



▶ **MJS SAFETY TRAINING ANNOUNCEMENT**

MJS SAFETY LLC is proud to announce that we are now available to perform Operator Qualification [OQ] Performance Evaluations under the MEA EnergyU system as well as Veriforce. [call to schedule](#) [read more...](#)

▶ Schedule of classes May 2018: • *TRAINING CENTER - 1760 BROAD ST, UNIT H, MILLIKEN, CO 80543* • [read more...](#)

OSHA / CONSTRUCTION NEWS SUMMARY

▶ **Join the National Safety Stand-Down To Prevent Falls in Construction MAY 7-11, 2018**
Fatalities caused by falls from elevation...leading cause of death for construction employees [read more...](#)

▶ **ANOTHER KIDDE RECALL**

Kidde Recalls Dual Sensor Smoke Alarm Due to Potential Safety Risk [read more...](#)

▶ **JUST SOME FOOD FOR THOUGHT—2018’s challenge: Too many jobs, not enough workers**

Employers nationwide are grappling with a problem that threatens to stall economic growth: vacancies — and lots of them. [read more...](#)

▶ **OSHA Flier Offers Steps to Keep Tractor Trailer Drivers Safe at Destination**

The dangers **tractor trailer drivers** face don’t end once they reach their destination. [read more...](#)

▶ **PREVENTING CAUGHT-IN and CAUGHT-BETWEEN INCIDENTS**



Caught-in/between incidents are among **OSHA’s Big Four Construction Hazards**, along with falls, electrocution and struck-by incidents. A report from the Center for Construction Research and Training reveals an increase in fatalities resulting from these preventable accidents. [read more...](#)

▶ **DJ Basin Safety Council Annual Clay Shoot**

May 20, 2018 [read more...](#)

▶ **Energy Exposition 2018 Industry Tradeshow and Safety Conference**

May 22-23, 2018 — Loveland, CO [read more...](#)

DJ BASIN SAFETY COUNCIL

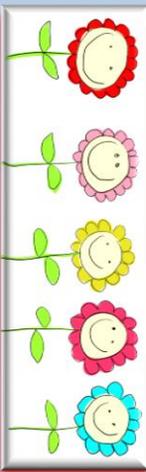
TRANSPORTATION NEWS SUMMARY

▶ **Certain Fuel Haulers Land 30-Minute Break Exemption**

Tanker drivers who normally operate under the 100 air-mile short-haul hours of service exemption hauling certain petroleum-based fuels can now claim an exemption from the federally required 30-minute break when their day requires them to work beyond 12 hours [read more...](#)



April Showers bring May Flowers!



▶ **What is Distracted Driving?**

I see it all the time...I'm sure you do as well! The car in front of you hugging the lane line, then dipping across the line over and over again, until someone finally honks their horn to try to get the driver's attention. [read more...](#)

▶ **Fatigued Driving Prevention Fact Sheets for Oil and Gas**

for employers and workers

How to Prevent Fatigued Driving at Work [read more...](#)

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FOCUS ON HOURS VIOLATIONS

The **Commercial Vehicle Safety Alliance's annual International Roadcheck**, a three-day ramp up of truck and bus enforcement across North America, is scheduled for June 5-7 [read more...](#)



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▶ **Navistar Recalls More Than 10,000 International Trucks Over Fire Extinguisher Recall**

More than 10,000 International tractors are being recalled as part of the massive [Kidde fire extinguisher recall](#) that was initiated in November. [read more...](#)

▶ **CDOT Encourages Drivers to "Get Turned On"**

Statewide Traffic Safety - Distracted Driving Campaign Urges Drivers to turn on 'Do Not Disturb Mode' [read more...](#)



▶ **House Bill Would Add Flexibility to 14-Hour Clock in Hours Regs**

A bill filed in the U.S. House by Rep. Brian Babin (R-Texas) would allow drivers to take one break per day — of up to three hours — that does not count against their 14-hour on-duty allotment. [read more...](#)

MSHA NEWS SUMMARY

▶ **Mine Safety and Health Administration Publishes Final Rule on Examinations of Working Places in Metal and Nonmetal Mines**

As the U.S. Department of Labor works to protect the safety and health of America's miners, the **Mine Safety and Health Administration (MSHA)** published its **Final Rule on Examinations of Working Places in Metal and Nonmetal Mines** in the Federal Register on April 9, 2018. [read more...](#)



▶ **Legislative History of U.S. Mine Safety and Health**

The history of mine safety and health legislation in the United States goes back more than a century. These are the legislative milestones that have helped improve miner safety and health. [read more...](#)



MONTHLY SAFETY TIP NEWS SUMMARY

▶ **Tips for Employees Who Drive**

Your employer has important obligations to protect each of their employee's health and safety, including when employees are operating a motor vehicle in the course of their work. [read more...](#)



▶ **It's a Good Time to Review a Spring Safety Checklist:**

[read more...](#)



MJS SAFETY TRAINING ANNOUNCEMENT

MJS SAFETY LLC is proud to announce the addition of ENERGY worldnet, Inc. [EWN] to our OQ Services.

MJS SAFETY LLC is an "Authorized Assessment Center" for Proctoring and Testing for ENERGY worldnet, Inc., as well as OQ Performance Evaluation Services.

MJS SAFETY LLC continues to offer Proctor and Testing Services, as well as Operator Qualification [OQ] Performance Evaluations under the "EnergyU" system – a service of Midwest ENERGY Association – as well as Veriforce.

MJS SAFETY LLC has "Authorized" Performance Evaluators on staff that can perform this service for specific "Covered Tasks."

