. Mix well until all the spices are coated evenly on the potatoes. Allow the filling to cool down. Line phyllo cups on a baking tray lined with parchment paper. Note (If you are making 2 boxes as the recipe calls for you will need 2 baking trays) Put around 2 teaspoons of potato filling inside the cups. Bake the cups at 325 degrees in a preheated oven for 15 minutes or until the sides of the cups look golden brown. Take the tray with baked cups out of the oven. Add ¼ teaspoon of green chutney, ¼ teaspoon date and tamarind chutney, and ½ teaspoon yogurt on the phyllo cups. Sprinkle with sev, pomegranate seeds, and cilantro. Serve immediately.

Tips for a party

If making homemade chutneys, make them upto a week ahead. The green chutney stays freshest when frozen. Freeze in small silicone



ice cube trays so it thaws quickly. Sweet Yogurt can be made a day ahead and refrigerated.

Potato filling can be made a few days ahead. Refrigerated until ready to use

Make the phyllo cups with the potato filling a couple of hours ahead of time. They will stay nice and crisp.

Add the chutneys and garnishes just before serving

# Gajar Halva (Carrot Pudding - an Indian Dessert)

#### ingredients

Units: US 6 medium carrots, shredded 2 cups half-and-half 1/2cup packed brown sugar 1/2cup golden raisin 1/4cup butter or 1/4 cup margarine 1/2teaspoon ground cardamom 1/4 teaspoon salt 1⁄4

cup unsalted pistachios or 1/4 cup slivered almonds

## directions

Heat carrots and half-and-half to boiling in saucepan; reduce heat. Simmer uncovered, stirring frequently, until all the half & half is absorbed, about 45 minutes. Stir in the brown sugar, raisins, butter, cardamom and salt. Cook over low heat, stirring constantly, until all of the brown sugar is dissolved

and the mixture is of your desired consistency, (pudding-like) about 15 minutes. Garnish with pistachios or slivered almonds.



Serve warm and enjoy!

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Nearly 70 million Takata airbag inflators, in approximately 42 million vehicles, are as will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

# Here's How:



Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

 Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Search it

Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

Then follow the on-screen instructions to prove you are not a robot. Upload a photo
 or
 Enter a license plate or VIN manually

**INTERNATIONAL PAGES** 

**INTERNATIONAL PAGES** 

Fix it If you see text that reads recall incomplete...

# YOUR AIRBAG INFLATOR WILL BE REPLACED FOR <u>FREE</u>.



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.





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# **WORDS SEARCH**

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**INTERNATIONAL PAGES** 

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# Health & Wellness Powerful Tips To Reduce Your Risk of Dementia and Alzheimer's

Did you know that the overall volume of our brain already starts to shrink in our 30s and 40s, with the rate of brain shrinkage further accelerating around age 60? The frontal cortex (the region involved in short-term memory and executive thinking) and the hippocampus (the brain region involved in memory) shrink the most as decades pass. This brain shrinkage goes hand-in-hand with a slow, but steady decline in cognitive prowess. We start to forget more. We find it more difficult to come up with words. We find it more difficult to put a name on a face.

The brain is the most valuable organ that we have, because it defines who we are. It stores our identity, our character, our memories. A healthy lifestyle, including supplements, can significantly slow down the process of brain shrinkage and reduce the risk of Alzheimer's disease.

So how can we protect our brain? How can we preserve our mental agility, thinking skills, and memories for longer?

1. Eat a Healthy Brain Diet

Food is of course very important for your brain. Your brain uses ten times more energy than normal tissues, and needs large amounts of nutrients to function properly. So it's very susceptible to an unhealthy diet that provides too much, or the wrong fuel to your brain. Also, the brain is very maintenance intensive. So it needs many building blocks to function properly, like magnesium, zinc, choline, omega-3 fatty acids, and many other substances.

Eating well will make you feel better, think better and stay better for longer, staving off not just Alzheimer's disease but also depression and anxiety. In fact, nutrition is the best technology we have to reduce the risk of Alzheimer's disease. These are some foods you need to eat to keep your brain at its best:

Blue and Red Fruit – But Especially Blue Fruit Blueberries, bilberries, and blackberries are wonderful brain foods. They contain substances that protect the brain from damage, such as anthocyanidins, and can slow down aging. But red fruits, like strawberries and raspberries, are also very healthy for the brain.

Blue fruit contains a substance called pterostilbene that has beneficial effects on the aging process (learn more about pterostilbene here). The same for strawberries: they contain fisetin, which is a substance that can slow down aging. However, to achieve these lifespan effects you need much higher amounts than those found in these fruits. Blueberries and strawberries are not just healthy because of the pterostilbene or fisetin they contain, but also because of the many other flavonoids and substances.

#### Herbs

The powerful health benefits of herbs should not be underestimated. Oregano, rosemary, turmeric, ginger, sage, and many other herbs and spices reduce inflammation and can protect the DNA from damage, an aging process the brain is susceptible to. You can learn more about how ginger can slow down aging here.

Green Leafy Vegetables

Kale, cabbage, broccoli, spinach, and sprouts are leafy greens with brain-protective effects.

For example, studies show that people who often eat leafy green vegetables have brains that are up to eleven years younger compared to people who do not eat a lot of green leafy vegetables (R,R). Green leafy vegetables contain important minerals, vitamins, and many other substances the brain needs to stay healthy and function properly.

Also, vegetables don't cause high glucose peaks in your blood (unlike potatoes, pasta, and rice), so they are ideal substitutes for these starchy foods. Given its reliance on glucose to function, the brain is very susceptible to high glucose peaks. That's the reason why some scientists call Alzheimer's "type 3 diabetes".

#### Omega-3 Fatty Acids

Omega-3 fats are very important for our health, especially for the heart, eyes and brain.

Omega-3 fats are an important component of the membranes of our cells, especially in the brain. There they make the cell membranes healthy and supple, ensuring proper communication between the brain cells. Additionally, omega-3 fats carry out many other functions in the brain and body: they can reduce inflammation, improve metabolism and increase blood flow. Reducing inflammation is especially important, because continuous low-grade inflammation damages the brain and accelerates aging (this is called "inflammaging").Omega-3 fats are found in animals and plants. Omega-3 fats are found in fatty fish, such as salmon, herring, anchovies, and mackerel. Plant-based sources of omega-3 fatty acids are walnuts, chia seeds and flax seeds, for example.

Dark Chocolate (at least 70% cacao) Dark chocolate contains brain-healthy substances like flavanols that can slow cognitive decline and protect your brain and blood vessels. Dark chocolate can also boost cognitive pertal view showing the inner boundaries of the lobes of the cerebral cortex controls of the revolution and folloging fraction.)



formance, partly because it contains substances that widen the blood vessels so that more oxygen and nutrients make it to the brain cells.

#### Olive Oil

Did you know that only 4 tablespoons of olive oil can reduce inflammation just as well as Ibuprofen, a strong anti-inflammatory drug?

