

Usui Shiki Ryoho Reiki Level 1

\$150 per person

Reiki Level I is the first exciting step of this wonderful healing energy.

Reiki (pronounced Ray Key) is a Japanese word consisting of two characters "Rei" and "Ki".

Rei – is Japanese for spiritual or sacred Ki – is Japanese for energy.

Reiki literally translates as Spiritual Energy. Reiki, with a capital "R", is a specific healing support system, divided into three levels, which have been passed along from Reiki Master to student for the past hundred years since its rediscovery by Mikao Usui.

To be able to work with Reiki you will need to receive an attunement from a qualified Reiki Master/Teacher.

****Reiki is not a substitute of conventional medicine, but it can be a useful complimentary therapy. ****

