



THE UNRECABLES

NEWS

THE UNRECABLES • LOS ANGELES CHAPTER OF MOVE UNITED

WINTER ISSUE

OFFICIAL PUBLICATION OF
THE UNRECABLES

JANUARY-MARCH 2021

THE UNRECABLES PLAN TO SKI THIS SEASON

PRESIDENT'S MESSAGE MICHELLE MCCARTHY



Let it Snow!

I hope this message finds you and your families safe and healthy. The snow has been falling in the mountains, however, our Club has not yet begun our 2020-21 trip season. Out of abundance of caution in keeping our Unrecables Family safe, we cancelled our November and December trips. As the COVID-19 numbers remain at high levels, we are looking at February to be our first trip of the season. We are hopeful that Mammoth will allow inside access to lodges by that time. Our Board members continue to meet monthly (virtually of course), and are monitoring CDC, Mammoth Mountain, and Disabled Sports Eastern Sierra's protocols closely. Protocols continue to evolve, and our start date is subject to change.

Your membership means the world to us, and it is what keeps us thriving. Even though we have not yet started to shred the slopes, our basic costs of insurance, storage rental fees,

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The Unrecables' Summer Awards Party in mid 1990's.

The Unrecables 2021 Season Ski Trips

*February 19-21
March 19-21
April 16-18*

*Contact Marina Sallaway
to book your trip today!*

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STAYING SAFE ON THE SLOPES
MARINA SALLAWAY



Hello Unrecables!!
Thank you for your patience while we try and figure out a safe way to have a ski season this year. Please, let me know if you're interested in skiing this season and which month you would like to join. We are looking to ski from February through May. Mammoth has been open since November with limited numbers and limited indoor access.

Keep an eye out for e-mails with information on updated policies and safety procedures to move forward with the season.

2021 Ski Trips

- February 19-21
- March 19-21
- April 16-18
- May 14-16

All dates are subject to change or cancellation due to COVID. Thank you for your understanding. ♦

Marina



1980 - 2020

KAITLYN YANG

FOUNDER, VISUAL EFFECTS SUPERVISOR, ALPHA STUDIOS



With more than a decade of visual effects industry experience, Kaitlyn Yang is a champion of creativity and pushing the limits of technology to support storytelling. She founded her own post-production company, Alpha Studios, in 2013 to provide studio, network, streaming and advertising clients with high-quality visual effects services, by way of a team that is on a mission to maximize visual creativity no matter the challenge, while instilling trust every step of the way.

Over the years, Kaitlyn has amassed more than 50 visual effects credit to her name, including "Robot Chicken," "Grey's Anatomy," and "The Good Doctor." An asset to sophisticated clients who have high-pressure timelines and budgets, she brings a deep understanding of all phases of the content development pipeline, including foundational storyboarding, pre-visualization, props and costumes, hair and make-up, color correcting, sound design, and editing. She regularly develops script and budget breakdowns for clients, and has a particular expertise in identifying several viable scenarios when troubleshooting is needed, including the shortest path to a solution that also delivers the highest visual impact.

Active with industry events and organizations, Kaitlyn is a Forbes 30 Under 30 recipient for Hollywood/Entertainment, member and former co-chair of the Visual Effects Society, and a member of the Academy of Television Arts & Sciences in the Special Visual Effects Peer Group. She also serves on the Emmy Awards Committee.

Kaitlyn is an in-demand

speaker and media resource. She is often invited to speak at conferences and with members of the media, regarding visual effects trends, and themes such as diversity and inclusion, women in business, entrepreneurship, and leadership advice. Kaitlyn's insights have been published in Bloomberg, Variety, Emmy Magazine, Los Angeles Times, VFX Voice, and more. Her speaking engagements include Disney, the University of Southern California, the University of California Los Angeles, University of Hawaii, Ford Foundation, Comic-Con, and SIGGRAPH.

When Kaitlyn was nine years old, three life-changing events unfolded. She emigrated from China to the United States, was diagnosed with spinal muscular atrophy, and first discovered the joy of digital art by learning Photoshop. That's where her love of visual effects artistry began.

