



Welcome Packet

Greetings! We are honored to have your child participate in programming here at our agency. This welcome packet includes information about our policies and includes important forms for you to fill out. Please read carefully and complete the relevant forms in preparation for your next visit.

For Assistance Contact Our Intake Coordinator

Karen Weiss, MSW
intake@spectrapa.com
484-450-6476, ext. 710

475 Lawrence Road
Broomall, PA 19008
Spectrapa.com



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WELCOME TO SPECTRA SUPPORT SERVICES, LLC

Greetings! We are so excited to have your child participate in programming here at our agency. This documentation packet will help us to clarify our policies and provide you with vital information. Please read it carefully and let us know if you have any questions. For assistance contact our intake coordinator Karen Weiss, MSW at 484-450-6476, ext. 710. We ask that you complete the forms requiring information and signatures (beginning on page 19) and bring them to your next appointment.

At Spectra, we strive to provide support to all family members. Please check out our [website](#) or bulletin board for the most up-to-date programming offerings. Feel free to make an appointment for a consultation to see if there may be other ways in which we may serve you. Please note that we rent space from, but are not affiliated with any religious group or organization, including Marple Christian Church.

Waiting Area

While you are waiting at our office, please feel free to:

- Wait in the waiting area in the hallway
- Grab a magazine, children's game or toy
- Sit quietly in the church's sanctuary
- Grab a cup of coffee in our kitchen
- Take a walk on our beautiful grounds.

Local Amenities

We are located close to:

- [Lawrence Park Shopping Center](#) (Acme, CVS, Dollar Store & more)
- Wawa
- Wendy's
- Home Depot

Some who have travelled a distance ask for ideas for local playgrounds. We recommend the following:

- [Veteran's Park](#) (Lawrence Road)
- [Paddock Park](#) (Lawrence to West Chester Pike to Eagle Road to West Hillview Road)
- [Haverford Reserve](#) (Lawrence to West Chester to Parkview Road)

Please email us for a list complete with directions.

We are happy to have you join us and look forward to working with you and your family. Please raise your questions and concerns as soon as they arise so that we may address them as quickly and efficiently as possible. It is our hope that this is a positive experience that will have will make positive changes for your family.



Important Contacts

Patricia Gonzalez, LPC, MT-BC, Clinical Director/Privacy Officer
Maleita Olson, LCSW, Executive Director
Karen Weiss, MSW, Intake Coordinator
Staff contact information can be found on our website:

trish@spectrapa.com
m@spectrapa.com
intake@spectrapa.com
[Click Here](#)

We know that you have many choices in meeting your/your child's behavioral health needs. Thank you for choosing us. We look forward to the opportunity.

Sincerely,

A handwritten signature in cursive script that reads "Patricia Gonzalez, LPC, MT-BC".

Patricia Gonzalez, LPC, MT-BC / Co-Owner

A handwritten signature in cursive script that reads "Maleita M Olson, LCSW".

Maleita Olson, LCSW / Co-Owner



NOTICE OF POLICIES AND PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU/YOUR CHILD MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION.

PLEASE REVIEW THIS NOTICE CAREFULLY.

Welcome to **Spectra Support Services, LLC** (referred to herein as "we"). We hope that we can give you the kind of support and help that you are seeking. This notice describes how we will use your/your child's protected health information and how you can access this information.

Your/your child's health record contains personal information about your/your child's health. This information about you/your child that may identify you/your child and that relates to your/your child's past, present or future physical or mental health or condition and related health care services is referred to as Protected Health Information ("PHI"). This "Notice of Policies and Privacy Practices" describes how we may use and disclose your/your child's PHI in accordance with applicable law and the NASW Code of Ethics. It also describes your rights regarding how you may gain access to and control your/your child's PHI. We are required by law to maintain the privacy of PHI and to provide you with notice of our legal duties and privacy practices with respect to PHI. We are required to abide by the terms of this "Notice of Policies and Privacy Practices". We reserve the right to change the terms of our "Notice of Policies and Privacy Practices" at any time. Any new "Notice of Policies and Privacy Practices" will be effective for all PHI that we maintain at that time. We will provide you with a copy of the revised "Notice of Policies and Privacy Practices" by posting a copy on our website, sending a copy to you in the mail upon request or providing one to you at your/your child's next appointment. We may use your/your child's PHI through the following activities; however, we will first obtain your consent.

How We May Use and Disclose Health Information about You

FOR TREATMENT: PHI may be used and disclosed by those who are involved in your/your child's care for the purpose of providing, coordinating, or managing health care treatment and related services. This includes consultation with clinical supervisors or other treatment team members. We may disclose PHI to any other consultant only with your authorization. We may also contact you to remind you of your/your child's appointments or to provide information to you about treatment alternatives or other health-related benefits and services that may be of interest to you.

FOR PAYMENT: We may use and disclose PHI so that we can receive payment for the treatment services provided to you/ your child. This will only be done with your authorization. Examples of payment-related activities are: making a determination of eligibility or coverage for insurance benefits, processing claims with you/your child's insurance company, reviewing services provided to you/your child to determine medical necessity, or undertaking utilization review activities. If it becomes necessary



to use collection processes due to lack of payment for services, we will only disclose the minimum amount of PHI necessary for purposes of collection.

FOR HEALTH CARE OPERATIONS: We may use or disclose, as needed, your/your child's PHI in order to support our business activities including, but not limited to, quality assessment activities, employee review activities, licensing, and conducting or arranging for other business activities. For example, we may share your/your child's PHI with third parties that perform various business activities (e.g., billing or typing services) provided we have a written contract with the business that requires it to safeguard the privacy of your/your child's PHI. For training or teaching purposes, PHI will be disclosed only with your authorization.

REQUIRED BY LAW: Under the law, we must disclose your/your child's PHI to you upon your request. Please note, there are special circumstances for disclosing portions of PHI for juveniles between the ages of 14-18. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule.

VERBAL PERMISSION: We may also use or disclose your/your child's information to family members that are directly involved in your/your child's treatment with your verbal permission.

WITH AUTHORIZATION: Uses and disclosures not specifically permitted by applicable law will be made only with your written authorization. We may deny your access to PHI under certain circumstances, but in some cases, this decision may be reviewed.

