TUS VANGUARD NEWSLETTER

Volume 11, Issue 12

2019

The busy holiday season has come and gone and your editor is rustling through the calendar and paperwork spread on her desk. Low and behold, the newsletters are finally getting published! Sorry they are so late, but better late than not at all. My apologies to all.

I hope everyone enjoyed Christmas and you are looking forward to a great 2020.

Karen Shudy

November Meeting Review

President Horn opened the meeting welcoming everyone to the last general meeting of 2019.

He also reminded members it is membership renewal time for 2020.

John brought us up-to-date with news of our treasurer, Bonnie's incident in NY.

She fell and broke her hip and ended up having surgery in NY. She is home and on the mend and we wish her well.

Tickets are available for the Christmas luncheon.

John wished happiness to folks celebrating anniversaries and birthdays in November.

Gary McCormick won the 50-50 and generously donated the funds back to the chapter.

Thanks Gary

Mark your calendars the next meeting will be
February 19, 2020

John introduced our guest speaker Mr. Tom Pylman

Tom Pylman of PCOA was our speaker in November.

In addition to his wealth of information, Tom was quite entertaining.

His presentation was to help us learn more about fall prevention. He provided a pamphlet that included a checklist to find and fix hazards in our homes. The information also included tips for making changes.

Tom also teaches eight 2 hour sessions twice a week for 4 weeks at various facilities around TUS. Contribution is $20pp or $30 per couple.

PCOA also has various classes on Health, Aging and Wellness. Call 520-305-3409 for more information.

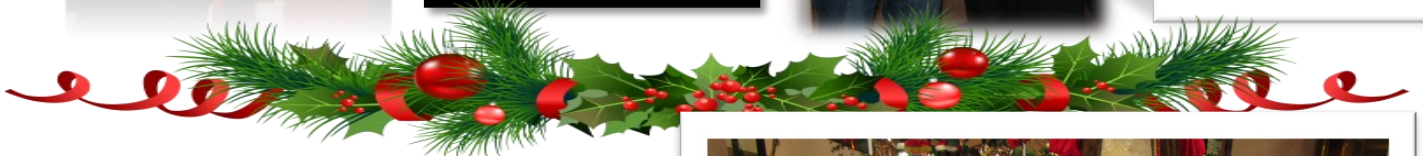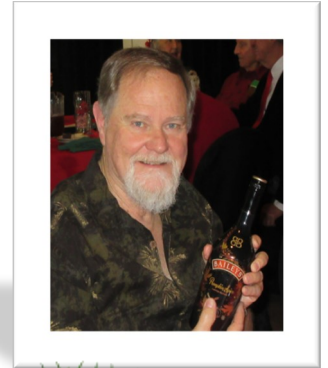# CHRISTMAS LUNCHEON 2019
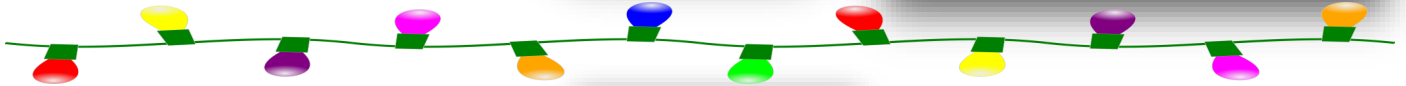
DECEMBER BIRTHDAYS

2	Ed Lopez	23	Billy Griggs
5	Karen Shudy	25	Carol Collier
6	John Carlson	25	Linda Mencel

Happy Birthday and Best Wishes to All

CHRISTMAS LUNCHEON 2019

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2019 TUS VANGUARD OFFICERS
Karen, John, Ellie, Judy, Ron

Bonnie