

2019 Jamestown Blue Jays Girls' Cross Country

Jamestown Originals Invite

Aug. 24, 2019, 11 a.m.
Parkhurst Recreation Area, Jamestown, N.D.

Team totals Top 5/WDA (5,000 meters)

1. Mandan, 60; 2. WF Sheyenne, 63; 3. G.F. Red River, 71; 4. Kindred, 88; 5. Jamestown, 101

Individual winner: Meghan Ford, Jamestown, 18:31.09

Top 10

1. Meghan Ford, Jamestown, 18:31.09; 2. Elise Ramberg, Langdon Area, 19:26.43; 3. Kelby Rinas, Mandan, 19:48.11; 4. Onnica Stansbury, WF Sheyenne, 20:55.40; 5. Jakkia Duffy, LaMoire-L-M, 20:58.78; 6. Hannah Westin, Shiloh Christian, 21:05.46; 7. DreaH Kretek, Sargent Central-L, 21:09.81; 8. Peyton Gette, Kindred, 21:15.47; 9. Ally Goodmanson, Kindred, 21:18.09; 10. Drew Froelke, Sargent Central-L, 21:44.93

Jamestown results

1. Meghan Ford, 18:31.09; 20. Maddy Orr, 22:39.56; 32. Jera Truax, 23:51.24; 49. Emily Sargeant, 26:19.21; 52. Kyra Hoffer, 27:09.50; 57. Alyssa Allen, 27:55.02

Notes: Mandan won the varsity meet and had three runners in the top 20...Meghan Ford of Jamestown was individual champion

Hi-Liner Invite

Aug. 30, 3 p.m.
Bjornson G.C., Valley City

Team totals Top 5/WDA (5,000 meters)

1. Valley City, 33; 2. Mandan, 39; 3. Jamestown, 64; 4. Central Cass, 99; 5. Northern Cass, 133

Individual winner: Meghan Ford, Jamestown, 18:01.88

Top 10

1. Meghan Ford, Jamestown, 18:01.88; 2. Kelby Rinas, Mandan, 19:40.85; 3. Greta Goven, VC, 20:52.73; 4. Reagan Berg, VC, 20:56.49; 5. Avery Murray, VC, 21:39.08; 6. Acey Elkins, Mandan, 21:49.98; 7. Maria Moore, Mandan, 22:14.08; 8. Anna Bendish, Mandan, 22:16.69; 9. Maddy Orr, Jamestown, 22:37.01; 10. Stephanie Hof-farth, VC, 23:07.96

Jamestown results

1. Meghan Ford, 18:01.88; 9. Maddy Orr, 22:37.01; 12. Jera Truax, 23:33.09; 22. Bernadette Belzer, 24:42.91; 30. Jayla Hoff-fer, 25:19.75; 31. Emily Sargeant, 25:32.02; 33. Kyra Hoffer, 25:59.88

Notes: Host Valley City won the meet...Jamestown's Meghan Ford was individual champion...Mandan finished second.

Grahams Island Invite

Sept. 14, 12:30 p.m.

Team totals (Top 2)

1. Rugby, 30; 2. Jamestown, 69

Top 10 finishers

1. Meghan Ford, Jamestown, 18:23.58; 2. Elise Ramberg, Langdon, 19:21.74; 3. Quinn Neppil, Rugby, 21:19.58; 4. Brooklyn Bartsch, Rugby, 21:38.39; 5. Keely Arnston, Rugby, 21:35.05; 6. Baylee Lura, Carrington, 21:51.36; 7. Amelia Shepard, Rugby, 21:52.05; 8. Maddy Orr, 22:24.00; 9. Madison Jones, 22:26.89, Harvey-WC; 10. Payton Johnston, Devils Lake, 23:31.86

Jamestown results

1. Meghan Ford, 18:23.58; 8. Maddy Orr, 22:24.00; 16. Jera Truax, 23:10.70; 20. Ellie Kruger, 23:57.55; 24. Bernadette Belzer, 24:25.89; 26. Jayla Hoffer, 24:37.24; 28. Alyssa Allen, 25:16.66; 37. Kyra Hoffer, 26:31.71; 39. Makayla Komrosky, 26:46.73; 46. Erin Gee, 27:58.46

Notes: There were 54 runners in the varsity race...Jamestown's Meghan Ford was the individual champion, finishing in a time of 18:23.58...Jamestown and TMCHS competed from the WDA.

RM Stoudt Invite

Sept. 26, 11 a.m.