Kaitlyn holds a Bachelor of Arts degree in Animation and Digital Arts from USC Film School. She also holds a Master of Business Administration from Quantic School of Business and Technology. She is an active mentor with the TV Academy Internship Program, where she was once an intern. She is also a mentor for high schoolers for Step Up, and the BRIC Foundation. She has volunteered for over a decade for USC's "Day of Service." Most recently, she joined as a volunteer for the Skid Row Carnival of Love. Kaitlyn resides in Los Angeles, and in her spare time, she enjoys catching up on movies and TV shows, as well as swimming, skiing, reading and going on long strolls with her two dogs. ♦



LAC meetings are held monthly. Anybody can join in.

As you know, our own **Gordon Cardona** is VP of Communications. Please e-mail him for the Zoom meeting link.

At the virtual November 2nd meeting, club reports were mainly dealing with trips.

CENTURY CITY: The club is participating in the FWSA Annual Ski Week to Sun Valley, Idaho, is still happening (as of mid December). No Mammoth bus trip in December, individuals may drive up. They are still planning to head to Alta/Snowbird, January 30-February 6, and to Taos in early March.

CONEJO: They have kayaking and hiking planned. Mammoth trips are scheduled for January, February, & March. Members are signing the COVID-19 Waiver and they plan to have 50 on their buses. Still planning on a trip to Jackson Hole and Snowmass.

KRONENSTADT: No skiing dates planned; there will likely be no parties.

ON THE HILL GANG: They plan trips to Mammoth in January, February, March, & April, but are not yet booked.

EXECUTIVE BOARD: Nothing much going on.

GRINDELWALD: Nothing planned so far. Board meetings are online.

UNRECABLES: Sigrid and Gordon reminded everyone to support The Unre-

cables through AmazonSmile and Ralphs grocery stores. No Mammoth trips for December or January. Meetings are held monthly on Zoom.

ROKKA LEAGUE: Laura advised that two races are planned in December and March. A 3-day learn to ski camp has a few sign-ups. Mammoth is also offering a week-long camp.

SNOWBUSTERS: Todd reported a club get-together at the Van Nuys Airport hangar on November 8th to introduce their new Executive Board members for 2020-22. A learn-to-ski trip in January is unlikely, unless they can organize a 1-day trip to Mountain High.

NATIONAL BROTHERHOOD: This year's NBS Snow Summit will be "virtual" possibly including a party and meetings. They are considering joining Far West's mini-trip to Utah.

LONG BEACH: Aaron reported that they are doing drive-up trips, with four people per condo and masks required inside; no group gatherings.

OHGLA: Carl said they will be car pooling; he plans to attend the Camp and stay at Sierra Lodge (no room service, change your own sheets, etc.; no breakfast provided). He doesn't expect

an after-party from the Camp. They're not sure how they'll handle eating out. The club is NOT sponsoring the activity.

LAC Trips: FWSA Trip – Sun Valley, January 29-February 6, 2021 is still going. LA Council has 19 sign-ups paid, there is room for more.

LAC VP Travel **Todd Hood** noted that Ski Dazzle this year is virtual. Clubs and Councils can have a virtual booth. Ski Dazzle began on December 5th.

***Since the LAC meeting, more new information is available on the website.

The Ski Dazzle Show is now happening all season through April 15, 2021. But it seems that you need to subscribe and pay \$12.00 to be able to access the Show all season and take advantage of all their offerings. They write: "Kick off the ski & ride season with us December 5 at Ski Dazzle Virtual Show and stay with us all season. When you purchase your Ski Dazzle Season Pass, you will receive the URL and Code to access the website. We will be updating the site every few weeks during the 2020-2021 season." And more: "You will connect to TEAM Ski Dazzle's curated information from: Resorts, Retailers, Manufacturers, Product Updates, Show Specials, and Product Video." Check it out at skidazzle.com.



Sigrid

MEMBERSHIP MATTERS

JOHN GRAY



Unrecables Family: Winter is here! Now, more than ever, WE NEED YOUR HELP. Donations to our club are down significantly and our expenses are increasing. Due to social distancing requirements, sharing rides and condos is difficult to do which results in increased costs to our students. So, please send in your MEMBERSHIP DUES and any additional DONATION you feel is appropriate to help us continue in support of our mission: “to promote adaptive sports (ex: skiing Mammoth), and encourage people with disabilities to participate in sports, recreational and social activities in their communities”.

To renew your membership, or become a member for the first time, please visit us at www.unrecables.org. For your convenience, you can now PAY ONLINE by PayPal. You can download the Membership Application from the website. If you are unable to join us on the slopes this season, we would still appreciate your membership dues for 2021.

We appreciate your participation and support!

