## ACADEMY PROGRAM

## BALLET / POINTE CLASSES

## Classes include Ballet Technique, Pointe and Pointe Prep.

- \*This class is a full class for all dancers, even those not on Pointe.
- \*\* Pointe 1 are required to take 3 Ballet classes per week.
- -Minimum of 2 pointe classes per week required for Pointe Levels 2 & 3.
- -Ballet 7 and Pointe 4 require 3 classes per week.



Ballet 5 Technique	Monday	6:00-7:30	Nicholson	E
Ballet 5/6Technique	Tuesday	5:00-6:30	Nicholson	В
Ballet 6 Technique	Wednesday	6:30-8:00	Rose	D
Ballet 6 Technique	Thursday	6:15-7:45	McCann	D
Ballet 6/7 Technique	Saturday	10:00-11:30	Rose	D
Ballet 7 Technique/Pointe*	Tuesday	6:30-8:30	McCann	D
Ballet 7 Technique	Thursday	6:15-7:45	Rose	В
Pointe Prep	Thursday	4:15-4:45	Rose	В
Pointe Prep	Saturday	9:00-9:30	Nicholson	E
Pointe 1**	Saturday	12:00-12:45	Nicholson	E
Pointe 2	Saturday	12:00-12:45	McCann	В
Pointe 2/3 (Ballet 5)	Tuesday	7:00-7:30	Nicholson	В
Pointe 3 (Ballet 6)	Wednesday	7:45-8:30	Rose	D
Pointe 3 (Ballet 6)	Thursday	7:45-8:30	McCann	В
Pointe 4	Thursday	7:45-8:30	Rose	D