

WARRIOR SPIRIT



2 19
COST OF FREEDOM

CALENDAR

www.CostofFreedomInc.org

Every Day is a Gift



Life is full of beauty. Notice it. Notice the bumble bee, the small child, and the smiling faces. Smell the rain, and feel the wind. Live your life to the fullest potential, and fight for your dreams.

Ashley Smith

JANUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
We are made wise not by the recollection of our past, but by the responsibility for our future. – George Bernard Shaw		New Year's Day Abraham Lincoln issued the Emancipation Proclamation – 1863 1	2	3	4	5
6	First American Presidential Election – 1789 7	8	9	10	11	12
13	14	15	16	17	18	19
20	Martin Luther King, Jr Day 21	22	23	24	25	26
27	28	29	30	31		

Etiam in Pugna – Still in the Fight



Life is about how much you can take and keep fighting, how much you can suffer and keep moving forward.

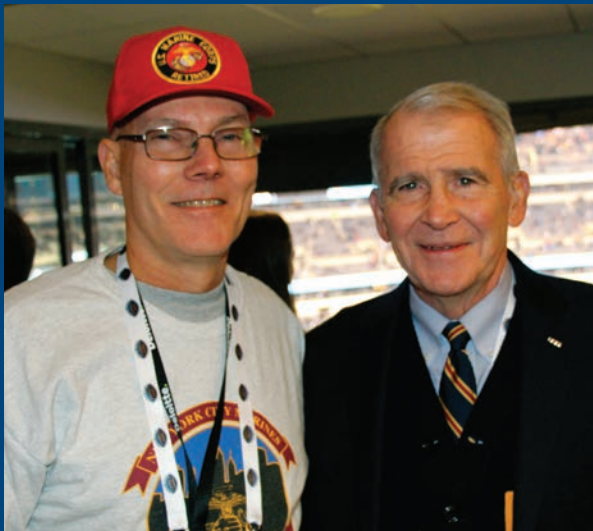
Anderson Silva



FEBRUARY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>One of the most difficult things everyone has to learn is that for your entire life you must keep fighting and adjusting if you hope to survive. No matter who you are or what your position is you must keep fighting for whatever it is you desire to achieve. – George Allen</p>					National Freedom Day 1	2
3	4	5	Ronald Reagan's Birthday 6	7	8	9
10	11	Abraham Lincoln's Birthday 12	13	Valentine's Day 14	15	16
17	Presidents' Day 18	19	20	21	George Washington's Birthday 22	23
24	25	26	27	28	<p>Change can be scary, but you know what's scarier? Allowing fear to stop you from growing, evolving, and progressing. – Mandy Hale</p>	

Semper Fidelis – Always Faithful



One day, you'll get out of the Marine Corps;
you'll put your uniform up, but you'll never not be a Marine.

John Kelly

MARCH 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>We are United States Marines, and for two and a quarter centuries we have defined the standards of courage, esprit, and military prowess. – Gen. James Jones</p>					1	2
3	4	5	Ash Wednesday 6	7	8	9
10	11	12	13	14	15	16
St. Patrick's Day 17	18	Op Iraqi Freedom begins - 2003 19	20	21	22	23
24	Medal of Honor Day 25	26	27	28	29	30
31	<p>Son, when the Marine Corps wants you to have a wife, you will be issued one. – Lt. Gen. "Chesty" Puller</p>					

Duty, Honor, Country



It takes two sides
to make a deal,
two sides to negotiate
and two sides to
make it go bad.

– Gary Bettman

I choose to do this. Nobody forced me. I could leave at anytime,
but I choose not to. Not for praise or for glory, but for the man next to me
and the country that holds my family...and this we will defend.

Anonymous

APRIL 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13 Thomas Jefferson's Birthday
14	15	16	17	18	19 Good Friday Passover begins	20
21 Easter	22	23	24	25	26	27 Passover ends
28	29 End of Vietnam War - 1975	30	<p><i>Duty, Honor, Country</i> The unbelievers will say they are but words, but a slogan... But these are some of the things they do. They build your basic character. They mold you for your future roles as the custodians of the Nation's defense. They make you strong enough to know when you are weak, and brave enough to face yourself when you are afraid. – Gen. Douglas MacArthur</p>			

We Must Never Forget



The question is not how good you are.
The question is, "How good can you be?"