Our membership categories:

Individual	\$40
Individual Lifetime	\$320*
Family	\$60
Family Lifetime	\$480
Corp/Organization	\$50/year or \$200/five years

Benefits of membership include:

- Four issues of the club newsletter (quarterly)
- Priority on all trips and activities
- Members do not pay any trip fees for ski trips to Mammoth
- Assistant instructors can ski/snowboard 1.5 days, per trip, for FREE.
- Students: No fees for the lifts, ski equipment or professional instruction
- Invitations to our parties and special events
- Members are invited to attend our Board and Social Meetings
- Eligible to run for office
- May assist with organizing trips and activities
- Your dues help us to continue to offer these FREE services.
- Gives you that really good feeling that you are doing the right thing!

LIFETIME Membership What a deal!

For those of you who have not renewed your membership yet, please consider a Lifetime membership. For a reasonable one-time payment you can be a member for life and never have to worry about annual dues – ever again! This year, more than ever, we could really use your support. A lifetime membership (www.unrecables.org/membership) is only \$320 (individual) and \$480 (family). Do the math, in the long run it's a great deal.

Please contact our Membership Director **John Gray** with any questions: membership@unrecables.org. ♦

John

President's Message

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and equipment maintenance need to be paid. We also have personal protective equipment purchases to be made soon, as well as gear that is in need of an upgrade. Your payment of membership fees, especially this year, are needed to keep our Club running. A special thank you goes out to those who have already renewed their membership for this season, and to those who have donated to our Club.

We will continue to hold our monthly Social and Board meetings via Zoom through the winter. Please join us! During our past three meetings it is always wonderful when friends from the past drop in for a visit. If you are unable to attend, but have news to share, please let me know. We encourage all of you to join our Social Meetings the second Tuesday of every month 6:30pm via Zoom. **Gordon Cardona** is our gracious host, and he sends out the link a few days prior to each meeting and he posts the link on The Unrecables Facebook page. If you have not received a link over the past few months, please contact Gordon at info@unrecables.org, or you may contact me at president@unrecables.org. We will make sure you receive the link to our next Zoom social. We would love to see you there!

In the meantime, let it snow!
Happy holidays! ♦

Michelle



Steve shredding.

THE UNRECABLES' HISTORIC SKI TRIP TO NEW ZEALAND IN 1983

STEVE LEFKOWITZ



Much has been said about some of our out of state ski vacations. In the extremely early days, The Unrecables were limited to only ski at the local mountain resorts - Big Bear (Snow Summit and Bear Mountain) and Wrightwood (Mountain High and Holiday Hill (now Mountain High East) and for day trips only. We then branched out to weekend trips to Mammoth Mountain. We once even explored a weekend at June Mountain but the lodge there proved too inaccessible for some of our members. We were limited in our choices by finances. Mammoth became the only option because the mountain computed our lift tickets (thanks Mammoth!) and lodging was secured only through someone's family who owned a cabin up there and let us stay for free or someone knew someone who owned a cabin and let us stay for reduced rates.

Soon, we (some of us anyway) branched out again an attended some week-long, out-of-state ski vacations. Some of these were made possible because LA Council (which we are a member) sponsored an Unrecable (AND an assistant, if necessary) or some of us went around to other ski club meetings, gave presentations, and solicited donations to help us finance these ski weeks. Ski vacations were had in Colorado, Utah, Montana, Wyoming, Idaho, and even some international, cross border trips in Canada.

The "granddaddy of all" was the trip in 1983 that ten of us took to New Zealand. Talk about your international ski trip! **Ron Bass**, our Founder, who was already in NZ teaching adaptive skiing, organized the trip but it was

up to the individuals who wanted to go to raise the money. Some, whose parents had the means, got the money from them. Others had to resort to various other methods to secure the funds. Ron, in exchange for speaking at various philanthropic groups (NZ's versions of Rotary, Kiwanis, Lions Clubs, etc.) was able to secure housing for us, often at the Kiwi's private residences. This served several purposes. First of all, the price was right (free), then we got to interact more closely with the natives, hear some Kiwi lore, and eat the local foods. All was good! Ron was also able to rent two vans and hire a local Kiwi, a male nurse, to drive one of the vans, generally help out, and basically act as our de facto tour guide. He was also a huge asset when it came to driving on the left side of the roads.