Besides various anti-inflammatory substances, olive oil contains substances with a range of other healthy benefits, like reducing protein accumulation, a process that plays an important role in aging. Examples of such substances are oleocanthal and tyrosol.

#### Tea and Coffee

It's well known that tea can reduce the risk of Alzheimer's and Parkinson disease, and can reduce the risk of stroke. It can do this by reducing inflammation and keeping the blood vessels healthy.

Coffee has somewhat of a controversial reputation online, given many websites dissuade drinking coffee, claiming it's unhealthy. However, if you look at the whole of scientific studies done with coffee, we see that coffee has more benefits than drawbacks. Coffee can reduce the risk of Alzheimer's disease, Parkinson's disease (and also type 2 diabetes, heart disease and various cancers). However, don't drink too much coffee. Keep it to a maximum of 3-5 cups per day, and ideally don't drink coffee in the late afternoon or evening – otherwise you will have more difficulties falling asleep, which can have an unfavorable effect on Alzheimer's of its own. Avoid Unhealthy Fats

These are trans-fats in fried food, ultra-processed foods, sugary snacks, and ready-to-eat meals. Such fats are very bad for your brain. Instead, prioritize healthy oils like olive oil, flaxseed oil, walnut oil, and perilla oil. RNATIONAL

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# **List of Bollywood films of APRIL 2025**

Оре	ening	Title	Director	Cast		
		Jolly LLB 3	Subhash Kapoor	Akshay Kumar • Arshad Warsi • Huma Qureshi • Amrita Rao • Saurabh Shukla		
	10	Jaat	Gopichand Malineni	Sunny Deol • Randeep Hooda • Saiyami Kher		
A		Bhool Chuk Maaf	Karan Sharma	Saurabh Shukla Sunny Deol • Randeep Hooda • Saiyami Kher Rajkummar Rao • Wamiqa Gabbi Pratik Gandhi • Patralekha		
R	11	Phule	Anant Mahadevan	Pratik Gandhi · Patralekha		
		Kesari Chapter 2	Karan Singh Tyagi	Akshay Kumar ∙ R. Madhavan ∙ Ananya Panday		
18		The Bhootni	Sidhaant Sachdev	Sanjay Dutt · Mouni Roy · Sunny Singh · Palak Tiwari · Beyounick · Aasif Khan		

# Rajkumar Rao's 'Bhool Chuk Maaf' is Coming This April

The film will feature Rao alongside Wamiqa Gabbi in this romantic comedy where Rao and Gabbi's characters are about to be married, but Rao is stuck in a time loop where he is reliving the day of his haldi ceremony, which is a day before his wedding.

The film will feature Rao alongside Wamiqa Gabbi in this romantic comedy where Rao and Gabbi's characters are about to be married, but Rao is stuck in a time loop where he is reliving the day of his haldi ceremony, which is a day before his wedding.















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# **Arab diplomat Ibn Fadlan**

In 922 CE, Arab diplomat Ibn Fadlan encountered a fascinating civilization along the Volga River - the Rus. These Nordic traders stood as tall as palm trees, with intricate blue-green tattoos covering their bodies from neck to feet.

Their most remarkable ritual was the ship burial of their chiefs. In a ceremony Ibn Fadlan witnessed, they placed the deceased chief in his ship along with his weapons and treasures. A young woman volunteered to join him in death. As flames consumed the vessel, offerings of weapons, horses, and other sacrifices joined the inferno.

The Rus were a unique blend of Scandinavian, Slavic and Finnic peoples who had established themselves as powerful traders along the Volga. Their extensive trade networks connected Northern Europe to Central Asia, dealing in everything from furs and slaves to silver.

Ibn Fadlan's detailed eyewitness account provides our clearest

the Viking and Slavic worlds. Sources: Ibn Fadlan's Risala (Travelogue), The Vikings by

Johannes Brøndsted, Thomas Noonan's research on Viking trade networks -Kamran, FB

window into this remarkable culture - fierce war-

trade across Eurasia. His

writings remain our most

vivid record of these enig-



In 922, Arab diplomat Ibn Fadlan witnessed Vikings burning their chief in a ship with his weapons, horses, and a woman who volunteered to die with him. They were Nordic traders who stood tall as palm trees with blue tattoos from neck to feet.

# \*The Third and True Independence of Bengal\*

The rapid changes in the situation in Bangladesh have left the world in awe. Analysts worldwide are astonished at how, in just a few days, middle-class students rose up like a storm, overthrowing one of South Asia's most powerful Prime Ministers. With this question in mind, a columnist reached out to some well-informed friends through digital waves.

When a Bangladeshi intellectual was asked where the student movement got its motivation from, he replied, "Many people don't realize that we are willing to go to the very end for our freedom because we are the heirs of the blood spilled by Siraj-ud-Daula and his companions in the fields of Plassey. Our youth are the sons of Waqar-ul-Mulk and Mohsin-ul-Mulk, in whose home the party was born that became the standard-bearer for the rights of Muslims across the subcontinent and liberated us from Hindu slavery. The brave youth of Bangladesh were destined to do the same."

A Bengali writer mentioned, "The spirits of Hussain Shaheed Suhrawardy, Maulvi Tamizuddin, Nurul Amin, and Fazlul Qadir Chowdhury have continuously questioned why we sided with India in breaking up Pakistan. This question hammered at our minds and weighed on our conscience, a burden that the youth have now lifted."

When a retired Bangladeshi civil servant was asked why the students destroyed the statues of Bangladesh's founder Sheikh Mujibur Rahman, he said, "The youth believed that we had been turned into a state of India, and Sheikh Mujib and his daughter Sheikh Hasina were responsible for this. The youth's hammers didn't just break the statues of Mujib and Hasina; they shattered Indian dominance."

A well-informed journalist residing in Dhaka stated that the Bengalis have achieved their third independence on August 5th. The first was in 1947 when Muhammad Ali Jinnah and Suhrawardy freed us from Hindu majority rule. In 1971, we gained freedom from General Yahya and his clique, and now, on August 5th, the students liberated the country from Indian subjugation. Mujibur Rahman had placed us in India's lap, and his daughter had practically turned Bangladesh into an Indian colony. Ministers, generals, judges, and high officials in Bangladesh were appointed with Delhi's approval. The curriculum taught in educational institutions was prepared in India. The lava that had been simmering for decades against Indian hegemony and slavery erupted like a flood, sweeping everything away.

When I asked, "Why did such a powerful Prime Minister prove to be a wall of sand?" the response was, "The onslaught of oppression has been defeated by the outcry of patience." Abu Saeed, a student at Begum Rokeya University in Rangpur, stood tall and declared, "Shoot me, I will not back down." As soon as Abu Saeed's bloodied body hit the ground, every student in Bangladesh rose up, standing like a rock against oppression.

