

# Judges Cup DFW

Hosted By: Trevino's Gymnastics

**1438 S. I-35E  
LANCASTER, TEXAS 75146  
972-223-0167**

**October 2-3, 2021**

## **MEET FORMAT: CONTINUOUS CAPITAL CUP**

*Saturday, October 2, 2021*

### **SESSION 1**

**Level 1 & Level 2 Lg Team (Kurt Thomas;  
Metroplex)**

**Gym Opens: 7:30am**

Open Stretch: 8:00am

March In: 8:15am

Timed Warm Up: 8:20am

Competition: 8:35am

Awards to follow

*Saturday, October 2, 2021*

### **SESSION 2**

**Level 2 Small & Med Tms: Eagle, Impact,  
Precision, Ridgewood, The Palaestra, United Elite,  
Waxahachie, Zenith.**

Open Stretch: 10:30am

March In: 10:45am

Timed Warm Up: 10:50am

Competition: 10:55am

Awards to follow

*Saturday, October 2, 2021*

### **SESSION 3**

**Level 3A; Level 3P – JR A & B**

Open Stretch: 1:00pm

March In: 1:15pm

Timed Warm Up: 1:20pm

Competition: 1:25pm  
Awards to follow

***Saturday, October 2, 2021***

**SESSION 4**

**Level 3P: JR C; SR A & B**

Open Stretch: 4:00pm  
March In: 4:15pm  
Timed Warm Up: 4:20pm  
Competition: 4:25pm  
Awards to follow

***Saturday, October 2, 2021***

**SESSION 5**

**LEVEL 5A & 5P**

Open Stretch: 6:30pm  
March In: 6:45pm  
Timed Warm Up: 6:50pm  
Competition: 7:00pm  
Awards to follow

***Sunday, October 3, 2021***

**SESSION 6**

**Level 4A; Xcel Gold; 4P: JR A**

**Gym Opens: 7:30am**  
Open Stretch: 8:00am  
March In: 8:15am  
Timed Warm Up: 8:20am  
Competition: 8:30am  
Awards to follow

***Sunday, October 3, 2021***

**SESSION 7**

**Level 4P: JR B & C,**

Open Stretch: 11:00am  
March In: 11:15am  
Timed Warm Up: 11:20am

Competition: 11:30am  
Awards to follow

*Sunday, October 3, 2021*

**SESSION 8**

**Level 4P: SR A & B**

Open Stretch: 1:30pm

March In: 1:45pm

Timed Warm Up: 1:50pm

Competition: 2:00pm

Awards to follow