# **AUGUST 2021 NEWSLETTER**

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**Board of Directors for 2021** 

President: Larry Ohlemeyer
Vice President: Frank Davis

Secretary: Connie Dunn Treasurer: Sandy Mackinnon Directors: Harry Dennis

Mark Olson Curt Simon

# YOGA CLASSES ARE RETURNING TO OAK HOLLOW THIS FALL!!!

Certified YOGA Instructor, Linda Perez will again be teaching Friday morning classes in November at the Oak Hollow Clubhouse.

Classes will be \$10.00 per class with the 10th class FREE!

Classes can be paid at each class or payable in advance.

What to Wear: Loose or stretchy clothing is most comfortable.

We generally practice YOGA barefoot, but socks may be worn.

We will provide more information on specific dates & times at a later date.



The Oak Hollow Social Club would like to announce our first big "SOCIAL EVENT" since COVID.

#### HALLOWEEN PARTY

OCTOBER 30, 2021 @ 6:00 PM THE "G" MEN Live

#### **AMENDMENT TO RULES & REGULATIONS**

#### **HURRICANE SHUTTERS:**

Occupied Structures: Approved (DCA) metal or PVC shutters may be installed on occupied structures on the back and sides of the structure.

### **Unoccupied Structures**

Approved (DCA) metal or PVC shutters may be installed on unoccupied structures and must be removed immediately upon owner returning to the area consistent with rules for occupied structures.

# MEN'S MONDAY MORNING COFFEE

Come for coffee and donuts every Monday morning @ 8:00 am at the Oak Hollow Clubhouse.



Clubhouse Hours
Daily 6 am to 9 pm

Pool Hours

9 am to 7 pm
\*Subject to change
Pool closed if temps are
<60 degrees at 1 pm

Office Hours

Monday through Friday

9 am to 3 pm





Saturday	7	41	21	28	31
Friday	6 9:00 AM Walk Aerobics	9:00 AM Walk Aerobics	20 9:00 am Walk Aerobics	27 9:00 AM Walk Aerobics	
Thursday	5 9:00 AM Express Toning/ Stretch	12 9:00 AM Express Toning/ Stretch Class	19 9:00 AM Express Toning/ Stretch Class	26 9:00 AM Express Toning/ Stretch Class	
Wednesday	4 9:00 AM Walk Aerobics 10:00 AM ECC MTG 5:00 PM Cards/games	11 9:00 AM Walk Aerobics 5:00 PM Cards/games	18 9:00 AM Walk Aerobics 10:00 AM ECC MTG 5:00 PM Cards/games	25 9:00 AM Walk Aerobics 5:00 PM Cards/games	
Tuesday	3 8:00 AM Men's Coffee 9:00 AM Walk Aerobics	10 9:00 AM Express Toning/Stretch Class	17 9:00 AM Express Toning/ Stretch Class	24 9:00 AM Express Toning/ Stretch Class	31 8:00 AM Men's Coffee 9:00 AM Walk Aerobics
Monday	2 8:00 AM Walk Aerobics	9 8:00 AM Men's Coffee 9:00 AM Walk Aerobics	16 8:00 AM Men's Coffee 9:00 AM Walk Aerobics	23 8:00 AM Men's Coffee 9:00 AM Walk Aerobics	30 8:00 AM Men's Coffee 9:00 AM Walk Aerobics
Sunday		∞	. 15	22	29