Your Rights

RIGHT OF ACCESS TO INSPECT AND COPY: You have the right, which may be restricted only in exceptional circumstances, to inspect and copy PHI that is maintained in a "designated record set". A designated record set contains mental health/medical and billing records and any other records that are used to make decisions about your/your child's care. Your right to inspect and copy PHI will be restricted only in those situations where there is compelling evidence that access would cause serious harm to you/your child. We may charge a reasonable, cost-based fee for copies. If your/your child's records are maintained electronically, you may also request an electronic copy of your/your child's PHI.

RIGHT TO AMEND: If you feel that the PHI we have about you/your child is incorrect or incomplete, you may ask us to amend the information although we are not required to agree to the amendment. If we deny your request for amendment, you have the right to file a statement of disagreement with us. We may prepare a rebuttal to your statement and will provide you with a copy. Please contact the Privacy Officer if you have any questions.



RIGHT TO AN ACCOUNTING OF DISCLOSURES: You have the right to request an accounting of certain disclosures that we make of your/your child's PHI. We may charge you a reasonable fee if you request more than one accounting in any 12-month period.

RIGHT TO REQUEST RESTRICTIONS: You have the right to request a restriction or limitation on the use or disclosure of you/your child's PHI for treatment, payment, or health care operations. We are not required to agree to your request unless the request is to restrict disclosure of PHI to a health plan for purposes of carrying out payment or health care operations, and the PHI pertains to a health care item or service that you paid for out of pocket. In that case, we are required to honor your request for a restriction.

RIGHT TO REQUEST CONFIDENTIAL COMMUNICATION: You have the right to request that we communicate with you about medical matters in a certain way or at a certain location.

BREACH NOTIFICATION: If there is a breach of unsecured protected health information concerning you/your child, we may be required to notify you of this breach, including what happened and what you can do to protect yourself/your child.

RIGHT TO A COPY OF THIS NOTICE: You have the right to a copy of this notice.

Without Authorization

The following is a list of the categories of uses and disclosures permitted by HIPAA without an authorization. Applicable law and ethical standards permit us to disclose information about you/your child without your authorization only in a limited number of situations. Since all of our work is overseen by a social worker licensed in this state and as a member of the National Association of Social Workers, it is our practice to adhere to more stringent privacy requirements for disclosures without an authorization. The following language addresses these categories to the extent consistent with the NASW Code of Ethics and HIPAA.

CHILD ABUSE OR NEGLECT: We may disclose your/your child's PHI to a state or local agency that is authorized by law to receive reports of child abuse or neglect.

JUDICIAL AND ADMINISTRATIVE PROCEEDINGS: We may disclose your/your child's PHI pursuant to a subpoena (with your written consent), court order, administrative order or similar process.

DECEASED PATIENTS: We may disclose PHI regarding deceased patients as mandated by state law. A release of information regarding deceased patients may be limited to an executor or administrator of a deceased person's estate.

MEDICAL EMERGENCIES: We may use or disclose your/your child's protected health information in a medical emergency situation to medical personnel only in order to



prevent serious harm. Our staff will try to provide you a copy of this notice as soon as reasonably practicable after the resolution of the emergency.

FAMILY INVOLVEMENT IN CARE: We may disclose information to close family members or friends directly involved in your child's treatment based on your consent or as necessary to prevent serious harm.

HEALTH OVERSIGHT: If required, we may disclose PHI to a health oversight agency for activities authorized by law, such as audits, investigations, and inspections. Oversight agencies seeking this information include government agencies and organizations that provide financial assistance to the program (such as third-party payers based on your prior consent) and peer review organizations performing utilization and quality control.

LAW ENFORCEMENT: We may disclose PHI to a law enforcement official as required by law, in compliance with a subpoena (with your written consent), court order, administrative order or similar document, for the purpose of identifying a suspect, material witness or missing person, in connection with the victim of a crime, in connection with a deceased person, in connection with the reporting of a crime in an emergency, or in connection with a crime on the premises.

SPECIALIZED GOVERNMENT FUNCTIONS: We may review requests from U.S. military command authorities if you have served as a member of the armed forces, authorized officials for national security and intelligence reasons and to the Department of State for medical suitability determinations, and disclose your child's PHI based on your written consent, mandatory disclosure laws and the need to prevent serious harm.

PUBLIC HEALTH: If required, we may use or disclose your/your child's PHI for mandatory public health activities to a public health authority authorized by law to collect or receive such information for the purpose of preventing or controlling disease, injury, or disability, or if directed by a public health authority, to a government agency that is collaborating with that public health authority.

PUBLIC SAFETY: We may disclose your/your child's PHI if necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. If information is disclosed to prevent or lessen a serious threat it will be disclosed to a person or persons reasonably able to prevent or lessen the threat, including the target of the threat.

RESEARCH: PHI may only be disclosed after a special approval process.

Additional Authorizations

We will require a separate authorization from you for disclosures that occur beyond the general consent for treatment, payment, and health care operations. We will obtain an authorization from you prior to releasing any information that goes outside of these general



purposes. Included in this level of privacy is your psychotherapy notes (session notes made by your therapist) which is kept separate from the rest of your record as these notes receive a greater degree of protection.

Revoking Your Authorization

You may revoke an authorization at any time by providing us with a revocation in writing. You may not revoke an authorization in the event that 1) we relied on that authorization or 2) the authorization was obtained as a condition of obtaining insurance coverage which then provides the insurer the right to contest the claim under the policy.

Your/Your Child's Rights and Responsibilities

When you/your child receives service from Spectra Support Services, LLC you have the right to:

- Receive high-quality service
- Be treated with respect and courtesy
- Have your information kept private and confidential except as described in Spectra Support Services, LLC "Notice of Policies and Privacy Practices"
- Be listened to and have staff work with you to make a plan to address your concerns and needs
- Receive service in offices that are safe, clean and accessible
- Get information and support to help you make decisions to improve your situation
- Be served without discrimination
- Discuss your service with staff to identify if it is working for you and express any questions or complaints that you may have
- Request a change of staff member if there is another staff person available who can address your issues and your request is reasonable.
- File a Grievance at any time. A "[Service User/Complaint Grievance Form](#)" is included in this packet, or request a form from any staff member, or contact our Privacy Officer Patricia Gonzalez, LPC with your concerns.