MJS SAFETY LLC is also available to assist with the Knowledge Based Training for these tasks. Knowledge-based training is designed to help personnel successfully pass the OQ Knowledge Based Testing as well as the Performance Evaluation process.

The Operator Qualification Rule – commonly referred to as the "OQ Rule" addressed in Title 49 of the Code of Federal [US DOT] regulations, mandates that individuals who perform "Covered Tasks" on covered pipeline facilities be qualified through the Operator Qualification Process.

The intent of the OQ rule is to ensure protection of both pipeline personnel and the public at large. Providing individuals with the necessary knowledge and skills is an essential element of any Operator and Contractor OQ plan.

Acceptable requirements for qualification are determined by the operator. The quality and validity of data related to OQ training, testing, and performance is critical to meet these requirements.

If we can be of assistance with these types of services for your company, please [call to schedule](#).

MJS Safety — your "GO TO" Resource in 2018

"SAFETY STARTS WITH YOU"

Schedule training at our Training Center in Milliken...or On-Site at your facility

Just Some of the Courses Offered Include:

- ~PEC SafelandUSA Basic Orientation
- ~OSHA 10 Hour General Industry
- ~OSHA 30 Hour General Industry
- ~NUCA Confined Space
- ~Hydrogen Sulfide [H₂S] - Awareness
- ~Respirator: Medical Evaluation & Fit Testing
- ~Hazard Communication – GHS Training
- ~Teens & Trucks Safety
- ~1st Aid/CPR Course- Medic 1st Aid
- ~HAZWOPER 8, 24 & 40 Hour
- ~PEC'S Intro to Pipeline
- ~Confined Space Rescuer Training
- ~PEC Core Compliance
- ~OSHA 10 Hour Construction
- ~OSHA 30 Hour Construction
- ~NUCA Competent Person for Excavation & Trenching
- ~Hands-on Fire Extinguisher training
- ~DOT Hazmat Training
- ~MSHA Sand & Gravel Training [Part 46 only]
- ~Fall Protection for the Competent Person
- ~Defensive Driving Safety for large and small vehicles
- ~Instructor Development for Medic 1st Aid/CPR
- ~Bloodborne Pathogens Compliance Training
- ~Respiratory Protection Training

► *MJS SAFETY offers these courses as well as custom classes to fit the needs of your company*

Schedule of classes May 2018: • TRAINING CENTER - 1760 BROAD ST, UNIT H, MILLIKEN, CO 80543

- PEC Safeland Basic Orientation: May 4, 14, 24, 31; 8 – 4:30
- First Aid/CPR/AED/BLOODBORNE PATHOGENS: May 15, 30; 8 – noon
(We offer both MEDIC FIRST AID & AMERICAN HEART ASSOCIATION)
- TEEX H2S Operator Training – Awareness (ANSI Z390 Course): May 15, 30; 12:30 – 4:30

[For any last minute schedule updates, go to www.mjssafety.com]

► NEED ANY OF THESE CLASSES IN SPANISH? CONTACT carriejordan@mjssafety.com TO SCHEDULE TODAY ◀

Go To mjssafety.com FOR UP-TO-DATE CLASS LISTINGS
 To sign up for one of these classes, or inquire about scheduling a different class
 Call Carrie at 720-203-4948 or Jeremy at 720-203-6325 or Mike at 303-881-2409

— FEATURED TRAINING PROGRAMS —

- Safeland Basic Orientation • Hydrogen Sulfide Awareness • First Aid/CPR
- OSHA 10 Hour for General Industry or Construction • Confined Space for Construction

— ALSO OFFERING —

- PEC Basic 10 — 2 days that cover both Safeland and OSHA 10 for General Industry in 1 class

Unable to attend a class?

MJS SAFETY offers multiple "ONLINE TRAINING COURSES" including OSHA Construction, General Industry, Environmental, Hazardous Waste Public Safety, DOT, Human Resource, Storm Water & ISO Training Courses.

Order
First Aid
& other
Safety Supplies
www.mjssafety.com
Jeremy 720-203-6325
Carrie 720-203-4948
or Mike
303-881-2409

Online courses provide a convenient way for
EMPLOYERS & EMPLOYEES to complete
MANDATED, REQUIRED or HIGHLY RECOMMENDED
training in today's industry

~ MANY COURSES ARE ALSO AVAILABLE IN SPANISH ~

Need Help With

- ISNETworld
- PEC/Premier
- PICS
- BROWZ

CALL US!!!

FOR ADDITIONAL INFORMATION CALL

MJS SAFETY

JEREMY – 720-203-6325 CARRIE – 720-203-4948 MIKE – 303-881-2409

SOURCES FOR THIS ISSUE INCLUDE:
 OSHA
 FMCSA
 MSHA
 CDOT
 Overdrive
 CCJ
 CDC-NIOSH
 USDOL
 WashingtonPost.com
 Health&Safety Institute
 DJBasinSafety Council
 KIDDE
 Denver Post
 careerschoolnow.org
 CPWR.com
 roadsafetyatwork.ca
 NationalSafetyCouncil
 Aggregates Manager



OSHA / CONSTRUCTION

Join the National Safety Stand-Down To Prevent Falls in Construction

MAY 7-11, 2018

Fatalities caused by falls from elevation continue to be a leading cause of death for construction employees, accounting for 370 of the 991 construction fatalities recorded in 2016 (*BLS data*). **Those deaths were preventable.**

The [National Safety Stand-Down](#) raises fall hazard awareness across the country in an effort to stop fall fatalities and injuries.

