

June

BREAKFAST SFSP

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> yogurt/honey grahams dipper doodle bar <p>28</p>	<ul style="list-style-type: none"> cinnamon crumble cheerios <p>29</p>	<ul style="list-style-type: none"> assorted cereal yogurt/granola <p>30</p>	<ul style="list-style-type: none"> zee zee cinnamon crisp bar blueberry burst bagel w/cream cheese <p>31</p>	<ul style="list-style-type: none"> blueberry muffin zac omega bar strawberry <p>1</p>
<ul style="list-style-type: none"> yogurt/honey grahams dipper doodle bar <p>4</p>	<ul style="list-style-type: none"> bagel w/cream cheese assorted cereal <p>5</p>	<ul style="list-style-type: none"> assorted cereal yogurt/educational snacks <p>6</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p>7</p>	<ul style="list-style-type: none"> french toast muffin zac omega bar strawberry <p>8</p>
<ul style="list-style-type: none"> yogurt/honey grahams dipper doodle bar <p>11</p>	<ul style="list-style-type: none"> cinnamon crumble cheerios <p>12</p>	<ul style="list-style-type: none"> assorted cereal yogurt/granola <p>13</p>	<ul style="list-style-type: none"> zee zee cinnamon crisp bar blueberry burst bagel w/cream cheese <p>14</p>	<ul style="list-style-type: none"> blueberry muffin zac omega bar strawberry <p>15</p>
<ul style="list-style-type: none"> yogurt/honey grahams dipper doodle bar <p>18</p>	<ul style="list-style-type: none"> bagel w/cream cheese assorted cereal <p>19</p>	<ul style="list-style-type: none"> assorted cereal yogurt/educational snacks <p>20</p>	<ul style="list-style-type: none"> cinnamon crumble assorted cereal <p>21</p>	<ul style="list-style-type: none"> french toast muffin zac omega bar strawberry <p>22</p>
<ul style="list-style-type: none"> yogurt/educational snacks dipper doodle bar <p>25</p>	<ul style="list-style-type: none"> cinnamon crumble cheerios <p>26</p>	<ul style="list-style-type: none"> yogurt/granola assorted cereal <p>27</p>	<ul style="list-style-type: none"> zee zees cinnamon crisp bar blueberry burst bagel w/cream cheese <p>28</p>	<ul style="list-style-type: none"> blueberry muffin zac omega bar strawberry <p>29</p>

Did you know?

Eggs are rich in **choline**, which is a weird word but it's a "good weird" because choline promotes normal cell activity, liver function and the transportation of nutrients throughout the body. Think of it as a commuter train for vitamins and minerals!



Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider



June

LUNCH – K-12 - HOT

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • bbq chicken wrap <p>28</p>	<ul style="list-style-type: none"> • chicken alfredo <p>29</p>	<ul style="list-style-type: none"> • cheeseburger <p>30</p>	<ul style="list-style-type: none"> • firecracker chicken <p>31</p>	<ul style="list-style-type: none"> • cheese enchiladas (VG) <p>1</p>
<ul style="list-style-type: none"> • red beans & rice <p>4</p>	<ul style="list-style-type: none"> • spaghetti & meatballs <p>5</p>	<ul style="list-style-type: none"> • buffalo chicken sandwich <p>6</p>	<ul style="list-style-type: none"> • cheese pizza (VG) <p>7</p>	<ul style="list-style-type: none"> • sloppy joe (DF) <p>8</p>
<ul style="list-style-type: none"> • chicken bites (DF) <p>11</p>	<ul style="list-style-type: none"> • baked mac & cheese w/ chicken sausage combo <p>12</p>	<ul style="list-style-type: none"> • hot dog (DF) <p>13</p>	<ul style="list-style-type: none"> • firecracker chicken w/ sesame noodles <p>14</p>	<ul style="list-style-type: none"> • crispy chicken sandwich (DF) <p>15</p>
<ul style="list-style-type: none"> • red beans & rice <p>18</p>	<ul style="list-style-type: none"> • baked mac & cheese w/ chicken sausage combo <p>19</p>	<ul style="list-style-type: none"> • cheeseburger <p>20</p>	<ul style="list-style-type: none"> • bbq chicken w/ cheesy rice <p>21</p>	<ul style="list-style-type: none"> • cheesy chicken quesadilla <p>22</p>
<ul style="list-style-type: none"> • chicken bites (DF) <p>25</p>	<ul style="list-style-type: none"> • creamy chicken alfredo <p>26</p>	<ul style="list-style-type: none"> • hot dog (DF) <p>27</p>	<ul style="list-style-type: none"> • chicken taco trio <p>28</p>	<ul style="list-style-type: none"> • cheese enchiladas (VG) <p>29</p>

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

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