



SOUND FITNESS OPEN HOUSE

SATURDAY
SEPTEMBER 20TH
8:30AM-12PM



RAFFLES AND PRIZES

There will be raffles
throughout the day.
The more classes you
take, the more chances
to win!

GROUP FITNESS CLASSES

8:30am Tone
9:10am Zumba
9:50am Barre
10:30am Cardio Sculpt
11:10am Body Pump
11:40am Yoga

NEW MERCHANDISE

Join us for a
sensational day filled
with sample group
fitness classes, raffles,
and a whole lot of fun

VENDORS

Coastal Sole

Craven Physical
Therapy and Spine