The Awami League's Chhatra League had instilled such fear in educational institutions that no one could dare stand against them. The Rapid Action Battalion, responsible for Hasina's personal security, had spread terror. The army, judiciary, and administration were her slaves and tools, but in the grand scheme of things, neither Hasina nor Modi's will prevails. Here, the power to say "Be" belongs to that magnificent entity who uses fragile sparrows to destroy armies of elephants. On July 20th, when Hasina unleashed all the forces of oppression, the students of Bangladesh wrote an incredible history of courage, perseverance, and sacrifice. The young students, both male and female, kept falling to bullets, but no one retreated. In one day, 1,500 young people were martyred, but their blood illuminated the path for the nation. At that moment, the defiant call of their brave and fearless coordinator, Naheed Islam (son of retired teacher Badar-ul-Islam), resonated across the country: "Come out of your homes, hostels, colleges, and universities, and eliminate every symbol of slavery and oppression from your land. Swear to the souls of the martyrs that we will not return until we have achieved complete freedom for our country." When millions of students took to the streets, neither the police nor the army could stand in their way.

When asked if the students were receiving support from any foreign country, the answer was, "Their sources of strength are far more powerful than any nation. They draw courage, patience, determination, and strength from Badr, Karbala, Gaza, Plassey, and the gallows of Dhaka Jail."

A Bengali friend living in London said, "This movement isn't just about ending the unjust quota system; it's about reviving the Two-Nation Theory." When I asked another Bengali intellectual the same question, he said, "Our youth felt they had many debts to pay-the debt of siding with Hindu India against Muslim Pakistan in 1971, the debt of remaining silent in the face of Sheikh Hasina's brutal repression, the debt of remaining neutral over the death of a noble figure like Professor Ghulam Azam, and the debt of failing to save the lives of venerable leaders like Abdul Quader Molla, Quamrul Islam, Ali Ahsan Mujahid, Motiur Rahman Nizami, and Mir Quasem Ali, who were hanged. On August 5th, the students repaid all those debts."b

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Binaca Geetmald	i Annual	List (19	68) 🂐
Thumb / Rank Song Heading	Singer / Movie	Music By / Lyricist	Actor / Category
Dil Wil Pyar Vyar Main Kya	Lata Mangeshkar	Laxmikant Pyarelal	Saira Banu, Joy Mukherje(
Jaanu Re	Shagird (1967)	Majrooh Sultanpuri	Romantic Songs, Ched Chad Songs

4	Dil Wil Pyar Vyar Main Kya	-	-		
1	Jaanu Re	Shagird (1967)	Majrooh Sultanpuri	Romantic Songs, Ched Chad Songs	
IMAGE	Mere Samne Wali Khidki Mein Ek Chand Ka	Kishore Kumar	R D Burman	Kishore Kumar, Saira Banu, Sunil Dutt	
COMING SOON	🏙 ✔ 🗽 🌪 4.43 - 425 votes	Padosan (1968)	Rajinder Krishan	Happy Songs, Tareef Songs, Ched Chad Songs	
No.		Mahendra Kapoor	Ravi	Vimi, Raaj Kumar	
3	Hey, Nile Gagan Ke Tale, Dharti Ka Pyar Pale Y 🚧 🖌 🗽 🛧 4.39 - 1458 votes	Hamraaz (1967)	Sahir Ludhianvi	Filmfare Awards Winner, Romantic Songs, Happy Songs	
500	Aajkal Tere Mere Pyaar Ke Charche Har Zabaan Par	Suman Kalyanpur, Mohammed Rafi	Shankar Jaikishan	Pran, Shammi Kapoor, Mumtaz	
4	🏧 🗸 🗽 🌟 4.16 - 809 votes	Brahmchari (1968)	Hasrat Jaipuri	Dance Songs, Romantic Songs	
	Chandan Sa Badan Chanchal	Mukesh	Kalyanji Anandji	Manish, Nutan	
5	Chitwan - By Mukesh	Saraswati Chandra (1968)	Indeevar	Romantic Songs, Tareef Songs	
	Honthon Men Aisi Baat Main	Lata Mangeshkar	Sachin Dev Burman	Vyjayantimala, Dev Anand	
6	Dabaake Chali Aai	Jewel Thief (1967)	Majrooh Sultanpuri	Dance Songs, Raag Based Songs, Raga - Ahir Bhairav	
	Aayi Hai Bahare Mite Zulmo Sitam	Mohammed Rafi	Naushad	Mukri, Nirupa Roy, Kanhaiya Lal, Dilip Kumar, Baby Farida	
7		Ram Aur Shyam (1967)	Shakeel Badayuni	Happy Songs, Party Songs	
		Lata Mangeshkar	Ravi	Dharmendra, Mala Sinha	
8	Milati Hai Zindagi Men Mohabbat Kabhi Kabhi Y 👷 🖌 🦹 🛨 4.36 - 342 votes	Ankhen (1968)	Sahir Ludhianvi	Philosophical Songs, Romantic Songs, Raag Based Songs, Raga - Shivranjani	
Le L	Parde Me Rahne Do Parda Na Uthaao	Asha Bhosle	Shankar Jaikishan	Asha Parekh, Dharmendra Johnny Walker, Rehman, Sanjeev Kumar	
9	🏧 🗸 🗽 🌟 4.24 - 216 votes	Shikar (1968)	Hasrat Jaipuri	Filmfare Awards Winner, Filmfare Awards Nominee, Dance Songs	



# www.Asia Times.US

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Ek shabi (One night) Shabina was held at Masjid Ghulam Murtuza Bela, Shah Ali Banda. Huffaz were fron Numani family





Ul Hasan Afandi Sahab Met Aimim Asad Owais sahab Also in the picture is Shahi Roosi Restaurants Owner Mirza Zaki Sahab







HYDERABAD PAGES

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### ڈاکٹرتو فیق انصاری احمد شکاگو،امریکہ

# ک<mark>ل بوکی حکایہ ہے</mark> سدابہار ُسبق آموز 'مذہبی' ساجی واخلاقی بنیادوں کاانمول ونا درخزانیہ

تلاوت كلام ياك كا شوق پيدا موركيا- كياره فائده مندب-

دانائے مشرق ، بلبل شیراز، حضرت شیخ کتابوں گستاں اور بوستاں نے لازوال عالمی سعدتی شیرازی دلیقطیہ فارس زبان کے عالمی شہرت حاصل کی اور حضرت سعدی کے مقام کو شہرت یافتہ ادیب شاعر سیاح و دانشور بلندوبالا کر کے اوج کمال پر پہنچادیا۔ گلستاں گزرے ہیں۔ آپ کی پیدائش تقریباً آٹھ سو اور بوستاں کی بنیاد قرآن، حدیث، سال قبل سادات کے اک معزز گھرانے میں تربیت، اخلاقیات، تجربات، دور رہی اور ہوئی جو برسوں پہلے مکہ سے ہجرت کر کے شیراز دانشوری پر رکھی ہوئی ہے۔ ان دو کتابوں کی میں آبسا تھا۔خاندان میں دینداری کا بول بالا حکایات میں پچھالیا سبق یوشیدہ ہے کہ جس کو تھااس لئے ابتدائی تعلیم گھر پر ہوئی اور چھوٹی پڑھنے کے بعد آدمی اپنے علم وعمل سے سی عمر میں تمام ضروری دینی مسائل یاد ہو گئے انسانیت کے اعلیٰ مقام پر پیچچ سکتا ہے اس لئے جس کے ساتھ عبادت، شب بیداری اور ان کا مطالعہ بنی نوع انسال کے لئے نہایت

