

## Items to Remember for the Women's Cursillo Weekend

A futon and cot will be provided for you to sleep on but you are welcome to bring a single-size air mattress.

Pillow

Sleeping Bag and or Blankets

PJ's, Robe, slippers, teddy bear

Earplugs - there will be some provided but if you like a special type be sure to bring them!

Flashlight / head lamp

Washcloth, towels, and necessary toiletries—whatever you need for your morning routine

- Toothbrush & toothpaste
- Shampoo & conditioner
- Blow dryer, curling iron, brush, etc.
- Soap
- Feminine products
- Deodorant

(don't worry if you forget something—there will be extra supplies of the 'usuals' or we will get you what you need).

Clothing

- Casual, comfortable clothing
- Dress in layers as the temperatures can fluctuate in the church
- One nice outfit for Sunday Mass and Closing

Other items

- Bible, Rosary, devotionals etc. (we will also have plenty of extras on hand)
- Special medication
- Favorite water bottle (we will have lots of water to drink)

What **NOT** to bring:

- Cell Phones

~God Bless You~