Parkhurst Recreation Center, north of Jamestown

Team totals (5,000 meters)

1. Valley City, 47; 2. Kindred 65, 3. Devils Lake, 86; 4. LLM, 130; 5. Harvey/Wells County, 143; 6. Lisbon, 153; 7. Shiloh Christian, 160; 8. Ellendale, 182; 9. Edgley/Kulm, 192; 10. Jamestown, 200

Individual winner: Hannah Westin, Shiloh Christian, 19:46

Top 10

1. Hannah Westin, Shiloh, 19:46; 2. Norah Entzi, Edgley/Kulm, 19:54; 3. Ally Goodmanson, Kindred, 19:58; 4. Peyton Gette, Kindred, 20:05; 5. Greta Goven, Valley City, 20:12; 6. Reagan Berg, Valley City, 20:16; 7. Jakkia Duffy, LLM, 20:36; 8. Avery Murray, Valley City, 20:56; 9. Peyton Johnston, Devils Lake, 21:10; 10. Danica Rath, Kindred, 21:35

Jamestown results

25:15; 41. Makayla Komrosky, 26:42; 42. McKenna Jackson, 26:49; 45. Erin Gee, 27:26.

Notes: Jamestown placed 10th...Valley City won the meet.

Souris Valley Invite

Oct. 5, 11 a.m.

Souris Valley G.C., Minot

Team totals (Top 5/WDA)

(5,000 meters)

1. Minot, 100; 2. G.F. Central, 120; 3. West Fargo, 121; 4. Bismarck High, 173; 5. Rugby, 180; 6. Century, 183; 8. Watford City, 210; 11. Mandan, 239; 14. Legacy, 308

Individual winner: Reagan Basesler, Hills-boro-Central Valley, 18:52.24

Top 10 Finishers

1. Reagan Baesler, Hillsboro-CV, 18:52; 2. Hayley Ogle, Watford City, 19:00; 3. Jenna Soine, Hatton-Northwood, 19:3; 4. Jaelyn Ogle, Watford City, 19:04; 5. Hope Pringle, West Fargo, 19:05; 6. Emily Goldade, Century, 19:13; 7. Elise Ramberg, Langdon Area, 19:15; 8. Mikayla Weiss, 19:22; 9. JadyN Guidinger, Legacy, 19:25; 10. Claire Hynek, 19:33

Jamestown results

72. Bernadette Belzer, 21:40; 7. Ellie Kruger, 22:55; 120. Jayla Hoffer, 23:08; 128. Alyssa Allen, 23:18

Notes: Minot won the meet...Watford City's Hayle Ogle was runner-up to lead all WDA runners...Six WDA teams took part....There were 200 runners and 30 teams participating.

WDA Championships

Oct. 15, 1 p.m.

Heart River G.C., Dickinson, N.D.

Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607

Individual winner: Meghan Ford, Jamestown, 17:49.88

Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. JadyN Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jensen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. Maliah Burke, Minot, 20:53

Jamestown results

1. Meghan Ford, 17:49.88; 33. Bernadette, Belzer, 21:42.26; 49. Maddy Orr, 22:23.56; 59. Ellie Kruger, 22:46.72; 68. Julia Skari, 23:22.60; 70. Jera Truax, 23:25.40; 72. Jayla Hoffer, 23:27.79; 78. Alyssa Allen, 23:44.58; 87. Emily Sargeant, 24:11.82; 98; Kyra Hoffer, 24:42.88; 122. Erin Gee, 27:13.70; 125. Makayla Komrosky, 28:03.15; 127. McKenna Jackson, 28:10.02

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.

Class A Meet

Oct. 26, 11 a.m.

Souris Valley G.C., Minot, N.D.

Team totals

1. West Fargo, 95; 2. Fargo Davies, 110; 3. 35. Emily Sargeant, 24:42; 37. Kyra Hoffer 25:15; 41. Makayla Komrosky, 26:42; 42. McKenna Jackson, 26:49; 45. Erin Gee, 27:26.

Notes: Jamestown placed 10th...Valley City won the meet.

Top 20 (All-State)

1. Meghan Ford, Jamestown, 17:40.8; 2. Hayley Ogle, Watford City, 18:28.2; 3. Anna Lien, Fargo North, 18:40.0; 4. Jaelyn Ogle, Watford City, 18:42.9; 5. Eleni Lovgren, Williston, 18:42.9; 6. Claire Hynek, GF Central, 18:44.3; 7. Hope Pringle, West Fargo, 18:49.7; 8. McKenna Lovehaug, Fargo Davies, 18:51.9; 9. Onnica Stansbury, WF Sheyenne, 19:06.1; 10. JadyN Guidinger, Legacy, 19:10.0; 11. Mikayla Weiss, GF Central, 19:11.6; 12. Emily Goldade, Century, 19:12.2; 13. Jilee Golus, Bismarck High, 19:18.1; 14. Payton Lane, Fargo Davies, 19:20.4; 15. Acey Elkins, Mandan, 19:21.4; 16. Anna Bernhardt, Fargo Shanley, 19:22.2; 17. Morgan Wald, Bismarck High, 19:22.9; 18. Ashley Hanson, Fargo Shanley, 19:26.0; 19. Clare Boldingh, West Fargo, 19:28.0; 20. Kaelyn Berg, West Fargo, 19:29.4