Complaint/Grievance Process

You have the right to file a complaint if you believe we violated your/your child's rights. We will not retaliate against you for exercising your right. You have the right to file a complaint in writing with our Privacy Officer or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257.

Spectra Support Services, LLC offers a formal Service User Complaint/Grievance Process:

- Service users and/or their caregivers and advocates are encouraged to share all concerns directly with the staff member providing the service. This can be done verbally, by telephone, or in writing. A complaint form and explanation of the complaint/grievance process are provided during the intake process. Spectra Support Services, LLC makes sure that the Service User and family



members understand their rights. If accommodations (e.g., large print, language/ASL interpreter) are needed to assure comprehension, Spectra Support Services, LLC will seek to provide such assistance.

- Service users or their advocates may also download the Service User Complaint form directly from the agency website or receive a hard copy from any staff member.
- These forms can be handed to any staff person, called-in by phone to the agency main number 484-450-6476 or faxed confidentially to 484-224-3398. Email is not recommended because of confidentiality and security issues.
- Should the Service User need assistance with filing a complaint for any reason, they may request assistance at any time from one of the agency's social workers.

WHAT SPECTRA ASKS OF YOU

- Treat the staff and others at Spectra Support Services, LLC with courtesy and respect.
- Let Spectra Support Services, LLC know 24 hours before if you cannot come to an appointment.
- Inform staff members before terminating treatment so we can work with you to develop an appropriate discharge plan.

PRIVACY OFFICER

Contact our privacy officer if you have questions about this notice, disagree with a decision made regarding access to your records, have concerns about your privacy rights, or wish to file a grievance. The Privacy Officer for Spectra Support Services, LLC is Patricia Gonzalez who can be contacted at trish@spectrapa.com, or 484-450-6476, extension 701.

THE EFFECTIVE DATE OF THIS NOTICE IS MARCH 2012.

TREATMENT FOR JUVENILES

Can I Consent to Therapy Services?

If you are at least 14 years of age and under age 18 in the state of PA, you are considered a juvenile, and may consent to your own mental health examination and treatment. You do not need a parent or guardian's permission to participate in these services. Also, a parent or legal guardian may provide consent for you to receive mental health services without your consent. In either situation, the non-consenting person cannot override the consent of the other person.

To learn more about mental health treatment for juveniles in PA [**CLICK HERE**](#).

Who has Control of and Confidentiality of My Therapy Records?

If you are 14 years and older and have consented to service, you have control over the sharing of what is said in your therapy sessions, with some exceptions.

Parents/Guardians may do the following:

- Provide consent to treatment
- Consent to release your therapy records to another mental health treatment provider. However, the release of information must go through the provider and not the parent/guardian. Providers releasing information from parent consent must deem the information pertinent to current treatment in order for the records to be released to the mental health provider.
- Receive the standard type of information from the therapist that is necessary to provide meaningful consent to treatment, if they are the consenting party. The information may include your symptoms and the conditions to be treated and the risks, benefits, and expected results of treatment.
- Qualify for the exception to disclosing information as described below.

It is very important for the success of juvenile mental health treatment, that the precise content of sessions remain confidential beyond the situations described above.

What You Can Expect From Your Therapist

As your therapist, I am committed to doing my best to understand your concerns. I will listen nonjudgmentally and provide you an opportunity to learn more about yourself. In this work, I will aim to

- Respect your unique individuality, no matter what challenges you face.
- Encourage you to develop your strengths in hopes that you can achieve your full potential.
- Believe in the fundamental role of a family and/or social supports as agents of change.
- Offer you a safe place where you can feel welcomed, accepted, and understood.

Exceptions to Disclosing Information

What we discuss in therapy will be kept private. However, there are a few exceptions:

- You tell me that you plan to hurt yourself or someone else.
- You tell me that you are being abused physically, sexually, or emotionally, or that you have been abused in the past.
- A court of law mandates that we release your records. We will inform you of that situation. **Please note: Spectra therapists do not provide voluntary court documents or court testimony, as we believe it impedes upon the success of the therapeutic relationship.**
- You reveal that you are engaged in a sexual relationship that involves one of the following circumstances:
 - You are under the age of 13
 - You are 13, 14, or 15 and the person with whom you are having the relationship is at least 4 years older than you, even if you chose to be in the relationship.

I am required by law to report these types of serious issues to Child Protective Services or Adult Protective Services. By doing so, I am able to further support you and protect you and/or others from harm or injury.

Ways I Will Communicate with your Parent or Guardian

You have a choice to invite your parent/guardian into the therapy session for a period of time that you choose. I will speak with you about what you feel comfortable discussing before we speak with them. You have the right to choose what gets discussed and what remains private. Typically, I will keep specific information about our session private and I will support you as you talk with your parent/guardian. However, if you tell me that you are participating in serious risk-taking behavior then I will need to use my professional judgment to decide whether I must inform your parent/guardian. Preferably, we will discuss how to share this information with them together so we can address the serious problem and keep you safe.

What I Expect from You

One thing that people won't tell you about therapy is that it might not feel good all the time. Sometimes people can feel sad, strange, tired, nervous, or unsure about therapy. These feelings are normal and it's okay to have these experiences. If you struggle with this problem then I ask that you tell me. This way I can help you find ways to be patient and trust that over time we can work through this struggle. To do that, I will need you to commit to doing the following:

- Attend therapy sessions as scheduled.
- Participate in therapy to the best of your ability.
- Be involved in the goal setting.
- Talk with me if you have thoughts or feelings about harming yourself or someone else.

What I expect from your Parent/Guardian:

Parents/Guardians I need you to commit to the following so your child can achieve their therapy goals with me.

- Support your child's treatment by doing your best to arrange for regular attendance.
- Make yourself available for parenting consultations and/or family meetings as requested by your child or his/her counselor.
- Honor your child's privacy.
- Agree to be supportive of the counseling process.

I look forward to our future time together. Feel free to contact me to learn more.



THERAPISTS' CREDENTIALS

At Spectra Support Services, LLC, we pride ourselves on the extensive training and supervision provided to our high quality staff. Please review the following credentials for your particular therapist(s), so you may be fully aware of the scope of that experience.

LICENSED CLINICAL STAFF

Our licensed therapists are listed below. Each therapist holds a license within the state of Pennsylvania and qualifies to supervise therapists-in-training/interns and pre-licensed professionals within their respective disciplines.