What is a Safety Stand-Down?

A **Safety Stand-Down** is a voluntary event for employers to talk directly to employees about safety. Any workplace can hold a **stand-down** by taking a break to focus on "**Fall Hazards**" and reinforcing the importance of "**Fall Prevention**". Employers of companies not exposed to fall hazards, can also use this opportunity to have a conversation with employees about the other job hazards they face, protective methods, and the company's safety policies and goals. It can also be an opportunity for employees to talk to management about fall and other job hazards they see.

Who Can Participate?

Anyone who wants to prevent hazards in the workplace can participate in the **Stand-Down**. In past years, participants included commercial construction companies of all sizes, residential construction contractors, sub- and independent contractors, highway construction companies, general industry employers, the U.S. Military, other government participants, unions, employer's trade associations, institutes, employee interest organizations, and safety equipment manufacturers.

Partners

OSHA is partnering with key groups to assist with this effort, including the **National Institute for Occupational Safety and Health (NIOSH)**, the **National Occupational Research Agenda (NORA)**, **OSHA** approved **State Plans**, **State** consultation programs, the **Center for Construction Research and Training (CPWR)**, the **American Society of Safety Engineers (ASSE)**, the **National Safety Council**, the **National Construction Safety Executives (NCSE)**, the **U.S. Air Force**, and the **OSHA Training Institute (OTI) Education Centers**.

How to Conduct a Safety Stand-Down and **FAQ's**

Companies can conduct a **Safety Stand-Down** by taking a break to have a toolbox talk or another safety activity such as conducting safety equipment inspections, developing rescue plans, or discussing job specific hazards. Managers are encouraged to plan a **stand-down** that works best for their workplace anytime **May 7-11, 2018**. See [Suggestions to Prepare for a Successful "Stand-Down"](#) and [Highlights from the Past Stand-Downs](#).

Certificate of Participation

Employers will be able to provide feedback about their **Stand-Down** and download a **Certificate of Participation** following the **Stand-Down**.

Share Your Story with Us

If you want to share information with **OSHA** on your **Safety Stand-Down**, **Fall Prevention Programs** or suggestions on how we can improve future initiatives like this, please send your email to oshastanddown@dol.gov.

ANOTHER KIDDE RECALL

Kidde Recalls Dual Sensor Smoke Alarm Due to Potential Safety Risk

Recall Summary

Brand Name, Model of Affected Product: Kidde Dual Sensor (Photoelectric and Ionization) Smoke Alarms – Models PI2010 and PI9010

Hazard: A yellow protective cap in limited instances may have been left on one of the two smoke sensors in affected products during the manufacturing process, which could compromise the smoke alarms' ability to detect smoke.

Remedy: Replace affected smoke alarms that contain the yellow protective cap.

Review the [Identification Guide](#) to help determine if you have an affected smoke alarm.

If your unit is affected, please [register](#) for a replacement.

JUST SOME FOOD FOR THOUGHT...

2018's challenge: Too many jobs, not enough workers

Employers nationwide are grappling with a problem that threatens to stall economic growth: vacancies — and lots of them.

In Colorado, where the unemployment rate sits at an especially tight 2.8 percent, analysts are projecting job creation to slow in 2018, because companies can't find enough employees to keep growing.

"The economy is still strong here. We just don't have enough labor," Richard Wobbekind, executive director of the business research division at the University of Colorado in Boulder, told the Denver Post in December of last year.

Partners in the construction industry are working together to solve what they consider to be an industry crisis of a labor shortage. They don't have enough skilled workers, or people in general going into the industry, so free training facilities are opening in an attempt to kickstart people's careers.

Trade and vocational schools have been underrated and frowned upon for so long. But that undeserved stigma is rapidly changing. More and more students are starting to look for a different path to a career, especially now that the cost of advanced education is leaving people with sticker shock and massive amounts of debt. It's no secret that those with bachelor's degrees or higher have larger earning potential than those who stopped at a high school diploma. However, when you weigh in the heavy-duty loan that has to be paid off once a job is secured, the bachelor's degree might not be for you. And, getting into the workforce quicker (as little as 6 weeks for several trades) with a qualified, certified skill is probably the top reason some are choosing trade school over college.

The take-away...consider your options carefully! Apprenticeships, trade schools, vocational schools as a supplement to high school may be great options and just the right opportunity for you!

OSHA Flier Offers Steps to Keep Tractor Trailer Drivers Safe at Destination

The dangers tractor trailer drivers face don't end once they reach their destination. Whether at the warehouse, dock, or construction site, drivers are exposed to struck-by, crushed-between, and other safety hazards. OSHA is teaming with the trucking industry to raise awareness of these hazards and help prevent serious and fatal injuries.

According to Bureau of Labor Statistics data, at least 96 fatalities in truck transportation occurred in Midwestern states from 2015 to 2017. Thirteen of those fatalities appeared to be related to coupling (attaching) and uncoupling (detaching) trucks from the rig.

OSHA and the trucking industry developed a new flier that addresses the three most common hazards: parking, backing up, and coupling and uncoupling vehicles. Important steps include training workers to: park vehicles on level ground, set the emergency brakes, and place wheel chocks between the tandem wheels of the trailer to prevent the vehicle from rolling; and get out of the vehicle, and look for people and other obstructions before backing up.

Visit OSHA's [Trucking Industry](#) webpage for information on other industry hazards.