The basic objections of the trip were twofold (make that threefold). First of all, we wanted to be the first disabled group of skiers to tackle and ski down the Tasman Glacier. Special compensation even had to be made for me because it was unclear whether I could fly that high in an unpressurized plane. It was all for naught, however, as this goal was thwarted by heavy snowfall. We only had a small window of four days in which to make the attempt. Alas, it snowed each of those days (as much as 12 feet in one 24-hour period) and the small plane that would take us up to the top of the glacier was unable to fly. Second on our list was to join with the New Zealanders during their National Handicapped Ski Championships. This was accomplished as we shared lodging, food, training, and sight-seeing with the Kiwi competitors. Let's be clear though, the was a social "exchange" and NOT a USA vs. NZ contest. In fact, some of those same dis-

abled Kiwi skiers that had hosted us toured the States the following year and stayed at many of OUR homes (after all - since we lived there, no need to look further for accessible lodging). Third on our list, often overlooked but never should be forgotten, was to have fun on this awesome adventure!! Mission accomplished, judging from the ear to ear smiles on our faces upon our return.

On September 14, 1983, just a scant three years after The Unrecables came into being, seven of us flew into the Auckland International Airport (Ron and two of our members were already there). Thus, began an absolutely fantastic 18-day skiing and sight-seeing adventure that none of us who participated will soon (or ever) forget. All was not lost after the Tasman Glacier try was derailed. We then drove and saw the sights (of which NZ has many) the whole length of the North Island, took a ferry across the Cook Strait, and continued sight-seeing and skiing at several different resorts on the South Island. The trip was still not over as on our return flight the airline allowed us to stop, layover, and then replane to continue, (as long as the stopover was in a reasonably straight path) for free. One member of our group, Dick Beman, who lived in Hawaii (Maui), in a house which he had built himself entirely with hand tools, invited us to stay over for some much needed R & R. The fun and sightseeing started all over again as Maui like NZ, did not lack for things for us to do and visit. We ended up staying for 6 days. What a wonderful way to warm up after a fabulous ski vacation in New Zealand. None of us knew that Maui was on the agenda and it was definitely icing on our cake. As the old cliché says, 2 out of 3 ain't bad, and after 37 years my face still hurts from smiling so much every time I think about that trip. ♦

THE UNRECABLES KEEPS FIT AND THINKS SAFETY

You've likely heard the good news that COVID-19 vaccines manufactured by Pfizer and Moderna have been approved by the FDA. There will initially be a limited supply of the vaccine. Initial doses of the vaccine will be made available to priority groups, such as:

1. Health care personnel
2. Residents of long-term care facilities, like nursing homes

Pharmaceutical manufacturers are now working to distribute the vaccine to federally- and state-approved locations to start the vaccination of priority groups. State governments will handle the distribu-

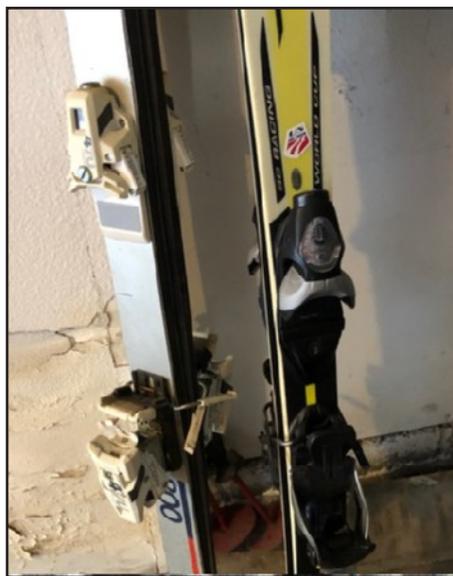
tion of COVID-19 vaccines. Look for updates from your state or governor as more doses of the vaccine become available for additional priority groups.

While you're waiting for a COVID-19 vaccine, continue to follow CDC's tips on protecting yourself and others — including social distancing, frequent hand-washing, wearing a mask, and limiting gatherings.

Remember: Medicare covers the COVID-19 vaccine, so there will be no cost to you when it becomes available. ♦



FREE SKIS & SKI CLOTHING AVAILABLE!



Please contact Sigrid Noack for details.

The Unrecables' New Shirts Available For Sale

Most sizes available.

Contact Michelle McCarthy
president@unrecables.org
for more information.



The Unrecables Stay @ Home

Since March 2020, The Unrecables have been practicing the Stay at Home Order from Governor Newsom and not going out to produce paper copies of the newsletter.