Estelle Price, MS, RPT-S provides therapy and clinical supervision. She is a Licensed Psychologist and a Registered Play Therapist. She holds a Master of Science degree in Psychology from Hahnemann University (currently known as Drexel University). Estelle has extensive advanced clinical training in Family and Play Therapy and has taught at the Family Play Therapy Center in Philadelphia, PA.

Karen L. Kampmeyer, Ph.D. provides psychological assessments. She is a Licensed Psychologist in Pennsylvania and holds a Doctorate from the University of Georgia. She evaluates clients referred from therapists or from outside sources for diagnostic clarification, including autism spectrum disorder, attention deficit, mood disorders, and personality disorders. She is an approved provider for Medical Assistance as well as most private mental health insurers in the area.

Maleita Olson, LCSW, BSL, CAS provides therapy and clinical supervision. She is co-owner of the agency. Maleita is both a Licensed Clinical Social Worker as well as Licensed Behavior Specialist. She has a Master's degree in Social Work from Boston College. She currently holds certificates in Advance Child Development, Psychotherapy for Children and Adolescents and is a Certified Autism Specialist.

Molly Modica, LMFT provides therapy and clinical supervision. She is a Licensed Marriage and Family Therapist in Pennsylvania. She holds a Master's degree in Marriage and Family Therapy from Chestnut Hill College, a certification in Advanced Child Development from the Family Play Therapy Center, and is pursuing the credential of Registered Play Therapist.

Patricia Gonzalez, LPC, MT-BC, CAS provides therapy and clinical supervision. She is the clinical director and is co-owner of the agency. She is the supervisor of all the therapists in the practice. She is a Licensed Professional Counselor in Pennsylvania, Board Certified Music Therapist, Certified MARI® Practitioner and Certified Autism Specialist. Patricia holds a Master's degree in Music Therapy from Temple University.

***Pre-Licensed Clinical Staff**

Our pre-licensed therapists are listed below. Each therapist holds a master's degree within their discipline and a completed an internship. In Pennsylvania, therapists must complete a designated amount of hours of post graduate supervision in order to earn their license. The therapists listed below receive supervision by Maleita Olson, LCSW and/or Patricia Gonzalez, LPC and cannot practice independently as a clinical therapist until they become fully licensed.

***Alli Domers, MSS, CAS** provides therapy. She holds a Master of Social Service degree (an equivalent to a MSW) from Bryn Mawr College. Alli is a Certified Autism Specialist and is pursuing licensure as a clinical social worker.

***Jessica Alsis, LSW** provides therapy. She holds a Master's Degree in Social Work from West Chester University and is a Licensed Social Worker in Pennsylvania. Jessica is currently pursuing licensure as a clinical social worker.

***Karen Weiss, MSW** provides therapy and is the intake coordinator for our agency. She holds a Master's Degree in Social Work from West Chester University and is pursuing licensure as a clinical social worker.

***Yolanda Cucinotta, MS, CAS** provides therapy. She holds a Master in Science degree from Capella University in Marriage and Family Therapy. Yolanda is a Certified Autism Specialist and is pursuing licensure in Marriage and Family Therapy.

**** Therapists-In-Training**

Our therapists-in-training are listed below. These therapists are in the final phases of earning a master's degree within their respective discipline. Also, they are actively enrolled in an accredited college/university program. Each therapist receives supervision from a licensed supervisor at Spectra Support Services, LLC and additional supervision from their college/university. Therapists-in-training serve clients for a period of time ranging from 1-12 months. Clients will be offered a choice to continue therapy with another therapist-in-training and/or therapist when their therapists-in-training completes his/her internship. Please read our ["Therapist-in-Training Service Acknowledgement"](#) for further information regarding treatment from these therapists.

****Kara McDonald** is actively earning a Master's Degree in Social Work from West Chester University. Her clinical supervisor is Maleita Olson, MSW. Her clinical internship started on August 2016 and she will complete her training at Spectra in May 2017.



FEES FOR SERVICE – PRIVATE PAY

These rates are in effect for all clients who begin service after 01/01/2017 effective until 12/31/2017. Variable rates are dependent upon the experience of the clinician providing the service.

| Service | Rate |
|--|---|
| Community Integration Skills Support Consultation | \$30.00 - \$50.00 per hour \$150.00 per hour (Maleita Olson, LCSW) \$50.00 - \$100.00 per hour (other clinicians) |
| In-home Behavior Support | \$80.00 per hour |
| Family Education/IEP Consultation | \$75.00 - \$100.00 per hour |
| Family Navigation | \$35.00 to \$150.00 per hour |
| Forms (e.g., Social Security, etc.) | \$75.00 per hour |
| Functional Behavior Analysis | \$250.00 - \$500.00 |
| Group Education | \$50.00 per hour |
| Job Coaching | \$50.00 per hour |
| Life Skills (in-home) | \$35.00 to \$50.00 per hour |
| Psychological Assessment | \$1,200.00 - \$1,750.00 |
| Psychotherapy - Individual (includes Play Therapy, Music Therapy) | \$125.00 per hour (licensed clinician) \$65.00 per hour (board certified clinician) \$40.00 per hour (pre-licensed clinician) Varies per hour (therapist-in-training and supervisor) |
| Psychotherapy – Group (includes Music Therapy) | \$50.00 per hour (licensed clinician) \$35.00 per hour (pre-licensed clinician) Varies per hour (therapist-in-training and supervisor) |
| Psychotherapy Intake | \$190.00 for 90 Minutes (licensed clinician) \$100.00 for 90 Minutes (pre-licensed clinician) |
| Social Education/ Life Coaching (individual) | \$75.00 per hour |
| Social Skills Groups | Varies |
| Vocational Assessment | \$250.00 - \$350.00 |

Discounts on groups are sometimes offered. Please see promotional materials for that particular group session. Sliding scales are available for some services with some clinicians. These services are sometimes reimbursable by some insurance companies as an in or out-of-network provider if your clinician is licensed. We will inform you of your insurance benefits at intake. Check our website for an up-to-date list of participating providers. Invoices may be provided upon request.