Art Holst

MAY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>The challenge for me as I waken each day Is to make the wise choices that light up the way. For, our success and our happiness always is swayed By the wisdom displayed in the choices we've made. – Art Holst, "Choices" 2005</p>			Silver Star Service Banner Day 1	2	Cost of Freedom incorporated – 2011 3	4
5	6	7	V-E Day 8	9	10	11
Mothers Day 12	13	14	15	16	17	Armed Forces Day 18
19	20	21	22	23	24	25
26	Memorial Day 27	28	29	30	31	

The Only Easy Day Was Yesterday



If you've never met a Navy SEAL and you ran into one at a bar, you probably still wouldn't know he's a Navy SEAL.

Howard Wasdin

JUNE 2019

SUN	MON	TUE	WED	THU	FRI	SAT	
<p>I am proud of my service but I sure as hell did not do it for any medal. They don't make me any better or less than any other guy who served. Medals never tell the whole story. – Chris Kyle, Navy SEAL</p>						1	
2	3	4	5	"D-Day" Normandy – 1944	6	7 Class of 1972 graduate from US Naval Academy	8
9	10	11	12	13	14 Flag Day US Army Birthday – 1776	15	
Fathers Day	16	17	18	19	20	21	22
23	24	25	26	27 PTSD Awareness Day	28	29	
30	<p>As a Navy SEAL, and sniper, one of the things I learned was that excellence matters. – Brandon Webb</p>						

Leave No Man Behind



In the U.S. Armed Forces, we don't leave anyone behind.
It's one of the basic pillars of what the Army calls the Warrior Ethos:
"I will never leave a fallen comrade."

Anonymous



JULY 2019

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	Independence Day 4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	<p>People need to be retrieved rarely. Most of the cost is born by the soldiers themselves. Someone fired up the mutual loyalty by adopting <i>Nemo Resideo</i>. Years later it is a virtuous cycle that is maintained entirely by its beneficiaries; the troops themselves. It makes troops more loyal, more courageous...</p> <p>– Anonymous</p>		

If Not Me, Then Who?



You must take personal responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself. That is something you have charge of.

Jim Rohn



AUGUST 2019

SUN	MON	TUE	WED	THU	FRI	SAT
<p>St. Michael the Archangel, illustrious leader of the heavenly army, defend us in the battle against principalities and powers, against the rulers of the world of darkness and the spirit of wickedness in high places. – Prayer to St. Michael</p>				1	2	3
<p>US Coast Guard Birthday – 1790</p> <p>4</p>	5	6	7	8	9	10
<p>Cost of Freedom granted tax-exempt status – 2011</p> <p>11</p>	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Everyone Needs a Swim Buddy



Sometimes in our lives we all have pain
We all have sorrow
But if we are wise
We know that there's always tomorrow

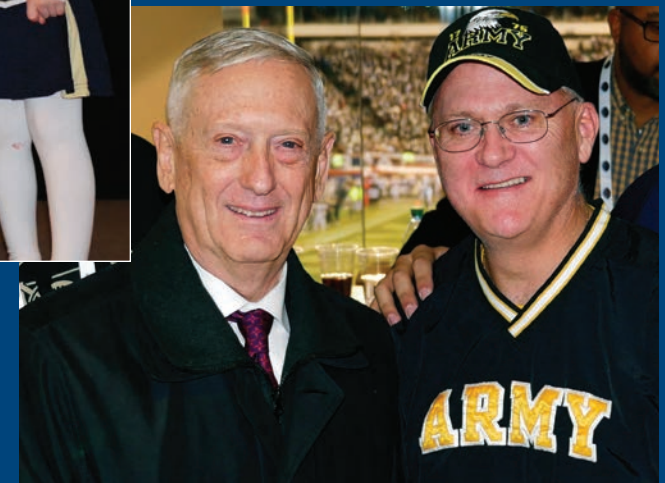
Lean on me, when you're not strong
And I'll be your friend
I'll help you carry on
For it won't be long
'Til I'm gonna need
Somebody to lean on



SEPTEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	Labor Day V-J Day 2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	Constitution Day/ Citizenship Day 17	US Air Force Birthday – 1947 18	19	POW/MIA Recognition Day 20	21
22	23	24	25	26	27	28
Gold Star Mothers Day 29	30	<p>If you want to go quickly, go alone. If you want to go far, go together. – African Proverb</p>				

Proud to be an American



America was not built on fear. America was built on courage, on imagination and an unbeatable determination to do the job at hand.