PREVENTING CAUGHT-IN and CAUGHT-BETWEEN INCIDENTS

Caught-in/between incidents are among OSHA's Big Four Construction Hazards, along with falls, electrocution and struck-by incidents. A report from the Center for Construction Research and Training reveals an increase in fatalities resulting from these preventable accidents.



Key findings from the report include:

- From 2011 to 2015, 275 construction workers died from caught-in/between injuries, more than any other major industry
- In 2015, 68 construction workers were killed due to caught-in/between injuries, a 33% increase from 2011
- The increase in caught-in/between fatalities is higher than the 26% increase in overall fatalities in construction during this period
- More than two in three of caught-in/between fatalities from 2011 to 2015 were due to being caught or crushed in collapsing materials
- 93% of all nonfatal caught-in/between injuries were caused by equipment or objects

Caught-in/between injuries result when a worker gets squeezed, caught, crushed, pinched or compressed between two or more objects, or between two parts of an object. Equipment with moving parts that are not safe-guarded, mobile machinery that can tip over and cave-ins of unprotected trenches and excavations can all lead to serious injury or death.

OSHA's Quick Card for the Top Four Construction Quick Hazards explains that such incidents can be prevented when workers follow best practices such as:

- Never enter an unprotected trench or excavation 5 feet or deeper without an adequate protective system in place; some trenches under 5 feet deep may also need such a system.
- Make sure the trench or excavation is protected either by sloping, shoring, benching or trench shield systems.

DJ Basin Safety Council Annual Clay Shoot May 20, 2018



9th Annual Sporting Clay Shoot

Door Prizes & Shotgun Raffle
Sunday, May 20, 2018

100 Bird/15 Station Clay Shoot
Colorado Clays Shooting Park
13600 Lanewood St., Brighton, CO
Goodie bag, door prize
ticket, food, & drink are included!

CLAY SHOOT SCHEDULE

8:00 am Registration & Breakfast
8:45 am Pre-Flight Safety Meeting
9:00 am Shotgun Start
12:00 pm Lunch/Awards/Raffles

No experience necessary. Shooting games and raffle tickets for a **NEW SHOTGUN or GIFT CARD** can be purchased the morning of the shoot. Shooting games will be conducted throughout the day (Mulligans, Lucky Clay, and Pair in the Air).

Colorado Clays has a limited number of guns for rent. Please contact them directly to reserve one.

TEAM & SPONSOR SIGN UP

Team (4 people) \$500
Bring your own gun, ammo, eye, and ear protection.
Single Shooter \$125
Bring your own gun, ammo, eye, and ear protection.
Vendor Table Sponsor \$150
Bring your own table (outdoors)
Station Sponsor \$100
Sign with Company name/logo placed at shooting stations (maximum of 3 corporate logos per sign)
Golf Cart Rental \$100
Reserve before May 9, 2018
Lunch Sponsor \$400

EVENT SPONSORS

Bronze Sponsor \$900
1 complimentary team, ammo, 1 cart, logo on website, station sponsor, and event recognition
Silver Sponsor \$1,500
2 complimentary teams, ammo, 2 carts, logo on website, larger station sponsor logo, and event recognition
Gold Sponsor \$2,000
3 complimentary teams, ammo, 3 carts, logo on website, individual large station sponsor sign, and event recognition

The funds raised from this event will be used to support the DJ Basin Safety Council's Gift Card Program. Each year the DJ Basin Safety Council passes out gift cards to families in need within oil and gas communities during the holiday season.

Thank you for your support!

Energy Exposition 2018 Industry Tradeshow and Safety Conference May 22-23, 2018 — Loveland, CO

The DJ Basin Safety Council is putting together 2 days of safety presentations for **Energy Exposition 2018** to provide free training to the industry. The link for the website is www.energyexposition.com.

The Energy Exposition has educated tens of thousands of people in Gillette, Wyoming; Billings, Montana; and now Loveland, Colorado, over the last 18 years on procedures, technology, safety, environmental practices, and equipment used in the oil and gas industry. **Energy Exposition 2018** and the **DJ Basin Safety Council** have teamed up to bring you the premiere energy event of 2018! The Safety Council will provide numerous accredited safety classes and presentations during the **Energy Exposition**. As the United States expands as an energy-dominant nation, the opportunity for new jobs grows every day. We are doing our part to keep those new employees **SAFE!** Our doors have always been open to industry and non-industry attendees. Most of our exhibitors are from the oil and gas industry. We also welcome our participants from the wind, solar, and other energy companies that support the oil and gas industry.

REGISTER HERE **Feel free to contact Carrie Jordan (720-203-4948) or Jeremy Jordan (720-203-6325) for more info.**

Visit the DJ Basin Safety Council [website](http://www.djbasinsafety.org) to register/pay online.

[Download](#) and print the information (pdf)

For more information contact -

Carrie Jordan 720-203-4948 or Jeremy Jordan 720-203-6325
carriejordan@mjssafety.com

or

John Cocroft 303-962-5504



9th Annual Sporting Clay Shoot

Door Prizes & Shotgun Raffle
Sunday, May 20, 2018
Sign-up Deadline: May 15, 2018

Team/Company Sponsor:

Mailing Address:

Telephone Number:

E-mail Address:

Shooter #1

Shooter #2

Shooter #3

Shooter #4

___ Team (4 people) \$500
___ Single Shooter \$125
___ Vendor Table Sponsor \$150
___ Lunch Sponsor \$400
___ Golf Cart Rental \$100

