

Our intent as your child's health care provider is to keep your children and yourself as safe and healthy as possible during this novel (new) Coronavirus outbreak. At this point in time the office does not have the ability to test for the Coronavirus and there is no vaccine or medication available for it. In most cases oral hydration, fever management, isolation and rest are what is recommended for the care of your child.

If your child has fever, cough and you have reason to believe that your child has been exposed to anyone who has traveled to the affected countries or have been exposed to someone with a positive or presumptive case of the virus, we encourage you to call the office and speak to a nurse. Based on the symptoms, we may advise you to self-treat at home or to seek additional medical treatment. Please do not just walk into our office.

The public health response has clearly shown that the most effective method of minimizing how this illness is spread is keeping your child at home. We are fortunate that children do not seem to develop severe symptoms, and recommend that your child stay home if they are having any symptoms opposed to coming to our office.

Here is a list of things that you can do at home to minimize the risk of being exposed to Coronavirus:

Avoid close contact with people who are sick

Cover your cough or sneeze with a tissue, then throw the tissue in the trash

Avoid touching your eyes, nose, and mouth

Clean and disinfect frequently touched objects and surfaces

Stay home when you are sick, except to get medical care

Wash your hands often with soap and water for at least 20 seconds