حدیث اور صرف ونحو کی ابتدائی کتابیں پڑھیں تونیق انصاری احمد نے حضرت شیخ سعدی اورس بلوغ کو پہنچنے سے پہلے ہی نہایت اعلی و شیراز کی کی سدا بہار فارس تصانیف گلستاں و ارفع اخلاق وکردار کے مالک بن گئے۔ان کی بوستاں کی افادیت کو پیش نظرر کھتے ہوئے ان سلیقہ مندی، زہد و تقوی، ذہانت و دانشمندی کا دونوں کتابوں کی منتخب حکایات کے نثری ہر طرف چرچا ہوجائے گا۔ نوعمری میں والدین و منظوم ترجمہ کا کام کٹی برس پہلے شروع کیا تھا کے ساتھ پہلا جج کیا اور اپنی زندگی میں چودہ جس کی اشاعت و رسم اجرائی کا اہتمام زیر ج یا پیادہ کئے۔ بغداد کے مدرسہ نظامیہ میں ترتیب ہے۔ ویسے تو گلستاں و بوستاں کے تقريباً تيس سال تك مشهورزمانه علائ كرام تراجم دُنيا كى تقريباً تمام برمى زبانو سي سے تحصیل علم و فیض صحت حاصل کرکے ہو چکے ہیں کیکن صرف انگریزی وعربی میں نثر کا قرآن، حدیث ،تفسیر، منطق، فلسفه، ریاضی اور ترجمه نیز اورنظم کا ترجمهٔظم میں کیا گیا ہے۔ اُردو ديگر علوم پر عبور حاصل كيا\_ساتھ ہى كئى اجنبى زبان ميں موثر اور مفيد ترجمہ كى ايسى كوئى مثال زبانوں میں بھی مہارت حاصل کرلی شخصیل علم سنہیں ملتی۔''گل ہو''( گلستاں سے گل اور ے فارغ ہوکر حضرت سعدی شیرازی نے بوستاں سے بُو) گلستاں اور بوستاں کی منتخب سیاحت پر کمرباندھ کی اور عمر کا بیشتر حصہ مثالی حکایتوں کا اور ڈاکٹر تو فیق انصاری احمد کا ایشیاء، آفریقہ اور دُنیا کے دیگر ممالک کی سیرو زیر ترتیب اُردو زبان کا وہ سب سے پہلا ساحت میں بسر کیا۔کہا جاتا ہے کہ مشرقی شاہکار مشتر کہ ومنفرد گلدستہ ہے جس میں فاری ساحوں میں ابن بطوطہ کے سواشیخ سعدیؓ سے نثر کا ترجمہ اُردونٹر میں ٔاور فارتی نظم کا ترجمہ اُردو بڑ ھرکوئی اور سیاح نہیں۔ انہوں نے سیاحت نظم میں کیا گیا ہے۔ 'گل ہو کی حکایت ' کے دوران بڑی صعوبتیں اٹھا نمیں اور بڑے <sup>ع</sup>نوان سے ہم گلستاں و بوستاں کی حکایات کو تجربے حاصل کئے۔ ایک اندازے کے عوامی استفادہ کی خاطر ''ایشیا ٹائمز کی الکٹر انک مطابق شيخ سعديٌ كي تصانيف تيس سے متجاويز اشاعتوں ميں ثواب جاريہ كي نيت سے سلسلہ اورایک سے بڑھ کرایک ہیں لیکن ان کی دو وارشائع کررہے ہیں۔(ادارہ)







اردو حکایت: اک غریب بڑھیانے اک بلی پال رکھی تھی۔جو روکھی سوکھی بڑھیا کھاتی وہی بلی کومل جاتی۔اس طرح دونوں کے دن چین سے گزرر ہے تھے۔ایک دن سد بلی لذیذ کھانوں کے لالچ میں اک امیر آ دمی کے مہمان خانے میں چلی گئی۔امیر کے ملازم کھانوں کی نگرانی کررہے تھے۔انہوں نے تاک کر تیر چلایا اور بیچاری بلی اس حالت میں وہاں سے بھا گی کہ بدن سے خون یک رہا تھا اور خوف سے تھرتھ رکانپ رہی تھی اور دل ہی دل میں کہہر بی تھی ۔ فارسی شعر:

اگر جُستم از دست ایں، تیرزن من و موش و ویرانهٔ پیرزن حاصل كلام: اگر میں اُس تیرانداز کے ہاتھ سے پچ نکلی تو، میں ہوں گی، چوہے ہوں گےاورضعیف کاویرانیہ۔ منظوم ترجمه: پنج گئی بلی اگر پھر تیر زن کے ہاتھ سے وہ رہے گی، چوہے ہوں گے، ہوگا دشتِ پیر زن

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# اے آروائی ڈیجیٹل کے نئے ڈرامہ سیریل پرورش کے شیز رجاری کردیا گیا ہے

جس میں وہ گلوکار بننے کا خوا<sup>م ش</sup>ہند ہے اور عین<mark>ا</mark> آصف کو ان کی مداح دکھایا گیا ہے۔واضح رے کہ عینا آصف اور ثمر جعفر کی نے ڈرامہ سیریل ْمانّی ریٰ میں مرکز ی کردار نبھا یا تھا جے



جعفری کے والدین کا کردار نبھا تمیں گے۔

ڈرامہ سیریل 'پرورش' بگ بینگ پروڈکشن

کے بینر تلے ریلیز کیا جائے گا۔ پرورش کی

کہانی نوجوان کی جدوجہد کو بیان کرے گی

ڈرامہ سیریل' پرورش' میں ثمر جعفری اور

عینا آصف مرکزی کردار نبھا عیں گے جس کی

دیگر کاسٹ میں نعمان اعجاز، سویرا ندیم ودیگر

مداحوں کی جانب سے بھر پور پذیرائی ملی تھی۔ مداح ثمراورعینا کی جوڑی کودوبارہ دیکھنے کے منتظريا-

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شههناز بيكم: وه كلوكاره جنفيل يا كستاني قوم بهمي فراموش نهيل كرسكتي

لكوكاره شهناز بيكم كى وجيشبرت بيل مصحوركن آوازكي مالك شهناز بيكم كاتعلق مشرتي ياكستان ے قفاجو بنگله دیش بنے کے بعدائے آبائی وطن میں جالبی تعین اور وبير23 مارچ 2019 كوان كا انقال بوا \_ گلوكاره شهناز بیگم مشرقی پاکستان کی وہ پہلی فن کار تھیں