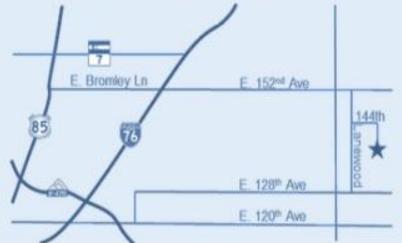
Email carriejordan@mjssafety.com to reserve cart before May 9, 2018

___ Station Sponsor \$100
___ Bronze Sponsor \$900
___ Silver Sponsor \$1,500
___ Gold Sponsor \$2,000
___ Door Prize
___ Goodie Bag Inserts #150

Sponsors email logo to carriejordan@mjssafety.com

Sponsorships not available after May 15, 2018

Colorado Clays Shooting Park, 13600 Lanewood St, Brighton



FOR MORE INFORMATION

Carrie Jordan 720-203-4948

John Cocroft 303-962-5504

email forms to carriejordan@mjssafety.com
or fax to (855) 966-8106

Pay online at www.djbasafety.org

Make Checks payable to:
DJ Basin Safety Council, Inc.
PO Box 334
Fort Lupton, CO 80621

Certain Fuel Haulers Land 30-Minute Break Exemption



Tanker drivers who normally operate under the 100 air-mile short-haul hours of service exemption hauling certain petroleum-based fuels can now claim an exemption from the federally required 30-minute break when their day requires them to work beyond 12 hours.

The National Tank Truck Carriers and the Massachusetts Motor Transport Association requested the exemption in September for the occasions when drivers don't meet the requirements of the short-haul exemption, which the petitioners say is rare.

The Federal Motor Carrier Safety Administration says these drivers take several breaks throughout the day when unloading at service stations, which essentially meets the needs of the 30-minute break. Drivers operating under the exemption must still complete their work day within the 14-hour on-duty window and keep a log on the days they don't meet the short-haul exemption.

Drivers hauling ethanol, diesel fuel, gasoline, aviation fuel and other petroleum-based fuels fall under the exemption. NTTC estimates there are approximately 38,000 trucks, operating under the short-haul exemption daily, that would now qualify for the 30-minute break exemption.

The exemption went into effect when the notice was published in the Federal Register on Monday, April 9, and is good for five years.

Fatigued Driving Prevention Fact Sheets for Oil and Gas for employers and workers



Oil and Gas Employers: How to Prevent Fatigued Driving at Work

Motor vehicle crashes cause over 40% of work-related deaths in the oil and gas extraction industry. Driver fatigue, which may be a result of insufficient sleep, long distances traveled to well sites, and long work shifts, is a factor in some of these crashes. In addition to the loss of life, the average on-the-job fatal crash is estimated to cost employers \$671,000. Legal settlements can be even more costly. Oil and gas employers are responsible for the health and safety of their employees. This fact sheet recommends strategies for employers to manage fatigued driving among their workers.

(Click on fact sheet to download pdf)



Oil and Gas Workers: How to Prevent Fatigued Driving at Work

Oil and gas workers drive long distances from their homes, lodging sites, and equipment yards to reach well sites that are often in remote areas. The combination of long trips with long shifts can result in fatigue. Fatigued (drowsy) driving is a major cause of crashes in this industry. Crashes are the leading cause of death for oil and gas extraction workers. This fact sheet gives drivers information about fatigue and tips to stay safe behind the wheel.

(Click on fact sheet to download pdf)

What is Distracted Driving?

G. Webster – MJS Safety

I see it all the time...I'm sure you do as well! The car in front of you hugging the lane line, then dipping across the line over and over again, until someone finally honks their horn to try to get the driver's attention. And I'm only driving on personal time. Imagine if you're on the road several hours every day trying to do your job and navigate the craziness labeled **DISTRACTED DRIVING**.

I don't need to give you a list of what constitutes **DISTRACTED DRIVING**...it's not rocket science! It is '**ANY ACTIVITY**' that takes away a driver's attention, plain and simple. And you've no doubt seen the stats that are staggeringly disturbing.

But so far, efforts to curb **DISTRACTED DRIVING** have fallen woefully short, with 94 percent of crashes involving human error. There are far too many accidents which could have been prevented if the driver had their mind on the task.

DISTRACTED DRIVING is unnecessary and totally preventable.

So, here's my thought! If each of us made it a priority to '**NOT ENGAGE**' in **DISTRACTED DRIVING** ourselves, and also remind those we love and care about that **DISTRACTED DRIVING** can lead to '**NO GOOD END**', we have the power to make a difference!

Join MJS Safety in giving it a go!

The result of **DISTRACTED DRIVING** is often tragic!

Annual Roadcheck Inspection Spree slated for early June...

FOCUS ON HOURS VIOLATIONS

The **Commercial Vehicle Safety Alliance's** annual **International Roadcheck**, a three-day ramp up of truck and bus enforcement across North America, is scheduled for **June 5-7**. This year's focus will be on **hours-of-service compliance**, says **CVSA**, due in part to the implementation of the **U.S. DOT's** electronic logging device mandate.



"The **top reason** drivers were placed **out of service** during **2017 International Roadcheck** was for **hours-of-service violations**," said **CVSA** President Capt. Christopher Turner of the **Kansas Highway Patrol**. "Although the **electronic logging device rule** that went into effect on **Dec. 18** does **not change** any of the underlying **hours-of-service rules** or **exceptions**, the **ELD mandate** placed a spotlight on **hours-of-service compliance**. We thought this year would be a **perfect opportunity** to focus on the importance of the **hours-of-service regulations**."

However, inspectors will **perform full Level I inspections** on most rigs checked during the inspection blitz. **Level I inspections** are the **most thorough**, including **examination** of both **driver compliance** and **vehicle-related violations**.

