APLC DAY SCHOOL NEWSLETTER





CALENDAR DATES

BOARD MEETING

DEC. 4TH

CHRISTMAS PROGRAM

DEC. 16TH

CHRISTMAS HOLIDAYS

DEC. 23RD -JAN. 2ND

SCHOOL RESUMES

 $\overline{\text{JAN.}} \, 6^{\text{TH}}$

SPIKEY MIKEY VISIT

(MAGIC SHOW)

JAN. 7TH

DECEMBER

As the year draws to a close and the festive season begins, I would like to take a moment to thank you all for the wonderful moments we've shared together throughout this past year. 2025 has brought us new friends and projects. It has been a year of growth and learning and we look forward to the new opportunities and challenges that await us in the new year. I am very lucky to be part of such a wonderful and supportive community and I look forward to enjoying these final weeks of December celebrating our school and preparing for a restful holiday break.

CHRISTMAS PROGRAM

Our annual Christmas Chapel Program will be held on December 16th beginning at 9:30 am and will last about 20 minutes. The children of the Prek-4/5 and PreK-3 classes will act out the trip to Bethlehem and the arrival of our Savior. The PreK-2 classes will be our special guests on that day. All parents, grandparents, friends and neighbors are invited!

You won't want to miss this heartwarming reenactment of the Christmas story. What a great way to start the holiday season!

THANK YOU

A huge and heartfelt thank you to the incredible families of APLC for Teacher Appreciation Lunch on Wednesday, November 12th!

We absolutely loved the delicious food from Lupe Tortilla and the yummy pie desserts.

Special thanks must go to the Keil & Behn families for making the entire teaching staff feel incredibly special. We are truly fortunate to be part of such a supportive community and feel so appreciated by all the APLC families!

CHAPEL NOTES

We have been working hard on our songs for the Christmas Program! You won't want to miss it! Due to the Christmas program rehearsals, we will not have chapel on December 9th and 10th. The Christmas program will be held on Dec. 16th.

Mrs. Barnes



CHRISTMAS HOLIDAYS



We will be closed from December 19th through January 2nd. School will resume on Tuesday, January 6th. We hope you have a great holiday with your family and friends!

2026-2027 REGISTRATION BEGINS NEXT MONTH

As you gather with family and friends this season, we ask for your help in reaching a vital goal for the upcoming year: increasing APLC Day School's enrollment.

We believe the best advocates for our school are the families who experience it every day. Could you take a moment to share your positive experiences with those seeking a wonderful environment for their children?

You can give them our website that will give more information or our telephone number.

Please also remind them that tours are available anytime—we'd love to show them what makes APLC Day School special

Website: aplcdayschool.org

Tel. (210) 491-9565

OPEN HOUSE FUNDRAISER RESULTS

What a great turn out we had at the Open House and Greenback Night! Due to your generosity and support, we received almost \$800.00 in donations for our first fundraiser of the year.

From the raffle—The Murphy family won the tickets to the Penguin Cafe Ballet, the Irick family won the Total Wine class, and the Bridgman family won the prime parking space for the year.

SUPPLY FEE REMINDER

As a reminder, the other half of your supply fee will be due in January. The first half was paid at the beginning of the school year. The supply fee can be included with your January tuition. Please refer to your pink fee card for the correct amount. If you are still unsure what the amount is—please call the office, we are happy to help!

COMMUNITY EVENTS, PARENTING TIPS AND RESOURCES



CHRISTMAS

TIPS FOR SPENDING QUALITY TIME WITH YOUR CHILDREN

Let's face it—life is busy! Between work and life responsibilities, the days pass us by in the blink of an eye. Many parents worry that they don't spend enough time with their children, wondering if this will lead to developmental delays. Some parents feel guilty about working full time, or experience anxiety about choosing to work out at the gym or go to dinner with friends. Social media posts from stay-at-home parents who are able to take their children to the local zoo or work on colors and the alphabet with them only add to this anxiety.

But have no despair! A recent study in the <u>Journal of Marriage and Family</u> questions the impact the amount of time mothers spend with their children has on the academic achievement, behavior, and emotional well-being of their children. This is not to negate the importance of time spent with children, but rather, to reinforce the point that quality of time is much more important than quantity of time. Children need high-quality time with parents and caregivers—that is what is most beneficial to children and what can have a positive effect on them as they grow. It isn't about endless hours of time—it's about how you choose to spend that time that truly matters.

As parents and caregivers, we can make choices to ensure time spent with our children is high-quality. Here are nine tips for busy families:

- 1. Have a daily "connect" time with your child. Do this face-to-face, if possible; but if this isn't an option, create a routine for doing so in other ways, such as leaving a note in your child's lunch bag, posting a note by his toothbrush, or writing an encouraging saying on a shared whiteboard in the house.
- 2. Create a special ritual for you and your child—something that can be done every day. For example, let your child choose and read one book with you at bedtime.
- 3. Tell your child you love her every day. And tell her how important she is to you and how she makes you feel.
- 4. Reinforce positive behavior. For example, if your child completes his chores without your asking, acknowledge it with words of appreciation—even if you don't have the chance do so until the next day.
- 5. Make and eat meals with your children whenever possible. If time is limited, look for simple meals that require very little preparation, or grab a healthy snack such as an apple and sit for a few minutes and chat with your child.
- 6. Schedule time for doing an activity of your child's choosing. Be sure to follow through and complete the activity without any distractions.
- 7. Play with your child, even if it's during bath time or outside before you drop her off at preschool. Every little bit of time makes a positive impact!
- 8. Laugh and be silly with your child.
- 9. Turn off technology when you spend time with your child. Try not to text, answer calls, scroll through social media, or watch television.

Meaningful connections are about quality of time, not quantity of time. Keep it simple and connect with your child in ways that make sense for your lifestyle and relationship. Each connection has a lasting impact and provides the support and reassurance that your child needs.



• WHEN: Saturday, December 6, 2025, 10:00 am - 2:00 pm

• LOCATION: 300 Alamo Plaza, San Antonio, TX 78205

• COST: Free

COWBOY SANTA AT THE ALAMO

Cowboy Santa and Mrs. Claus will be greeting children with complimentary photo opportunities on Alamo Plaza. This memorable experience will take place in front of the beautiful Alamo Church.



• WHEN: Weekends in December, 2025, 11:00 am - 6:00 pm

• LOCATION: 514 W Commerce Street, San Antonio, TX 78207

• **COST**: Free admission

Enjoy live music, working artists, and food booths every weekend at The Historic Market Square!

Website: www.marketsquaresa.com

• Contact Phone: 210-225-3955



WHEN: November 28, 2025 - January 11, 2026

Kick off the season with one of the most beloved kid-friendly holiday events in San Antonio, the **FORD HOLIDAY RIVER PARADE!** This festive tradition lights up downtown as elaborately decorated floats drift down the San Antonio River Walk, featuring twinkling lights, holiday music, and cheerful appearances from costumed characters and, of course, Santa Claus himself. Once the parade ends, the San Antonio River Walk continues to shine all season long! 200,000 sparkling lights illuminate the trees and pathways every evening through the first week of January, turning this already scenic spot into a glowing holiday wonderland.

It's the perfect place for a family stroll, a Go Rio River Cruise, or a festive treat beneath the shimmering canopy at one of the River Walk's many incredible restaurants.