URGENT CARE / CRISIS INTERVENTION POLICIES

Clients who are in need of urgent care can contact our "on call" staff via our dedicated urgent care phone line at: **(484) 450-6476, extension 4**. This line is staffed from 7 AM to 11 PM daily by therapists.

When possible, staff on the urgent care line will schedule an urgent visit within 24 hours. If this is not possible, the staff will facilitate the proper referral to other community resources.

If an urgent need occurs between the hours of 11 PM to 7 AM, you are encouraged to contact your county crisis intervention resources, call 911, or utilize the nearest emergency room.

Community Resources

DELAWARE COUNTY CRISIS INTERVENTION

[Delaware County Crisis Connections Team](#): This mobile team will come to your home.
1-855-889-7827

[Psychiatric Crisis Centers](#)

Provide crisis intervention, 24 Hour telephone and walk-in services, as well as Psychiatric Emergency Commitment Procedures.
610-447-7600

[Crozer Chester Medical Center](#)

(South and Western part of county)
One Medical Center Blvd.
Chester, PA 19013
610-237-4210

[Mercy Fitzgerald Hospital](#)

(North and Eastern Part of county)
1500 Lansdowne Ave.
Darby, PA 19013
215-748-9525

MONTGOMERY COUNTY CRISIS INTERVENTION

[Abington Hospital](#)

Crisis Services provided in emergency department and in hospital.
1200 Old York Road
Abington, PA 19001
215-481-2525

[ACCESS Services: Children's Crisis Services](#)

They offer crisis hotline support 24/7 to children and adolescents in Montgomery County. The purpose of the program is to help children and families manage crisis successfully through individualized crisis response and planning.
500 Office Center Drive, Suite 100
Fort Washington, PA 19034
Phone: (888) HEL-P414

[Montgomery County Emergency Services \(MCES\): Crisis intervention](#)

A mobile team will come to your home.
50 Beech Drive
Norristown, PA 19403
610- 279-6100

CHESTER COUNTY CRISIS INTERVENTION

[Valley Creek Crisis Center](#)

Available to Chester County residents 24 hours per day, 7 days per week:
469 Creamery Way,
Exton, PA 19341
Crisis Hotline: 610-280-3270 or 610-918-2100 or 877-918-2100

[Consumer-Run Warm Line](#)

866-846-2733

[Crisis Residential Program](#)

610-594-1665

PHILADELPHIA COUNTY CRISIS INTERVENTION

[DBHIDS Delegate Line](#):

215-685-6440*

(* Will direct caller to most appropriate service provider. Will dispatch the mobile emergency team if necessary.)

[Einstein Hospital](#)

[Germantown Community Health Services](#):

Crisis Response Center
1 Penn Blvd.
Philadelphia, PA 19144
215-951-8300



MEMORANDUM: NONDISCRIMINATION IN SERVICES

SUBJECT: Nondiscrimination in Services
TO: Service Users/ Clients
FROM: Maleita Olson, LCSW, Executive Director, *Maleita M Olson, LCSW*

Admissions, the provisions of services, and referrals of clients shall be made without regard to race, color, religious creed, disability, ancestry, national origin (including limited English proficiency), age, or sex.

Program services shall be made accessible to eligible persons with disabilities through the most practical and economically feasible methods available. These methods include, but are not limited to, equipment redesign, the provision of aides, and the use of alternative service delivery locations. Structural modifications shall be considered only as a last resort among available methods.

Any individual/client/patient/student (and /or their guardian) who believes they have been discriminated against, may file a complaint of discrimination with:

Department of Human Services Bureau of Equal Opportunity

Room 225, Health & Welfare Building PO Box 2675
Harrisburg, PA 17105

PA Human Relations Commission Philadelphia Regional Office

110 N. 8th Street Suite 501
Philadelphia, PA 19107

U. S. Department of Health and Human Services Office for Civil Rights

Suite 372, Public Ledger Bldg.
150 South Independence Mall West Philadelphia, PA 19106-9111

Commonwealth of Pennsylvania DHS Bureau of Equal Opportunity Southeast Regional Office

801 Market Street, Suite 5034
Philadelphia, PA 19107



INTAKE FORM FOR CLIENT WITH GUARDIAN(S)

| | |
|---|-------------------------|
| Name of Client: | |
| Name of person completing this form: | Relationship to Client: |
| Client's date of Birth: | Client's Age: |
| Address: | |
| Languages: | Email: |
| Client lives with: | |
| Client's Occupation or School & Grade: | |
| History of psychiatric treatment or counseling: | |
| Current or past drug or alcohol use: | |
| Significant medical problems: | |
| Serious illnesses, accidents, surgeries, or hospitalizations in the past: | |
| Medications currently prescribed: | |
| Primary Care Physician: | Phone of PCP: |
| Psychiatrist: | Phone of Psychiatrist: |

| | | |
|---|----------------------------|---------------|
| Main Contact name for client with guardian(s): | | |
| Address: | | |
| Home Phone: | Work Phone: | Mobile Phone: |
| Does this Main Contact live with the client? | | |
| Please check all that apply: <input type="checkbox"/> Parent <input type="checkbox"/> Adult Child <input type="checkbox"/> Sibling <input type="checkbox"/> Spouse <input type="checkbox"/> Emergency Contact <input type="checkbox"/> Other: _____ | | |
| Secondary Contact name for client with guardians (if applicable): | | |
| Address: | | |
| Home Phone: | Work Phone: | Mobile Phone: |
| Does this Secondary Contact live with the client? | | |
| Please check all that apply: <input type="checkbox"/> Parent <input type="checkbox"/> Adult Child <input type="checkbox"/> Sibling <input type="checkbox"/> Spouse <input type="checkbox"/> Emergency Contact <input type="checkbox"/> Other: _____ | | |
| Name of Biological Mother: | Name of Biological Father: | |
| Name of Additional Parent(s): | | |
| Step-Mother: | Step-Father: | |
| Other adults who live with client: | | |

For Parents who are divorced or were never married, please state custody arrangements.
(You may be required to provide legal documentation of custody arrangements)

Is ex-spouse (biological parent) aware that you are bringing the client to Spectra for treatment?

Yes No

If no, please describe:

If adopted, does client know of adoption?

Yes No

What age was the client at the time of the adoption?

Are there any other agencies involved with the family (DCFS, Client Welfare, Courts, etc.)?