If you would like to have a paper copy mailed to you, please e-mail Gordon Cardona and he will send a copy. ♦

**SUPPORT THE UNRECABLES
AND SHOP RALPHS!**

RE-REGISTER YOUR RALPHS CARD

1. Log onto www.RALPHS.com
2. Click Community Contribution.
3. Click on "Participant"
4. Follow the easy steps to enroll. Our NPO # 80831. Please complete all the information!
5. Sit back and watch your grocery shopping save YOU \$\$ and at the same time earn \$\$ for our club!

Thank you for your support!
Contact Sigrid Noack
sigrid@unrecables.org

SHOP AMAZONSMILE

The Unrecables is part of AmazonSmile! It's simple fundraiser, somewhat similar to the Ralphs Program.

To order from AmazonSmile, first sign-in on Amazon. Then choose The Unrecables as your charity. The next time you sign-in, The Unrecables should be listed as your charity. It should be indicated at the top left of the web site. Have fun shopping! ♦



CALENDAR OF EVENTS

January

- 12 Social on Zoom @ 6:30p
- 12 Board Meeting @ 7:00p

February

- 9 Social on Zoom @ 6:30p
- 9 Board Meeting @ 7:00p
- 19-21 Mammoth ski trip

March

- 9 Social on Zoom @ 6:30p
- 9 Board Meeting @ 7:00p
- 19-21 Mammoth ski trip

April

- 13 Social on Zoom @ 6:30p
- 13 Board Meeting @ 7:00p
- 16-18 Mammoth ski trip

May

- 11 Social on Zoom @ 6:30p
- 11 Board Meeting @ 7:00p
- 14-16 Mammoth ski trip

June

- 8 Annual Meeting @ 6:30p
- 10-13 FWSA Convention in SD

Contact our LA Council Representatives for LA Council Meeting Zoom links or visit lacouncil.org.

FWSA TRIPS



FWSA Annual Ski Week 2021
 Sun Valley, Idaho
 January 30-February 6, 2021

FWSA Mini Ski Week 2021
 Zermatt Resort & Spa, Utah
 March 2021

International Ski & Snowboard Trips
 Solden, Austria in 2021
 Chile in Summer 2021
 Madonna di Campiglio in 2022

FWSA Adventure Trips
 Africa - 2022
 Galapagos Islands - 2024

Check out details at fwsa.org.



FWSA CONVENTION 2021

Marriott Mission Valley
San Diego, CA
June 10-13, 2021

Contact: Sigrid Noack
 LA Council Representative
lacrep@unrecables.org
 310-499-8181

Thank You Donors

*Rebecca Anacleto
 Ron Bass
 Irma Hawkins
 Cindy Julian
 Soo Lee*

**The Unrecables
 Scholarships Available**

Eligible to current members for trips and events.
 One scholarship per member per season.

For details please contact **Michelle or Marina**

"The Voice of the Western Skier"



88th Annual Far West Ski Association Convention

June 10 - 13, 2021

at the
San Diego Marriott Mission Valley

Hosted by the *San Diego Council of Ski Clubs*



San Diego Marriott Mission Valley

8757 Rio San Diego Dr, San Diego, CA 92108

Reservations www.marriott.com/sanmv or
call **800-228-9290**, Group Name: **Far West Ski Association**.

Room Rates per night plus tax single or double occupancy —
\$159 per night

Room Registration Deadline May 13, 2021

Hotel Features

- Located a block from the San Diego River, near I-8 and I-805
- Stunning views and private balconies
- Heated outdoor Pool and whirlpool spa
- Private pool cabanas, a full bar and restaurant
- Restaurant & Lounge • Extensive concierge services
- Full-service business center, and notary public
- Fitness Center and jogging trail

Transportation

- Fly into San Diego International Airport (SAN)
- 8 miles to Hotel by taxi, bus, or Express Shuttle Service
- The hotel doesn't provide a shuttle service.

Convention Highlights

- Silent Auction & Trade Show
- Travel Expo
- Snowsports Leadership Academy
- Public Affairs Panels
- Celebrity Speakers
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - Sail around the San Diego Harbor
 - Taste of San Diego Pub Crawl
 - Aqua Adventures
- **Friday**
 - 14th Annual Michael German Memorial Golf Tournament at Riverwalk Golf Course
 - Trolley tour La Jolla /Mt. Soledad Memorial
 - Bike Ride by the Beach

www.fwsa.org

Debbi Kor
FWSA Convention Chairperson
fwsadebbi@comcast.net
503-314-7078

For Silent Auction information:
silentauction@fwsa.org
503-314-7078

Chris Gill & Barbara Blasé
Host Council Coordinators
hostconventionchair@fwsa.org
858-382-1457

A portion of the Silent Auction proceeds will benefit the US Adaptive Recreation Center Big Bear Co.



