

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
HAPPY NEW YEAR!	CLOSED FOR HOLIDAY	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP 60 ~ 1030a-1130a SROP 90 ~ 1030a-12p SROP 120 ~ 1030a-1p
8	9	10	11	12	13	14
	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 1030a-1p
15	16	17	18	19	20	21
	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 1030a-1p
22	23	24	25	26	27	28
	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 1030a-1p
29	30	31	Notes: <u>Try-it-Out (TIO) program</u> ~ Are scheduled for the Early Session(s) at pools and dryland sessions are the first 30-, 45-, or 60-minute sessions (coach's discretion). <u>TEAM DIVERS</u> ~ each team (Dev1-5, Reg1-3, Zone1-2, Nat, S&E, and Masters) have specific and pre-scribed session configurations for both quantity of sessions AND length of sessions. For submitting your calendar requests, ONLY CIRCLE whole sessions that are equal to your program listing. Please review the right-hand column on the Fees tab of our website for details. If you are not sure what your program includes, please send an email to the admin@CALdiving.org.			
	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p	SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 730-9p				

February 2023

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	30 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	31 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	1 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	2 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	3 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	4 SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 1030a-1p MIWOK Tower ~ 230-5pm
5 Miwok Tower ~ 130-4pm	6 BEGINNING OF HIGH SCHOOL DIVING SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	7 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	8 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	9 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	10 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	11 SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
12	13 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	14 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	15 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	16 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	17 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	18 SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
19	20 CLOSED FOR HOLIDAY	21 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	22 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	23 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	24 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	25 SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
26 Miwok Tower ~ 130-4pm	27 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	28 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	Notes: <u>Try-it-Out (TIO) program</u> ~ Are scheduled for the Early Session(s) at pools and dryland sessions are the first 30-, 45-, or 60-minute sessions (coach's discretion). <u>TEAM DIVERS</u> ~ each team (Dev1-5, Reg1-3, Zone1-2, Nat, S&E, and Masters) have specific and pre-scribed session configurations for both quantity of sessions AND length of sessions per week. When submitting your calendar requests, ONLY CIRCLE whole sessions that are equal to your program listing. Please review the right-hand column on the Fees tab of our website for details. If you are not sure what your program includes, please send an email to the admin@CALdiving.org.			

