#### Fear:

Fear, what is fear? The Bible defines fear as faith in satan's ability to hurt you being greater than faith in God to protect and comfort you.

FEAR as an acronym is "FALSE, EVIDENSE, APPEARING, REAL"!

Fear is the pressure on you to become faint, give up, or fail when the Truth of the situation is God is Faithful to always meet your need in a time of trouble.

Remember in life we will walk THROUGH the *valley of the shadow of death* and as we do we have the Presence of God as our Shepherd... our Strengthener, Comforter, Helper, Guide and Protector.

#### **Scriptures:**

### Psalm 23 (NIV)

<sup>1</sup> The Lord is my Shepherd [to feed, quide, and shield me], I shall not lack.

<sup>2</sup> He makes me lie down in [fresh, tender] green pastures; He leads me beside the still and restful waters.

<sup>3</sup> He refreshes and restores my life (myself); He leads me in the paths of righteousness [uprightness and right standing with Him—not for my earning it, but] for His name's sake.

<sup>4</sup> Yes, though I walk through the [deep, sunless] valley of the shadow of death, I will fear or dread no evil, for You are with me; Your rod [to protect] and Your staff [to guide], they comfort me.

<sup>5</sup> You prepare a table before me in the presence of my enemies. You anoint my head with oil; my [brimming] cup runs over.

<sup>6</sup> Surely or only goodness, mercy, and unfailing love shall follow me all the days of my life, and through the length of my days the house of the Lord [and His presence] shall be my dwelling place.

### Isaiah 41:13 (NIV)

For I am the Lord, your God, who takes hold of your right hand and says to you, <u>Do not fear; I will help you.</u>

### Exodus 14:13 NIV)

Moses answered the people, "<u>Do not be afraid. Stand firm and you will see the deliverance the Lord will bring you today</u>. The Egyptians you see today you will never see again."

# Deuteronomy 31:6 (NIV)

Be strong and courageous. Do not be afraid or terrified because of them, for the Lord your God goes with you; he will never leave you nor forsake you.

### 2 Timothy 1:7 (ASV)

For God gave us not a spirit of fearfulness; but of power and love and discipline.

# Psalm 27:1 (NIV)

The Lord is my light and my salvation--whom shall I fear? The Lord is the stronghold of my life--of whom shall I be afraid?

### Hebrews 13:6 (NIV)

So we say with confidence, "The Lord is my helper; I will not be afraid. What can Man do to me?"

# John 14:27 (NIV)

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

# Hebrews 6:16-20 (AMP)

<sup>16</sup> Men indeed swear by a greater [than themselves], and with them in all disputes the oath taken for confirmation is final [ending strife].

<sup>17</sup>Accordingly God also, in His desire to show more convincingly and beyond doubt to those who were to inherit the promise the unchangeableness of His purpose and plan, intervened (mediated) with an oath.

<sup>18</sup> This was so that, by two unchangeable things [His promise and His oath] <u>in which it is impossible for God ever to prove false or deceive us</u>, we who have fled [to Him] for refuge might have mighty indwelling strength and strong encouragement to grasp and hold fast the hope appointed for us and set before [us].

<sup>19</sup> [Now] we have this [hope] as a sure and steadfast anchor of the soul [it cannot slip and it cannot break down under whoever steps out upon it—a hope] that reaches farther and enters into [the very certainty of the Presence] within the veil,

<sup>20</sup> Where Jesus has entered in for us [in advance], a Forerunner having become a High Priest forever after the order (with the rank) of Melchizedek.

### James 1:7 (AMP)

<sup>7</sup>So be subject to God. Resist the devil [stand firm against him], and he will flee from you.

# John 16:7 (AMP)

<sup>7</sup> However, I am telling you nothing but the truth when I say it is profitable (good, expedient, advantageous) for you that I go away. Because if I do not go away, the Comforter (Counselor, Helper, Advocate, Intercessor, Strengthener, Standby) will not come to you [into close fellowship with you]; but if I go away, I will send Him to you [to be in close fellowship with you].

# Philippians 2:5 (AMP)

<sup>5</sup> Let this same attitude and purpose and [humble] mind be in you which was in Christ Jesus: [Let Him be your example in humility:]

#### **Confessions:**

- 1. Read the above Scriptures aloud and place yourself in each Scripture as if it was written just for you. Be like Jesus and say "It is written!"
- 2. Confess aloud:
  - a. "I know you are with me Father as I travel THROUGH the valley of the shadow of death and have you as my ever Present Help in a time of need."
  - b. "I know only Goodness, Mercy, *and* unfailing Love shall follow me all the days of my life."
  - c. "I know all through the length of my days I will be in the House of the Lord [and His presence] shall be my dwelling place and therefore refuse the fear that is trying to enter my thought life."

#### Prayer:

"Father, I know your Word is True. I know that I can trust You to Provide, Protect and Strengthen me as I resist satan's fear and pressure. I submit my thoughts to your instruction and authority knowing that when I do satan WILL FLEE from me... right here and right now. I will let your Comforter, the Holy Spirit Energize and Strengthen my inner man... giving me greater Peace than any fear satan can throw my way. To you be all the Glory for the victory in this situation and in Jesus Christ Name I pray!"