

## LMWC 2021-22 Team Tournament Schedule

### - Developmental Tournaments -

<b>Nov. 20<sup>th</sup> – Independence - Fall</b>	<i>Independence HS</i>
<b>Dec. 11<sup>th</sup> – Marion</b>	<i>Marion HS</i>
<b>Dec. 16<sup>th</sup> – Hammerin’ Hawks</b>	<i>CR Prairie HS</i>
<b>Dec. 18<sup>th</sup> – Linn-Mar (LMWC)</b>	<i>Linn-Mar HS</i>
<b>Jan. 14<sup>th</sup> – Wapsie Valley</b>	<i>Wapsie Valley HS</i>
<b>Jan. 15<sup>th</sup> – Independence - Winter</b>	<i>Independence HS</i>



DEVELOPMENTAL TOURNAMENT - Independence  
**-INDEE MAT CLUB WRESTLING-**

**Date:** Sunday -NOVEMBER 20<sup>th</sup>, 2022

**Location:** Independence High School - 700 20<sup>th</sup> Ave SW - Independence, IA

**Grades:** PK - 5

**Weigh-Ins:** Noon - 12:30pm

**Wrestle:** 1pm

**Registration:** At the door only! No Pre Registration.

**Officials:** Independence High School Wrestlers

**Awards:** Medals to all participants!

**Cost:** \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

*\* This tourney is for the beginner in their 1st or 2nd year of wrestling.*

*\* Please, no AAU/USA State qualifiers or place winners.*

*\* All wrestlers should wrestle 3 - 4 matches depending on time.*

*No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade. Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.*

*\* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.*

For more information contact:

Jon Carey at [jcarey@independence.k12.ia.us](mailto:jcarey@independence.k12.ia.us)

# Marion Wrestling Club



## DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 11, 2022**

Location: Marion High School Gymnasium  
675 South 15<sup>th</sup> Street- Marion, IA

Grades: K - 6

Weigh-Ins: 9:00am - 10:00am

Registration: At the door only!

Cost: \$15.00 per wrestler

Admission is free for spectators

Concessions will be available

Awards: Medals with ribbons to all participants!

\* This tourney is for beginners in their 1st or 2nd year of wrestling.

\* Please, no AAU State qualifiers or place winners.

\* All wrestlers should wrestle 3 - 4 matches depending on time.

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called but wrestling will continue until the match time has ended.

Both wrestlers' arms will be raised at the end of the match.

\* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.

For more information contact: Tom Thompson

Phone: (319)-573-6329

# 2022 Hammerin' Hawks Wrestling Club Beginner Tournament

Friday, December 16th, 2022



**Where:** Prairie High School 401 76th Ave SW Cedar Rapids, IA 52404

**When:** Friday, December 16th, 2022  
Doors open at 5:00 P.M.  
Wrestling begins at 6:30 P.M.

**Registration:** No registration required  
All participants will be weighed in upon arrival  
Arrival deadline for wrestlers, no later than 6:00 P.M. to allow pairings  
Wrestling begins at 6:30 P.M.

**Purpose:** *NEW* wrestlers gain experience with an appropriate level of competition and have fun!

**Entry Fee:** \$20 per wrestler to be paid at the door

**Admission:** Cash Only - \$5 Per Person

**Eligible Participants:**

**Boys and Girls 4th grade and under**  
Must be in their first two years of wrestling  
Not for wrestlers with high-level success, such as PeeWee state

**Awards:** Each wrestler will be awarded a custom medal  
Medals will be awarded at their mat following the completion of their final match  
A medal stand will be available for parents to use to take pictures of their own child

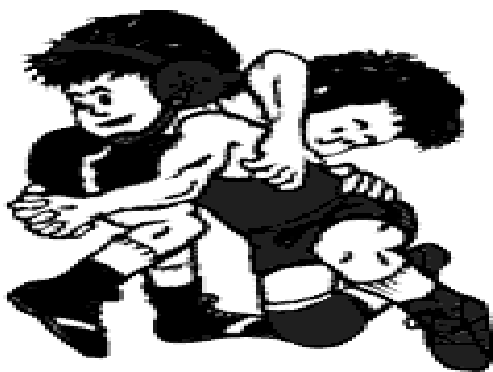
**Format:** Wrestlers will be placed in four-person, similar weight groupings  
Each wrestler will get three matches, a match against the three others in group  
Groups will be assigned to a mat and wrestle all matches on the same mat  
Three one minute periods, continuous clock  
Required top and bottom positions for second and third periods  
When a pin occurs, wrestlers will be reset to neutral position to continue wrestling  
No match score will be kept



**Contact information:** [hammerinhawkswrestlingclub@gmail.com](mailto:hammerinhawkswrestlingclub@gmail.com)

Lani Noska 319-330-2482

# LINN-MAR WRESTLING CLUB



## DEVELOPMENTAL TOURNAMENT

Date: **Sunday – December 18<sup>th</sup>, 2022**

Location: Linn-Mar High School Gymnasium  
3111 N. 10th Street - Marion, IA

Grades: PK - 6

Weigh-Ins: 11:00am - 12 Noon

Registration: At the door only!