ملّی نغمات سوہنی دھرتی اور جیوے یا کستان بطور

ے" جیوے جیوے یا کستان ، اور " سوہنی دھرتی اللہ رکھے "سانے کی فرمائش کی حاتی تھی۔ بدستی سے دونوں ممالک کے درمیان جو سیاسی کھنچاؤ اورلوگوں میں جودوریاں رہیں،اس پر گلوکارہ کو بنگ دلیش میں مطعون بھی کیا جاتا رہا اور دہاں مخصوص ذہنیت نے



جفول نے اردوز بان میں ملّی نغمات گاتے اور ملک بحريين بيجاني كني -الهول في شهنتا وغز ل مبدى حسن ے گلوکاری کے اسرار ورموز کیکھے تھے۔سابق مشرقی یا کتان میں پیدا ہونے والی شہناز بیگم کی آداز میں ملی نغمات ہما آج بھی بہت ذوق وشوق ے سنتے ہیں اور خاص طور پر یوم آزادی پر ان کے ترانے نشر کیے جاتے ہیں۔ان ملّی نغمات کے خوب صورت بول اورگلوکارہ کی دل میں اتر جانے والی آواز ہماری ساعتوں کوآزادی کے دن مہکاتے دیتی ے۔ شہناز بیکم پاکتان چھوڑنے کے بعد جب بھی يبال أتي اورتقريات مي شريك بوتي توان



پروائیس کی۔ وہ یا کتان آمد پر يبال كے لوگوں کی فرمائش پر بیانی نغمات ضرور پیش کرتی تھیں۔ شهناز بيكم كا اصل نام شهناز رحت الله تحا- وه 1952ء میں مشرقی یا کستان کے شہر ڈھا کہ کے ایک متوسط گھرانے میں پیدا ہوئی۔ شہناز بیگم نے اسکول کے زمانے میں گانا شروع کردیا تھا۔ وہ دس سال كى تحين جب ريديد ياكتان، دُها كداشيش ے ایک پروگرام کا حصتہ بنیں اور بنگلہ زبان میں یا کستانی قومی نغیدگایا۔65 ء کی جنگ میں بھی انھوں فاین آوازیس گانے ریکارڈ کروائے اورخوب دادومحسین وصول کی۔

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سلمان خان نے سکندر' کی کمائی کے بارے میں پیش گوئی کردی

بالی ووڈ سپر اسٹار سلمان خان نے عید اس سے کوئی فرق نہیں پڑتا کہ فلم اچھی ہویا ریلیز ستدر کی کمائی کے بارے میں پیش گوئی بری-انہوں نے کہا کہ اب سے تعداد 200



كروژ روي تك بخ كى ب، 100 كروژ كردى-اداكارسلمان خان فكباب كدايتى ببت يبل كى بات تقى جب فلم 100 كرور كا آل ب دالى عيد پرريليز ہونے دالى فلم سكندر بزنس کرتی تھی۔واضح رہے کہ سکندر میں کے لیے بائس آفس پر 200 کروڑ روپے کمانے کی پیش گوئی کی ب-سکندر کے ٹریلر سلمان خان کے ساتھ رهميكا مندانا مركزى لا في ايونث كردوران سلمان خان في لم ك کردار نبھا رہی ہیں، دیگر کاسٹ میں کاجل اگروال، انجینی دھون، پراتیک ببر، شرمن جوشی باس آفس کلیشن کے حوالے سے ایک جرائت مندانہ پیش گوئی کرتے ہوئے کہا کہ سکندر اورستيداج بھى شامل بي فلم كى بدايت كارى کے فرائض اے آ رمروگا داس ہیں اور سکندر آسای سے 200 کروڑ کمالے گی چاہے یہ د کھنے کے قابل ہی کیوں نہ ہو۔سلمان خان ايكشن ب بحر يورفكم جوكى \_ سكندركونا دْيادْ والا گرانڈین انٹر ٹیمنٹ کے بینر تلے 30 مارچ کو نے کہا کہ چاہے عيد، ديوالى، نياسال، تہوار، عید الفطر کے موقع پر سنیما گھروں کی زینت غيرتہوار ہو، بدلوگوں کی محبت بفلم اچھی ہویا نه ہودہ 100 کروڑتو بزنس کرواہی دیتے ہیں بے کی۔

عمران ہاسمی کی' آوارہ پن2' کا شیز رجاری،ریلیز کی تاریخ کا بھی اعلان اداکار عمران ہاشی کی ہرفلم ہٹ ہونے کے ساتھ ساتھ ان کی فلم کے تمام گانے بھی سپر جٹ ہوتے ہیں جبکہ وہ اپنے کی بھی گانے کوہٹ بنانے کے لیے اس میں کوئی پر جوش ڈانس کرتے بھی دکھائی نہیں دیتے۔اداکاراپنے فلمی





عران باتى في 2007 كى کے سیکوئل بنانے کا اعلان کیا انہوں نے فلم کا آفیشل ٹیزر ین 2 کا شیزر اصل فلم کے ساتھ پیش کیا گیا ہے اور اس ب كدسيكوك ب كياتو قع كى

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#### **PAGE 40**

ولى الدين

شاعرواديب



جیتنا ہے تو پھر صدر ٹرمب کی طرح اس

کی ذہنیت اورا نے ہی اسٹائلش کمرشل

الیکشن مہم چلائیں۔ چاہے وہ کسی تھی

نوعیت کی ہو کیونکہ اب اینٹ کا جواب

پتھر سے دینا ہے۔ میں بیتونہیں کہتا کہ

اگر میں جو بائیڈن ہوتا بلکہ بیر کہتا ہوں

کہ اگر میں اس کے الیکشن کی مہم اور

اشتہار، نقاریر کے بارے میں ایڈ ائزر

ہوتاتو پھر کہتا کہ یاروشریف اور شرافت

والی بات نہیں صدر ٹرمب کے لیول پر آ

كر بات كرنا اور بحث مباحثه كرنا

اُردوایک زندہ زبان ہے

اں کی تشہیر کیچئے

كهراليج

ان سے ملاقات رہی اور پروگرام کے ہیں۔ میں نے سوچا کہ طنز و مزاح کا دوران میں نے اپنی کتاب روثن خیال سہارا لے کر حقیقت اور سچائی پر کچھ لکھ ان کو پیش کی اور کہا۔ اس میں وہ میری دیا جائے۔ میاں امریکا میں موجود تحریر



