

# **Intro to Dance Program**

**(4 - 8 yrs. Old)**

## **Class Description:**

### **Ballet**

- **Intro to Ballet 1 & Intro to Ballet 2:** These classes are designed as an introduction to dance with a primary focus on the fundamentals of Ballet. Beginner techniques and discipline are taught.

### **Tap & Jazz**

- **Tiny Tap/Jazz Combo:** This class combines early basic jazz and tap techniques. Jazz dance uses a mixture of both Ballet & Modern techniques. Tap uses frequent syncopation to create rhythm and sound.

### **Hip Hop**

- **Tiny Hip Hop 1 & 2:** These classes are designed to introduce Hip Hop with a primary focus on the fundamentals of Balance, Rhythm, Level Changes, and Trending Dances locally and abroad. Beginner techniques and discipline are taught.

### **Acro/Tumble**

- **Tiny Tumble:** This is an acrobatic style class that teaches beginner floor gymnastics. Acro class progresses from forward rolls and cartwheels to beginner tumbling. Building and increasing strength and limber movement. Teachers work with each student on their individual level. This class also focuses on flexibility, agility, and teamwork.