THE UNRECABLES

MEMBERSHIP APPLICATION

Name _____ Date _____

Family Members _____ Mobile _____

Address _____ Phone (home) _____

City, State, Zip _____ E-mail _____

Name & DOB _____ Name & DOB _____

Disability _____

Medical Equipment (i.e., wheelchair) _____

Medications _____ Dosage _____ Allergies _____

Physician's Name _____ Phone _____

Address _____ City, State, Zip _____

Emergency Name _____ Emerg Ph _____ Relation _____

Healthcare Insurance Co. _____ Healthcare I.D. No. (i.e., Medicare/Kaiser) _____

Are you a U.S. Veteran? Yes No Military Branch & Years _____

Describe any medical conditions limiting your participation in strenuous activities (i.e., heart condition, seizure disorder, etc.):

What sport or activity could you teach/lead/assist? _____

Are you interested in serving on any of the following committees? (Check all that apply)

_____ Publicity/PR _____ Winter Trips _____ Equipment _____ Transportation

_____ Fundraising _____ Social Programs _____ Newsletter/Web site/Social Media

**Read & Sign
the Waiver on back!**

I consent to adding my contact information to the Membership Directory that is distributed to members. Yes ___ No ___

ANNUAL MEMBERSHIP FEES	
<i>(includes memberships in Move United, LAC, FWSA)</i>	
_____ Individual \$40.00	_____ Family \$60.00
_____ Individual Lifetime \$320.00	_____ Family Lifetime \$480.00
_____ Organization (1 year) \$50.00	_____ Organization (5 years) \$200.00

Check payable to: The Unrecables. Read & sign the Waiver & Release on the back, and mail this form and a check to:
John Gray, Membership Director, 4890 Renovo Way, San Diego, CA 92124.

Phone: 858-740-8017; e-mail: membership@unrecables.org

Move United Waiver & Release of Liability Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. The purpose of this Move United Waiver & Release of Liability Agreement is to exempt, waive, and relieve Released Parties from any and all liability for any harm, wrongful death, personal injury, property damage, claim or cause of action, including, but not limited to liability arising from the negligence of Released Parties. “Released Parties” include Move United, Disabled Sports USA Los Angeles – The Unrecables, and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

In consideration of the undersigned Participant being allowed to participate in any way in Move United and/or Disabled Sports USA Los Angeles – The Unrecables related events and activities, the Undersigned (“Undersigned” means the Participant or the Participant’s parent, legal guardian, or legal representative when the Participant is under the age of 18 or legally incapacitated) agrees and acknowledges as follows:

1. Risks of Activity. Participant will be taking part in activities that can be hazardous and involve the risk of physical injury and/or death. The activities are inherently dangerous and Undersigned fully realizes the dangers of participating in the activities. The dangers and risks of the activities include, but are not limited to the condition of the premises and equipment, and the acts, omissions, representations, carelessness, and negligence of the Released Parties. Recognizing the risks and dangers, the Undersigned voluntarily chooses for Participant to participate in the activities and expressly assumes all risks and dangers of the participation in the activity, whether or not described above, known or unknown, inherent, or otherwise.

2. Risks of Participation. The Undersigned recognizes and understands that while Released Parties have undertaken reasonable steps to lessen the risk of transmission of communicable diseases, including but not limited to, COVID-19, in connection with participation in the activities, the Released Parties are not responsible in any manner for any risks related to communicable diseases in connection with Participant’s participation in the activities. Specifically, the Undersigned understands that COVID-19 is a highly contagious and dangerous disease, and that contact with the virus that causes COVID-19 may result in significant personal injury or death. The Undersigned is fully aware that participation in the activities carries with it certain inherent risks related to transmission of communicable diseases (“Inherent Risks”) that cannot be eliminated regardless of the care taken to avoid such risks. Inherent Risks may include, but are not limited to, (1) the risk of coming into close contact with individuals or objects that may be carrying a communicable disease; (2) the risk of transmitting or contracting a communicable disease, directly or indirectly, to or from other individuals; and (3) injuries and complications ranging in severity from minor to catastrophic, including death, resulting directly or indirectly from communicable diseases or the treatment thereof. Further, the Undersigned understands that the risks of all communicable diseases are not fully understood, and that contact with, or transmission of, a communicable disease may result in risks to the Participant including but not limited to loss, personal injury, sickness, death, damage, and expense, the exact nature of which are not currently ascertainable, and all of which are to be considered Inherent Risks.