ضروری ہے ایسے ہی اس کو کو گینز بک نے سعودی بادشاہوں اور ڈکٹیٹر کے طور یرا پنی ہربات منوانے کی مہم چلائی ہوئی آف ورلد مي نام آنا جابي-سفيد ہے ای طرح سے پرانے زمانے نے آدمی کے سفید جھوٹ، چارسال اور اس زمانے کے شیخ اور بادشاہ کی طرح اپنے کی حکومت رہے توسمجھ لیس کہ تعصب اور رنگ دنسل کا مسئلہ ایسے ہی بڑھ جائے گا دربار سے شاہی فرمان جارہی ہوتے اہیں۔جو فیصلے کانگریس کو پاس کرا کر پھر جیا کہ ہارے کراچی میں 1970 کے زمانہ میں مہاجر، سندھی، پٹھان قانون بنانے کے بجائے ان کوصدر وغيره كاسلسله چل پر اتو جم امريكا آگئے ٹرمی ایک طرف کر کے اپنا فرمان اب ٹرمپ اور مودی کی کشمیر کی پالیسیاں ا بَيْزِيكُو آ دْرِ نْكَالْ كُرِيرِيسْ كَانْفُرْسْ بھی ہیہ بی کہتی ہیں کہ آگے بڑھے اور پچ میں دکھا دیتا ہے۔ میں نے پہلے بھی کہا کا ساتھ دیں۔ ویسے بھی مودی اور تھا کہ میں نے کافی فنکاروں کے ساتھ یروگرام کیے ہیں اور بیامریکن صدرتھی ٹرمپ کے ستارے ایک جیسے ہیں الیی لیے دونوں کے کرتوت بھی سارے خود کو بڑافنکاراور آرٹسٹ سمجھتا ہے اس کی اس کوصرف اپنی شخصیت اورایخ ایک جیسے ہیں انشاءاللہ پھرملا قات ہوگی فائدے اور نمبر بڑھانے کی فکر رہتی مشورے سے نوازیں۔ ب -عوام کو رونا اور دوسرے مسائل اپنے بچوں کواُردو پڑ ھایئے ایک طرف میں ڈیموکریٹک یارٹی کے

کانگریس اور دوسرے عہدہ داران اور

کے ساتھ امریکہ کارویہ سب کے سامنے ۔ تھا۔ تو خیر میں نے لکھ دیا تھا کہ وہ کیا کر پ سکتے تھے پاکستان اور پاکستانیوں کے ۔ لیے ان حالات میں ادھر آج کل امریکا ز



میں صدارتی انتخابات ہورہے ہیں ڈیموکریٹک پارٹی کے امیدواروں جو بائیڈن اور صدر ٹرمپ آمنے سامنے

یداس زمانے کی بات ہے جب ہم شکا گو کے ایک اردواخبار میں ہفتہ واركالملكهاكرت تتصدايك مرتبه بمارا کالم شائع ہوا تو اتفاق دیکھنے کہ اس صفح پرجزل پرویز مشرف صاحب کے دورہ امریکا کی خبر بھی تھی۔ ان کی اور ہاری تصویر میں شباہت کے بارے میں کچھ فون کال اور ای میل بھی دوستوں نے کئے۔ ہمارے کچھ رشتہ داروں نے بھی اکثر محفل میں ذکر کیا ہاری شکل جزل پرویز مشرف صاحب سے ملتی جلتی ہے۔ اس زمانے میں کچھ ہارا ہیراسٹائل اور حلیہ بھی کچھایسے ہی تھا۔ بیہن کرا تنا تعجب نہیں ہوا۔ کیونکہ ای سے قبل نوید مشرف (جنزل مشرف کے بھائی ) نے ایک ملاقات کے

دوران کچھ ایہا تی کہا نقار یہ ہمارے لیے ایک اعزاز سے کم نہیں تقار کہاں وہ فوج اور توم کے ہیرو، ملک کے صدراور کہاں ہم۔ ہمارے لیے تو اتنا ہی کانی تھا کہ تھوڑی بہت شکل ان سے ملتی ہے ہوں جو ہر کسی میں نظر

آؤل جس نام کا ولی ہوں سوچتا ہوں

كدهر جاؤل شكاكو ميں جب جزل

پرویز مشرف تشریف لائے تو ہماری بھی

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بحیثیت امت مسلمدہم رجب کے مہینے

میں سنت نبوی سال الا اللہ کی اتباع میں بارگاہ

اللى ميں جودعا كررے تھے كما ب اللہ رجب

عطافرما کہ جس کے سہارے ہم رمضان میں

رحمت و برکت مغفرت و سعادت کے

انعامات البی سے مالا مال ہوئے ،لیکن ایک

# ما ورمضان کے بعد معمولات زندگی اور ہماری ذمہ داریاں

سکتا، جن کی دیگر دنوں میں اجازت ہے۔ اس چھوٹے روزے کی یابندیاں محدود ہیں۔ بیہ رمضان کا روزہ ہے۔ بیر روزہ طلوع فجر سے شروع ہوکرغروب آفتاب پرختم ہوجاتا ہے۔ رمضان کے اس چھوٹے روزے کی افطاری لذيذ غذائي اورعمده مشروب ہيں۔ بير دوزه تحجور اور شمنڈ بانی سے کھلتا ہے۔ اس چھوٹے روزے کا تھم اس کی پابندیاں سب کو معلوم بیں۔سب روزے داران تمام چیزوں ے بچتے ہیں، جومنوع ہیں۔ یہ چھوٹا روزہ یانی پینے، کھانا کھانے سے ٹوٹ جاتا ہے۔ رمضان کا پیچھوٹاروزہ اگرغروب آفتاب سے ایک سیکنڈ پہلے بھی کھول لیا تو بیڈوٹ جائے گا اور سارے دن کی بھوک پیاس کی محنت مشقت بیکار چلی جائے گی، وغیرہ وغیرہ۔ بڑا روزه اسلام كاروزه ب-اسلام فودايك روزه ب۔ بداس دفت شروع ہوتا ہے، جب کوئی بح مسلمان گھرانے میں پیدا ہوتا ہے۔ اس کی سحری انسان کی پہلی سانس سے شروع ہوتی ہے۔ یہ بڑا روزہ مومن کے آفتاب عمر کے غروب ہونے پرختم ہوگا۔ یہ بڑاروزہ ایمان والے کی پوری زندگ پر محط ب، اس کا دورانيه 60سال، 70سال، 80سال اور 100 سال تک یا اس سے بھی زیادہ ہوسکتا ہے۔زندگی کا پیطویل روزہ کس چیز سے کھلے گا؟ جناب رسول اللہ سائھ این کے دست مبارک سے جام کوٹڑ سے کھلے گا۔ اگر وہ روزہ یکا ب اور آپ نے اس روزے کی شرائط يورى كردى بين يحض الله كي توفيق اور اس کے فضل وکرم ہے ہم دنیا سے کلمہ پڑھتے ہوئے گئے۔ تو وہ بڑا روزہ اس وقت ختم ہوجاتا ہے اس کا افطار اس کی ضیافت یہی کلمہ طيب-