CVSA has said in years past that an average of **15 trucks** and **buses** are inspected every minute across **North America** during the **72-hour event**. In last year's **Roadcheck**, **15,000 out-of-service orders** were issued. Of those, **12,000** were for **vehicle-related violations** and **3,000** were for **driver-related violations**. Violations related to **hours of service** and **brakes** topped the **out-of-service infractions**. Enforcers in **2017** conducted more than **63,000 inspections** during the **72-hour event**.

Navistar Recalls More Than 10,000 International Trucks Over Fire Extinguisher Recall

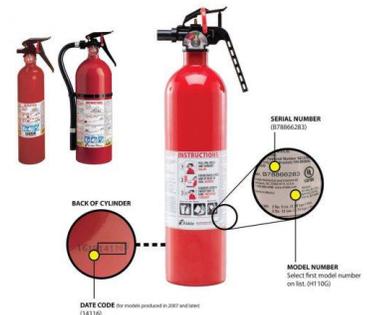
More than 10,000 **International** tractors are being recalled as part of the massive **Kidde fire extinguisher recall** that was initiated in November.

Trucks equipped with **Kidde plastic-handle or push button "Pindicator" fire extinguishers** are included in most recent recall from **Navistar**, according to National Highway Traffic Safety Administration documents. These fire extinguisher models could become clogged, preventing them from discharging properly. Additionally, in certain models, the nozzle can detach from the valve assembly with enough to cause injury.

The **Navistar** recall is for 10,195 of the following **International** year and model tractors:

- 2000-2001 *International 4700*
- 2000-2002 *International 4900*
- 2001-2003 *International 9100I*
- 2002-2003, 2005, 2007-2009, 2012-2014, 2016-2018 *International Durastar*
- 2018 *International LT*
- 2012, 2014-2017 *International Prostar*
- 2014-2015 *International Terrastar*
- 2001-2003 *International Transtar*

According to **NHTSA's** documents, **Navistar** began notifying affected truck owners on Feb. 9. **Kidde** is responsible for replacing the fire extinguishers. Owners of affected truck models can contact **Navistar** customer service at 1-331-332-1590 or **Kidde** customer service at 1-855-271-0773. **NHTSA's recall number is 17V-792**.



Independence Day Fireworks Haulers Petition FMCSA for ELD Exemption



The **American Pyrotechnics Association** is petitioning the **Federal Motor Carrier Safety Administration** for a reprieve from the **electronic logging device mandate** for its member companies that currently hold a **14-hour hours-of-service exemption** for the **Independence Day holiday period**.

If granted the exemption, **APA members** that already hold the **14-hour HOS exemption** would be able to use **paper logs** instead of **ELDs** during that time. Currently, **51** of **APA's 250-plus member companies** can take advantage of the exemption.

The group says allowing its companies to continue using **paper logs** for such a limited period of time wouldn't change **operational safety**. Additionally, **APA** says with the "unique nature of the fireworks industry," using **ELDs** would "impose a **substantial financial burden** on members because it would require them to **purchase/lease systems** for use for only a short period every year."

The exemption request says that its members use **drivers periodically** during the year, particularly during the **Independence Day season** when the industry depends on **short-term truck rentals**. According to the request, **90 percent** of the fireworks industry's vehicles are **rented or leased** for less than **30 days** at a time.

Public comments can be made on the request [here](#) by **May 24**.

CDOT Encourages Drivers to “Get Turned On”

Statewide Traffic Safety - Distracted Driving Campaign Urges Drivers to turn on ‘Do Not Disturb Mode’

Are you turned on? It’s the question CDOT is asking motorists in a new safety campaign to reduce **distracted driving**.

Launched the last week of April, the campaign urges drivers to **turn on** the ‘**Do Not Disturb While Driving**’ feature on their iPhones and to download other apps to prevent incoming **distractions**. As **National Distracted Driving Awareness Month** came to an end, CDOT is providing resources for Coloradans to **drive distraction-free** year-round.

Have you made your commitment to avoid distractions behind the wheel?

[View campaign videos...](#)

“Distracted driving is a serious issue in Colorado,” said Darrell Lingk, Director of the CDOT’s Office of Transportation Safety. “Drivers acknowledge that it’s a problem, but like any bad habit, it’s difficult to change. We’re hoping Coloradans assume **personal responsibility** for the issue and take action to prevent this **dangerous driving behavior**.”

Many phone manufacturers are including built-in functionality that limits phone use while driving. CDOT’s campaign aims to raise awareness about these features so more people turn on ‘**Do Not Disturb While Driving**’.

CDOT’s 2017 mail survey of Colorado drivers revealed that **89 percent** of participants reported **driving distracted** in the week prior to the survey; **40 percent** admitted to **reading a text message** while driving and **25 percent** said they had **sent a text message**.

Through **online video ads**, gas station TVs and **digital ads** airing across Colorado, CDOT’s **Get Turned On** campaign shows where to find and enable the ‘**Do Not Disturb While Driving**’ setting on an iPhone. When activated, ‘**Do Not Disturb While Driving**’ will mute incoming text messages, phone calls and notifications.

For **text messages**, there is an option to send an **automatic reply** to your contacts that tells them you’re **driving** and will **respond later**. In an **emergency**, a person who tries to contact you via text can **write “urgent”** to push the message through.