The Undersigned hereby voluntarily accepts and assumes all risk of loss, personal injury, sickness, death, damage, and expense for the Participant arising from such Inherent Risks. Furthermore, the Undersigned represents and warrants that Participant does not knowingly carry any communicable diseases that may be transmitted during participation in the activities.

3. Release and Indemnification. Undersigned (a) unconditionally releases, forever discharges, and agrees not to sue the Released Parties for any claims or causes of action for any liability or loss of any nature, including personal injury, death, and property damage, arising out of or relating to Participant’s participation in any Move United/Disabled Sports USA Los Angeles – The Unrecables events or activities or the Participant’s presence on or travel to the premises where such events or activities take place, including, but not limited to claims of negligence, breach of warranty, and/or breach of contract the Undersigned may or will have against the Released Parties; and (b) agrees to indemnify, defend, and hold harmless the Released Parties from and against any liability or damage of any kind and from any suits, claims, or demands, including legal fees and expenses whether or not in litigation, arising out of, or related to, Participant’s participation in such events or activities or the Participant’s presence on or travel to the premises where such events or activities take place.

4. Helmet Use. Undersigned agrees that Participant shall use a helmet when participating in the following activities: Alpine skiing, cycling, equestrian, ice hockey, outdoor rock climbing, snowboarding, white water kayaking, white water river rafting, and any other activity when directed by Released Parties. Undersigned understands that a helmet is in no way a guarantee of safety and that no helmet can protect the wearer against all foreseeable impacts to the head, and that the activities can expose the Participant to forces that exceed the limits of protection provided by a helmet. Undersigned agrees to assume full responsibility for complying with this paragraph and that Released Parties shall not be liable for any injury or damages resulting from Participant’s failure to use a helmet.

Move United Waiver & Release of Liability Agreement

5. Medical Treatment. Undersigned understands that the Released Parties do not have medical personnel available at the location of the activities. Undersigned hereby grants the Released Parties permission to administer first aid or to authorize emergency medical treatment, if necessary. Undersigned understands and agrees that any such action by the Released Parties shall be subject to the terms of this agreement and release, including any liability arising from the negligence of the Released Parties when administering first aid or authorizing others to do so. Undersigned understands and agrees that the Released Parties do not assume responsibility for any injury or damage which might arise out of or in connection with such authorized emergency medical treatment.

6. Miscellaneous. Undersigned agrees (a) Participant will not engage in any activities prohibited by any applicable laws, statutes, regulations, and ordinances; (b) this Agreement shall be governed by the laws of the State of California and the exclusive jurisdiction and venue for any claim shall be located in the state courts located in Los Angeles County, CA; (c) this Agreement shall be binding upon the subrogors, distributors, heirs, next of kin, executors, and personal representatives of the Undersigned; (d) this Agreement shall be construed as broadly as permitted by applicable law; and (e) that in the event that any clause or provision of this Agreement shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Agreement.

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THAT I AM RELEASING LEGAL RIGHTS THAT OTHERWISE MAY EXIST. BY SIGNING BELOW, I HEREBY REPRESENT THAT I AM AT LEAST 18 YEARS OF AGE AND FULLY COMPETENT TO SIGN THIS AGREEMENT ON MY OWN BEHALF.

Participant's Signature	Participant's Name (please print clearly)	Date

FOR PARTICIPANTS UNDER THE AGE OF 18 OR LEGALLY INCAPACITATED

Undersigned parent, or legal guardian, or legal representative acknowledges that he/she is not only signing this Agreement on his/her behalf, but that he/she is also signing on behalf of the minor or legally incapacitated adult and that the minor or the legally incapacitated adult shall be bound by all the terms of this Agreement. Additionally, by signing this Agreement as the parent, or legal guardian, or legal representative of a minor or legally incapacitated adult, the parent, legal guardian, or legal representative understands that he/she is also waiving rights on behalf of the minor or legally incapacitated adult that the minor or legally incapacitated adult otherwise may have. The Undersigned parent, or legal guardian, or legal representative agrees that, but for the foregoing, the minor or legally incapacitated adult would not be permitted to participate in the activities. By signing below, I hereby represent that I am the parent, legal guardian, or legal representative of a minor, or legally incapacitated adult Participant and that I have the authority to sign on the Participant's behalf.

