

Geneva Family YMCA
Outdoor Lacrosse Program
COVID-19 Policies and Procedures
Updated 3/9/2021

Program Registration – Families will be required to complete traditional YMCA registration forms for each child enrolled in the Lacrosse program. Registration packets include all appropriate waivers and are required prior to their first day in the program. A sample registration form is attached.

Each team will have at least 1 designated coach and 1 designated Safety/Hygiene Manager

Participants will engage in individual or distanced group training and organized no/low-contact group training and, further, will engage in other types of play, including competitions and tournaments as permitted by local health authorities.

All players, coaches, volunteers etc. must fill out a Health Check form EVERY time they attend program. Any person exhibiting symptoms or signs of illness or indicating on their Health Check form that they have potentially been exposed to COVID-19 will not be allowed to participate. (See Policies & Procedures if there is a confirmed or probable case of COVID-19)

All coaches, staff, officials, Safety/Hygiene Managers and any other designated adults will wear face coverings at all times.

Any person refusing to follow or adhere to safety guidelines as set forth by the program administrators will not be allowed to participate or remain on the field of play until they are willing to comply with set guidelines.

Designated Safety/Hygiene Manager Role/Responsibilities:

- Must wear face covering at all times.
- Maintain first aid kit with all necessary supplies including additional face masks, gloves, hand sanitizer and disinfectant spray.
- Ensure COVID related signage is posted at each game/practice.
- Maintain up to date contact information for all players parents/guardians and spectators.
- Administer, collect and review Health Check forms for all participants including coaches , staff, spectators, officials etc.
- Determine if all participants are able to participate, based on pre-screen questionnaire and onsite visual symptom screening.
- Ensure parents remain in vehicles during practices.
- Ensure only 2 spectators per player are permitted onsite and that all spectators sign in with contact information.
- Ensure spectators remain 6 feet apart from other spectators at all games and that they comply with all set guidelines
- If someone is injured, feels sick or demonstrates symptoms during an activity, the Safety/Hygiene Manager should work to separate the individual from the group, assess situation while maintaining distance, and contact parents or if necessary, call for medical assistance.

- If a return to play clearance is required by a licensed medical provider due to COVID-19 or another injury, the Safety/Hygiene Manager should be a point of contact, and the documentation should also be shared with the YMCA Executive Director by the Safety/Hygiene Manager.
- Should communicate any concerns about participants adherence to safety practices during activity the YMCA Executive Director
- Should maintain and retain all information related to minimizing COVID-19 transmission and risk mitigation practices for the team/activity.

Program Player Policies/Procedures

- Players should keep a distance of at least 6 feet from other individual at all times, whether indoor or outdoor, unless safety of the core activity (practicing or playing) requires a shorter distance. If a shorter distance is required, players must wear acceptable face coverings, unless players are unable to tolerate a face covering for the physical activity (practicing or playing); provided coaches, trainers, officials and any other individual who is not directly engaged in physical activity are required to wear face coverings. Players must wear masks when walking to or from the field of play.
- Players will provide or be issued their own set of equipment for the entirety of the program. No equipment will be shared amongst players.
- Player families are strongly encouraged to clean and disinfect player equipment frequently between use.
- Players must bring personal water bottles with them each time they attend program. No group filling stations will be provided. No sharing of water bottles will be permitted. Please clearly label players water bottle with their name.
- Players must have a completed Health Check form EVERY time they attend program. Any player exhibiting symptoms or reporting symptoms, temperature of 100.3 or higher or potential exposure to COVID-19 on their Health Check form will not be permitted to participate.
- Parents/guardians are asked to remain in or near their vehicles during practices and not to come on to the field.
- Spectators for games will be limited to 2 per player and must check in with the Safety/Hygiene Manager on game days and fill out a Health Check Form.

Physical Distancing

- Coaches, staff, Safety/Hygiene Managers and any other designated adults will wear face coverings at all times.
- During field exercises/drills players will be positioned at least six feet apart in all directions, to the greatest extent possible.
- Game play/scrimmaging will adhere to recommended game play modifications (attached) for both boys and girls whenever possible
- When not engaged in active play, participants will adhere to a minimum of 6 feet social distancing on field sidelines.
- No physical checking will be permitted during play
- No face-offs will be permitted during play for K – 4 grade levels. 5/6 grade level may engage in modified face-offs if determined necessary by coaches.

- All coaches/volunteers will complete a Health Check form each day of program. Any coach/volunteer exhibiting symptoms or reporting symptoms, temperature of 100.3 or higher or potential exposure to COVID-19 on their Health Check Form will not be permitted to participate.

Program Departure

- Players should take all equipment and personal belongings with them when they leave the field. Coaches, volunteers etc. should not handle anyone's personal belongings.
- Coaches or Safety/Hygiene Managers must directly observe a player's parents/guardians prior to releasing them from the field.

Policies & Procedures if there is a confirmed or probable case of COVID-19 in children or staff:

If a coach, volunteer, or child test positive for COVID-19, regardless of whether they are symptomatic or asymptomatic, they may return upon completing at least 10 days of isolation from the onset of symptoms or 10 days of isolation after the first positive test if they remain asymptomatic.

If a coach, volunteer or participant has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is experiencing COVID-19 related symptoms, the coach, volunteer or participant may return to program upon completing at least 10 days of isolation from the onset of symptoms.

- The NYS Department of Health considers a close contact to be someone who was within 6 feet of an infected person for at least 10 minutes starting from 48 hours before illness onset until the time the person was isolated. The local health department should be contacted if the extent of contact between an individual and a person suspected of confirmed to have COVID-19 is unclear.

If a coach, volunteer or participant has had close or proximate contact with a person with COVID-19 for a prolonged period of time AND is not experiencing COVID-19 related symptoms, the coach, volunteer or participant may return to program upon completing 10 days of quarantine.

If a coach, volunteer or participant is symptomatic upon arrival at program or becomes sick with COVID-19 symptoms while at program, absent close or proximate contact with a person with COVID-19, the coach, volunteer or participant must be separated and sent home immediately and may return to program upon completing at least 10 days of isolation from the onset of symptoms OR upon receipt of a negative COVID-19 test result.

Policies & Procedures if there is a confirmed or probably case of COVID-19 in family or household of a coach, volunteer or participant enrolled in program:

In the event a household member of a coach, volunteer or participant must be quarantined, they may not be on the program field for any reason, including picking up their child. If a household member is exhibiting signs of illness or has been tested and is positive for the virus, they must utilize an emergency contact authorized by the parent/guardian to pick up the child. If a household member is being quarantined as a precautionary measure, without symptoms or a positive test the participant must not return to program for the duration of the quarantine.