“These tools are great because they **eliminate** the **temptation** to glance over at **notifications**,” said Sam Cole, CDOT **Communications Manager**. “Breaking the **impulse** to grab your phone behind the **wheel** can be **tough**, but you don’t have to **rely solely** on self-control. Turn on ‘**Do Not Disturb While Driving**’ once and those **distractions** will be **eliminated**.”

Once the **setting** has been **turned on**, your phone will **automatically** activate ‘**Do Not Disturb While Driving**’ mode when it connects to your car’s **Bluetooth** or when the phone **detects** the vehicle is in **motion**. Users can also **manually** turn on ‘**Do Not Disturb While Driving**’. (check with your phone’s manufacturer for feature availability and instructions)

CDOT’s campaign also features **victims of distracted driving** sharing their stories. One of the **victim’s life** was changed in **February of 2017** when a driver who was **texting** struck her as she was **using a crosswalk** – breaking her **pelvis** in **four places** and shattering her **tibia**. “Because she was **texting**, she **didn’t see** me until I hit her **windshield**,” the victim recalls. “It was a **second** and my **life changed**, drastically.” [View video.](#)

In **2017**, Gov. John Hickenlooper signed into **law a bill** that increased a **first distracted driving offense** from a **\$50 fine** and **one point** on a driver’s record to a **\$300 fine** and **four points**.

CDOT offers a **variety of resources** and **app suggestions** on its [website](#) to help Coloradans become **distraction-free drivers**, no matter what type of **phone** they use. The agency’s **Drop The Distraction** campaign educates motorists about the **dangers of distracted driving** through a statewide, **high-visibility awareness** campaign.

House Bill Would Add Flexibility to 14-Hour Clock in Hours Regs

A bill filed in the U.S. House by Rep. Brian Babin (R-Texas) would **allow drivers** to take **one break per day** — of up to **three hours** — that **does not count** against their **14-hour on-duty allotment**. The bill mirrors a **petition** filed by the **Owner-Operator Independent Drivers Association** early this year with **FMCSA**, which called for a **pause button** for drivers’ **daily 14-hour clock** of up to **three hours** and the **removal of the mandatory 30-minute break** required by **current hours regs**.

The **Responsible and Effective Standards for Truckers Act (REST Act)** would still **require drivers** to log **10 consecutive off-duty hours** before beginning their **14-hour on-duty period**.

Babin’s bill is backed by the **Owner-Operator Independent Drivers Association**.

The bill’s **filing** comes as **FMCSA** is in the **process of studying** adding hours of **service flexibility** via **split-sleeper berth** options, but the research and **regulatory process** to institute such changes would **likely take years**, should the agency **pursue it**.

In March 2017, under a **Congressional directive**, **FMCSA** removed the **requirement** that drivers’ **34-hour restarts** include **two 1 a.m. to 5 a.m. periods**, which is a **core component** of an **hours of service** overhaul instituted in **July 2013**. The **mandatory 30-minute break** was also **added** then. The **30-minute break** remains in **place**, despite **other portions** of the **rule** being **nixed** by Congress.



Mine Safety and Health Administration Publishes Final Rule on Examinations of Working Places in Metal and Nonmetal Mines

As the U.S. Department of Labor works to protect the safety and health of America's miners, the Mine Safety and Health Administration (MSHA) published its Final Rule on Examinations of Working Places in Metal and Nonmetal Mines in the Federal Register on April 9, 2018.

The Final Rule includes updates based on stakeholder comments and testimony received last fall during four public hearings held in Virginia, Utah, Alabama, and Pennsylvania.

The rule, which will be effective on June 2, 2018, will require that:

- ▶ Each working place be examined at least once each shift for conditions that may adversely affect safety or health of miners before work begins or as miners begin work in that place;
- ▶ Mine operators promptly notify miners in affected areas of any conditions that may adversely affect their safety or health and promptly initiate appropriate corrective action. Notification is only necessary when adverse conditions are not promptly corrected before miners are exposed;
- ▶ A record of the examination be made before the end of each shift, including the name of the person conducting the examination; the date of the examination; location of all areas examined; a description of each condition found that may adversely affect the safety or health of miners that is not promptly corrected, and the date of the corrective action (when that occurs); and
- ▶ The record be made available to MSHA and miners' representatives upon request.

MSHA said it will not issue citations related to the new Workplace Exams rule until Oct. 1, 2018, in order to give operators more time to understand the rule and give the agency time to provide additional compliance assistance. But, MSHA may issue citations in the case of extremely dangerous hazards.

MSHA will hold stakeholder meetings across the country to provide outreach and compliance assistance materials on the Final Rule. A notice announcing stakeholder meetings at MSHA's district offices by way of video teleconferencing will be published at a later date. All meetings begin at 9 a.m. local time. The current schedule of meetings in the Rocky Mountain Region is:

May 22: Renaissance Reno Downtown, One South Lake St., Reno, NV 89501 (775-682-3900)

May 31: Hilton Garden Inn Denver Tech Center, 7675 East Union Ave., Denver, CO 80237 (303-770-4200)



Legislative History of U.S. Mine Safety and Health

The history of mine safety and health legislation in the United States goes back more than a century. These are the legislative milestones that have helped improve miner safety and health.