Harry S Truman

OCTOBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT		
		1	2	3	4	5		
6	Operation Enduring Freedom begins - 2001	7	8	9	10	11	12	
US Navy Birthday - 1775	13	Columbus Day	14	15	16	17	18	19
20	21	22	23	24	25	26		
27	28	29	30	31	The last 4 letters of AMERICAN are "I CAN" not "I CAN'T"			

America's Vet Dogs: Puppies with a Purpose



It was our genuine honor at America's VetDogs to have provided Service Dog Sully to former President George H.W. Bush. Sully and the President shared a true bond and their relationship was forever memorialized in the iconic photo of Sully in front of the President's casket. It was equally an honor to attend the Cost of Freedom weekend, along with true American Heroes. The Warrior Spirit was on full display at each of the events.

John Miller
President & CEO
Guide Dog Foundation for the Blind
& America's Vet Dogs



NOVEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
Dogs come into our lives to teach us about love. They depart to teach us about loss. A new dog never replaces an old dog, it merely expands the heart. – Erica Jong					1	2
3	4	Election Day 5	6	7	8	9
Marine Corps Birthday – 1775 10	Veterans' Day 11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	Thanksgiving 28	29	30

A Tradition of Honor



“In 2005, in the midst of the ‘War on Terror,’ young soldiers were returning to our country with wounds both obvious and hidden. They understood the meaning of honor, courage and commitment. Still others were not returning at all...all gave some; some gave all.” – Cost of Freedom

Members of the USNA Class of '72 formed the Cost of Freedom in 2005. For the past 14 years, we have been honoring these heroes over a 3 day weekend and growing our Cost of Freedom family.

It is our goal to share the meaning of values such as honor, courage, commitment, respect, sacrifice and valor to the community and to generations to come so that we might not forget the sacrifices of our Soldiers, Marines, Sailors, and Airmen and always be reminded that freedom is not free.

DECEMBER 2019

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	Pearl Harbor Remembrance Day 7
8	9	10	11	12	Cost of Freedom Weekend 13	Army-Navy Game 14
15	16	17	18	19	20	21
Hanukkah begins 22	23	24	Christmas Day 25	26	27	28
29	30	New Year's Eve 31	<p>I venture to suggest that patriotism is not a short and frenzied outburst of emotion, but the tranquil and steady dedication of a lifetime. – Adlai E. Stevenson II</p>			

Core Values of the United States Navy and Marine Corps

Honor, Courage, Commitment



U.S. Naval Academy, Class of 1972, 27th Company

The Cost of Freedom mission is to show appreciation and offer encouragement to our Servicemen and Servicewomen returning from combat. It is our goal to further share the meaning of values such as honor, courage, commitment, respect, sacrifice, and valor to the community and to generations to come so that we might never forget the sacrifices of our Soldiers, Marines, Sailors, and Airmen and always be reminded that freedom is not free.

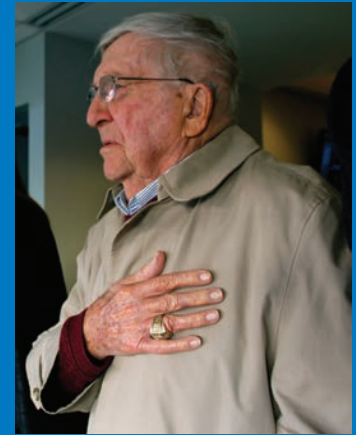
Donations should be made payable to "Cost of Freedom, Inc." and mailed to
Cost of Freedom, Inc.
6619 Red Hawk Ct., Maineville, OH 45039

Cost of Freedom, Inc. is a not-for-profit 501(c)(3) tax exempt corporation;
donations may be eligible for a tax deduction.

www.CostofFreedomInc.org

Thank you to John Hooper for providing some photographs for this calendar.

What a wonderful thing it was to be invited to that historic Army-Navy game and the Cost of Freedom Weekend. So, I reflect now on the great time we had



and on the new friends made. Everyone was so thoughtful and made this a weekend I shall never forget. The Skybox was great and everyone I had the pleasure of meeting enriched the weekend for this old soldier. It could not have been better. It was a thrilling sight to see the Cadets and Midshipmen in perfect line during the march-on. Witnessing the recognition and involvement of the children in the evening ceremonies was very unique and fitting, and something I have never seen before. Most of all, I appreciate the warm hospitality of the Cost of Freedom family as well as the wonderful people with whom I was privileged to meet and enjoy.

With deep appreciation,

Art Holst

April 20, 1922 - December 19, 2018