WDA results

Minot results

23. Trinity Jensen, 19:40.63; 28. Allie Wahlund, 19:51.29; 30. Abigail Hoffarth, 19:57.45; 32. Emma Compere, 20:03.36; 39. Maliah Burke, 20:08.76; 41. Lilly Campbell, 20:09.18; 57. Maicee Burke, 20:35.31; 58. Abbie Wahlund, 20:39.35; 67. Deja Meyer, 20:50.71; 108. Brooke Keller, 21:43.81

Bismarck High results

13. Jilee Golus, 19:18.06; 17. Morgan Wald, 19:22.83; 43. Taya Fettig, 20:14.07; 52. Zoe Reichenberger, 20:32.66; 59. Brooke Bur-gard, 20:40.88; 62. Sophia Ness, 20:43.11; 78. Neely Reichenberger, 21:03.37; 89. Tehya Sweitzer, 21:22.73; 122. Ella Reister, 21:56.08; 130. Alice Brownotter, 22:16.90

Century results

12. Emily Goldade, 19:12.00; 21. Aislin Anderson, 19:35.19; 44. Peyton Jensen, 20:15.30; 60. Shalae Lindell, 20:42.39; 87. Liberty Howell, 21:19.20; 110. Marissa Rus-son, 21:45.03; 121. Kylie Wald, 21:55.35; 144. Brenna Dietrich, 22:37.03; 152. Ash-lynn Kaul, 22:53.91; 154. Rhenna Martin, 22:56.93

Watford City results

2. Hayley Ogle, 18:28.15; 4. Jaelyn Ogle, 18:42.81; 33. Ellie Schmitz, 20:03.71; 55. Savanna Olson, 20:33.73; 136. Tricia Schmitz, 22:31.03; 158. Kalena Hanohano, 23:12.23

Williston results

5. Eleni Lovgren, 18:42.81; 31. Sierra Wat-terud, 20:00.98; 71. Viktoria Holdaway, 20:56.01; 81. Morgan Landry, 21:10.61; 95. Niah Shumway, 21:25.00; 105. Marenn Larsen, 21:41.35; 112. Keira Shannon, 21:46.80; 114. Solveig Lovgren, 21:48.32; 138. Kaydance Heller, 22:32.43; 145. Lacey Sime, 22:38.75

Mandan results

15. Acey Elkins, 19:21.36; 50. Maria Moore, 20:30.43; 56. Anna Bendish, 20:34.89; 63. Cyera Moore, 20:45.44; 102. Amaya Ram-sey, 21:37.65; 135. Whitney McGee, 22:28.97; 151. Kendal Beckler, 22:49.76; 157. Ashlyn Markel, 23:07.62

Dickinson results

53. Peyton Laser, 20:32.82; 76. Symone Beld, 29:59.85; 97. Aleigha Villars, 21:27.38; 104. Macy Weiss, 21:41.02; 127. Mattie Obrigewitch, 22:10.37; 133. Mattilyn Biel, 22:22.72; 141. Claire Kreidt, 22:34.68; 175. Veronica Pavek, 24:41.02

Legacy results

10. JadyN Guidinger, 19:09.97; 83. Aubree Melchior, 21:15.02; 94. Emma Schlecht, 21:24.82; 129. Aeva Franco, 22:12.94; 142. Brooke Will, 22:34.90; 159. Selena Silk, 23:14.85; 161. Rachel Holzer, 23:21.89; 163. Ellie Deede, 23:34.68; 171. Taylor Wentz, 24:18.20; 172. Shelby Butler, 24:20.72

Jamestown results

1. Meghan Ford, 17:40.71; 106. Julia Skari, 21:41.52; 107. Bernadette, Belzer, 21:41.72; 119. Ellie Kruger, 21:52.82; 132. Jayla Hoff-fer, 22:19.84; 150. Alyssa Allen, 22:47.07; 260. Maddy Orr, 23:15.56; 162. Emily Sargeant, 23:30.94; 173. Jera Truax, 24:23.80; 176. Kyra Hoffer, 24:44.97

Notes: West Fargo won the team title...Minot High was the top WDA finisher (fourth)...Jamestown's Meghan Ford defended her individual title and became the first Blue Jay runner to do so since Laurie Fox (1993-94)...Nine WDA runners earn all-state honors led by Century which had five...Seven WDA teams had at least one all-state finisher...Ten WDA teams participated...There were 177 runners...Mandan Kelby Rinas was named state senior athlete of the year...Minot's Carla Wahlund was name state coach of the year...Minot hosted the meet for the first time since 2014