EARLY LAWS: INCREMENTAL IMPROVEMENTS IN SAFETY AND HEALTH LEGISLATION

1891 – First Federal mine safety statute passed

1910 – Bureau of Mines created

1941 – Right of entry granted to Federal inspectors

1947 – Safety standards for bituminous coal and lignite mines created

1952 – Federal Coal Mine Safety Act passed

1961 – Study authorized to examine injuries and hazards in metal/nonmetal mines

1966 – Federal Coal Mine Safety Act extended to include all underground coal mines

1966 – Federal Metal and Nonmetallic Mine Safety Act passed

THE COAL ACT: MAJOR ADVANCES IN HEALTH AND SAFETY LEGISLATION

1969 – Federal Coal Mine Health and Safety Act passed

1973 – Mining Enforcement and Safety Administration (MESA) created

THE MINE ACT: CREATION OF MSHA

1977 – Mine Safety and Health Administration (MSHA) created

The Federal Mine Safety and Health Act of 1977 (Public Law 95-164), commonly known as the Mine Act, is the legislation that currently governs MSHA's activities. Mining fatalities dropped sharply under the Mine Act.

The Mine Act transferred enforcement responsibilities from the Department of the Interior to the Department of Labor and named the new agency the Mine Safety and Health Administration. Additionally, the Mine Act established the independent Federal Mine Safety and Health Review Commission to provide independent review of most of MSHA's enforcement actions.

The Mine Act amended the 1969 Coal Act in a number of significant ways, and consolidated all federal health and safety regulations of the mining industry – both coal and metal/nonmetal – under a single statutory scheme.

Key components of the Mine Act include:

- Four annual inspections required at all underground mines
- Strengthened and expanded rights for miners
- Mandatory miner training provisions established
- Two annual inspections required at all surface mines
- Enhanced protection of miners from retaliation for exercising such rights
- Mine rescue teams required for all underground mines

Tips for Employees Who Drive

Your employer has important obligations to protect each of their employee's health and safety, including when employees are operating a motor vehicle in the course of their work. However, in very practical terms, road safety has to be a partnership between your employer and you. Your employer can develop any number of good policies and procedures, but none of them will work until you apply them.

Some employers find it challenging to implement road safety measures. When employees are driving they are not at a specific site, so it can be difficult for a supervisor to observe or direct that work. The driving environment is dynamic – road, weather and traffic conditions change frequently. It's tough to write a policy or procedure to address every possible event a driver may encounter.

Your employer is partially relying on you to conscientiously apply your training, driving skills and good judgement plus the procedures explained in the road safety plan. More importantly, your family and friends are counting on you to arrive home safely at the end of each day.

Each employer has a duty to provide a safe workplace. It is also in each employee's best interest to do what they can to ensure their own safety. Take responsibility. Learn, understand and comply with legal requirements. Know and apply your employer's procedures. If you are unsure, ask a safety lead for help. If you aren't confident you can complete a driving task, ask for training. If your route is making you increasingly fatigued, tell your supervisor. And, if you feel conditions are unsafe, you have the right to refuse unsafe work. Talk to your supervisor or manager to determine a better way to get the job done. Accept shared responsibility for your own safety.

Here are some important things every driver needs to consider.

Before You Drive

- Manage your journeys – Ask yourself if you really need to make this trip? Can you get your work done without driving? Would a phone call or online meeting be just as effective? If you need to drive prepare for the trip, even if it's short.
- Prepare the driver - Are you well-rested and alert? Do you feel relaxed about the trip, ready and confident to get the job done?
- Prepare a travel plan – Check the route you intend to travel, and an alternate route. Check traffic and road conditions along your planned route. Communicate your plan to a co-worker or supervisor and set up a check-in contact.
- Prepare your vehicle - Are the seat, mirrors and headrest adjusted for you? Do a pre-trip inspection to confirm everything is working properly. Is the maintenance up to date? If you don't think the vehicle is up to the trip, talk to your supervisor.

While You Drive

It's up to you to know the rules and make sure you follow them.

- Wear your seatbelt.
- Take a break from driving at least once every two hours. Stretch your legs. Have a quick walk. Rehydrate.
- Pay attention and avoid distractions. Don't use a cell phone or adjust the GPS while driving. When you're behind the wheel, driving is your only job.
- Drive for the conditions. Speed limits are set for optimal driving conditions. Adjust your speed so that it's right for you and your vehicle in those conditions. Watch out for the other guy.

After You Drive

Did you notice any vehicle damage or anything in need of repair? If so, report it to a supervisor so repairs are completed before the next trip. Did you notice anything unsafe or inefficient about the route or time of day you chose to travel? If so, share that information with other employees and managers so they can plan to avoid that route or timing. Working together will help ensure your safety while you drive on the job.

It's a Good Time to Review a Spring Safety Checklist:

Smoke Alarms

All homes should have smoke alarms installed. Test your smoke alarms every month and replace the battery at least once a year. If the alarm makes a "chirping" sound, replace it immediately.

Carbon Monoxide Detectors

CO alarms should be installed in a central location outside each bedroom and on every level of the home. Mirror the same safety tips as for smoke alarms: change the batteries and test them regularly.

Also, make sure vents for your gas appliances (fireplace, dryer, stove and furnace) are free and clear of snow or debris.

Family Emergency Plan

The National Safety Council recommends every family have an emergency plan in place in the event of a natural disaster or other catastrophic event. Spring is a great time to review that plan with family members.

Get Rid of Unwanted Medicines

NSC recommends you take unwanted or expired medicines to a prescription drop box or take-back event near you.

Getting the Urge to Clean?

With the warm weather comes a desire to shine and polish your home. But when warning labels are ignored or chemicals fall into the wrong hands, disaster can occur. [Keep your family safe around poisons in the home.](#)

Window Safety

With warmer temperatures arriving, it's important to practice [window safety](#) - especially in homes with young children.

[READ COMPLETE CHECKLIST DETAILS](#)