Yes No

If yes, please describe:

History of Problem

Please describe what concerns you have regarding the client:

How long has the problem existed?

Have there been any significant stressors for the family: losses, births, deaths, moves, hospitalizations, financial problems, in the last several years?

What attempts have been made to resolve the difficulties?

Please check the symptoms that the client and any family member(s) are currently experiencing. Please indicate to which family member you are referring, as well as duration, and severity.

| Symptom | Who? | How Long? | Severity: | | | |
|--------------------------|------|-----------|-----------|-----------|---------------|-------------|
| | | | None 0 | Mild 1 | Moderate 2 | Severe 3 |
| Sadness or Depression | | | | | | |
| Suicidal Thoughts | | | | | | |
| Sleep Problems | | | | | | |
| Changes in Appetite | | | | | | |
| Weight Change | | | | | | |
| Inability to Concentrate | | | | | | |
| Obsessive Thoughts | | | | | | |
| Tension and Anxiety | | | | | | |
| Panic Attacks | | | | | | |
| Memory Problems | | | | | | |
| Compulsive Behaviors | | | | | | |
| Feelings of Hostility | | | | | | |
| Acts of Violence | | | | | | |
| Social Isolation | | | | | | |
| Strange Thoughts | | | | | | |
| Stomach Aches | | | | | | |
| Head Aches | | | | | | |
| Bed Wetting | | | | | | |
| Phobias | | | | | | |



HIPAA-ACKNOWLEDGEMENT OF RECEIPT
NOTICE OF POLICIES AND PRIVACY PRACTICES

Client Name

Client Birth Date

We at Spectra Support Services, LLC are required by law to maintain the privacy of and to provide individuals with the attached Notice of our legal duties and privacy practices with respect to protected health information. If you have any objections to the Notice, please ask to speak with our HIPAA Compliance Officer, Patricia Gonzalez, LPC, in person or by phone at 484-450-6476, ext. 701. If you would like an additional copy of the Notice, at any time, please ask.

I hereby acknowledge that I have reviewed the HIPAA Notice of Privacy Practice document.

Signature of Client/Client Representative

Date

Print name Client/Client Representative

Relationship to Client



INFORMED CONSENT

Page 1 of 2

Client

Birth Date of Client

Please understand that all records, written information, or any electronic data are marked **CONFIDENTIAL**. Client records are maintained with on-line electronic medical record companies that assure HIPAA compliance: Therap Services, LLC, Therasoft Online, or TherapyNotes. Client documents such as psychological evaluations, psychological pre-authorizations, and testing results are stored on G-Suite which is a security certified online service. Spectra Support Services, LLC maintains a "Business Associate Agreement" (BAA) to use G-Suite in order to meet HIPAA compliance standards. Our staff are trained on how to practice HIPAA compliance while using online services.

All sessions, including telephone or email contacts are confidential to persons outside of the sessions with some exceptions. Therapists on staff at Spectra may share information with other staff members at Spectra for the purposes of supervision, case coordination, or case consultation.

Your therapist is required by law to report:

- threats of harm to another or oneself
- domestic violence
- child or elder abuse
- when directed by the court
- per a client or parent/legal guardian's signed release

Please know you always have the right to ask questions of your therapist(s). Therapy only works if you have trust and confidence in us and feel our care and concern for you.

Informed Consent Statement for Treatment for the Client named above.

Select the following statement(s) that applies to your life situation:

- I attest that I am a juvenile that is at least 14 years of age and under the age 18.
- I attest that I am a guardian of the client named above.

I agree and consent to participate in behavioral health care services offered and provided at/by Spectra Support Services, LLC a behavioral health care provider. I understand that I am consenting and agreeing only to those services that the above named provider is qualified to provide within: (1) the scope of the provider's license, certification, and training; or (2) the scope of license, certification, and training of the behavioral health care providers directly supervising the services received by the client. I understand that with my written consent and if therapeutically appropriate, Spectra therapists may involve other adults/caregivers in the therapeutic process whether or not they have legal custody at the time of service.

INITIAL: _____



CLIENT: _____ DOB: _____

INFORMED CONSENT

Page 2 of 2

If the client is under the age of 14 or unable to consent to treatment because a court has deemed them so, check the following that applies to your guardianship:

- I attest that I have full legal custody or guardianship of this individual and am legally authorized to initiate and consent to treatment on behalf of this individual without the consent of additional parties*. I will produce legal documentation of such upon request.

**In the state of PA, if both parents/guardians of a child are married, only one parent/guardian is needed for consent. In the event that parents are divorced or were never married, both biological parents/guardians must consent unless a custody/guardianship document from a court of law states otherwise.*

- I attest that I have joint legal custody of this individual and I authorize consent to treatment on behalf of this individual. I understand that in the state of PA both parties are required to consent to treatment on behalf of this individual.

My signature below represents my consent, agreement, and understanding.

Signature of Client/Client Representative Date

Print Name of Client Representative Relationship to Client

I, the therapist, have discussed the issues above with the client (and/or his or her parent, guardian, or other representative). My observations of this person's behavior and responses give me no reason to believe that this person is not fully competent to give informed and willing consent.

Signature of Therapist Date



RESPONSIBLE PARTY ACKNOWLEDGEMENT OF AGENCY POLICIES

Client Name

Birth Date of Client

Payment Responsibility: I, _____ am financially responsible for the services provided to the client named above.