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5	6 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	7 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	8 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	9 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	10 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	11 hs23a! NCS QUALIFIER ~ LasPositas SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
12 Miwok Tower ~ 130-4pm	13 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	14 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	15 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	16 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	17 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	18 SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
19	20 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	21 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	22 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	23 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	24 AAU RWB Red North ~ Miwok SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	25 AAU RWB Red North ~ Miwok SRDL ~ 8-9a, 9-10a SRDL ~ 830-10a SRDL ~ 8-1030a SROP ~ 1030a-1130a SROP ~ 1030a-12p SROP ~ 11a-1230p (certain srdl only) SROP ~ 1030a-1p
26 AAU RWB Red North ~ Miwok	27 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	28 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	29 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	30 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	31 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p SROP ~ 7-830p (certain srdl only) SROP ~ 730-9p SROP ~ 7-9p (restricted)	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes: Try-it-Out (TIO) program ~ Are scheduled for the Early Session(s) at pools and dryland sessions are the first 30-, 45-, or 60-minute sessions (coach's discretion). TEAM DIVERS ~ each team (Dev1-5, Reg1-3, Zone1-2, Nat, S&E, and Masters) have specific and pre-scribed session configurations for both quantity of sessions AND length of sessions per week. When submitting your calendar requests, ONLY CIRCLE whole sessions that are equal to your program listing. Please review the right-hand column on the Fees tab of our website for details. If you are not sure what your program includes, please send an email to the admin@CALdiving.org.						1 SRDL ~ 8-830, 830-9a (30min slots) SRDL ~ 8-9a (only 60min slot) SRDL ~ 8-930a, 830-10a (90min slots) SRDL ~ 8-10a (2hr session) SROP ~ 930-1030a (only 60min slot) SROP ~ 930a-12p (90min w/o SRDL) SROP ~ 10a-1230p (90min w/SRDL) SROP ~ 1030a-1230p (2hr w/SRDL)
2	3 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	4 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	5 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	6 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	7 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	8 SRDL ~ 8-830, 830-9a (30min slots) SRDL ~ 8-9a (only 60min slot) SRDL ~ 8-930a, 830-10a (90min slots) SRDL ~ 8-10a (2hr session) SROP ~ 930-1030a (only 60min slot) SROP ~ 930a-12p (90min w/o SRDL) SROP ~ 10a-1230p (90min w/SRDL) SROP ~ 1030a-1230p (2hr w/SRDL)
9	10 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	11 DVHS SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p DVHS ~ 630-730p DVHS ~ 630-8p (without SRDL) DVHS ~ 7-830p (with SRDL) DVHS ~ 730-9p (wih SRDL) DVHS ~ 7-9p (restricted)	12 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	13 DVHS SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p DVHS ~ 630-730p DVHS ~ 630-8p (without SRDL) DVHS ~ 7-830p (with SRDL) DVHS ~ 730-9p (wih SRDL) DVHS ~ 7-9p (restricted)	14 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	15 SRDL ~ 8-830, 830-9a (30min slots) SRDL ~ 8-9a (only 60min slot) SRDL ~ 8-930a, 830-10a (90min slots) SRDL ~ 8-10a (2hr session) SROP ~ 930-1030a (only 60min slot) SROP ~ 930a-12p (90min w/o SRDL) SROP ~ 10a-1230p (90min w/SRDL) SROP ~ 1030a-1230p (2hr w/SRDL)
16	17 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	18 DVHS SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p DVHS ~ 630-730p DVHS ~ 630-8p (without SRDL) DVHS ~ 7-830p (with SRDL) DVHS ~ 730-9p (wih SRDL) DVHS ~ 7-9p (restricted)	19 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	20 DVHS SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p DVHS ~ 630-730p DVHS ~ 630-8p (without SRDL) DVHS ~ 7-830p (with SRDL) DVHS ~ 730-9p (wih SRDL) DVHS ~ 7-9p (restricted)	21 USAD Region 10 ~ Miwok @8a SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	22 USAD Region 10 ~ Miwok @6a SRDL ~ 8-830, 830-9a (30min slots) SRDL ~ 8-9a (only 60min slot) SRDL ~ 8-930a, 830-10a (90min slots) SRDL ~ 8-10a (2hr session) SROP ~ 1030-1130a (only 60min slot) SROP ~ 1030a-12p (90min w/o SRDL) SROP ~ 11a-1230p (90min w/SRDL) SROP ~ 11a-1p (2hr w/SRDL)
23 USA Diving Region 10 Miwok @6a	24 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	25 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	26 SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	27 V/JV WACCS @BHS WU 3pm SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p, 5-630p SRDL 120 ~ 4-6p, 5-7p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	28 V-only EBALs @Amador WU 8am SRDL 30/60 ~ 4-430p, 4-5p, 5-6p SRDL 90 ~ 4-530p, 430-6p SRDL 120 ~ 4-6p SROP ~ 630-730p SROP ~ 630-8p (without SRDL) SROP ~ 7-830p (with SRDL) SROP ~ 730-9p (wih SRDL) SROP ~ 7-9p (restricted)	29 V&JV DAL's @SODA WU 2pm SRDL ~ 8-830, 830-9a (30min slots) SRDL ~ 8-9a (only 60min slot) SRDL ~ 8-930a, 830-10a (90min slots) SRDL ~ 8-10a (2hr session) SROP ~ 1030-1130a (only 60min slot) SROP ~ 1030a-12p (90min w/o SRDL) SROP ~ 11a-1230p (90min w/SRDL) SROP ~ 11a-1p (2hr w/SRDL)
30	Notes:					