



# RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

## Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



## Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

**All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.**

**Visit our website for online giving or for more info.**

**[www.recoverywerks.org](http://www.recoverywerks.org)**

**Thank you!**

## April is Alcohol Awareness Month

Extracted from the National Institute on Alcohol Abuse and Alcoholism

April is Alcohol Awareness Month--an opportunity to update your knowledge about alcohol use disorder (AUD) and the adverse impact of alcohol misuse on health and society. Alcohol-related problems continue to take a heavy toll on individuals, families, and communities. Researchers estimate that each year there are more than 178,000 alcohol-related deaths, making alcohol a leading preventable cause of death in the United States. In addition, more than 200 disease and injury-related conditions are associated with alcohol misuse.

The month we're challenged to increase our personal awareness about alcohol use by examining our relationship with alcohol. This national awareness campaign also aims to educate the public about the causes, symptoms, treatment and prevention of alcohol addiction and to reduce the barriers to recovery for those experiencing it.

**Did you know?** Research shows that people who start drinking at an earlier age

*(Continued on next page)*

A San Antonio Sober Event  
**Saturday, April 20**  
 10<sup>am</sup> - 2<sup>pm</sup>  
**All Ages Free Event!**  
 2015 NW Loop 410,  
 San Antonio, TX, Texas 78217  
**Live Music!**  
**Lawn Games!**  
**Food Trucks!**  
**Traditional Mariachi!**  
**Bounce House!**  
**and MORE!**

LOS PATIOS  
 COMMUNITY PARTNERS

LOS PATIOS COMMUNITY PARTNERS' MISSION IS TO BREAK THE GENERATIONAL CYCLE OF ADDICTION AND REDUCE THE INCIDENCE OF TRAUMA AND ADVERSE CHILDHOOD EXPERIENCES (ACEs) IN TEXAS FAMILIES THAT STEM FROM A PARENT-GUARDIAN/FAMILY MEMBER WITH SUBSTANCE USE DISORDER.

## It's Fiesta Time!

Grab the family and join us for Fiesta on **Saturday, April 20** at Los Patios in San Antonio. This family friendly event is good for all ages and is a FREE event!

## Family Fiesta 2024

**10am – 2pm**  
**@ Los Patios**  
 2015 NE Loop 410  
 San Antonio TX



## Meeting Schedule

### Teens (up to 18):

**Monday & Wednesday**  
7-8pm  
790 Landa Street, New Braunfels

### Young Adults (18+):

**Wednesday**  
12:30-1:30pm  
790 Landa Street, New Braunfels

### Thursday

7-8pm  
790 Landa Street, New Braunfels

### Family Members (18+):

**Monday & Wednesday**  
7-8pm \*  
790 Landa Street, New Braunfels  
\*Call for Zoom option

### Thursday Education

7-8pm in person only  
790 Landa Street, New Braunfels

**New Gens (Family members between 9-17)** \*Must have a family member participating in the program

**Monday**  
7-8pm  
790 Landa Street, New Braunfels

*These services are available at no cost to clients because of generous donors and support from community partners.*



are at a higher risk for developing alcohol use disorder (AUD) later in life. For example, adults ages 26 and older who began drinking before age 15 are 4 times more likely to report having AUD in the past year compared to those who waited until age 21 or later to begin drinking.

It may be hard to imagine why people with AUD can't just "use a little willpower" to stop drinking. But severe AUD creates an uncontrollable craving for alcohol. It can be as strong as the need for food and water. People may want to stop because they know that drinking harms their health and their loved ones. But quitting is extremely difficult.

Research also indicates that alcohol use during the teenage years can interfere with normal adolescent brain development and increase the risk of developing AUD. For more information, visit <https://niaaaforteens.niaaa.nih.gov/>

## 2024 Luncheon Gala

Get your tickets today!

**April 26, 2024**

11:30am – 1:00pm

(Lunch Provided)

### McKenna Events Center

801 W. San Antonio Street, New Braunfels, TX

**Tony Hoffman** has an incredible story of personal recovery to share! As a former Pro BMX Racer, Tony seemingly had it all. Unfortunately, his substance use that began in his senior year of high school led to the deterioration of his mental health and opioid addiction soon followed. A life of addiction, crime, homelessness and incarceration became his reality. But his story didn't end there. Join us to hear Tony's personal story of overcoming!



**A Story of Overcoming:**

**FROM PRISON TO THE OLYMPICS!**



### Olympic Sponsors



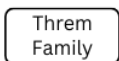
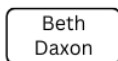
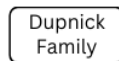
### Gold Medal Sponsors



### Silver Medal Sponsors



### Family Sponsors



### Community Partners



## Stay Connected!



Follow RecoveryWerks! on Facebook & Instagram.

For more resources visit [www.recoverywerks.org](http://www.recoverywerks.org)

790 Landa Street, New Braunfels, TX 78130 - (830) 310-2456 or (830) 310-2585