لیتنی شیطان ہم سے مایوں نہیں ہوا ہے۔ وہ ہمیں رمضان میں نیکیوں ہے روکنے پرتو قادر نہیں ہورکا،لیکن وہ ہماری ان نیکیوں کو چاند رات کوآ زاد ہوتے ہی ضائع کرنے کی سرتوڑ كوششول ميں مصروف ربا، لېذارمضان كى ان نیکیوں اور تفویل کو شیطان کے ہاتھوں ضائع ہونے سے بچانا اس وقت ہمارا اہم ترین اس کی حفاظت ہوتا ہے۔ بعض اوقات تو اس کی حفاظت ہی زندگی کا مقصد بن جاتا ہے۔ بعینہ دنیا کی کسی بھی قیمتی شئے سے زیادہ قیمتی اور اہم ہماری وہ نیکیاں ہیں، جو ہم نے اور شعبان میں ہمارے انگمال میں وہ برکت رمضان میں کیں اور انعام اللی کے طور پر پائیں۔ہم نے بہ توفیقِ اللی رمضان کے داخل ہو علیں۔ اللد فے جاری مددعا قبول کی روزے رکھ، نمازیں ادا کیں، تراوی اور بهم بحالت ايمان رمضان ميں داخل ہوكر



بدف ہونا چاہے۔رمضان کی اس تیں روزہ مشقت ومحنت اوررى فريشركورس كالقاضا بهى یمی ب کہ ہم اپنی زندگی کے آئندہ گیارہ مہینوں میں حرام اشیاءاور اللہ تعالی کی طرف ے منع کردہ تمام امور سے اسی طرح اجتناب کریں جیے ہم نے روزے کی حالت میں اجتناب کیا تھا۔ ای کا نام تقویٰ ہے، جو روزے کا اولین مقصد اللی ب-عالم اسلام کے مشہور ومعروف اسکالر مولانا ابوالحن علی ندویؓ نے دوروزے کے خوب صورت عنوان اور چھوٹا روزہ، بڑا روزہ کے دل نشین استعارے میں گفتگو کی ہے۔ گفتگو کا خلاصہ بیر →: -" روز - دوطرح مح میں، ایک چھوٹا اورايك برا- چوناروزه 12 كھنے يا13 كھنے كا ہوتا ہے، اس چھوٹے روزے كا قانونى ضابطہ بد ہے کہ اس روزے میں آ دمی کھا پی نہیں سکتا اور تعلقات کا لطف حاصل نہیں کر



بب کے ساتھ اپنے بھائیوں کے ساتھ ہم

دردی وغم گساری کا برتاؤ کیا، زکوة اداکی،

صدقدوخيرات اورانفاق كيار صرف يبى نبيس،

بلکہ ہم نے رمضان اورروزے میں ہراس چیز

کو بدرجداولی ترک کیا، جے اللہ نے حرام کیا

ب- ہم فے ہروہ کام چھوڑ دیا، جے اللد ف

ناپسند کیا ہے۔ ہم نے رمضان اور روزے کی

حالت میں جھوٹ، غیبت، بدنظری، رشوت،

تمام فیج کاموں کورک کیا۔ ہم نے چھوٹ

بڑے، کھلے اور چھے ہر گناہ سے کنارہ کشی

اختیار کی، مگراس سب کے باوجودیا در کھے کہ

ہارا دشمن ہاری نیکیوں کولوٹنے والا ڈاکو،لٹیرا

لمح کورک کر جب پیچے م کر دیکھتے ہیں، تو معلوم ہوتا ہے کہ وہ مادِ صیام جس کا گیارہ مہینے ے انتظارتھا، وہ آیا اور ہوا کے ایک خوشگوار جھونکے کی مانندہمیں ہر نعمتِ خداوندی سے سرفراز و سرشار اور مالا مال کر کے گزر گیا۔رمضان میں اللہ تعالیٰ نے دین دنیا اور آخرت کے خزانوں کے مند ہمارے لئے كھول ديتے، ہم نے ذرہ مانگا، اس نے پہاڑ دے دیتے، ہم نے قطرہ مانگا، اس نے سمندر بہادیتے اور بیش بہا انعامات سے مالا مال کر دیا۔اس نے ہمیں دیتے ہوئے یہ بھی نہیں دیکھا کہ کس کا رمضان اعمال کے اعتبار سے كتناوزنى يابحارى ب، نداس في نيك ديكها ، نه بد، نه عابد وزابد، نه گناه گار، بس وه تو ر مضان میں اپنے بندوں پر اپنی رحمتیں برساتار با، مغفرتیں عطا کرتا رہا، نعتوں سے نوازتا رہا، ہمیں دوزخ سے آزاد کرتا رہا، جنّت میں داخل کرتار با۔ بلاشبہ، رمضان کے اختام پرہمیں اللہ کی جانب ہے گناہوں سے یا کی، نجات اور خلاصی کا پرواند مغفرت کی سسستم تولنا، ملاوٹ کرنا اور ذخیرہ اندوزی جسے شکل میں عطاہوا۔ یادر کھےجس کے پاس جتنا قیمتی سرمایہ ہوتا ہے، وہ اس کی حفاظت کے