- My insurance benefits and my co-pays/ charges for services have been explained to me.
- I agree to make payment of all copays/charges **at the time of service**. Payments may be cash or check or credit.
- I acknowledge receipt of the fee schedule and information regarding my insurance coverage (if applicable).
- **Cancellation policy: I agree to inform the therapist by voice (to 484-450-6476, extension 2) in the event that I/ my child will not be available with as much notice as possible.**
 - **Sessions cancelled with less than 24 hours' notice will be charged a \$35.00 fee, no matter the circumstances.**
 - *Clients who have Medical Assistance are not subject to the cancellation fee. However, clients that fail to cancel a total of 3 sessions without sufficient notice can be grounds for immediate termination of services.*
- I understand that in group experiences, there is **no credit for cancelled sessions**. However, the Director may (at her discretion) offer a credit for future individual or group sessions if a client is unable to complete the current session because of extenuating circumstances.
- **Cases of custody disputes:** I acknowledge that Spectra provides therapy in a contextual family framework that affirms the need for children to have contact with family members and to involve them in therapy to the greatest extent possible. To that end, Spectra therapists will not accept voluntary requests to testify on behalf of one parent against another or prepare documents for use in court.
- **Acknowledgement of credentials:** I acknowledge that I have read the therapist's credentials, as described in printed form.
- **Acknowledgement of client rights:** I acknowledge that I have read the Spectra Client Rights and Responsibilities which include my right to file a grievance and been made aware of the on-site location of the more extensive Policy and Procedure Manual for Spectra Support Services, LLC. If applicable, I acknowledge receipt of the following supplemental forms, as required by my insurance carrier: _____.
- **Acknowledgement of Urgent Care/Crisis Intervention Policy:** I acknowledge receipt of the Urgent Care/Crisis Intervention Policy, contact information for the urgent care line, and resources for mental health emergencies.
- **Policy for termination:** I acknowledge that it is my choice to participate/ to have my child participate in therapy services. **If I decide to terminate treatment, I will discuss termination before ending treatment so that a proper transition and discharge plan may be developed.**

Before you sign below, please ask any questions you may have of this document.

My signature below represents acknowledgment and understanding.

Signature of Client/Client Representative

Date

Relationship to Client



GENERAL CONSENT TO RELEASE INFORMATION

Page 1 of 2

Client Name

Client Birth Date

Important: Please indicate your selections by writing your initials on the line.

CONSENT FOR RELEASE OF INFORMATION TO INSURANCE PLAN AND ASSIGNMENT OF BENEFITS:

_____ **I give consent to Spectra Support Services LLC to release medical information to my/my child's insurance company/companies.** I certify that the information I have reported with regard to my insurance coverage is correct. I give consent for the release of any necessary medical information for this or any related claims, in writing (i.e. treatment plans) or verbally (i.e. requesting benefit/authorization information by phone). I agree with the assignment of my insurance benefits to Spectra Support Services LLC. I permit a copy of this consent to be used in place of the original. This consent may be revoked by me at any time in writing. I understand that nothing herein relieves me of the primary responsibility and obligation to pay for medical services provided. If my insurance company limits visits, I accept responsibility for monitoring the number of allowed sessions used. I agree to pay for all non-covered services, including late cancellations/missed appointments, telephone appointments, services provide after benefit exhaustion, and services determined not to be necessary by my insurance carrier.

_____ **I DO NOT give consent** to Spectra Support Services LLC to apply for benefits or to release medical information to my/my child's insurance company/companies. **I accept responsibility for full payment of all services provided according to the private pay fee schedule.** I agree to pay for all out-of-network or non-covered services including later cancellations, missed appointments, telephone appointments. I understand that my benefits will be absent because no information will be released to my insurance carrier.

_____ **I acknowledge that I have chosen services from a pre-licensed clinician or services that are not reimbursable by my insurance.** I accept responsibility for payment of all services provided at the agreed-upon rate. I acknowledge that insurance does not reimburse clinicians without a clinical license or certain services that are not deemed medically necessary. I agree to pay for services including late cancellations, missed appointments, and telephone appointments.

CONSENT FOR RELEASE OF INFORMATION FOR HEALTHCARE OPERATIONS:

_____ I give consent to Spectra Support Services LLC to share necessary health information with staff that the agency may hire or contract with as well as software support to assist with billing, scheduling, or other office operations.

INITIAL: _____



GENERAL CONSENT TO RELEASE INFORMATION

Page 2 of 2

CONSENT FOR RELEASE OF INFORMATION FOR PURPOSES OF CLINICAL SUPERVISION:

_____ I give consent to Spectra Support Services LLC to share necessary health information with other Clinical Staff members within the agency for purposes of clinical supervision and effective treatment. I recognize that as little information will be provided as is necessary.

Important: Please indicate your agreement by writing your initials on the line.

CONSENT FOR RELEASE OF INFORMATION FOR APPOINTMENT REMINDERS OR SERVICES:

For the purposes of appointment reminders and or setting up future appointments:

_____ I authorize Spectra Support Services LLC to contact me by phone at _____.

_____ I authorize Spectra Support Services LLC to contact me by text at _____.

_____ I authorize Spectra Support Services LLC to leave a message on voice mail at _____.

_____ I authorize Spectra Support Services LLC to contact me by email at _____.

_____ I authorize Spectra Support Services LLC to email me billing statements to the above email address.

_____ I authorize Spectra Support Services LLC to give me appointment reminders to my email.

POLICY FOR RELEASE OF INFORMATION IN SPECIAL SITUATIONS:

_____ I understand that Spectra Support Services LLC may disclose health information about me in the event of a serious threat to the health and safety of myself or others, in the event of suspected child abuse or neglect, or in other situations as detailed in the Notice or Privacy Practices.

Primary Insurance Carrier Member Number (s) State/Group

Secondary Insurance Carrier Member Number (s) State/Group

My signature below represents my consent, agreement, and understanding.

Signature of Client/Client Representative Date

Relationship to Client



CONSENT TO TREATMENT FOR JUVENILES

If you are at least 14 years of age and under age 18 in the state of PA, you are considered a juvenile, and may consent to your own mental health examination and treatment. You do not need a parent or guardian's permission to participate in these services. Also, a parent or legal guardian may provide consent for you to receive mental health services without your consent. In either situation, the non-consenting person cannot override the consent of the other person. Refer to our document "[Treatment for Juveniles](#)" for further information about this care. **Please make your selection below after you reviewed this document and/or had a discussion with your therapist.**

JUVENILE CLIENT

- I, _____ (client), **agree and consent** to participate in behavioral health care services offered and provided at/by Spectra Support Services, LLC a behavioral health care provider.
- I, _____ (client), **DO NOT agree and consent** to participate in behavioral health care services offered and provided at/by Spectra Support Services, LLC a behavioral health care provider.

Client's Signature

Date

PARENT/GUARDIAN

- I, _____ (guardian/parent), **agree and consent** to have my child participate in behavioral health care services offered and provided at/by Spectra Support Services, LLC a behavioral health care provider.
- I, _____ (guardian/parent), **DO NOT agree and consent** to have my child participate in behavioral health care services offered and provided at/by Spectra Support Services, LLC a behavioral health care provider. I realize that, by law, my juvenile may continue services without my consent.