Minor's DOB	Parent/Legal Guardian or Representative Signature	Parent/Legal Guardian or Representative Name	Relationship	Date

Move United Media Release Agreement

Move United, and its affiliated Chapters (“Released Parties”) are non-commercial, not for profit activity providers. “Released Parties” include Move United, Disabled Sports USA Los Angeles – The Unrecables and their affiliates, successors, predecessors, parents, subsidiaries, owners, representatives, administrators, directors, officers, agents, coaches, employees, contractors, assigns, and volunteers; other participants, sponsoring agencies, sponsors, and advertisers; and, if applicable, the owners, operators, and lessors of premises on which the activities or events take place.

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MEDIA/PHOTO WAIVER: Undersigned authorizes and gives full consent to Released Parties to copyright and/or publish for public view any and all photographs, digital recordings, videotapes, and/or film in which Participant appears. Undersigned agrees that Released Parties may transfer, use, or cause to be used, these digital recordings, photographs, videotapes, or films for any exhibitions, public displays, publications, commercials, art and advertising purposes, television programs, and internet without limitations or reservations.

Participant’s Signature	Participant’s Name (please print clearly)	Date

FOR PARTICIPANTS UNDER THE AGE OF 18 OR LEGALLY INCAPACITATED

Undersigned parent, or legal guardian, or legal representative acknowledges that he/she is not only signing this Agreement on his/her behalf, but that he/she is also signing on behalf of the minor or legally incapacitated adult and that the minor or the legally incapacitated adult shall be bound by all the terms of this Agreement. Additionally, by signing this Agreement as the parent, or legal guardian, or legal representative of a minor, or legally incapacitated adult, the parent, legal guardian, or legal representative understands that he/she is also waiving rights on behalf of the minor or legally incapacitated adult that the minor or legally incapacitated adult otherwise may have. By signing below, I hereby represent that I am the parent, legal guardian, or legal representative of a minor, or legally incapacitated adult Participant and that I have the authority to sign on the Participant’s behalf.

Minor’s DOB	Parent/Legal Guardian or Representative Signature	Parent/Legal Guardian or Representative Name	Relationship	Date

HAPPY BIRTHDAY!

JANUARY

- 3 Jesse MacGregor
- 12 Mika Ito
- 16 Inge Hobo-Scheinfarb
- 27 Keri Acosta

FEBRUARY

- 14 Robert Arias
- 17 Annette Mann
- 18 Nancy Brown
- 24 Soggy Kosger
- 26 Stephanie Oberle
- 27 Soo Lee



MARCH

- 5 Dan Gertler
- 9 Joseph Takeli
- 20 Georgina Hackett
- 21 Jason Fourier
- 23 Chuck DeBerard



Thank You
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LAC/FWSA SKI WEEK 2021

Sun Valley, Idaho
January 30-February 6, 2021

Contact: Todd Hood
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951-444-8633

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Vacant

THE UNRECABLES NEWS

NEXT NEWSLETTER DEADLINE: MARCH 1

Coming up in the next issue:

- 2021 Call for Nominations
- Fitness & safety ... and much more

UNRECABLES
SOCIALS
ON ZOOM

2ND TUESDAY MONTHLY
6:30 PM

Jan 12
Feb 9
March 9
April 13

*Check your e-mail for
Zoom meeting link, or e-mail
communications@unrecables.org.
Stay safe, stay home.*

SPECIAL THANKS

John Gray
Steve Lefkowitz
Michelle McCarthy
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Marina Sallaway
Kaitlyn Yang

Photos Courtesy
Sigrid Noack

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THE UNRECABLES MEETINGS

SOCIALS: Every second Tuesday monthly at 6:30pm on Zoom. Check your e-mail or Facebook for the Zoom link.

BOARD MEETINGS: Every second Tuesday monthly, following the Social on Zoom.

LA COUNCIL MEETINGS: Every first Monday monthly at 7:00pm on Zoom. E-mail our LA Council Representative for Zoom meeting link. Everyone is welcome.

FAR WEST SKI ASSOCIATION SAFETY SLOGAN

SKI WITH PRIDE, LET IT RIDE, WATCH ALL SIDES.
FIRST WITH SAFETY AWARENESS

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Change Service Requested

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WINTER 2021