لىخا تنابى فكرمند، چوك اور بوشار بوتاب-

سی فیمتی شے کو یالینے سے زیادہ مشکل کام

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ولی الدین عید صلن چوڑی کھتک انظمی دل زور ے دکھڑکا جب ہاتھ انھا کے آواب کیا اس نے ایک چنگاری ی تھڑکی ایک شعلہ سالچکا ستی کو میری مست شراب کیا اس نے قربت نہ ملی یارو گلے نہ لگایا	بشیربدر غزل مجھ ے بچھڑ کے فوش رہتے ہو میری طرح تم بھی جھوٹے ہو اک دیوار پہ چاند تکا تھا میں سے سمجھا تم بیٹھے ہو ابطے ابطے پھول کھلے تھے بالکل چیے تم بنتے ہو	افخارامام صدیتی غزل تو نمیں تو زندگ میں اور کیا رہ جائے گا دور تک تہائیوں کا سلسلہ رہ جائے گا کیچئے کیا گفتگو کیا ان ے مل کر سوچنے دل شکتہ خواہ شوں کا ذائقہ رہ جائے گا دردگی ساری تیں اور سارے گزرے حادث	عبدالاحد ساز غول غول علی المحلی المحلی المحلی المحلی سوچ کر بھی کیا جانا جان کر بھی کیا پایا جب بھی آئینہ دیکھا خود کو دوسرا پایا جون پر دیا رکھنا دل جلوں کی شوخی ج مونٹ پر دیا رکھنا دل جلوں کی شوخی ج اورنہ اس اندھیرے میں کون مسکرا پایا یول شے دوانوں کے جن ہوش والوں نے اہتمام دستک کا اپنی وضع تھی ورنہ
عیر کو میری یوں خراب کیا اس نے پحر اچانک خیمانی میں گلے ٹل کر زندگی کو میری شاداب کیا اس نے مویوں کی عیر ہو یا کمروں کی عیر ہو اپنی تو ہوتی ہے عیر جب اُن کی دید ہو میں	مجھ کو شام بتا دیتی ہے تم کیے کپڑے پہنے ہو دل کا حال پڑھا چرے ے ماحل ے لیریں گنتے ہو تم تنبا دنیا ے لاو گ پچوں کی باتیں کرتے ہو	سب دھواں ہوجا میں گے اک واقعہ رہ جائے گا یہ بھی ہوگا وہ مجھے دل سے بھلا دے گا مگر یوں بھی ہوگا خود ای میں اک خلا رہ جائے گا وائرے انکار کے اقرار کی سرگوشیاں یہ اگر ٹوٹے کبھی تو فاصلہ رہ جائے گا	بم نے در رسائی کا باربا کھلا پایا فلسفوں کے دھاگوں سے تھیج کر سرا دل کا دہم سے حقیقت تک ہم نے سلسلہ پایا عمر یا زمانے کا تھیل ہے بہانے کا سب نے ماجرا دیکھا کس نے مدعا پایا شاعری طلب اپنی شاعری عطا اس کی حوصلے ہے کم مانگا ظرف سے سوا پایا ساز جب کھلا ہم پر شعر کوئی غالب کا چہ نے گویا باطن کا اک سراغ سا پایا
مماراقبال فزل تخیل کو بری کرنے لگا ہوں میں ذہنی خود کشی کرنے لگا ہوں مجھے زندہ جلایا جا رہا ہے	ساغر صدیقی فغزل ایک وعدہ بے کمی کا جو وفا ہوتا نہیں ورنہ ان تارول بھری راتوں میں کیا ہوتا نہیں تی میں آتا جالٹ دیں ان کے چیرے نقاب حوصلہ کرتے ہیں لیکن حوصلہ ہوتا	عبیدالتنظیم غزل عزیز اتنا ہی رکھو کہ بی سنجل جائے اب اس قدر بھی نہ چاہو کہ دم نکل جائے ملے ہیں یوں تو بہت آؤ اب ملیں یوں بھی	سدرشن فاکر غزل عشق میں غیرت جذبات نے رونے نہ دیا ورنہ کیا بات تھی کس بات نے رونے نہ دیا آپ کیتے تھے کہ رونے تہ بالیں گے نصیب
تو کیا میں روشن کرنے لگا ہوں میں آئینوں کو دیکھے جا رہا تھا اب ان ے بات بھی کرنے لگا ہوں تہاری بس تمہاری دشمنی میں میں سب ے دونتی کرنے لگا ہوں	نہیں شیع جس کی آبرو پر جان دے دے تجموم کر وہ پینگا جل تو جاتا ہے فنا ہوتا نہیں اب تو مدت ہے رہ و رسم نظارہ بند ہے اب تو ان کا طور پر بھی سامنا ہوتا نہیں ہر شاور کو نہیں ملتا تلاطم ے خران ہر سفینے کا محافظ ناخدا ہوتا نہیں ہر بھکاری پا نہیں سکتا مقام خواجگی ہر کس و ناکس کو تیراغم عطا ہوتا نہیں	کہ روح گرمی انفاس سے پکھل جائے محبتوں میں عجب ہے دلوں کو دھڑکا سا کہ جانے کون کہاں راستہ بدل جائے زہے وہ دل جو تمنائے تازہ تر میں رہے خوشا وہ عمر جو خواہوں ہی میں یہل جائے میں وہ چراغ سر رہ گزار دنیا ہوں	اپ بے سے لیروف سے مہدین سے سیب عمر بھر آپ کی اس بات نے رونے نہ دیا رونے والوں ہے کہو ان کا بھی رونا رو لیں جن کو مجبوری حالات نے رونے نہ دیا تبھی حال کر ہمیں رونا تھا بہت رونا تھا متلکیٰ وقت ملاقات نے رونے نہ دیا
مجھے گمراہ کرنا غیر ممکن میں اپتی پیروی کرنے لگا ہوں	بائے یہ بیگانگی اپنی شیں مجھ کو خبر بائے یہ عالم کہ تو دل سے جدا ہوتا شیں	جو اینی ذات کی تنهائیوں میں جل جائے	ایک دو روز کا صدمہ ہو تو رو لیں فاکر

#### APRIL 2025 On the lighter side....

What do dentists call x-rays? Tooth pics. Where do waiters with on leg work? IHOP. How does NASA organize a party? They planet. What did the janitor say when he jumped out of

the closet? Supplies!!

How do scientists freshen their breath? Experimints.

Why don't scientists trust atoms? They make up everything.

What is the best way to criticize your boss? Very quietly.

What do you call a magician who has lost his magic? Ian.

How do you measure a snake? In inches because they don't have feet.

What's the difference between a hippo and a zippo? One is super heavy; the other is a little lighter.

What do you call a toothless grizzly? Gummy bear.

What do you call a pig that's a black belt? A pork chop.

What do you call a fish with no eyes? Fsh.

What do you call a dog magician? A labracadab-rador.

What did the buffalo say when his son went to college? Bison.

When does a joke become a "dad" joke? When it becomes apparent.

How come it was called the "Dark Ages"? There were a lot of knights.

What's the difference between a poorly dressed man on a unicycle and a well-dressed man on a



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bicycle? Attire.

I stayed up one night wondering where the sun was. Finally, it dawned on me.

What do you call fake fettuccine? Impasta.

Why did the cowboy get a wiener dog? He wanted to get a long little doggie.

Why are crabs bad at sharing. They're shellfish. I tried to catch fog. Mist.

Why did the banana skip school? It wasn't peeling well.

Why did the ghost go to rehab? He was addicted to boos.

How do you find Will Smith in the snow? Look for fresh prints.

Where do bad rainbows go? Prism where they serve a light sentence.

What happens when a frog's car breaks down? It gets toad.

What did the ocean say to the ocean? Nothing. It just waved.

What's the best thing about Switzerland? No idea, but their flag is a big plus.

Why isn't Dracula married? He's a real pain in

#### the neck.

Want to hear a joke about the roof? The first one is on the house.

How come teddy bears refuse to snack? They're always stuffed.

What did the Buddhist ask at the ice cream shop? Make me one with everything.

I tried to win a suntan contest. All I got was bronze.

What concert costs 45 cents? 50 Cent featuring Nickleback.

Why did the skeleton skip the dance? He had no body to go with.

Where do snowmen get loans? Snowbanks. Why won't skeletons fight? They don't have the guts.

Why was the belt arrested? It was caught holding up a pair of pants.

What do you call a snowman in summer? A puddle.

Why was Cinderella kicked off her soccer team? She kept running away from the ball.

Why did the golfer bring an extra pair of pants? Just in case he got a hole in one.

Why did the car get a flat tire? There was a fork in the road.

Why did the can crusher quit his job. It was soda pressing.

Why did the donut go to the dentist? To get a filling.

What does a vegan zombie want to eat? Graaaaiiins.

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