Parent/Guardian's Signature

Date

THERAPIST

I, the therapist, have discussed the issues related to treatment with the client and/or his or her parent/guardian. My observations of the responses from the client and parent/guardian gives me no reason to believe that they are not fully competent to give informed and willing consent.

Signature of Therapist

Date



RECURRING PAYMENT AUTHORIZATION FORM

Client Name

Client Birth Date

Schedule your payment to be automatically deducted by charging your Visa, MasterCard, American Express or Discover Card upon each visit. Just complete and sign this form to get started!

Recurring Payments Will Make Your Life Easier:

- It's convenient (saving you time and postage)
- Your payment is always on time

Here's How Recurring Payments Work:

You authorize regularly scheduled charges to your debit/credit card. You will be charged the amount indicated below each time you attend a therapy appointment. **The charge will appear on your bank statement and a receipt for each payment can be provided to you upon request.** You agree that no prior-notification will be provided unless the date or amount changes, in which case you will receive notice from us at least 10 days prior to the payment being collected.

Please complete the information below:

I _____ authorize Spectra Support Services, LLC to charge my debit/credit card account indicated below for \$_____ for each therapy appointment in which I/my family member attend and for \$35.00 for each therapy appointment which is not cancelled with greater than 24 hours' notice.

| | | | | |
|-----------------|--------|------|-------|-----|
| Billing Address | Street | City | State | Zip |
|-----------------|--------|------|-------|-----|

| | |
|-------|-------|
| Phone | Email |
|-------|-------|

| | | | |
|-------------------------------|-------------------------------------|-------------------------------|-----------------------------------|
| <input type="checkbox"/> Visa | <input type="checkbox"/> MasterCard | <input type="checkbox"/> Amex | <input type="checkbox"/> Discover |
| Cardholder Name | _____ | | |
| Account Number | _____ | | |
| Exp. Date | _____ | | |
| CV Number: | _____ | | |

SIGNATURE

DATE

I understand that this authorization will remain in effect until I cancel it in writing, and I agree to notify Spectra Support Services, LLC in writing of any changes in my account information or termination of this authorization at least 15 days prior to the next anticipated day of a charge. I certify that I am an authorized user of this credit/debit card and will not dispute these scheduled transactions with my debit/credit card company; so long as the transactions correspond to the terms indicated in this authorization form.



PROTECTED HEALTH INFORMATION (PHI) AUTHORIZATION FORM

Client Name

Client Birth Date

Client's Rights

- You may end this authorization (permission to use or disclose information) any time by contacting our office.
- If you make a request to end this authorization, it will not include information that may have already been used or disclosed based on your previous permission.
- You will not be required to sign this form as a condition of treatment, payment, enrollment, or eligibility for benefits.
- You have a right to a copy of this signed authorization.
- If you choose not to agree with this request, your benefits or services will not be affected.

Client Authorization

I hereby authorize the name(s) or entities written below to release verbally or in writing information regarding any medical, legal/court records, educational records, mental health and/or alcohol/drug abuse diagnosis or treatment recommended or rendered to the above identified client/patient. I authorize these agencies to share information by mail, phone, in person, fax and/or email contact. I understand that these records are protected by Federal and state laws governing the confidentiality of mental health and substance abuse records, and cannot be disclosed without my consent unless otherwise provided in the regulations. I also understand that I may revoke this consent at any time and must do so in writing. A request to revoke this authorization will not affect any actions taken before the provider receives the request.

I, _____ authorize Spectra Support Services, LLC to

RELEASE my PHI to: _____

OBTAIN my PHI from: _____

Disclosure may include the following verbal or written information: **(check all that apply)**

- | | | |
|--|---|---|
| <input type="checkbox"/> Behavioral health/psychological consult | <input type="checkbox"/> Discharge summary | <input type="checkbox"/> Progress & case notes |
| <input type="checkbox"/> Psychosocial assessment/family history | <input type="checkbox"/> Summary of treatment records & contact dates | <input type="checkbox"/> Psychological evaluation/testing results |
| <input type="checkbox"/> Information necessary to identify, diagnose, or treat for mental health, substance abuse (alcohol/drug use), and any other relevant information for the purpose of treatment. | | |
| <input type="checkbox"/> Other: _____ | | |

All information I hereby authorize to be obtained from the above identified source will be held strictly confidential and cannot be released by Spectra Support Services, LLC without my written consent. I understand that this authorization will remain in effect for:

- The period necessary to complete all transactions on accounts related to services provided to me.
- One (1) year
- Other: _____

I understand that unless otherwise limited by state or federal regulation and except to the extent that action has been taken which was based on my consent, I may withdraw this consent at any time. If client is a minor child, I verify that I am the legal guardian/custodian of this child and have the authority to consent.

Signature of Client/ Legally Authorized Representative

Date

Relationship to Client

Witness

Date



SERVICE USER COMPLAINT/GRIEVANCE FORM

You have the right to file a complaint if you believe we violated your/your child's rights. **We will not retaliate against you for exercising your right.** You have the right to file a complaint in writing with our Privacy Officer at 484-450-6476 Ext. 701 or with the Secretary of Health and Human Services at 200 Independence Avenue, S.W. Washington, D.C. 20201 or by calling (202) 619-0257.

Please use this form to file a complaint or grievance. Once completed please enclose this form in an envelope and address it to the attention of our Privacy Officer Patricia Gonzalez. To secure your privacy we request you send by fax 484-224-3398 or by mail 475 Lawrence Road, Broomall, PA 19008.

| Service User or Community Member Information | |
|---|-------------------------------------|
| Name: | |
| Phone: | |
| Address: | |
| Please indicate your selections by writing your initials on the line <input type="checkbox"/> I authorize Spectra Support Services LLC to contact me by phone. <input type="checkbox"/> I authorize Spectra Support Services LLC to leave me a voice message. <input type="checkbox"/> I authorize Spectra Support Services LLC to contact me by mail. | |
| Complaint Information | |
| Date: | Date of Event where Issue Occurred: |
| Please list your issue(s): | |
| Please describe any actions you took to address this issue(s): | |
| Please provide a brief description about the circumstance and situation leading up to the issue. | |
| Feel free to list any solutions you would like to see in response to your issue(s). | |

Signature

Date