Cost: \$15.00 per wrestler

Admission is by donation for all non-participants!

Concessions will be available

Awards: Medals with ribbons to all participants!

\* This tourney is for the beginner in their 1st or 2nd year of wrestling.

\* Please, no AAU State qualifiers or place winners.

\* All wrestlers should wrestle 3 - 4 matches depending on time.

No wall brackets will be used. Wrestlers will be paired randomly by weight and their grade.

Matches will consist of 3 - (1) minute periods. Pins will be called

but wrestling will continue until the match time has ended.

Both wrestlers' arms will be raised at the end of the match.

\* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments.

For more information contact: Doug Streicher

Email: [linnmarwrestling@gmail.com](mailto:linnmarwrestling@gmail.com)

Visit the Linn-Mar Wrestling Web site at: [www.linnmarwrestling.com](http://www.linnmarwrestling.com)

# WARRIOR WRESTLING BEGINNERS TOURNEY



**PLACE:** WAPSIE VALLEY HIGH SCHOOL-FAIRBANK, IOWA

**DATE:** SATURDAY, JANUARY 14, 2023

**WEIGH-IN:** 12:00-12:30 PM

**WRESTLING:** START AT 1 PM

BOYS AND GIRLS DIVISIONS	GRADES	PERIODS	AWARDS
BEGINNERS DIVISION	Pre- 6th	HH	Medals for ALL

NO MAIL IN ENTRIES ACCEPTED

**WALK-IN REGISTRATION AVAILABLE AT DOOR \$10.00**

MAKE CHECKS PAYABLE TO: WAPSIE VALLEY SCHOOLS

- This tourney is for beginners in their 1st or 2nd year of wrestling, no AAU/USA State qualifiers or place winners.
- All wrestlers should wrestle 3 - 4 matches depending on time.
- No wall brackets will be used.
- Wrestlers will be paired randomly by weight and their grade.
- Matches will consist of 3 - (1) minute periods.
- NO PARENTS AT THE EDGE OF THE MAT.
- Pins will be called but wrestling will continue until the match time has ended. Both wrestlers' arms will be raised at the end of the match.
- Please remember that this tournament is designed to give the beginning wrestler more mat time + confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.

IN CONSIDERATION OF MY ACCEPTING THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, AND ADMINISTRATORS, WAIVE AND RELEASE ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE BENTON COMMUNITY SCHOOLS, ITS SUBCOMMITTEES, AGENTS, REPRESENTATIVES AND ASSIGNS, FOR ANY AND ALL INJURIES SUFFERED BY ME AT SAID TOURNAMENT.

PARENT EMAIL: \_\_\_\_\_ PARENT PHONE NUMBER: \_\_\_\_\_

WRESTLERS NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ GRADE: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

SCHOOL &/OR CLUB WRESTLER ATTENDS \_\_\_\_\_

I CERTIFY THAT THE ABOVE INFORMATION IS TRUE: \_\_\_\_\_

PARENT/ GUARDIAN SIGNATURE

For any questions please contact [wapsievalleywrestlingclub@gmail.com](mailto:wapsievalleywrestlingclub@gmail.com)



WINTER DEVELOPMENTAL TOURNAMENT -  
Independence  
**-INDEE MAT CLUB WRESTLING-**

**Date:** Sunday -January 15th, 2023

**Location:** Independence High School - 700 20<sup>th</sup> Ave SW - Independence, IA

**Grades:** PK - 5

**Weigh-Ins:** Noon - 12:30pm

**Wrestle:** 1pm

**Registration:** At the door only! No Pre Registration.

**Officials:** Independence High School Wrestlers

**Awards:** Medals to all participants!

**Cost:** \$10.00 per wrestler

- Admission is by donation for all non-participants!
- Concessions will be available

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*\* Please remember that this tournament is designed to give the beginning wrestler more mat time & confidence before they enter the more competitive tournaments. This tournament will not be on track wrestling.*

For more information contact:

Jon Carey at [jcarey@indeek12.org](mailto:jcarey@indeek12.org)